

BREAKFAST ALL DAY

BREAKFAST BBQ BURRITO 13
flank steak / egg / garlic rice / green onion / house fermented kimchi (Kimchi optional)

SAMO BREAKFAST SANDWICH 10
sourdough bread / eggs / maple bacon / avocado / tomato / cheddar jack cheese / spicy aioli

STARTERS

CRISPY SPRING ROLL 10 (DF) (GF)
chicken / mushrooms / vermicelli / carrots / onions / rice paper

CHICKEN POT STICKERS 10 (DF)
mushrooms / onions / sesame oil / balsamic glaze

STEAMED CHICKEN DUMPLINGS 10 (DF)
tiato sweet chilli sauce

MAC N CHEESE CROQUETTE 8
chesse blend / heavy cream / panko

CRISPY GLAZED BRUSSELS SPROUTS 9 (V) (GF)
brussel sprouts / cauliflower / red grapes / red currant / chocolate truffle ponzu glaze

MISO BUTTER GRILL CORN 7 (VT)
enoki mushrooms / green beans / shallots

SOUPS & SALADS

Add protein (chicken 4 / add shrimp 6 / add salmon 7)

ROASTED TOMATO SOUP – cup 5 / bowl 7 (V) (GF)

TURKEY TACO SALAD 13.5 (GF)
black beans / roasted corn / jicama / tomatoes / crispy tortillas / fresh cilantro / chipotle cilantro dressing

ANTIOXIDANT SPINACH AND KALE SALAD 13 (VT) (GF)
blueberries / beets / chevre cheese / candied walnuts / shallots / green apples / frisée / flax seeds / cucumber pomegranate ginger dressing (chicken 3 / shrimp 5)

WARM WILD RICE TURKEY SALAD 15 (DF) (GF)
kale / mushrooms / cherry tomatoes / shallots / tiato herbs / citrus ginger dressing

KALE CAESAR SALAD 12 (V) (GF)
green kale / romaine / parmesan / cornbread croutons lemongrass basil

SANDWICHES & BUNS

(choice of mixed greens, fries, or house-made chips)
(option to substitute for gluten free / dairy free)

TIATO BANH MI (VIETNAMESE BAGUETTE) 13 (DF)
beef chicken or tofu / carrots / daikon / cucumber pickles / jalapeño / cilantro / spicy aioli

KOREAN BBQ BURRITO 15 (DF)
garlic rice / house fermented kimchi / flank steak / green onion

GRILLED CHEESE & TOMATO SOUP 13 (VT)
cheddar and jack cheese / thai basil pesto / artisan sourdough bread
(add avocado 3 / maple bacon 3 / add tuna 2.5)

CHICKEN BANH MI BURGER 16
spicy mayo / pickled veggie slaw / cilantro / brioche bun

TIATO GRASS FED BURGER 16
pickles / tomatoes / crispy onions / lettuce / spiced aioli / cheddar / brioche bun (add avocado 3 & maple bacon 3)

TURKEY BURGER 16
roasted garlic aioli / alfalfa sprouts / red onion / havarti cheese / avocado / focaccia bread

LARGE BOWLS & PLATES

PHO 13 (DF) (GF)
rice noodles / fresh herbs / home-made bone broth / herbs & bean sprouts / choice of chicken or beef or tofu

VIETNAMESE RICE NOODLE SALAD 14 (VT) (GF)
crispy chicken rolls / choice of mama's turkey meatballs or chicken or beef satay

TIATO EGGPLANT TOFU 14 (V) (GF)
vietnamese herbs / black bean sauce / kale cabbage salad / choice of brown or white rice

YELLOW CURRY CHICKEN 14.5 (DF) (GF)
zucchini / green beans / kaffir lime leaf / green apple / choice of brown or white rice

ORANGE CHICKEN W/ CRISPY LEEKS 16 (GF)
seasonal vegetables / orange marmalade / garlic rice

MAMA'S WOK NOODLES 14 (DF)
broccoli / cabbage / bok choy / celery / bean sprouts / mushrooms / carrots
(add chicken 4 / tofu 3 / beef 5 / shrimp 6)

GINGER GLAZED WILD SALMON 20 (DF) (GF)
caramelized ginger / coconut sauce / grilled pineapple / Cabbage / baby bok choy / choice of brown or white rice

SHAKEN BEEF BOWL 18
cubed filet mignon / tomatoes / caramelized onions / butter lettuce / choice of brown or white rice

(GF) GLUTEN-FREE

(VT) VEGETARIAN

(DF) DAIRY-FREE

(VG) VEGAN

* CAN BE MODIFIED TO BE GLUTEN-FREE OR VEGETARIAN
These icons illustrate the ingredients used in each recipe. However we are a mixed used kitchen facility and cross contamination may occur.

At Tiato, we are proud of our sustainable practices while bringing you health and happiness through food.
18% gratuity added to parties of eight(8) or more. Four (4) max.
checks per table. Limit one(1) substitution per dish.

