



BREAKFAST MENU

HOT AND READY

CLASSIC BACON BREAKFAST BURRITO 8.5

eggs / bacon / potato hash / queso fresco / chipotle aioli

CLASSIC SAUSAGE BREAKFAST BURRITO 8.5

eggs / turkey sausage / potato hash / queso fresco / chipotle aioli

ENGLISH MUFFIN BREAKFAST SANDWICHES

bacon, egg, aioli (5.95) / egg white veggies (5.95) / cheese, egg, aioli (5.5)

FROM THE KITCHEN

AVOCADO TOAST 10

smashed avocado / truffle oil / hard boiled egg / fresh parmesan / nori

FIVE GRAIN MEDLEY 8.5

farro / steel cut oats / quinoa / pearl barley / brown rice / dried fruit compote / honey / half & half (served hot)

OVERNIGHT OATS 7

lemon coconut custard / blueberry compot (served cold)

MAMAS CHICKEN PORRIDGE 8.5

rice / quinoa / chicken meatballs / seaweed / chicken stock / boiled egg

FRIED EGG AND RICE BOWL 8

chinese sausage / nori / crispy shallots / green onions

ASIAN CHICKEN SAUSAGE BURRITO 9

eggs / chicken sausage / potato / cheddar jack cheese / asian herb chili sauce / green onion

SAMO BREAKFAST SANDWICH 8

sourdough bread / eggs / maple bacon / avocado / tomato / cheddar jack cheese / spicy aioli

FRIED EGG SANDWICH 9.5

pain au lait / fried egg / jack & cheddar cheese blend / spicy aioli / avocado

TWO EGGS ANY STYLE

EGGS 3.75

choose style of eggs / add cheese .75 / veggies .5 (refer to "add ons") protein 2 / (extra eggs 1.5 each)

CREATE YOUR OWN BURRITO 8

COMES WITH

2 eggs / 1 protein / 1 add-on / 1 salsa
(extra protein \$2 / extra add-on \$.5 / egg whites \$1)

GRAINS

flour tortilla / spinach tortilla / sourdough / nine grain bread / gluten free bread

PROTEINS

bacon / ham / chicken turkey apple sausage / avocado

ADD-ONS

onion / green onion / mushroom / spinach / queso fresco / zucchini / tomato / bell pepper / potato hash / cheddar / swiss / goat cheese / pico de gallo

SALSAS

chipotle aioli / pico de gallo / chipotle salsa

SIDES

TIATO POTATOES 2

COTTAGE CHEESE 2

FRUIT 2

APPLEWOOD SMOKED MAPLE BACON 4

ORGANIC CHICKEN TURKEY APPLE SAUSAGE 4

TOAST 2.5

choice of wheat / gluten free(+1) / sourdough / english muffin



GLUTEN-FREE



VEGETARIAN



DAIRY-FREE



VEGAN