INGREDIENTS

FOR YOUR

HOLIDAY DISHES



- LOW CARB RECIPE -PUMPKIN PUDDING PIE

INGREDIENTS

1 Package Vanilla Pudding (Simply Delish Natural) • 2 Cups of Milk 1/2 Can of 100% Puree Pumpkin • 3 Tbsp Sweetener (Swerve Sweetie) 4 Drops of OOOFlavors Pumpkin Spice • 1 Tbsp of Pumpkin (Dak Spice)

DIRECTIONS

1. Whisk the pudding mix & milk until covered 2. Stir in the remaining ingredients 3. Fill mini pie crusts or bowls & top with whipped cream Recipe by @emmaclaireskitchen (IG)



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