



# Breastcare





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**TRULIFE**

Printed on  
Carbon Neutral Paper

# Contents

## Trulife Breast Forms

- 1.** Cara
- 2.** Sublime Arís
- 3.** Impressions
- 4.** Bodicool Wave
- 5.** Silk
- 8.** Traditional
- 9.** Partial
- 11.** Swim & Activity
- 12.** Luna
- 13.** Leisure & Post Surgery
- 14.** Radiant Impressions
- 15.** Trulife Breast Form Size Guide

## Trulife Bras

- 19.** Bra Fitting Guide
- 20.** Bra Measurement Guide
- 21.** Perfectly Seamless
- 24.** Stylish Fit
- 27.** Shaped Support
- 28.** Living Well
- 29.** Bras at a Glance
- 30.** Accessories
- 31.** Product Care





## Breast Forms

After breast surgery, it can be difficult adjusting to the many changes in a woman's life and coming to terms with a new appearance. Trulife has dedicated over 60 years to the development of unique and innovative products; our focus has always been on making this transition a little easier and more comfortable for her.

Trulife breast forms are created in a wide range of shapes and sizes to complement a woman's natural beauty. Trends in surgery type and lifestyle are addressed with such products as ReCover, partial forms, leisure and swim forms and the availability of Radiant Impressions, our beautiful custom breast form.



# Cara

## 100% Pure Silicone

Cara is customizable to provide enhanced comfort, cooling and a slight size adjustment when she needs it. This 100% pure silicone breast form can be worn several different ways to keep her comfortable and confident throughout her day.

*Cara  
includes  
accessories!*



**Breathable** Pure 100% Silicone:

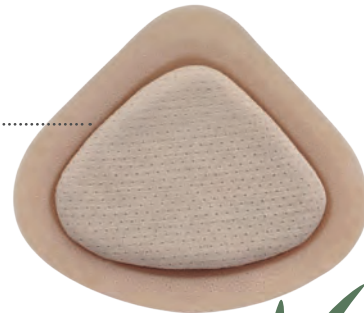
**Light** and soft to wear against the chest.

**Cooling Pad:**

**Unique** TruCool Gel to absorb heat.

**COOLMAX®** Comfort Pad:

**Soft** absorbent foam pad to help manage perspiration.



### 153 Cara

**Profile:** Shallow

**Sizes:** 3-12

- Lightweight and cool
- 100% Silicone. Can be worn directly against the chest wall
- Natural skin-like feel
- Includes Comfort Pad and Cooling Pad
- Includes a COOLMAX® breast form cover



# Sublime Arís

## 100% Pure Silicone

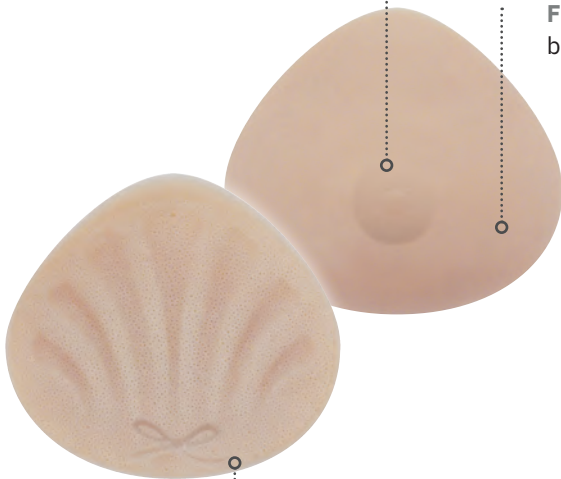
These revolutionary breast forms are made using 100% pure silicone and features a honeycomb core which ensures optimum breathability. The pure silicone design with tapered edges allows these breast forms to be worn directly against the skin for the most intimate fit.

Sublime offers softness and movement similar to natural breast tissue, beautiful shape and durability.

**Subtle**, hand engraved integrated nipple and areola

**Dual** layer technology with a super soft middle layer that mimics the natural movement of breast tissue and a thin front skin for an even softer and more natural feel

**Full** projection with smaller base for an intimate fit



**Back** design features a feminine Sublime bow

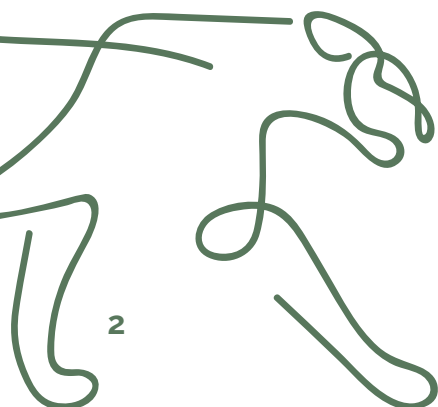


### 151 Sublime Arís

**Profile:** Average

**Sizes:** 3-14

- Lightweight and cool
- 100% Silicone. Can be worn directly against the chest wall
- Natural skin-like feel
- Includes a COOLMAX® breast form cover



# Impressions

## 100% Pure Silicone

**Integrated** nipple and areola enhances and restores femininity



**Natural** contours provide an intimate fit

**Honeycomb** core ensures optimum breathability



### 101 Impressions II

**Profile:** Shallow to Average

**Sizes:** 2-12

- 100% pure silicone
- Honeycomb design for enhanced breathability
- Features a shallow profile based on the world's #1 selling breast form, Trulife's 471 Silk Triangle
- Can be worn directly against the chest wall
- Includes a COOLMAX® breast form cover



### 102 Impressions II Encore

**Profile:** Shallow to Average

**Sizes:** 4-12

- 100% pure silicone
- Natural grip prevents shifting in bra
- Features a shallow profile based on the world's #1 selling breast form, Trulife's 471 Silk Triangle
- Includes a COOLMAX® breast form cover



# Bodicool Wave

## Lightweight

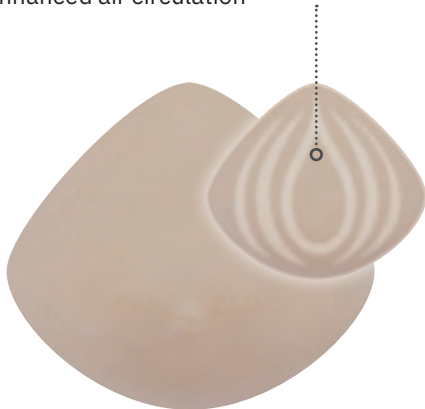
BodiCool Wave is made for the woman who prefers the feel of a lightweight blended silicone that offers a solution to body heat.

