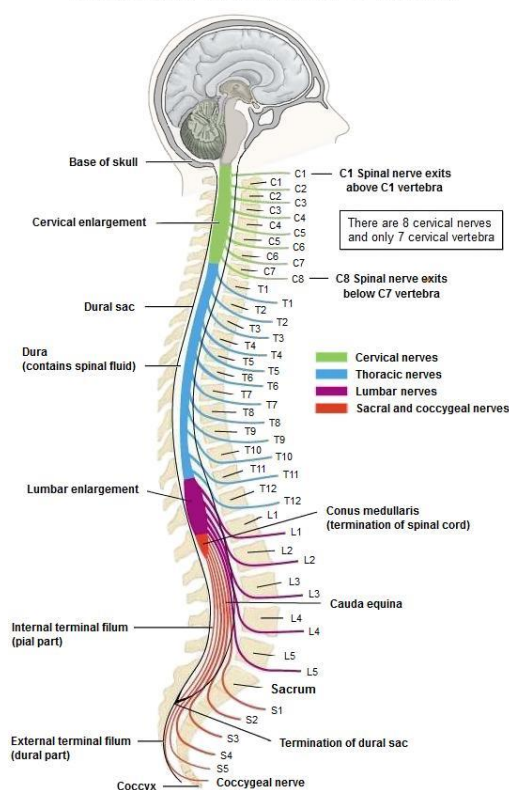


iTEC Diploma in Indian Head Massage

-ENROLMENT BROCHURE-



Spinal Nerve Root Relation to Vertebra



About Us

Our Mission

To provide passionate educators to teach excellent courses so that our graduates receive quality complementary therapy knowledge and skills.

Our Vision

To empower people through high quality education in Complimentary Therapies to support the well-being of our community.

Important Info

Aromaflex Academy, is a New Zealand owned and operated Private Training Establishment, specialising in complementary medicine and therapies in the tertiary education sector.

We have been nationally and internationally recognised and approved to deliver quality courses since 1998, specialising in Aroma Science, Diploma in Aromatherapy, Diploma in Reflexology, Indian Head Massage and Massage qualifications.

Industry involvement is key to keeping compliant with our Governing bodies both within and outside

of New Zealand so that graduates can confidently practice professionally anywhere in New Zealand and around the world.

Aromaflex Academy is registered, affiliated with and/or approved with the following bodies to teach the Complimentary Therapy course:

- The International Federation of Professional Aromatherapists www.ifparoma.org
- The New Zealand Register of Holistic Aromatherapists www.aromatherapy.org.nz
- International Aromatherapy & Aromatic Medicine Association www.iaama.com.au
- ITENZ Independent Tertiary Education New Zealand
- RNZ – New Zealand Reflexology www.reflexology.org.nz
- iTEC - International Therapy Examination Council www.itecworld.co.uk

About This Course

What is Indian Head Massage?

Indian Head Massage is based on the ancient system of medicine known as Ayurveda, which has been practised in India for thousands of years.

Traditionally, massage has been an important feature of family life across the generations. It is believed that massage preserves the body's life force and energy and is the most powerful way of relaxing and rejuvenating the body.

The Indian Head Massage techniques practised today have evolved from traditional rituals of Indian family grooming.

Aims and Objectives

The **Aim** of the Diploma in Indian Head Massage course is:

- To provide a balanced and in-depth study of the theory and practice of Indian Head Massage.
- To enable learners to gain the necessary underpinning knowledge of Indian Head Massage theory and practice required by the Complementary Therapies Industry.

The **Objective** of the Diploma in Indian Head Massage course is:

- To provide purpose and meaning to Indian Head Massage as a professional modality as an option to incorporate these skills towards being a Professional Therapist in the Complementary Medicine or Beauty Sector.

Who Should Do This Course?

