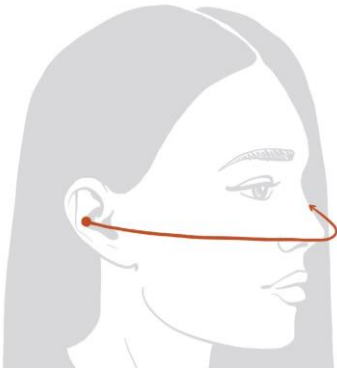


How to Measure for Face Masks



Measure from center of ear to center of other ear – over end of nose - using soft measuring tape, paper ruler or a piece of string.

Approximate Size Chart

<u>Women</u>		<u>Men</u>	
Small	12"	Small	13"
Medium	13"	Medium	14"
Large	14"	Large	15"

Printable Measuring Tape

What you'll need

- Printer *
- Scissors
- Tape

How to assemble the measuring tape

1. Print the measuring tape
2. Cut along dotted lines
3. Use tape to attach the pieces

Tip: *It's important that you print the tape in "real size"*

How to print it in REAL SIZE

Depending on your version of Acrobat Reader, be sure either "Fit to page" or "Shrink oversized pages to paper size" is NOT checked in the Print dialog box.

Use the option "Actual Size"

* If you don't have a printer...

If you don't have a printer or soft measuring tape, measure from center of ear to other ear using a piece of string. Lay string flat along a ruler.

