

Capacity test by Beth Farrow, Real Nappy Life
updated 1/12/2020
NB all results are approximate

Name of Item	Additional info	Dry weight	Wet Weight	Maximum capacity ml	% of dry weight	Fabric
Thirsties Natural Onesize Pocket (cotton lined)	Pocket & Insert	164	387	223	236%	Organic cotton & hemp
Little LoveBum QuickDry	AIO	127	258	131	203%	Coffee Fibre mesh & mf
Miosolo	AIO	132	284	152	215%	mf
BumGenius Elemental	AIO	147	320	173	218%	Organic cotton
Little LoveBum Everyday	AIO	151	350	184	232%	Hemp, organic cotton, bamboo
Blueberry Simplex Large Side Snap	AIO	138	321	183	233%	Organic cotton
Thirsties Onesize Natural All In One	AIO	174	418	244	240%	Organic cotton & hemp
Blueberry Simplex Onesize	AIO	122	302	180	248%	Organic cotton
AppleCheeks Onesize AIO	AIO	130	333	203	256%	Bamboo
Bambinex triple bamboo booster	Insert/booster	33	94	61	285%	bamboo
Ella's House bum booster hemp Onesize	Insert/booster	40	112	72	280%	hemp, organic cotton
Little Lamb Hemp booster	Insert/booster	40	105	73	278%	40% hemp, cotton
Baba & Boo Newborn bamboo mix insert	Insert/booster	44	118	74	268%	bamboo & mf
Thirsties organic cotton booster - large	Insert/booster	38	113	75	297%	organic cotton
TJ's Onesize bamboo pocket insert	Insert/booster	47	138	91	322%	bamboo
Little Lamb bamboo triple layer booster	Insert/booster	42	130	88.5	310%	bamboo
Bare & Boho stay dry bamboo booster	Insert/booster	55	146	91	265%	bamboo cotton
TJ's Junior Pocket Bamboo Insert	Insert/booster	56	149	93	266%	bamboo
Baba & Boo Hemp insert	Insert/booster	60	156	96	260%	hemp, organic cotton
Baba & Boo Onesize bamboo mix insert	Insert/booster	54	157	101	291%	bamboo & mf
Thirsties Hemp Insert Large	Insert/booster	76	194	118	255%	hemp, organic cotton
Close Night Booster	Insert/booster	60	180	120	300%	bamboo
Little Lamb Size 2 Bamboo Trifold Insert	Insert/booster	72	225	153	313%	bamboo
Little Lamb Size 3 Bamboo Trifold Insert	Insert/booster	88	214	126	243%	bamboo
Little LoveBum Bamboo/Hemp Trifold Large	Insert/booster	86	228	140.5	260%	bamboo hemp & organic cotton
Little LoveBum Bamboo Trifold Large	Insert/booster	82	229	147	279%	bamboo cotton
AppleCheeks 3ply insert	Insert/booster	108	295	209	273%	bamboo, organic cotton
Ecopipo Training pants insert	Ai2 Insert	60	147	87	245%	bamboo & mf
Ecopipo Training pants insert & booster	Ai2 Insert	84	206	122	245%	bamboo & mf
Ecopipo Training pants booster	Ai2 Insert	24	62	38	258%	bamboo
Buttons L Hemp Insert	Ai2 Insert	92	239	147	260%	hemp, organic cotton
Thirsties Natural Duo Size 2 Insert set	Ai2 Insert	93	242	149	260%	hemp, organic cotton
Bare and Boho newborn SD bamboo insert	Ai2 Insert	29	139	110	479%	bamboo cotton
Bare & Boho Onesize V3 Hemp Insert	Ai2 Insert	49	200	151	408%	hemp, organic cotton
Bare & Boho Onesize V3 SD Bamboo Insert	Ai2 Insert	49	199	150	406%	bamboo cotton
Bare and Boho newborn mini hemp insert	Ai2 Insert	56	152	96	271%	hemp, organic cotton
Buttons XL Bamboo Insert	Ai2 Insert	116	315	199	272%	bamboo
Close Pop-In V2 Bamboo Onesize Insert	Ai2 Insert	61	168	107	275%	bamboo
Close Pop-In V2 Bamboo Onesize Booster	Ai2 Insert	25	70	45	280%	bamboo
Close Pop-In Newborn Soaker	Ai2 Insert	46	129	83	280%	bamboo & mf
Close Pop-In V2 Bamboo Onesize Insert & Booster	Ai2 Insert	86	315	229	366%	bamboo
MuslinZ newborn organic cotton prefold	Flat nappy	112	235	123	210%	organic cotton
Bummis size 1 organic cotton prefold	Flat nappy	82	195	113	238%	organic cotton
Buttons organic cotton flat	Flat nappy	76	203	127	267%	organic cotton
MuslinZ size 2 organic cotton prefold	Flat nappy	96	239	143	249%	organic cotton
Disana muslin 80cm	Flat nappy	67	213	146	318%	organic cotton
MuslinZ 70cm organic cotton muslin	Flat nappy	84	212	128	252%	organic cotton
MuslinZ 70cm cotton muslin	Flat nappy	72	194	122	269%	cotton
MuslinZ 70cm Bamboo/Cotton muslin	Flat nappy	89	308	219	346%	bamboo/cotton
MuslinZ 60cm bamboo/cotton terry	Flat nappy	148	406	258	274%	bamboo/cotton
MuslinZ 50cm bamboo/cotton terry square	Flat nappy	130	382	252	294%	bamboo/cotton
Bummis regular organic cotton prefold	Flat nappy	127	418	291	329%	organic cotton
White Bots 60cm terry square	Flat nappy	136	452	316	332%	cotton
Ella's House Bum Fold	Flat nappy	86	343	257	399%	hemp, organic cotton
TotsBots Bamboozle Size 1	Fitted nappy	132	350	218	265%	bamboo mf
Little Lamb Size 1 Bamboo	Fitted nappy	108	327	219	303%	bamboo
Ella's House Bum Slender Large	Fitted nappy	146	428	282	293%	hemp, organic cotton
Little Lamb Size 2 Bamboo	Fitted nappy	144	432	288	300%	bamboo
TotsBots Bamboozle Size 2	Fitted nappy	178	486	308	273%	bamboo mf
Ecopipo night nappy (new)	Fitted nappy	200	511	311	256%	bamboo
Ella's House Bum Hugger Large	Fitted nappy	174	502	328	289%	hemp, organic cotton
Bambinex Bamboo Size 2	Fitted nappy	180	490	328.5	282%	bamboo
Little Lamb Size 3 Bamboo	Fitted nappy	188	556	368	296%	bamboo
Petit Lulu Maxi Night Fluffy Organic	Fitted nappy	242	615	373	254%	bamboo, organic cotton
Thirsties Natural Fitted	Fitted nappy	209	601	392	288%	bamboo, cotton
Little Lamb Size 3 Organic Cotton	Fitted nappy	171	677	506	396%	organic cotton
MuslinZ organic cotton 30cm muslin	multipurpose	14	37	23	264%	organic cotton
Cheeky wipe cotton	Wipe	12	33	21	275%	cotton
Baba and boo wipe	Wipe	20	56	36	280%	bamboo
Thirsties wipe	Wipe	25	72	47	288%	organic cotton
Close bamboo wipe	Wipe	12	36	24	300%	bamboo
Little Lamb organic cotton wipe	Wipe	12	36	24	300%	organic cotton
MuslinZ wipe	Wipe	21	69	48	329%	bamboo/cotton