



# User guide



# What's in the box?

**bobo** is an affordable training board that mounts on any balance training device, turning it into a smart training tool. By tilting the board, the user controls games and training programs that are motivating and challenging.

Charging cable



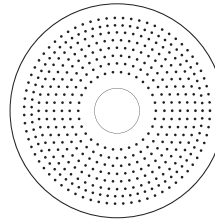
Pump



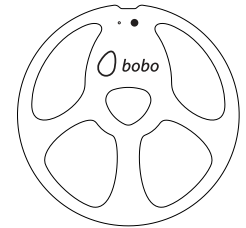
Phone/Tablet Stand



Balance cushion



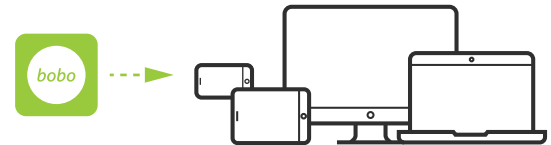
**bobo** training board



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# Download the app

**bobo's software** - offers personalized training programs that keep track of user performance and progress. Compatible with a wide range of free games and training programs, **bobo** lets the users choose their preferred content-turning exercise/rehabilitation into a fun and rewarding activity.



# Product information

## Power LED

Operation status light:



**Searching mode**  
Blue blinks



**Sensor connected**  
Green blinks



**Low battery**  
Red blinks



**Charging**  
Orange blinks



**Full charge**  
Constant orange



Avoid the unit being dropped.



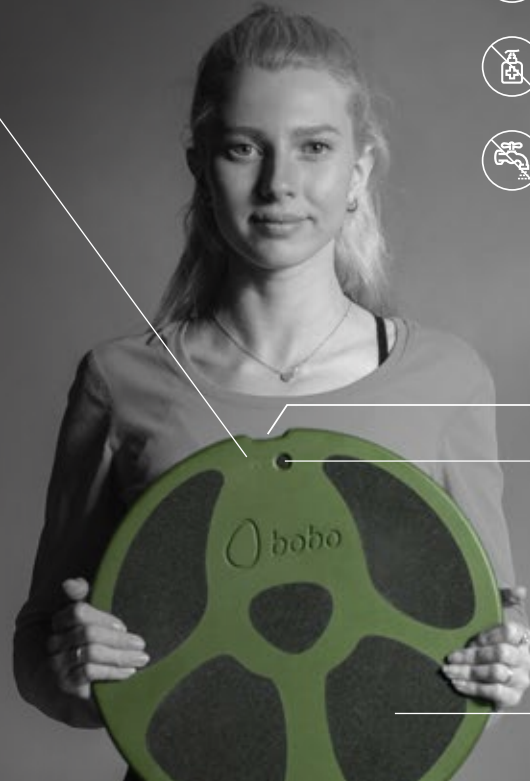
Do not disassemble or insert foreign objects into the unit.



Do not wipe the surface of the unit with alcohol or abrasives.



Avoid contact with water.



**Charger port**

**Power button**

Short press to turn it on  
Long press to turn it off

**Foot / Hand area**

# Let's start!

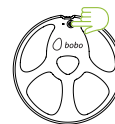
1

Search for **bobo home** and download the bobo app!



2

Power on the **bobo** by a short press on the power button.  
*You can power off the bobo by pressing and holding the power button.  
A long beep sounds, and the Power LED turns off.*



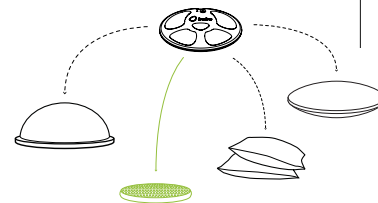
3

Pairing is automatic!  
Make sure your smartphone's/tablet's Bluetooth is enabled.  
*Do not try to pair the **bobo** with your device through the Bluetooth Settings tool.  
If you do, the **bobo** will not be able to communicate with bobo's app.*



4

Place the **bobo** on the **balance cushion** or any other compatible balance training tool.  
*(Don't try to use it on the floor. The **bobo** will not respond without tilt movements).*

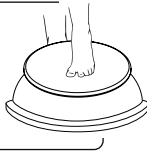


Now you're ready to play!

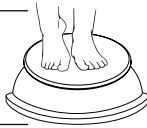
# Stand on the bobo

## When placing the bobo on high platforms :

**1** Place one foot in the middle of the **bobo**, and slowly shift your weight onto it.



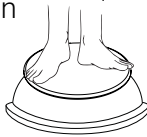
**2** Place your free foot just next to your other foot.



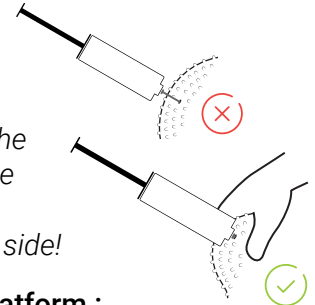
**3** Slide your feet apart slowly, one foot at a time, without lifting it off the **bobo**.



**4** Shift your weight back and forth until it's evenly balanced. Just standing on the board like this can be a major challenge at first. Hold onto something sturdy for balance if necessary but wean yourself off the support, one finger at a time as your balance improves.



*If needed* - use the pump to inflate the cushion before use. Insert the needle and push until it is entirely inside. Be careful not to puncture the other side!



