

NEW MOON RITUAL GUIDE



welcome to your new beginning

The New Moon is a powerful and potent phase in the lunar cycle, marking the beginning of a new lunar journey. During this celestial event, the moon is positioned between the Earth and the Sun, making it appear dark and invisible from our perspective. This apparent absence of the moon's light symbolizes a clean slate, a blank canvas for new beginnings.

Energetically, the New Moon is a time of introspection, setting intentions, and planting the seeds of your desires. It's a moment of stillness and potential, much like a dormant seed waiting to sprout. This phase encourages you to turn your gaze inward, reflect on your goals and aspirations, and release what no longer serves you.



As the moon waxes and grows in the following weeks, it carries your intentions with it, gradually manifesting your desires into reality.

The New Moon's energy is like a cosmic reset button, offering you the chance to align your energies with the natural rhythms of the universe and create a fresh start in your life.

For this ritual you'll need:

- Manifestation Journal
- Manifestation Balm
- Lit Rituals Manifestation Candle
- Abundance Spray
- Saged Altar Cloth
- Triple Energy Crystals (Amethyst, Clear Quartz, Citrine)
- Evolve Mala Bracelet
- Earth Elements Smudge Kit
- Rose of Jericho
- Moonstone



**New
moon**

new

beginnings

endless

possibilities

New Moon Abundance Ritual

Preparation:

1. Find a quiet and comfortable space where you won't be disturbed.
2. Lay out your Saged Altar Cloth on a table or any flat surface.
3. Place your Triple Energy Crystals (Amethyst, Clear Quartz, Citrine) in a triangle formation on the cloth.

Opening:

1. Begin by lighting your Lit Rituals Manifestation Candle. As you do this, take a moment to focus on the flame and set your intention for this ritual. Visualize what you want to manifest in your life.
2. Sit comfortably and take a few deep breaths to center yourself.
3. Open sacred space by calling in the elements and directions and asking for their guidance and protection in this ritual.

East // Air
South // Fire
West // Water
North // Earth
Center // Spirit

Cleansing and Clearing:

1. Light the bundle in the Smudge Kit using the candle's flame. Allow the smoke to rise.
2. Pass each of your crystals through the smoky aura, visualizing any negative energy being released and replaced with positive intentions.

Setting Intentions:

1. Take your Manifestation Journal and a pen. Write down your intentions, goals, and desires for the upcoming lunar cycle. Be specific and positive in your wording.
2. Anoint your body with the Manifestation Balm. As you do this, visualize your intentions being absorbed into the bracelet. Inhale the scent as you open your channels to receive abundance.
3. Infuse your Evolve Mala Bracelet with your intention. Hold it in the palms of your hands and bring it to your chest in a prayer position. Take a deep breath and visualize the mala bracelet absorbing power of your intention. When you feel complete, place the bracelet in the center of your crystal triangle on your altar cloth.

Blessing and Manifestation:

1. Lightly spritz the Abundance Spray over your Manifestation Journal and the area around your crystals. This symbolizes the growth and expansion of your intentions.
2. Hold the Rose of Jericho in your hands. As you do this, imagine your intentions blooming and growing just as the Rose of Jericho unfurls. Place it near the center of your altar.

Connection to the Moon:

1. Hold the Moonstone in your hand and close your eyes. Feel the energy of the moon and its connection to your intentions. This energy is feminine, intentional, grounded, and fluid.
2. Place the Moonstone on top of your Manifestation Journal.
3. Take this time to open the journal and begin the exercises to work with the 3-6-9 method of manifesting.
4. Make it a point to come back to this practice daily as you stay present with manifesting your desires. Magic loves consistency!

Closing:

1. Sit in meditation for a few minutes, focusing on your intentions and the energy you've created in your sacred space.
2. Thank the universe, the moon, and any higher power you believe in for their support.
3. Snuff out the the candle, but leave the candle holder with your crystals on your altar as a reminder of your intentions.
4. Place your Rose of Jericho in a bowl of water and allow it to bloom as your intentions weave a web of abundance into your life.
5. Close your circle by thanking the energy of the elements and directions for supporting and protecting your ritual.

Center // Spirit

North // Earth

West // Water

South // Fire

East // Air

*And so it is.
And so it shall be.*