ORGANIC COFFEE

decaf drip & espresso also available

MILK OPTIONS: non dairy options +.75; almond / coconut almond / soy / hemp/ oat
SYRUP OPTIONS: vanilla / sugar-free vanilla / hazelnut / sugar-free hazelnut / sugar-free caramell/ mocha
SAUCE OPTIONS: caramel / chocolate / white chocolate

ICED OR REGULAR COFFEE – s 3.50 / m 3.75 / lg 4.25
 VIETNAMESE COFFEE ICED OR HOT – s 4 / m 4.25 / lg 4.50
 COLD BREW – s 4.25 / m 4.5 / lg 4.75
 AMERICANO – s 3.50 / m 3.75 / lg 4.25
 CAFÉ AU LAIT – s 4.25 / m 4.5 / lg 4.75
 CAPPUCCINO – s 4.5 / m 4.75 / lg 5.25
 LATTE – s 4.5 / m 4.75 / lg 5
 ESPRESSO SHOT – single 3 / double 3.75 / add'l shots .75
 MOCHA – s 4.75 / m 5 / lg 5.25

(add'l flavors +.75 - ask your server about seasonal flavors!)

ORGANIC HOT TEAS 4

HERBAL TEA – CAFFEINE FREE
 mint verbena / rooibos chai / chamomile
OOLONG TEA
 pomegranate oolong
BLACK TEA
 organic english breakfast / earl grey supreme / hot cinnamon spice / darjeeling / paris
GREEN TEA
 organic green / dragon pearl jasmine / organic bankok

(additional tea bag +1)

SPECIALTY LATTES

CHAI TEA – s 4.75 / m 5 / lg 5.75
 MATCHA TEA – s 5 / m 5.5 / lg 6
 honey / matcha / hemp milk
 GOLDEN TEA – s 5 / m 5.5 / lg 6
 mint tea / vanilla / housemade turmeric spice blend / almond coconut milk
 SESAME LATTE – s 4.25 / m 4.5 / lg 4.75
 sesame powder / agave / soy milk
 SPANISH LATTE – s 4.25 / m 4.5 / lg 4.75
 Cinamon / honey / soy milk
 CYO – your choice of milk & tea (syrup of choice add'l charge)

FRESH PRESSED JUICE

APPLE / CARROT / ORANGE JUICE – s 6 / lg 8
 GREEN GODDESS – s 6.5 / lg 8.5
 broccoli / celery / green apple / honeydew / spinach
 ROYAL DETOX – s 6.5 / lg 8.5
 beef / carrot / green apple
 THE GREEN FIX – s 6.5 / lg 8.5
 apple / cucumber / orange / celery / ginger
 LONGEVITY – s 6.5 / lg 8.5
 apple / carrot / ginger / orange / topped with turmeric & cayenne
 LEMON GINGER CAYENNE "WELLNESS" SHOT – s 4.5
 LEMONADE W/ GINGER AND CAYENNE – lg 6
 CHARCOL LEMONADE – lg 4
 CYO – s 7.5 / lg 9
 select 3 fruits or vegetables: broccoli, celery, spinach, green apple, carrot, ginger, beef, honeydew, orange, strawberry, lemon, blueberry

(each additional fruit +.5)

SODA & ICED TEA

sierra mist 3 / pepsi 3 / diet pepsi 3 / lemonade 3.5 / black tea 3.5 / tiato green tea 3.5

HOUSE-MADE BOBA

GREEN or BLACK MILK TEA BOBA – s 4.5 / m 5 / lg 5.5

(add boba to any drink +1)

SMOOTHIES (20OZ) 8

BERRY TIATO
 strawberry / blueberry / pineapple / mango
 tiato leaf / orange juice
TROPICAL GREEN
 mango / kale / banana / pineapple / orange juice
GREEN MONSTER
 pineapple / mango / honey / coconut flakes / flax seed / spinach / soy milk
THE ZINGER
 mango / orange juice / pineapple / ginger
CHOCO BONANZA 9
 chocolate protein / peanut butter / banana / coconut flakes / almond milk
VANILLA BONANZA 9
 vanilla protein / avocado / peanut butter / banana / coconut flakes / almond milk
THE PINK LADY 9
 vanilla protein / avocado / peanut butter / banana / strawberry / flax seeds / coconut flakes / almond milk

(each additional fruit or veggie +.5 / protein +1)

EXTRA ADD-ONS

vanilla or chocolate protein 1 / boba 1 / granola 1 / flax seed .75 / flax oil .25 / espresso shot .75 / peanut butter 1 / agave .75 / coconut oil .75 / coconut flakes .5 / fresh mint .5 / strawberry .5 / charcoal .75 / cayenne .5 / turmeric .25

At Tiato, we are proud of our sustainable practices. Bringing you health and happiness through our food. All of our to-go products are plant-based & compostable. In order to maintain this practice each additional hot & cold cup will be charged an addition of .5 Thank you for your support & understanding.

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