This breast form integrates an innovative system of TruCool Gel, a Trulife proprietary silicone blend that uses an advanced cooling technology.

BodiCool Wave provides a constant cooling effect by continuously drawing excess heat away from the body. Raised contact points of the channeling system promote enhanced air circulation allowing for optimal cooling.

**TruCool** Gel-filled channels provide optimal cooling

**Raised** channeling system promotes enhanced air circulation



**Silky-soft,**  
matte skin

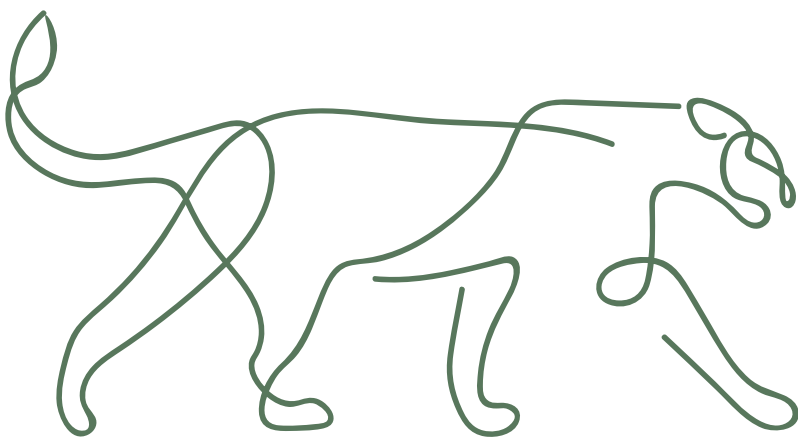


### 495 Bodicool Wave

**Profile:** Average to Full

**Sizes:** 1-14

- TruCool Gel-filled channels provide optimal cooling
- Raised channeling system promotes enhanced air circulation
- Cooling properties regenerate once the breast form is removed from the chest wall
- Versatile triangle shape fits a variety of body and surgery types





# Silk

## Lightweight

Silk defines what a breast form should be: soft and natural. The innovative skin is silky-soft and offers unparalleled softness and suppleness. All Silk breast forms offer a natural drape not found with other breast forms and are made from the highest quality of silicone for lasting comfort and softness.

Trulife's Silk collection offers the largest selection of shapes and sizes available on the market and are 30% lighter than traditional silicone breast forms.



### 471 Silk Triangle

**Profile:** Shallow to Average

**Sizes:** 1-17

- No. 1 selling breast form in the world
- Versatile triangle shape fits a variety of body and surgery types



### 485 Silk Curve

**Profile:** Shallow

**Sizes:** 2-14

- Elongated top transitions smoothly to the chest wall
- Soft, natural drape to match a mature breast
- Fits well in both underwire and softcup bras

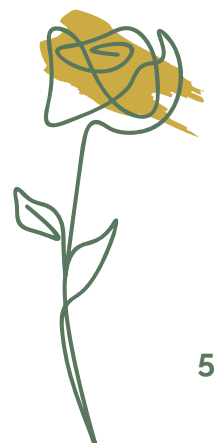


### 473 Silk Teardrop

**Profile:** Shallow to Average

**Sizes:** 1-14

- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit



# Silk

## Lightweight



### 483 Silk Encore Triangle

**Profile:** Shallow to Average

**Sizes:** 1-17

- Triangle shape fits a variety of body and surgery types

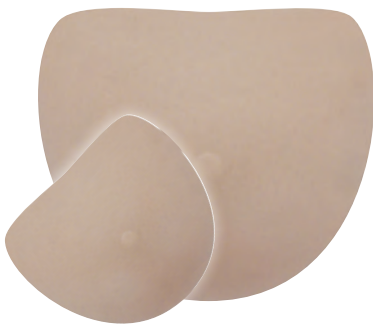


### 476 Silk Connect Sold in international markets only

**Profile:** Shallow to Average

**Sizes:** 1-10

- Can be worn attached to chest wall or unattached with protective back in place
- Non-adhesive center for easy removal and fuller projection
- Integrated mesh fabric layer for improved durability



### 477 Silk Flex

**Profile:** Average to Full

**Sizes:** 1-14

- Heart shape can be positioned in any direction for optimal fit
- Fits well with underwire bras



### 475 Silk A Supreme

**Profile:** Shallow to Average

**Sizes:** 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery



# Silk

## Lightweight



### 478 Silk Xtend

**Profile:** Average to Full

**Sizes:** 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery



### 472 Silk Triangle Plus

**Profile:** Average to Full

**Sizes:** 1-17

- Triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras
- Comfortable back provides additional fullness and projection

