pure food + juice Chef Cynthia Beavers brings plant-based culinary art and ultimate nutrition to offer a unique dining experience at Pure Food + Juice. We are incredibly passionate about creating innovative recipes that transform people's lives through food! Our menu features items sourced from local farms handcrafted with the best ingredients. Our mission is to show how food can be beautiful, delicious, and healthy. Our cuisine is free of gluten, sugar, soy, table salt, and dairy. We have a variety of food for every diet; plant-based, keto, paleo, gluten-free, dairy-free, clean food, vegan, and raw food. Now offering-eggs, chicken, beef, + salmon options to the current plant based menu.

Our motto is:

Food is Medicine!

pure food + juice

Cocktails

cucumber basil smash 12

green greens juice, fresh cucumber, basil, organic vodka or gin

dragonslayer cocktail 12

whiskey, lemon, ginger, agave, turmeric, cayenne

grapefruit champagne cocktail 13

grapefruit, rosemary, gin, champagne

french 75 12

limoncello, champagne

old fashioned 13

double shot aged bullet whiskey, bitters, orange, cherry

stonehorse martini 12

botanical gin, st. germain, champagne

lychee martini 12

vanilla, vodka, lychee

pear winter martini 12

pair infused vodka, st. germain, champagne

dragonfruit margarita 12

hot pink dragon fruit, fresh lime, grand marnier, blanco tequila, agave

winter hot toddy 12

hot tea of choice, nut milk, tumeric, whiskey or botanical gin+

whiskey cinnamon coffee 12

bullet whiskey, homemade cinnamon cream, ristretto espresso

chocolate espresso martini 13

espresso, organic vodka, cashew cream, cocoa powder

Beer + wine

white + sparkling

king estate pinot gris, williamette valley 15/60

acrobat pinot gris, oregon 11/44 **honig** sauvignon blanc, napa valley 13/52

delta sauvignon blanc, california 12/44

ferrari carano chardonnay, sonoma 15/60

girasole chardonnay organic vegan, california 11/44

kung fu girl riesling, washington 10/36

lamarca prosecco italy 12/48

red

king estate pinot noir, williamette valley 15/56

angeline pinot noir, california 11/40 **pablo claro** cabernet sauvignon, spain biodynamic organic 145/56

girasole cabernet sauvignon organic, mendocino 11/44

lobetia tempranillo, spain organic 10/36

kermit lynch cotes du rhône red blend of granoche sarai + mourvedre, france 13/52

beer

corona mexico 6daura damm lager spain (gf) 6fat tire amber ale 6

miller lite 5
asahi beer 8
peroni nastro azzurro (gf) 9

Elixirs

black lemonade elixir 9.5

lemon juice, charcoal, agave detoxification, antibacterial, lower cholesterol, liver + kidney health, skin

purple butterfly flower elixir 9.5

pea flowers, rosewater, lime glowing skin, weight loss, stress relief, heart health

dragon water 9.5

dragonfruit, lime, high alkaline water immunity, prebiotic, iron + magnesium rich

ocean water 9.5

blue spirulina, lemon, high alkaline water protein + b vitamin rich, iron, weight loss anxiety, depression, menopause

rose aphrodisiac tea 9.5

rose petals, lemongrass, pomegranate, hibiscus aphrodisiac, metabolism, skin, hair, liver health

wellness shots

e3 live

blue green algae protein rich, immunity, lower cholesterol, lower blood pressure, energy, weight loss 10z 5 | 20z 7

dragon slayer

whole lemon, ginger, turmeric, cayenne immunity, detoxification, digestion, allergies, inflammation, vitamin c 1oz 3 | 2oz 5

black magic

coconut water, fresh lemon, charcoal, cayenne hydration, electrolytes, detoxification, antibacterial, immunity loz 3 | 20z 5

Fresh pressed juice

no custom juice after 3pm

the bull 9.5

orange, grapefruit, pineapple, carrot, beet, cucumber, ginger, lime

cherry limeade 9.5

pear, pineapple, beet, lime, cucumber

green mojito 11

pineapple, cucumber, green apple, spinach, lime, mint

green buddha 9.5

orange, pineapple, grapefruit, cucumber, kale, celery

green goddess 9.5

apple, cucumber, celery, kale

hot pink 9.5

pear, pineapple, beet, cucumber

liquid sunshine 9.5

lemon, cayenne, turmeric, agave, high vibe salt

sadi with ginger 11

carrot, orange, lemon, mint, ginger

sweet potato pie 11

sweet potato, carrot, apple, cinnamon, ginger, pumpkin spices

Our mission is to make healthy, pure, nutrient rich food + drink to inspire people to eat better and live longer.

