



NORMAL - DRY Skin



MORNING

- 1. Cleanse using the Cream Cleanser.
- **2.** Spritz with the healing Rose Water Spritz.
- **3.** Apply 1- 2 pumps of the Hyaluronic Acid Serum (to damp skin).
- **4.** Apply 1 2 pumps of the Vitamin C Serum.
- **5.** Apply 1 pump of the Rejuvenation Oil **OR** Peptide Cream & massage into your skin.

NIGHT

- **1.** Remove your makeup with our Reusable Makeup Pad. Ensuring it is wet.
- **2.** Double cleanse with the Cream Cleanser to remove all of your make-up.
- **3.** Dry your face and then spritz with the healing Rose Water Spritz.
- **4.** Apply 1 2 pumps of the Hyaluronic Acid Serum to damp skin.
- **5.** Apply 1 2 pumps of the Vitamin C Serum.
- **6.** Apply 1 2 pumps of the Peptide Cream **& / or** Rejuvenation Oil & massage into your skin.

EXFOLIATION

- **1.** Mix in the Vitamin C Crystals into your Cream Cleanser & massage into your skin 2 3 x per week. Do this after cleansing your skin & removing any makeup.
- **2.** Apply the Pink Clay Mask as per instruction on back & leave for 10 minutes. Remove using our Reusable Makeup Pad. Repeat 2 3 x per week.



COMBO - BREAKOUT - OILY Spin



MORNING

- 1. Cleanse using the Cleansing Gel.
- **2.** Spritz with the healing Rose Water Spritz.
- **3.** Apply 1- 2 pumps of the Hyaluronic Acid Serum (to damp skin).
- **4.** Apply 1 2 pumps of the Vitamin C Serum.
- **5.** Apply 1 pump of the Daily Moisture Lotion & massage into your skin.

NIGHT

- **1.** Remove your makeup with our Reusable Makeup Pad. Ensuring it is wet.
- **2.** Double cleanse with the Cleansing Gel to remove all of your make-up.
- **3.** Dry your face and then spritz with the healing Rose Water Spritz.
- **4.** Apply 1 2 pumps of the Hyaluronic Acid Serum to damp skin.
- **5.** Apply 1 2 pumps of the Vitamin C Serum.
- **6.** Apply 1 pump of the Rejuvenation Oil & massage into your skin.

EXFOLIATION

- **1.** Mix in the Vitamin C Crystals into your Cleansing Gel & massage into your skin 2 3 x per week. Do this after cleansing your skin & removing any makeup.
- **2.** Apply the Pink Clay Mask as per instruction on back & leave for 10 minutes. Remove using our Reusable Makeup Pad. Repeat 2 3 x per week.



MATURE Skin



MORNING

- 1. Cleanse using the Cream Cleanser.
- **2.** Spritz with the healing Rose Water Spritz.
- **3.** Apply 1- 2 pumps of the Hyaluronic Acid Serum (to damp skin).
- **4.** Apply 1 2 pumps of the Vitamin C Serum.
- **5.** Apply 1 pumps of the Peptide Cream & massage into your skin.

NIGHT

- **1.** Double cleanse with the Cream Cleanser to remove all of your make-up.
- **2.** Dry your face and then spritz with the healing Rose Water Spritz.
- **3.** Apply 1 2 pumps of the Hyaluronic Acid Serum to damp skin.
- **4.** Apply 1 2 pumps of the Vitamin C Serum.
- **5.** Apply 1 2 pumps of the Peptide Cream & Rejuvenation Oil & massage into your skin.

EXFOLIATION

- **1.** Mix in the Vitamin C Crystals into your Cream Cleanser & massage into your skin 2 3 x per week. Do this after cleansing your skin & removing any makeup.
- **2.** Apply the Pink Clay Mask as per instruction on back & leave for 10 minutes. Remove using our Reusable Makeup Pad. Repeat 2 3 x per week.