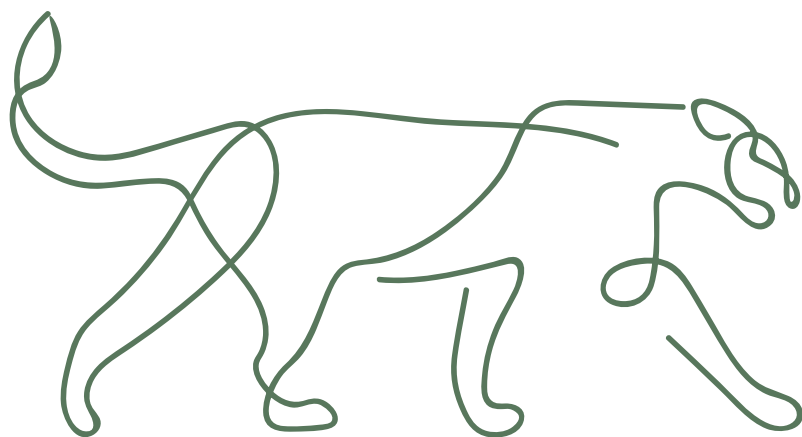


### 481 Silk Ultima Triangle

**Profile:** Full

**Sizes:** 1-14

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras



# Traditional

## Soft Silicone

Traditional breast forms are made from a soft silicone gel which offers more weight to mimic natural breast tissue drape and movement.



### 509 E Supreme

**Profile:** Average to Full

**Sizes:** 1-17

- Translucent color
- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit



### 508 Symphony

**Profile:** Average to Full

**Sizes:** 1-14

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras



### 503 A Supreme

**Profile:** Average to Full

**Sizes:** 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery

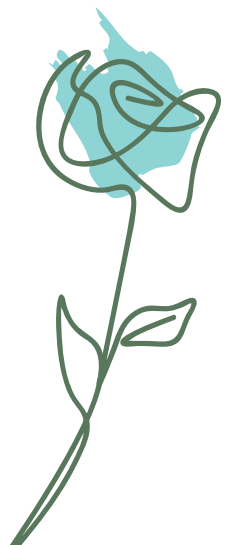


### 571 Bella Sold in international markets only

**Profile:** Average to Full

**Sizes:** 3-14

- Translucent color
- Symmetrical triangle shape fits a variety of body and surgery types



# Partial

## Soft Silicone

Trulife offers soft partial silicone breast forms designed to provide the lightest and most natural symmetry for post-lumpectomy, post-reconstruction and enhancement of underdeveloped breasts. All partial breast forms feature tapered edges to ensure a flawless, smooth profile under clothing.



### 533 Triangle Partial

**Sizes:** 3-9

- Triangle shape offers thin, overall coverage
- Soft silicone with an exterior silky-soft skin



### 531 Teardrop Partial

**Sizes:** 1-11

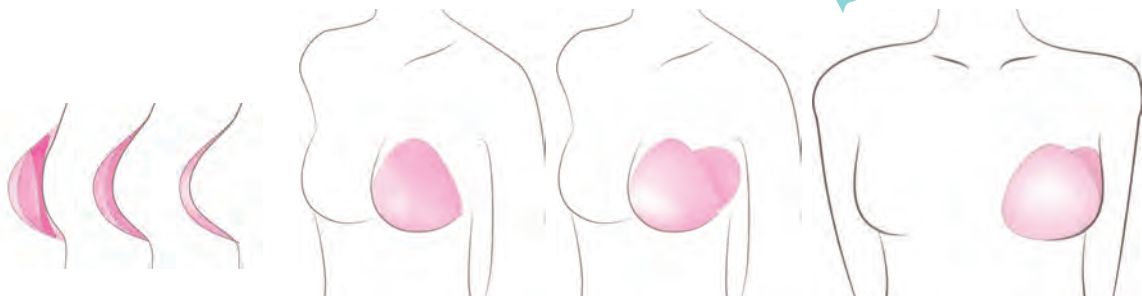
- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look



### 822 ReCover Shell

**Sizes:** S, M, L, XL

- Designed for staged reconstruction
- Fine, thin tapered edges provide a seamless, intimate fit
- Translucent appearance to adapt to skin color
- Three layers of silicone inserts for customized fullness and projection



# Partial

## Soft Silicone



### 535 Triangle Partial Encore

Sizes: 3-9

- Triangle shape offers thin, overall coverage
- Soft silicone with an exterior silky-soft skin



### 356 Teardrop Partial Encore

Sizes: 1-11

- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look



# Swim & Activity Lifestyle

Trulife swim forms are ideal for all water activities. They retain their shape in and out of water. They can be used in chlorinated and salt water.

ActiveFlow is the newest concept in active lifestyle breast form design. The perfect combination of beads and moulded spacer fabric provide a flattering, natural profile, whether active or lying down.



## 630 ActiveFlow

**Sizes:** Original Mesh Sizes: 1-14  
Black, Nude Sizes: 3-14

**Colors:** Original mesh, Black, Nude

- Popular for all activities including swimming and jogging
- Lightweight monoprene beads do not absorb water and dry quickly
- The beads also move and flatten when sun-bathing



## 641 Tropez

**Sizes:** 1-14

- Firm translucent triangle shape fits a variety of body and surgery types
- Concave back allows for buoyancy, water flow and shape retention
- New soft silky skin!



# Luna

## Soft Leisure

### Trulife's newest Leisure and Post Surgery Breast Form

Our soft, lightweight foam and fiber-fill prosthesis is recommended for leisure, post-surgery and moderate activities. It is also eco-friendly! Fiber-fill is made from recycled plastic bottles. Good for the environment and good for post-surgery needs.



#### 622 Luna

Sizes: 3-12 L/R

- Asymmetrical shape has slight extension to fit under the arm or the upper chest
- Fiber filling made from recycled plastic bottles
- Soft Bamboo material with moisture wicking properties
- A gently weighted front helps to restore balance





# Leisure & Post Surgery

## Soft Foam

Ideal collection of soft, lightweight foam breast forms for post-surgery, leisure and moderate activities. Each form features a removable cotton cover for ease of washing.