This Course Is Suitable For:

- School leavers wishing to study something, until they are ready to move into the career they are interested in, as Indian Head Massage is a stand-alone qualification that may lead to many other awards in the Health and Natural Health Industries and the Beauty Industries.
- This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3 (UK) (equiv. Level 4-5 NZQA). It also provides a sound platform into further training into other ITEC modalities.
- Any adult returnee with a genuine interest to learn, returning to education with a desire to work in the massage industry, and to add to their existing modalities, eg: Aromatherapist, Reflexologist, Massage Therapist, Beauty Therapist etc.
- Those who are upskilling for professional practice and memberships as part of CPD (Continued Professional Development).

Why We Are Providing This Course:

- To qualify learners in Indian Head Massage, as therapists in the Complementary / Care industry.
- To offer an international qualification that can be easily achieved mostly on line, with only one in house practical weekend to attend and coming to Nelson for your ITEC exam.
- To provide an exciting way to learn about the body by exploring and developing skills and an understanding of how to easily learn this subject by providing an up-to-date way of study through our modern learning platform, especially developed for student's ease of use.



Career Opportunities

There are opportunities for Indian head massage therapists to find employment in a variety of areas:

☑ Complementary health clinics.

- Beauty salons
- Spa
- Cruise ships
- Hotels or resorts
- Own clinic

On completion of your Indian Head Massage Diploma, you will have the knowledge to staircase into other ITEC qualifications, such as:

The Complementary Suite:

www.itecworld.co.uk/qualification-category/all-categories/?Keywords=complementary&search_type=qualifications

- Diploma in Aromatherapy for the Complementary Therapist
- Diploma in Reflexology for the Complementary Therapist
- Diploma in Holistic Massage

Check out www.itecworld.co.uk

Entry Requirements

Admission Requirements

- Open to New Zealand Citizens or Residents.
- Applicants must be a minimum of 16 years of age at commencement of study.
- Learners must have regular access to and use of a computer with reliable internet.
- Learners who have English as a second language are required to have an International English Test System (IELTS) score of 5 in the academic band, with no individual band score lower than 5; or equivalent.

How Do I Enrol?

Enrolment

Learners can apply to be enrolled through completion of the enrolment form [Course Enrolment Form \(jotform.com\)](#) found on the website: <https://aromaflexacademy.com/> or email: academy@aromaflex.co.nz

If all entry criteria are met, an offer of place will be sent. Once all required paperwork and fees are received, learners will receive a confirmation of their study and access to the relevant learning.

Learner Responsibility

Learners are expected to:

- Submit their own original work.
- Notify any change in contact details.
- Notify any changes affecting the ability to complete their study.

What Qualification Do I Obtain?

- ITEC *Diploma in Indian Head Massage*
- And an
- ITEC *Diploma in Anatomy and Physiology*

This is both internationally and nationally recognised with NZ standards of professional memberships and practice to staircase into other courses around NZ.



Intakes and Overview

Intakes

The Diploma in Indian Head Massage course dates are found here [ITEC Diploma in Indian Head Massage – Aromaflex Academy](#)

- You can start the course earlier if your enrolment information is completed fully. This will enable you to access Coassemble to begin your Anatomy & Physiology study.
- The Diploma in Indian Head Massage course is available by **distance and online learning as well as an in house practical weekend.**
- The Diploma in Indian Head Massage course consists of approx. **250 Guide hours of learning.**

Content and Structure

Content

Made up of 7 learning outcome units.

Knowledge of Indian Head Massage for Complementary Therapies (iUBT433)