Smoothie blends

cashew cream base | sub with banana upon request no custom smoothies after 3pm

aqua blue 11

pineapple, blue spirulina, banana, blue agave, cashew cream

birthday cake 11

coconut milk, banana, strawberry, apple, sun warrior vanilla collagen protein peptides, cashew, blue spirulina

chocolate bliss 9.5

cocoa powder, banana, agave, cashew cream

cinnamon milk 9.5

cinnamon, cashew cream, agave

cup of joe 11

espresso, cocoa powder, banana, almond butter, agave, cashew cream

dragonfruit 9.5

dragonfruit, strawberry, pineapple, banana, agave, cashew cream

garden green 9.5

pineapple, mango, banana, pear, cucumber, celery, apple, kale, spinach, parsley, lemon

tropical green 9.5

pineapple, mango, kale, banana, cashew cream

green piña colada 11

pineapple, mango, spinach, kale, green apple, parsley, pear, celery cucumber, lemon, sun warrior piña colada beauty greens collagen protein peptides

snow coconut 11

whole young coconut, agave, cashew cream

strawberry love 9.5

strawberry, banana, agave, cashew cream

pumpkin pie 11

pumpkin, banana, cashew, agave, pumpkin spices, ginger, carrot juice

Breakfast

amaze smoothie bowls (available all day) 14

smoothie flavor of your choice topped with granola, chia seeds, hemp seeds, unsweetened coconut, fruit, the thickness is similar to ice cream

avocado toast (available all day)

gluten-free toast farrell bread +2

the original 10

thick avocado spread, roasted sesame seed

tomato basil 11

thick avocado spread, kalamata olive, cherry tomato

farm fresh egg 12

thick avocado spread, local organic farm egg

eggs (available until noon)

breakfast enchiladas 13

scramble eggs, mexican rice, corn, tortilla, avocado, pico de gallo, sour dream

breakfast tacos 14

scrambled eggs, queso, lettuce, avocado, pico de gallo, sour dream, corn tortillas

eggs + toast 12

eggs prepared the way you like served with gluten-free toast + jelly farrell bread +2

veggie omelette + toast 12

eggs, mushroom, bell, pepper, onion, spinach, tomato, jalapeño (optional) gluten-free toast farrell bread +2

Appetizers -

layered nachos 18

blue + yellow tortilla chip, pinto + black bean, queso, guacamole, pico de gallo, simple salad, topped with sour dream add beyond crumbles | chicken | beef +5

loaded queso and tortilla chips 14

homemade queso, chopped veggie sausage, guacamole, pico de gallo, cilantro, sour dream add chicken | beef +4

green dragon sushi roll 18

avocado, spinach, red pepper, carrot, zucchini, purple cabbage, crunchy chili cashews, rolled in english cucumber, almond chili sauce

lotus spring rolls 17

avocado, spinach, red pepper, carrot, zucchini, purple cabbage, crunchy chili cashews, rolled in rice paper wrap, almond chili sauce

street tacos

original plant based tacos 16

black + pinto beans, queso, simple salad, avocado, pico de gallo, sour dream, corn tortilla

chicken or beef tacos 16

choose chicken or beef, queso, simple salad, avocado, pico de gallo, sour dream, corn tortilla

pure tacos 16

house style beans, simple salad, avocado, queso, sour dream, in-house-made tortilla

Soup + salad

creamy mushroom soup 14

rosemary, cashew, aged balsamic, garlic

tantra thai soup 13

green curry, coconut milk, carrot served chilled

taco soup 13

veggie taco meat, black + pinto bean, poblano, tomato, cilantro, mexican spices, topped with sour dream, tortilla chip

soup of the day 12

vegetable ramen 13.5

thin cut zucchini, carrots + red bell pepper noodles, ginger + garlic broth, sesame oil, toasted sesame seeds add organic farm egg +2

farmer's vegetable salad 16

chopped simple salad, spinach, red bell pepper, carrot, zucchini, purple cabbage, cherry tomato tossed in house made dressing, house-made parmesan

add chicken +5 | salmon +8

simple salad 13

chopped romaine hearts, avocado tossed in house made dressing, housemade parmesan add chicken +5 | salmon +8

Entrées

buddha bowls

mediterranean 19

simple salad base, jasmine rice, garbanzo bean, cherry tomato, kalamata olive, spinach, cucumber, purple cabbage, hummus, quinoa tabouli, babaganoush, pickled onion, lemon, creamy mediterranean herb dressing

mexican 18

simple salad base, spanish rice, pinto + black bean, spinach, avocado, purple cabbage, corn, red bell pepper, pico de gallo, pickled onion, lime, queso

thai 18

simple salad base, coconut jasmine rice, garbanzo bean, spinach, crunchy chili cashews, purple cabbage, red bell pepper, avocado, cucumber, carrot, pickled onion, lime, sesame seed, almond chili sauce

add chicken +5 | salmon +8

burgers

the original burger 18

beyond burger, romaine hearts, tomato, avocado, red onion, house mustard, pickle

chili cheeseburger 18

beyond burger, romaine hearts, tomato, red onion, chili, queso, house mustard, pickles

thai burger 18

beyond burger, romaine hearts, tomato, red onion, guacamole, purple cabbage, pickled onion, almond chile sauce