### 611 Tri-Leisure

Sizes: 3-14

- Triangle shape fits a variety of body and surgery types
- Inner weighted core provides minimal weight
- Recommended for leisure wear



### 616 Tri-Featherweight

Sizes: 1-14

- Triangle shape fits a variety of body and surgery types
- Soft, non-weighted foam
- Recommended for post-surgery

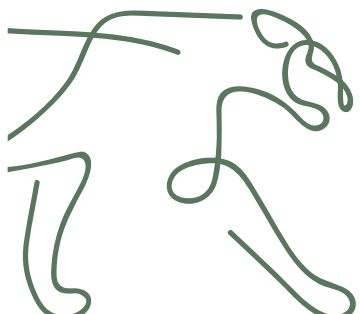


### 607 FirstFit

Sizes: 3-12

A woman's first fit should be soft and gentle, easily adjustable and lightweight for optimized comfort. Trulife's FirstFit form offers an ideal solution for post-surgery and leisure wear.

- Seamless moulded front with a breathable and moisture-wicking COOLMAX® back
- 100% hypoallergenic polyester fluff
- Easily adjusted to any fullness required
- Extra fiberfill included for adjustment



# Radiant Impressions

## Custom Breast Form

### NON-SURGICAL BREAST & NIPPLE RESTORATION

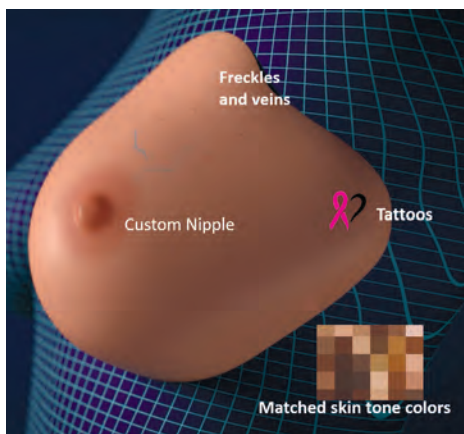
Trulife is renowned as the quality leader in crafting a handmade custom breast prosthesis. We have over two decades of experience creating the most realistic custom breast prosthesis for women as an alternative to reconstruction, an answer to failed reconstruction, and as a beautiful prosthetic option for all women who have had breast surgery.

- Custom made to a woman's unique contour, shape and profile
- May help restore a sense of wholeness and confidence
- Enhanced softness to match natural breast tissue

With the use of a laser scanner, a 3D image is quickly created and easily sent to the Radiant Impressions Production Studio, where Design Engineers create a beautiful custom breast prosthesis that is unique to the surgery site, skin tone, color and characteristics such as freckles, veins, nipples and tattoos.

Semi custom and custom nipples also available.

Contact Trulife about our Radiant Impressions Scan Events and/or becoming a Radiant Impressions Custom Breast Prostheses Provider.



# TRULIFE BREAST FORM

## Size Guide

### HOW TO USE THIS SIZE GUIDE

1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
2. Follow this row to the right for suggested size by product to try on your patient.  
(See example highlighted below).



	100% Pure Silicone				Lightweight			
MODEL	153	151	101	102	495	471	485	473
NAME	Cara	Sublime Aris	Impressions II	Impressions II Encore	BodiCool Wave	Silk Triangle	Silk Curve	Sile Teardrop
SIZES	3-12	3-14	2-12	4-12	1-14	1-17	2-14	1-14
PAGE	1	2	3	3	4	5	5	5

Size Guide															
PROFILE								Shallow	Average	Shallow to Average	Shallow to Average	Shallow to Average	Shallow to Average	Shallow	Shallow to Average
CUP SIZE															
AA	A	B	C	D	DD	DDD		▼	▼	▼	▼	▼	▼	▼	▼
BRA BAND SIZE (IN/CM)															
28/60													1	1	1
30/65	28/60									2			2	2	2
32/70	30/65	28/60						3	3	3			3	3	3
34/75	32/70	30/65	28/60					4	4	4			4	4	4
36/80	34/75	32/70	30/65					5	5	5			5	5	5
38/85	36/80	34/75	32/70	30/65				6	6	6	6	6	6	6	6
40/90	38/85	36/80	34/75	32/70				7	7	7	7	7	7	7	7
42/95	40/90	38/85	36/80	34/75	32/70			8	8	8	8	8	8	8	8
44/100	42/95	40/90	38/85	36/80	34/75			9	9	9	9	9	9	9	9
46/105	44/100	42/95	40/90	38/85	36/80	34/75		10	10	10	10	10	10	10	10
48/110	46/105	44/100	42/95	40/90	38/85	36/80		11	11	11	11	11	11	11	11
50/115	48/110	46/105	44/100	42/95	40/90	38/85		12	12	12	12	12	12	12	12
52/120	50/115	48/110	46/105	44/100	42/95	40/90			13				13	13	13
	52/120	50/115	48/110	46/105	44/100	42/95			14				14	14	14
		52/120	50/115	48/110	46/105	44/100							15		
			52/120	50/115	48/110	46/105							16		
				52/120	50/115	48/110							17		

Breast Form Size Guide continued next page.

# TRULIFE BREAST FORM

## Size Guide



### HOW TO USE THIS SIZE GUIDE

1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
2. Follow this row to the right for suggested size by product to try on your patient.  
(See example highlighted below).