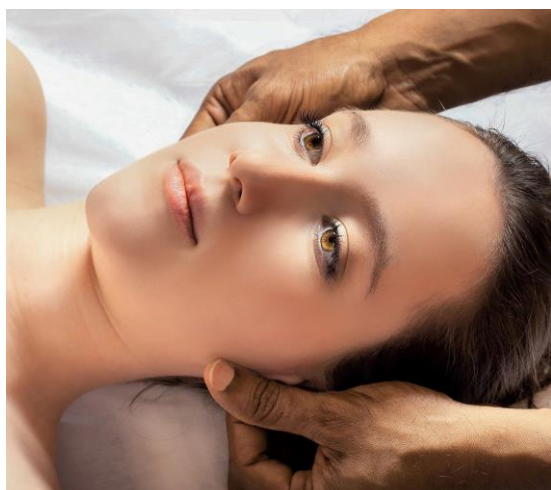
- Unit 1: The History and Concept of IHM
- Unit 2: The Structure of Hair in relation to IHM
- Unit 3: The Consultation Process and recognizing Contra-indications
- Unit 4: Carrying out an Indian Head Massage
- Unit 5: Case Study and exams
- Unit 6: Anatomy & Physiology (self-study -on Coassemble)
- Unit 7: Professional Business conduct and awareness (self-study -on Coassemble)

Structure

- The Diploma in Indian Head Massage course is made up of 7 units.

Completions and Extensions:

- It is anticipated that, unless extenuating circumstances exist, the course will be completed in the set period, i.e. within six to 12 months from commencement of the course.
- In the event the course work has not been completed within the above time frame, you may be granted an extension up to 1 year.



Assessment Requirements

- Learners will need to have completed all 7 components/units in order showing competency in each and complete 3 case studies (3 people x 3 treatments each)

The ITEC Examination Includes:

- A one-hour multi choice exam in Anatomy & Physiology.
- A 30 Minute multi choice exam in Indian Head Massage theory.
- A one-hour multi choice exam in Professional Business Conduct and Business awareness.
- Any learner granted a one-year deterrent during the first 6-month period must recommence study in the following year at the point of cessation.

Post Graduate Options

- Once learners have achieved the Diploma in Indian Head Massage they may like to go on to other programs of study e.g, Diploma in Aromatherapy for the Complementary Therapist.

OR

- Diploma in Reflexology for the Complementary Therapist

Study skills for Success.

This provide both literacy and numeracy and study skills for the learner. At the end of this module there is a section on exams that will give the learner an opportunity to practice before exam dates.

Resources

Overview

- Learners have access to our learning platform that is consistently updated.
- Each component has interactive learning resources, charting, Power Points and much more to fully engage the learner within the most modern up to date learning platform available on the market.

- Please visit this link to see how our learning platform [Coassemble Works](#)

Learners will be sent an email upon approved enrolment where you can login, view the course material, videos etc.

Learners need to upload and submit work online.

Course Alterations

Aromaflex Academy reserves the right to update or alter course content at any stage throughout the duration of the course as deemed necessary for the learners.



Attendance

- Attendance is required for in-house practical weekend.
- Attendance is required online, through our Aromaflex Academy learning platform.
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Indian Head Massage Tuition Fees

Description:	National Student Fee
Administration Fee	\$100.00
Indian head Massage Course (5 Units) Anatomy Physiology (online) Business awareness (online) (including in-house exam fee)	\$500.00

<i>ITEC exam fee not included.</i>	
Total Indian Head Massage Fees: <i>ITEC exam fee not included.</i>	\$600.00

All Prices are quoted in New Zealand Dollars incl GST.

Other Course Costs

All Prices are quoted in New Zealand Dollars

Recommended but not compulsory	Amount
Dorland's Pocket Medical Dictionary (Dorland's Medical Dictionary) By Dorland – Paperback	\$76.00
An Introductory Guide to Massage, 5 th Edition By Louise Tucker	\$60.00

Course Withdrawal

Domestic learners are entitled to a refund if they withdraw from a programme as per section 357 of the Education and Training Act 2020 if the course is:

- a. of more than three months duration and
- b. withdraws from the programme within the refund period.

Full Refund details can be found in the course A to Z given out on Step 1 of the enrolment process and in the course Handbook given out on the first day of your course.

Privacy Act

The Privacy Act 2020 ensures our Institute collects, uses, discloses, and gives access to personal information in an appropriate way. The result of this is that our staff are unable to provide information on individual learners, their whereabouts, and addresses.