

Term 3, 2020 Physical Education Overview

Receptions	Year 1 & 2	Year 3 & 4	Year 5 & 6	Year 7
<p><b>FMS movement skills testing</b></p> <p><b>Minor Games:</b> GLOs, Continuation of developing understanding of rules, behaviours and working together. Integration of FMS development, spatial awareness, personal and social skills when working with others in a game situation</p> <p><b>Sports day practice/preparation</b></p> <p><i>Health:</i></p> <p>Child Protection Curriculum: Topic 1 Feelings</p> <p>Identify and describe different emotions people experience. Identifying</p>	<p><b>Fitness Testing/FMS testing</b></p> <p><b>Minor Games</b> GLOs, Cooperative Games Developing resilience and persistence.</p> <p><b>Sport Focus: Volleyball</b> dig, set, game play, rules, progression of technique. Focus on working together as a team. Using personal and social skills when working with others in game situations.</p> <p><b>Sports day practice/preparation</b></p> <p><i>Health:</i></p> <p>Child Protection Curriculum: Topic 1 Feelings, Topic 2 Being Safe</p>	<p><b>Fitness Testing</b></p> <p><b>Minor Games</b> GLOs, Cooperative Games, Team Building, Developing resilience and persistence.</p> <p><b>Volleyball</b> dig, set, serve, block, game play, rules, progression of technique, begin development on game sense.</p> <p><b>Athletics</b> preparation for Sports Day. Practice/revision of technique for athletic events. Introduce events to year 3s. Become familiar with rules and scoring.</p> <p><i>Health:</i></p>	<p><b>Fitness Testing</b></p> <p><b>Volleyball</b> brief revision of technique dig, set, serve, block, main focus on game sense and tactical awareness. Working in a team, helping teammates succeed.</p> <p><b>Athletics</b> preparation for Sports Day and Athletics carnival. Revision of athletics events and practice of technique. Developing ability to take on other rolls within athletics i.e. marshal, measuring etc</p> <p><i>Health:</i></p> <p>Cyber Safety and online awareness: practise skills to establish and manage</p>	<p><b>Fitness Testing</b></p> <p><b>Volleyball</b> brief revision of technique dig, set, serve, block, main focus on game sense and tactical awareness. Working in a team, helping teammates succeed.</p> <p><b>Athletics</b> preparation for Sports Day and Athletics carnival. Revision of athletics events and practice of technique. Developing ability to take on other rolls within athletics i.e. marshal, measuring etc</p> <p><i>Health:</i></p> <p>Cyber Safety and online awareness: develop and evaluate strategies on use</p>

actions that make them safe and healthy	Emotions responses impact on other's feelings.	Interpret health information and messages in the media and internet.	relationships, investigate appropriate use of online social media.	of social media, phones and internet to remain safe.
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