Lightweight							
MODEL	483	476 INTL only	477	475	478	472	481
NAME	Silk Encore Triangle	Silk Connect	Silk Flex	Silk A Supreme	Silk Xtend	Silk Triangle Plus	Silk Ultima Triangle
SIZES	1-17	1-10	1-14	1-14 L/R	1-14 L/R	1-17	1-14
PAGE	6	6	6	6	7	7	7

Size Guide													
PROFILE							Shallow to Average	Shallow to Average	Average to Full	Shallow to Average	Average to Full	Average to Full	Full
CUP SIZE													
AA	A	B	C	D	DD	DDD	▼	▼	▼	▼	▼	▼	▼
BRA BAND SIZE (IN/CM)													
28/60							1	1	1	1	1	1	1
30/65	28/60						2	2	2	2	2	2	2
32/70	30/65	28/60					3	3	3	3	3	3	3
34/75	32/70	30/65	28/60				4	4	4	4	4	4	4
36/80	34/75	32/70	30/65				5	5	5	5	5	5	5
38/85	36/80	34/75	32/70	30/65			6	6	6	6	6	6	6
40/90	38/85	36/80	34/75	32/70			7	7	7	7	7	7	7
42/95	40/90	38/85	36/80	34/75	32/70		8	8	8	8	8	8	8
44/100	42/95	40/90	38/85	36/80	34/75		9	9	9	9	9	9	9
46/105	44/100	42/95	40/90	38/85	36/80	34/75	10	10	10	10	10	10	10
48/110	46/105	44/100	42/95	40/90	38/85	36/80	11	11	11	11	11	11	11
50/115	48/110	46/105	44/100	42/95	40/90	38/85	12	12	12	12	12	12	12
52/120	50/115	48/110	46/105	44/100	42/95	40/90	13	13	13	13	13	13	13
	52/120	50/115	48/110	46/105	44/100	42/95	14	14	14	14	14	14	14
		52/120	50/115	48/110	46/105	44/100	15				15		
			52/120	50/115	48/110	46/105	16				16		
				52/120	50/115	48/110	17				17		

# TRULIFE BREAST FORM

## Size Guide



Traditional				Swim & Activity		Leisure & Post-Surgery			
509	508	503	571 INTL only	630	641	622	611	616	607
E Supreme	Symphony	A Supreme	Bella	ActiveFlow	Tropez	Luna	Tri-Leisure	Tri-Feather-weight	First Fit
1-17	1-14	1-14 L/R	3-14	1-14	1-14	3-12 L/R	3-14	1-14	3-12
8	8	8	8	11	11	12	13	13	13
Average to Full	Average to Full	Average to Full	Average to Full	N/A	N/A		N/A	N/A	N/A
▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
1		1		1				1	
2	1	2		2	1			2	
3	2	3	3	3	2	3	3	3	3
4	3	4	4	4	3	4	4	4	4
5	4	5	5	5	4	5	5	5	5
6	5	6	6	6	5	6	6	6	6
7	6	7	7	7	6	7	7	7	7
8	7	8	8	8	7	8	8	8	8
9	8	9	9	9	8	9	9	9	9
10	9	10	10	10	9	10	10	10	10
11	10	11	11	11	10	11	11	11	11
12	11	12	12	12	11	12	12	12	12
13	12	13	13	13	12		13	13	
14	13	14	14	14	13		14	14	
15	14				14				
16									
17									



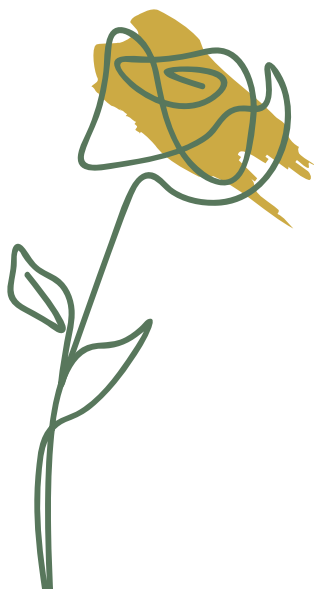


## Bras

Trulife bras offer women everyday confidence and comfort, fashionable choices and supportive styles for a variety of lifestyles.

Our bras are hand crafted in North America using quality fabrics and components that are inspected to meet Trulife's rigorous specifications. Each bra is carefully sewn by highly skilled workers, followed by a thorough inspection before being packaged for delivery.

All Trulife bras feature pockets on both sides made from breathable soft mesh or COOLMAX® fabric.



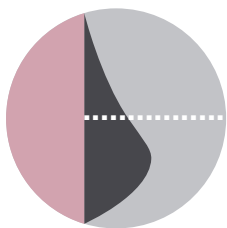
# Bra Fitting Guide

## ACHIEVING THE PERFECT FIT

When fitting a bra, there are three distinct shapes that describe the wearer's profile: shallow, average and full.

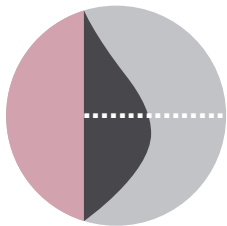
The type of profile is not dependent on cup capacity. For example a woman who wears a 'D' cup can have a shallow profile, just as a woman who wears an 'A' cup can have a full profile.

Below is a guide to help demonstrate the different profile types:



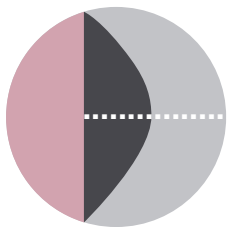
### Shallow

The breast tissue drapes in the lower cup of the bra and is often seen on the mature woman with soft breast tissue. The shallow profile woman requires a bra with a large bottom cup and small upper cup.



### Average

There is an equal amount of breast tissue on the top and bottom of the breast, with a more round appearance in the upper cup area. The average profile woman usually has firm breast tissue and a round profile.

