

Beef Chicken Shrimp* Veggies* Tortillas

Pico Queso Brown Rice Corn Salad Crema Chimichurri

STEP 1 (Chicken & Beef)

Preheat oven to 425°F (400°F for convection oven). Remove twine from brown parchment packages and place entire packages on a baking sheet, keeping completely wrapped to retain moisture. Place in hot oven for 15 minutes* or until beef and chicken reach an internal temperature of 145°F.

*FOR EVERY ADDITIONAL SERVING, PLEASE ADD 10 MINUTES OF COOKING TIME.

1 SERVING	2 SERVINGS	3 SERVINGS	4 SERVINGS
10-15 MIN	20-25 MIN	30-35 MIN	40-45 MIN

* STEP 1 [*Optional Shrimp or Vegetables]

Preheat a sauté pan over medium heat. When the pan is warm, add 1-2 tablespoons of your preferred cooking oil. Add shrimp or roasted vegetables to your hot sauté pan. Cook shrimp for approx. 4 minutes per side or until shrimp reaches an internal temperature of 145°F. Cook roasted vegetables for 2-3 minutes or until hot.

STEP 2 Transfer rice to a microwave safe dish and microwave for 3-4 minutes, stirring occasionally until heated through,

STEP 3 Plate corn salad as is from container and drizzle chimichurri over top.

Remove tortillas from plastic bag, wrap in a moist paper towel, then microwave for 30 seconds OR place tortillas on a hot grill for 5-10 seconds per side, or until sufficiently warm.