

AUSSIE'S BEST

Magnesium & Trace Mineral Spray

Trace minerals work as a team, and they rely on each other for both absorption and proper utilization within our bodies. For Magnesium to have an optimal effect, the other 70+ trace minerals found in sea water need to be present. It's all about the synergy. We source our Trace Minerals from the pristine Southern Austrailian coast, and concentrate them in a very organic way that maintains the very delicate and important balance of these elements, to deliver a finished product that may help soothe muscles, aches and pains.

Each 1ml of Aussie's Best Magnesium & Trace Mineral Spray contains 52mg of trace minerals with 49mg being Magnesium Chloride.



CONSIDER FOR

- **Arthritis**
- Nutrient absorption issues
- **à Exercise recovery**
- Stress relief
- Meadaches/migraines
- Muscle cramps/spasms
- **Dehydration**
- Muscle & joint pain
- à Low PH

DIRECTIONS: Spray on skin and rub in. When you feel the need, spray again.

INGREDIENTS: Concentrated, sodium reduced Australian ocean water, natural spring water.