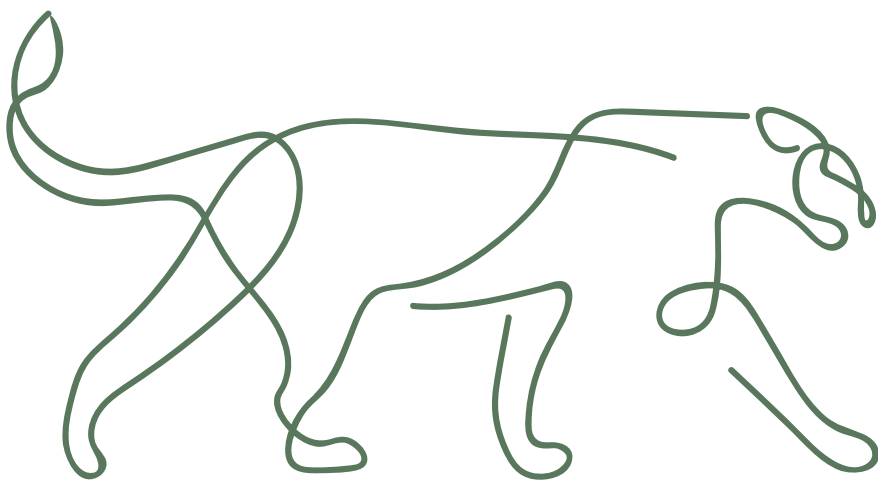


### Full

Producing the most round appearance, the full profile woman requires a bra that provides not only bottom cup support but also support and coverage for the upper part of the breast. The full profile can also be broad without much projection, needing a bra that provides containment such as M-frame styles that separate as well as support.

The bras appearing on the following pages come with a suggested profile fit. Knowing your customer's profile and the best Trulife bras for each profile can provide a personalized, efficient and rewarding fitting experience.

Additionally, each Trulife bra featured in this catalog specifies innovative design features and benefits, for example COOLMAX®, and other performance enhancing materials



# BRA MEASUREMENT GUIDE

**Finding the perfect bra** is essential for a woman to look and feel her best. It's important to choose a bra style that will adequately support the weight of the breast form and hold it securely against the body.

The following guidelines on measuring for bra size are only a suggested technique and starting point. Taking time to find the correct size will ensure a comfortable fit. Keep in mind that body changes due to weight gain or loss, can also change the bra size. Measurements should be checked again within six months to a year.

## Bra Band Measurement

To find your bra size, measure all around the body underneath the bust. If the measurement is an EVEN number add 4 inches, e.g. 30 + 4 = 34 Band Size. If the measurement is an ODD number add 5 inches. e.g. 29 + 5 = 34 Band Size.

## Cup Measurement

Measure over the most projected part of the remaining breast from center of sternum to center of spine; double the number.

## Bra Size

Determine the difference between the cup measurement and band measurement and refer to chart below:

Difference between Bra Band and Cup Measurements — USA							
CUP SIZE	AA	A	B	C	D	DD	DDD
DIFFERENCE (INCHES)	0	1	2	3	4	5	6

Difference between Bra Band and Cup Measurements — European							
CUP SIZE	AA	A	B	C	D	DD	DDD
DIFFERENCE (INCHES)	-1	0	1	2	3	4	5
DIFFERENCE (CM)	8/10	10/12	12/15	15/18	18/20	20/23	23/25

## Trulife Bra Features

All Trulife bras provide features essential for a beautiful fit:

1. Adjustable shoulder straps
2. Elastic binding around neckline
3. Full cup coverage
4. High center front fabric
5. Generous underarm support
6. Good separation between cups
7. Soft breathable pockets
8. Supportive underband
9. Two or more hook & eye fasteners (not shown)



Lisa is wearing 210 Barbara in Nude (page 25)



# Perfectly Seamless



## 4013 Alexandra

**Style:** Seamless Molded Cup

**Profile:** Average

**Colors:** White, Latte, Black, Amethyst, Sandstone

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

Our number one selling seamless style features a full coverage foam cup style that offers security and modesty; it boasts Trulife's exclusive foam cup design, ensuring a natural shape and perfect complement to triangular shaped breast forms.

- Lightweight two-way stretch powernet fabric at sides and back
- provides amazing all-day support
- Back-adjusting elastic straps and hook closure
- Moisture-wicking extended COOLMAX® pockets with underarm opening for comfort and breathability

## 4012 Taylor

**Style:** Multiway convertible style

**Profile:** Average

**Colors:** White, Latte, Black

CUP	A	B	C	D	DD
IN	38-42	36-44	34-42	34-40	34-38
CM	85-95	80-100	75-95	75-90	75-85

New Style 4012 Taylor has the same great fit and foam cup style as our #1 selling seamless style 4013 Alexandra, but features Multiway convertible style straps.

- Wear it with conventional wide-set straps, backless as a halter, or crisscrossed in the back
- provides amazing all-day support
- Back-adjusting elastic straps and hook closure
- Moisture-wicking extended COOLMAX® pockets with underarm opening for comfort and breathability

# Perfectly Seamless



## 4040 Harper

**Style:** Seamless smooth soft cup

**Profile:** Average to Full

**Colors:** White, Latte, Black

CUP	B	C	D	DD	DDD
IN	34-42	34-42	34-42	36-44	36-44
CM	75-95	75-95	75-95	80-100	80-100

- The new seamless smooth style 4040 Harper cup features a double knit fabric that offers great shape and structure
- This thicker cup fabric reduces any see-through in the cup
- This mold to body fabric delivers a smooth look and a natural shape and offers everyday comfort and a secure fit
- Back-adjusting elastic straps and hook closure
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets

HOOK & EYE	CUP
2 HOOK & EYE	B34, B36, B38, C34, C36
3 HOOK & EYE	B40, B42, C38, C40, C42, D34, D36, D38
4 HOOK & EYE	D40, D42, DD36, DD38, DD40, DD42, DD44, DDD36, DDD38, DDD40, DDD42, DDD44



# Perfectly Seamless



## 4002 Lily

**Style:** Seamless Microfiber Flexible Shaper

**Profile:** Shallow to Average

**Colors:** Nude, Black

CUP	A	B	C	D
IN	34-40	34-40	34-40	34-38
CM	75-90	75-90	75-90	75-85

This silky-soft allover microfiber fabric feels exceptionally comfortable for that all-day comfort. The seamless, two-ply molded cups with unique flexible shaper offers a supportive and natural shape..

