

The Power of a Focused Mother

Table of Contents

Introduction	1
The present state	1
Dashed expectations: The results of mom's distraction and preoccupation	2
Upping your role	3
What to do	4
Your investment	4
The key to successful mothering: Focusing and nurturing	6
Focused emotional training	7
Focused discipline training	7
Focused academics and chores	8
Three navigational tools	9
Cheerfulness: The golden attitude of nurture	10
How do you start? One-a-day's	11

This is a production of Homeschool How-To's, ©2013 by Renée Ellison
Website: www.homeschoolhowtos.com Email: info@homeschoolhowtos.com

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—for example, electronic, photocopy, or recording—without the prior written permission of the publisher. The only exception is brief quotations.

Library of Congress Cataloging-in-Publication Data

Ellison, Renée, 1951-

The power of a focused mother/ Renée Ellison.
Durango, Colo.: Homeschool How-To's, c2007 (revised 2013).
Motherhood—Religious aspects—Christianity.
Mothers—Life skills guides.
Parenting—Religious aspects—Christianity.
Family—Biblical teaching.
Parent and child—Biblical teaching.
Child rearing—Religious aspects—Christianity.
Home schooling.
Education—Parent participation.
Home economics.

Cover design by Erin Jones of **Piebird Creative**.