jalapeño mushroom onion burger 18

beyond burger, romaine hearts, tomato, red onion, sautéed jalapeño, mushroom, onion, choice of queso or house mustard, pickles

substitute ground beef upon request

Entrées

lasagna 22

ten layer stack with heirloom tomato sauce, house pesto, garlic lemon ricotta, spinach, red bell pepper, caramelized mushroom, zucchini noodle

enchiladas | green chile 16

black + pinto beans rolled in corn tortilla with mexican rice, topped with green chile sauce, pico de gallo, guacamole bean or substitute chicken | beef +2

enchiladas | queso 15

black + pinto beans rolled in corn tortilla with mexican rice, topped with queso, pico de gallo, guacamole bean or substitute chicken | beef +2

augi's quesadillas 16

veggies + mushrooms sautéed with mexican spices in griddled corn tortilla, topped with 3 sauces: green chile, romesco, queso, pico de gallo, guacamole mushroom or substitute chicken | beef +2

pasta! pasta! pasta! 15

sautéed zucchini noodles, choice of sauce, alfredo, marinara, or pesto, topped with house made parmesan, fresh basil add chicken +5 | salmon +8

spaghetti bolognese 16.5

sautéed zucchini noodles, vegan bolognese sauce, topped with house-made parmesan, fresh basil

pad thai 18

zucchini noodles tossed with crunchy chili cashews, green onion, papaya, jicama, purple cabbage, radish, black + white sesame seeds, fresh cilantro, almond chili sauce - served chilled add chicken +5 | salmon +8

Sweets -

coconut dream 13

creamy coconut dessert handcrafted with fresh young coconut

chocolate ganache + raspberry 12

chocolate ice cream pie, raspberry coulis

melt in your mouth brownie 12

warm brownie, chocolate frosting, raspberry + chocolate drizzle

pumpkin ice cream pie 13

pumpkin, cashew, coconut butter, pumpkin spices, carrot juice, ginger

rose rock micro creamery ice cream 12

ask for flavors of the day, topped with chocolate or dragon fruit drizzle

superfood lattes

iced or hot

single or double espresso shot 3.5|5

coconut or cinnamon milk 6.5

espresso with house-made cashew cinnamon nut milk

lavender 65

espresso with lavender, house-made cashew milk blue spirulina +3

jeremy's signature 7

espresso with house-made coconut + cashew cinnamon milk

mud\wtr 7

adaptogenic mushroom drink with cocoa, marsala chai, turmeric, cinnamon, lion's mane, reishi changa, cordyceps, house cashew cinnamon milk

matcha cloud 7.5

matcha, coconut cream, ashwagandha, reishi, lions mane, probiotics

Pure Favorites

sunwarrior collagen builder protein peptides 45

natural collagen builder, skin, hair, nail support, hyaluronic acid, biotin 20 servings

sunwarrior collagen beauty green collagen booster 39

plant based hydration probiotics, spirulina, wheat grass, kale, spinach, stimulates your natural collagen 25 servings

sunwarrior shape - slim collagen boost 54.97

red velvet, weight management, curbs cravings, skin and beauty, burns fat 30 servings

clevr matcha adaptogen mushroom 32

super creamer 14 servings

Wellness plan

21 day transformation 799

meals + juices + smoothies to enjoy over three weeks

*This program is the most popular with the most significant results

7 day renewal 365

choose 42 juices/smoothies - 6 per day

5 day renewal 260

choose 30 juices/smoothies - 6 per day

3 day renewal 150

choose 18 juices/smoothies - 6 per day

more information →

Wellness program benefits

Our environment and our busy schedules can make it very difficult to maintain a healthy lifestyle balance and we find ourselves looking for a way to get back to feeling healthy and energetic.

Around 70% of your energy is spent on digesting your food everyday. When we drink fresh juice from whole fruits and veggies rather than eat them, it gives our digestive system a break, and allows our bodies to easily absorb the flood of nutrients we are taking in. This break gives our body the time to focus on healing itself and flushing out stubborn toxins and waste.

Our bodies have the power to heal themselves, they just need to be given a chance to do so. If we are constantly taxing our body by feeding it unhealthy and processed foods, we are not giving it the opportunity to keep us in optimal health. A purposeful juice cleanse can help transform your life in many different ways.

Here are ten ways you could benefit from doing a juice cleanse:

- rid your body of toxins
- jump-start weight loss and healthy eating habits
- give your digestive system a rest
- re-hydration throughout body
- reduce chronic inflammation
- help with autoimmune diseases
- lower cholesterol
- · lower blood pressure
- better deeper sleep
- get the GLOW- improves skin tone
- · improve healthy eating habits

for more information ask your server for details

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Many of the items at Pure Food + Juice are made with NUTS, including our milks, cheeses, and other items. If you have a nut allergy or any type of allergy, please let your server or management know. We want to accommodate you and keep you safe.