- Elasticized trim at neckline for a secure fit
- Back-adjusting non-stretch straps and hook closure
- Breathable and seamless extended mesh pockets for coolness and comfort

## 4030 Emily

**Style:** Seamless Smooth Soft Cup

**Profile:** Shallow to Average

**Colors:** White, Latte, Black

CUP	A	B	C	D
IN	34-40	34-42	34-42	34-42
CM	75-90	75-95	75-95	75-95

Emily seamless softcup brings together all the features that make a perfect bra: secure fit, stylish and comfortable.

- Moisture-wicking extended COOLMAX® pockets with underarm opening for comfort and breathability



# Stylish Fit



## 4019 Jessica

**Style:** Softcup

**Profile:** Shallow to Average

**Colors:** White, Nude, Black, Amethyst, Powder Pink

CUP	A	B	C	D	DD	DDD
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

This fashionable and preferred style features a built-in lace camisole panel tailored to give you all-day security and comfort. Seamed soft cup design offers excellent support. An absolute favorite!

- Lace accents and lace camisole panel for an exceptionally feminine style
- Back-adjusting elastic straps and hook closure
- Pockets feature COOLMAX® fabric that manages moisture to help keep you cool and dry

# Stylish Fit

## 210 Barbara

**Style:** Lace Accent Softcup

**Profile:** Shallow to Average

**Core Colors:** White, Latte, Nude, Black

CUP	A	B	C	D	DD	DDD
IN	32-42	32-52	34-52	34-52	34-48	34-48
CM	70-95	70-120	75-120	75-120	75-110	75-110

**Fashion Colors:** Sandstone, Amethyst, Powder Pink

CUP	A	B	C	D	DD	DDD
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

Our best-selling style! Four core and a variety of fashion colors make this a favorite. This seamed style offers unparalleled support, and is highlighted with a lace trim that accentuates its loveliness.

- Extremely versatile fit
- Back-adjusting elastic straps and hook closure
- Soft and breathable moisture-wicking COOLMAX® pockets for coolness and comfort



# Stylish Fit

## S210 Barbara (Soft)

**Style:** Lace Accent Softcup

**Profile:** Shallow to Average

**Colors:** Exotic Latte & Exotic Black

CUP	A	B	C	D	DD	DDD
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	85-105

The Soft 210 Barbara offers the same great fit as our Original style. Offered in two exotic fashion colors. The soft touch material provides a luxurious feel that is lace-free. A new wardrobe must-have!

- Extremely versatile fit
- Back-adjusting elastic straps and back closure
- Soft and breathable moisture-wicking COOLMAX® pockets for coolness and comfort



# Shaped Support



## 420 Kate

**Style:** M-Frame Softcup

**Profile:** Average to Full

**Colors:** White, Nude

CUP	A	B	C	D	DD	DDD
IN	34-40	34-44	34-44	34-48	34-48	38-48
CM	75-90	75-100	75-100	75-110	75-110	85-110

Preferred style in our support category! Get the uplift, comfort and support needed with this M-frame shape style, without the need of a wire. The wide straps and firm support make it a winning combination.

- Non-stretch reinforced side panels offer extra coverage and support
- Wide back-adjusting non-stretch straps for additional support
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets



## 190 Irene

**Style:** Classic Full Support Softcup

**Profile:** Average to Full

**Colors:** White, Nude, Black

CUP	A	B	C	D	DD	DDD
IN	34-38	34-42	34-46	34-48	36-46	36-46
CM	75-85	75-95	75-105	75-110	80-105	80-105

As our best-selling style in our support category, this beautiful classic lace accented and full support soft cup bra provides a great fit! The non-stretch reinforced side panels help to contain tissue for an exceptionally smooth shape.

- Two-way stretch powernet fabric for unparalleled support
- Wide, back-adjusting elastic straps distribute pressure on the shoulders
- Comfortable and breathable, moisture-wicking COOLMAX® pockets



## 330 Sophia

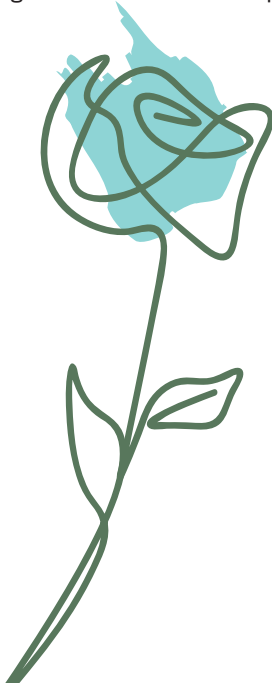
**Style:** Activity Softcup

**Colors:** White, Black, Grey

CUP	A/B	C/D
IN	34-44	34-44
CM	75-100	75-100

This favorite sports bra offers the comfort and breathability of cotton-rich fabric and gives just the right amount of lift and support for any workout routine. Lightly-cushioned shoulder straps with COOLMAX® lining for enhanced comfort.

