

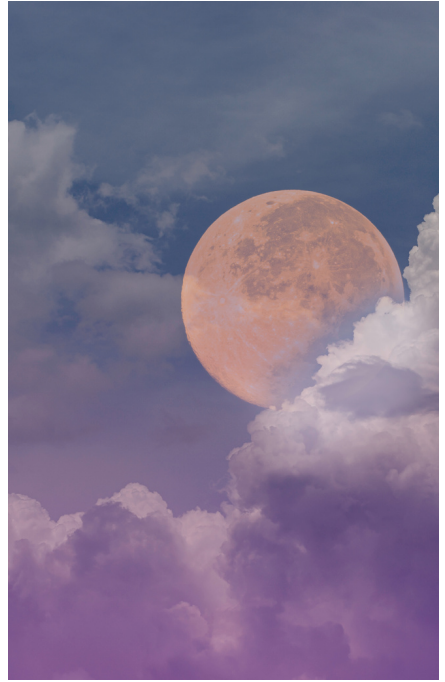


FULL MOON RITUAL GUIDE



welcome to your new beginning

The Full Moon, the radiant climax of the moon's phases, beams with powerful energy. As it stands opposite the Sun, it showers our world with its luminous glow. Energetically, it signifies the culmination, the height of emotions, and the perfect moment for letting go. The Full Moon's radiance illuminates our lives, bringing clarity and revealing what no longer serves us. It's a time of release, of shedding the old to make room for the new, allowing us to step into the next phase of our journey with renewed vitality.



Energetically, the Full Moon symbolizes the zenith, the culmination of our emotions, and the perfect moment for letting go. Its radiant light not only illuminates the night sky but also shines a spotlight on our lives, highlighting our joys and challenges alike.

The Full Moon is a mirror that reflects our innermost feelings, allowing us to confront and address what we may have ignored during the previous phases.

For this ritual you'll need:

- Moon Water Jar
- Moon Phase Hanging Chime
- Loose Incense
- Divination Mat
- Crystal Pendulum
- Selenite Sphere and Holder
- Lakshmi Pendant
- Magic Spell Candles
- Triple Moon Spell Candle Holder



The background of the image is a serene sunset or sunrise over a body of water. The sky transitions from a deep purple at the top to a bright orange and red near the horizon. A full moon is visible in the sky, positioned between the words 'transform,' and 'embrace'. The water in the foreground is dark and reflects the colors of the sky and the moon. The text is centered and written in a bold, white, sans-serif font.

**Release,
transform,
embrace
renewal**

Full Moon Release Ritual

Preparation:

1. Find a quiet and comfortable space where you won't be disturbed.
2. Set up your Divination Mat on a flat surface. Place the Moon Phase Hanging Chime nearby.
3. Fill your moon water jar with water and keep it close.

Opening:

1. Begin by selecting a Magic Spell Candle that corresponds to your intention for releasing. Choose a color based on its symbolic meaning (e.g., white for purification, black for banishing negativity, etc - [click here to see all the color correspondences](#)). As you light the candle, take a moment to focus on the flame and set your intention for this ritual, aligning it with the candle's color symbolism.
2. Sit comfortably and take a few deep breaths to center yourself.
3. Open sacred space by calling in the elements and directions and asking for their guidance and protection in this ritual.

East // Air
South // Fire
West // Water
North // Earth
Center // Spirit

Letting Go and Creating Space:

1. Hold the Crystal Pendulum in your dominant hand and ask it to help you identify what needs to be released. Allow it to guide you as you pinpoint areas of your life that require letting go.
2. Place the Crystal Pendulum at the center of your Divination Mat.

Cleansing and Clearing:

1. In a fire-safe bowl, place the charcoal disk included with the loose incense at the bottom. Ignite the charcoal with a lighter and watch as the heat passes from one side to the other. Sprinkle the Loose Incense on the disk. Allow the smoke to rise.
2. Pass your Selenite Sphere and crystal pendulum through the smoky aura, cleansing them of any negative energy.
3. As the smoke rises, envision what you're ready to let go of and release. Allow the smoke to remove blockages from your physical and energetic body.

Connection to the Moon:

1. Take your Moon Water Jar with water and hold it in your hand and connect with the energy of the Full Moon. Visualize the moonlight infusing the water with its energy and with your intention.
2. Sprinkle a few drops of Moon Water on your Divination Mat, enhancing its energy and connection to the lunar cycle.
3. Take some time to journal on what you're ready to release. Allow the words to fill the page and flow out of you without over thinking. Trust your intuition on what is coming up so that it can come out.

Creating Space for Abundance:

1. Take the Lakshmi Pendant in your hands and connect to the energy of abundance. When you create space, you are allowing abundance to flow into your life. Lakshmi is here to allow you to receive and believe.
2. Light the Magic Spell Candle you've chosen for abundance and place it in the candle holder on your Divination Mat.
3. As the flame builds, connect to the color you've chosen and ask Lakshmi to guide you to this abundance. Continue to release what's standing in the way of receiving, even if you're in your own way.

Release and Letting Go:

1. Sit quietly, gaze at the Crystal Pendulum, and ask it to guide you to clarity on what is ready to be released. Hold the pendulum over the divination mat and ask the pendulum to move in the direction of the themes that are potential blockages in your life. The divination mat is based on the houses of astrology. Within these houses, you have main themes. When the pendulum moves towards two houses back and forth, take a moment to reflect on what that means for you. What can you address and release in those themes that will help you get to where you want to go?
2. Bring the Moon Phase Hanging Chime into your space and infuse it with the energy of release. When you hang the chime in your home (inside or outside) set the intention to be reminded of what you're releasing when you hear its beautiful music.
3. Take some time to journal on what you've gained clarity on. Now that the ritual is complete, this is a powerful time to make note of your clarity, on what you're ready to release, and on any action steps you need to take to make this happen. This ritual is powerful, but you still need to take inspired action to make the magic work for you. The coming days are a potent time to continue to release as the light of the moon is waning. Use this time to go deeper and deeper into what needs to be released and removed from your life or daily behavior in order to make space for all that you desire.

Closing:

1. Thank the universe, the moon, and any higher power you believe in for their support and guidance during this ritual.
2. Allow the Magic Spell Candle to burn down fully, ensuring that it is safe and not going to burn anything. When the candle is finished, leave it in the Triple Moon Spell Candle Holder on your Divination Mat as a symbol of the space you've created for abundance.
3. Place your moon water jar outside or inside on a window sill to absorb the energy of the full moon and to further empower your intention. Bring it inside in the morning. You can drink this water, save it on your altar for future rituals, water your plants with it, or do anything that feels right. Listen to your intuition.
4. Close your circle by thanking the elements and directions for their guidance and protection during this ritual.

Center // Spirit
North // Earth
West // Water
South // Fire
East // Air

*And so it is.
And so it shall be.*