



WELCOME to **Real Nappy News**
Your monthly update from *Beth Farrow (she/her)*

June is PRIDE Month!
However you identify, you are welcome here, and I am proud to say
you will find a safe space at Real Nappy Life.

AND now that we are allowed out and things are opening up, the
time just might be right to celebrate our resilience in the face of
incredible challenges over the last year.

There are rainbows after the (last week's) storms to be had!

Pick any of the reasons to love rainbow prints...
From wet bags to umbilical cord ties, check out the **RAINBOWS**



Now for some not so fabulous news:

We may be saying goodbye to **Ella's House**, our beloved Czech friends are ceasing production and looking for a buyer.

Ella's House are the makers of the incredible hemp/organic cotton Bum Hugger, Bum Slender and Bum Booster...
I have more stock arriving soon, but it may be the last!



Ella's House Bum Hugger
Night Nappy



Ella's House Bum Slender Nappy



Ella's House Bum Booster

Tip of the month:

"I want the most reliable nappy for day and night, with the best absorbency and containment"

If this is you, then you need a 'two part system'.

This means a separate **fitted or shaped nappy** and **wrap/cover** over the top. The double protection of elastics on nappy and wrap coupled with the super absorbency of fitted nappies is the best you can get.

My top 3 **fitted nappies**:

[Ella's House Bum Slender](#) - get them while you can!

[Bambinex Bamboo](#) - superb sizing

[Anavy Fitted](#) - onesize toddler

My top 3 super soft and biodegradable **wool covers** for fitted nappies:

[Disana wool shorties](#) - pull-up style, organic merino wool

[Disana longies](#) - wear instead of trousers!

[Puppi Onesize Plus](#) - super soft snap fastening

My top 3 vegan, machine washable **PUL covers** for fitted nappies:

[Anavy pull-up](#) - soft fleece cuffs

[Thirsties Duo](#) - great quality, prints & price

[Nature Babies Multiwrap](#) - best quality, handmade in the UK



Anavy 'Night' Cloth Pad - Fleece Backed



Little LoveBum Pod

Shop & Café Opening Times:

MON CLOSED
TUE 9:15 - 16:30
WED 9:15 - 14:30
THU 9:15 - 14:30
FRI 9:15 - 14:30
SAT 10:00 - 16:30
SUN CLOSED

Please come before Noon if you'd like to talk about nappies;
Or book in to the dedicated [Cloth Nappy Chat](#) - Fridays 10am*
*includes a free hot drink.



Have you cleaned your machine?

[Fit guide](#)

[Nappy hire](#)

[Absorbency](#)

[Contact](#)

Real Nappy Life by Beth Farrow (she/her)

*Helping to make cloth mainstream by
helping your family with cloth nappies*

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