- Smooth supportive bottom band and non-stretch reinforced side panels
- Back-adjusting non-stretch straps for added support
- Breathable and comfortable moisture-wicking extended COOLMAX® pockets





# Trulife

## Bras at a Glance

Key	
	Molded Cup
	Softcup
	Underwire
S	Shallow to Avg
A	Average
F	Average to Full
	White
	Nude
	Latte
	Black
	Powder Pink
	Sandstone
	Amethyst
	Exotic Latte
	Exotic Black
	Gray

Perfectly Seamless					
MODEL	<b>4013</b>	<b>4012</b>	<b>4040</b>	<b>4002</b>	<b>4030</b>
NAME	<b>Alexandra</b>	<b>Taylor</b>	<b>Harper</b>	<b>Lily</b>	<b>Emily</b>
STYLE					
PROFILE	A	A	F	S	S
COLORS					
AA					
A	34-42 in 75-95 cm	38-42 in 85-95 cm		34-40 in 75-90 cm	34-40 in 75-90 cm
B	34-44 in 75-100 cm	36-44 in 80-100 cm	34-42 in 75-95 cm	34-40 in 75-90 cm	34-42 in 75-95 cm
C	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-40 in 75-85 cm	34-42 in 75-95 cm
D	34-40 in 75-90 cm	34-40 in 75-90 cm	34-42 in 75-95 cm	34-38 in 75-85 cm	34-42 in 75-95 cm
DD	34-38 in 75-85 cm	34-38 75-85 cm	36-44 in 80-100 cm		
DDD			36-44 in 80-100 cm		
PAGE	21	21	22	23	23

STYLISH FIT					SHAPED SUPPORT		LIVING WELL
MODEL	<b>4019</b>	<b>210*</b>	<b>210*</b>	<b>S210*</b>	<b>420</b>	<b>190</b>	<b>330</b>
NAME	<b>Jessica</b>	<b>Barbara</b>	<b>Barbara</b>	<b>Barbara (Soft)</b>	<b>Kate</b>	<b>Irene</b>	<b>Sophia</b>
STYLE							
PROFILE	S	S	S	S	F	F	N/A
COLORS							
SIZES							
A	34-42 in 75-95 cm	32-42 in 70-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-40 in 75-90 cm	34-38 in 75-85 cm	
B	34-44 in 75-100 cm	32-52 in 70-120 cm	34-44 in 75-100 cm	34-44 in 75-100 cm	34-44 in 75-100 cm	34-42 in 75-95 cm	
C	34-48 in 75-110 cm	34-52 in 75-120 cm	34-48 in 75-110 cm	34-48 in 75-110 cm	34-44 in 75-100 cm	34-46 in 75-105 cm	
D	34-48 in 75-110 cm	34-52 in 75-120 cm	34-48 in 75-110 cm	34-48 in 75-110 cm	34-48 in 75-110 cm	34-48 in 75-110 cm	
DD	36-48 in 80-110 cm	34-48 in 75-110 cm	36-48 in 80-110 cm	36-48 in 80-110 cm	34-48 in 75-110 cm	36-46 in 80-105 cm	
DDD	36-46 in 80-105 cm	34-48 in 75-110 cm	36-46 in 80-105 cm	36-46 in 80-105 cm	38-48 in 85-110 cm	36-46 in 80-105 cm	
A/B, C/D							34-44 in 75-100 cm
PAGE	24	25	25	26	27	27	28

# Accessories



## Breast Form Covers

- Most available in light and dark tone
- Replacement covers
- Sized to match breast form
- Two units per package



## Bra Extenders

Call Customer Service for availability on colors and sizes.



## TruKleen

00008 (16 oz. Bottle)

- Recommended to clean Trulife bras, breast forms and breast form covers
- Delicate wash suitable for cold and warm water
- Thoroughly cleanses and extends the life of elasticized fabrics
- Six bottles per case



## It Stays

00005 (2 oz. Bottle)

- Water-soluble body adhesive
- Roll-on applicator top
- Twelve bottles per case



# Product Care

## Breast Forms

Trulife silicone breast forms are designed to be worn by women of all ages, with different lifestyles and surgery types. Our breast forms are available in an extensive range of shapes, sizes, textures and weights to ensure every woman can find the breast form that best suits her needs. A little care and attention will ensure long-lasting comfort and satisfaction.

To clean a silicone breast form, hand wash gently in lukewarm water with a mild soap. Dry with a soft towel, do not wring or rub. Avoid using powders, perfumes or hot water directly on the breast form. Care should be taken to avoid sharp objects that may damage the breast form.

## Routine Cleaning of 100% Pure Silicone products

Wash the prosthesis as often as required by following the steps below:

1. Apply a pea size amount of soap to a wet cloth and use this to wash the breast form, front and back. Wipe with a dry cloth.
2. Alternatively use a wipe.
3. As often as needed, bathe the breast form by submerging in warm water and soap.
4. The honeycomb core of your 100% silicone product will retain water. To extract this water, place the back of the breast form on an absorbent towel and press firmly downwards. Repeat until most of the water is extracted, then leave to dry overnight, with the aerated back facing up.
5. To further enhance the silky soft feel, you may wish to apply talc evenly over the front of the breast form.

It is important to wear the correct size bra that fits properly and does not force the breast form into a different shape. This may cause the breast form to crease or permanently damage the breast form.

It is important to handle the breast form gently when inserting and removing it from the cover or pocket of the bra. Repeated squeezing or pulling may cause damage over time.

When not wearing the breast form, store it in the original packaging and cradle provided, away from heat. This will allow the breast form to maintain its shape and prevent accidental harm.

## Bras

Trulife bras feature quality fabrics, components and construction. We recognize that every woman is an individual with unique needs and desires.

Proper care will prolong the life of Trulife bras and provide lasting comfort, security and an overall natural look and feel. We recommend hand washing in warm water with mild soap. Hang dry for best results. Avoid use of fabric softeners when bra contains COOLMAX® fabric. Do not bleach.

With care, your Trulife bra will beautifully support and secure your breast form, for a natural, feminine look.



[www.trulife.com](http://www.trulife.com)