## When placing the bobo on a low platform :

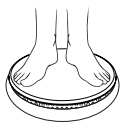
**1** Place one foot on one side of the **bobo** and apply weight. The board will tip toward that foot until the edge of the board rests on the ground. Shift your weight entirely onto that leg, holding onto something sturdy for support if necessary.



**2** Place your free foot on the opposite side of the board, an equal distance from the center.



**3** Shift your weight back and forth until it's evenly balanced. Just standing on the board like this can be a major challenge at first. Hold onto something sturdy for balance if necessary but wean yourself off the support one finger at a time as your balance improves.



# Troubleshooting

What to do if the **bobo** does not connect to the **boboapp**?

- Verify that the **bobo** is turned on (green LED blinking).
- Verify that Bluetooth is enabled on your device.
- Close the **bobo** app and open it again.
- In case the **bobo** was connected to a different device around you, close the **bobo** app from the background of this device before trying to connect it to a new device.
- Pairing is automatic! Make sure you didn't pair the **bobo** using the Bluetooth Settings tool of your device.

If the **bobo** was paired in this way, go to SETTINGS > BLUETOOTH press on BOBO and choose the FORGET option.

What should I do if the status light is off?

- Try to Power on the **bobo** by a short press on the power button.
- Charge the **bobo**, ensuring the cable is properly connected to the USB port.
- The status light should pulse ORANGE while charging.
- The **bobo** does not work while charging!

Find the right balance of work and play with bobo. Enjoy a series of challenging games that will help with your recovery and improve your coordination and agility. By tilting the board, you can control games and training programs with a virtual trainer that will give you new challenges and keep you motivated.



Have fun while recovering



Recover in the comfort of your own home



Proven to prevent injuries



Improve your posture



Enhance your workouts with dynamic training



# Information and direction for use

## **Please observe the following precautions before using your BOBO:**

- Inspect the unstable balance platform under the BOBO prior to each use for nicks, tears, punctures, or other defects that may cause the unstable balance platform to fail. Do not use an unstable balance platform if damage, punctures, or defects are found.
- After placing the BOBO at the center of the chosen unstable balance device, make sure that the BOBO is firmly attached to the balance device surface. Do not use the BOBO if the BOBO glides or slips from the device surface
- Always use the BOBO and the unstable balance platform on a flat, horizontal and stable surface. Use the BOBO in an open space away from furniture, walls, and equipment. Inspect the floor surface for any small objects that could puncture or damage the unstable balance platform.
- During practice, make sure that you have firm support such as a wall or a stable table within an arm's reach.
- Do not engage in exercises that require bouncing or jumping while using the BOBO.
- No more than one person should use the BOBO at a time.
- Avoid stepping or standing on the edges of the board.
- Do not use tape, nails, or similar devices to attach the BOBO to the unstable balance platform.
- Do not expose the board to liquids or extreme heat or cold.
- Do not use the BOBO if you are under the influence of alcohol or any other substance that could affect your sense of balance or perception and cause you to slip or fall.
- The life expectancy of this product depends on how much it is used. As a precaution, the BOBO should be inspected frequently and replaced as necessary.
- An adult must explain all Safety Information and usage guidelines and instructions to all children or people with the mental or cognitive problem who are going to use the BOBO. Failure to do so may result in injuries or damage to the system or other property. Observe children during gameplay for proper and safe use of the board.
- An adult should initially assist young children in making sure they understand the correct usage. BO&BO LTD. ASSUMES NO LIABILITY FOR INJURY OR DAMAGES THAT MAY OCCUR WITH THE USE OF THIS PRODUCT. THE CONSUMER ASSUMES ALL LIABILITY AND USES THIS PRODUCT AT THEIR OWN RISK.

## **IMPORTANT SAFETY INSTRUCTIONS**

- Do not alter, disassemble, open, or crush the product.
- The product includes a lithium-ion battery. Keep away from fire.
- Keep the product dry. Do not make use of wet hands. Moisture can cause electric shock. • The product may heat up during use - This is normal.
- Do not use or leave the battery near - Fire, Oven, direct exposure to sunlight, car parking in the sun, or any other heat source. Doing so may cause the battery to overheat and lead to torching.
- If the product begins to swell or expand, distribute a smell, or heats up to the stage, you cannot touch it, stop using the product immediately, and contact a service laboratory.
- Do not make any changes/corrections independently; use help only by a qualified technician laboratory importer/manufacturer.
- If the battery starts to spread liquid, stop using the product immediately, and contact a service laboratory.
- Ensure that the use is in accordance with the manufacturer's instructions.
- Do not leave the unit in charge mode for a long time.
- Do not store the product in a hot or humid environment.
- Use only the specified charger product. Using an incorrect charger may result in overheating, and even fire and explosion of the battery.
- Beware of exposing the battery to water or any other liquid. Do not use water for cleaning the contacts and other purposes.
- Do not insert or place the device into or next to a microwave oven, or any appliance that generates heat, due to the risk of overheating the battery.
- If the battery is not charging effectively, please avoid the repetition of long, continuous charging excessively. Extended recharge without discharging the battery may cause overheating.
- Battery should not spread a strange smell or fluid material; if such happen, please call the service center.
- The battery contains combustible material and may catch fire.
- Never leave the product in areas with direct exposure to sunlight, a car parked in the sun, or in any environment with high temperature.

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**For technical support please write us at: [support@bobo-balance.shop](mailto:support@bobo-balance.shop) / For any other issues, please contact us at: [bobo-balance.shop](http://bobo-balance.shop)**



# ATTENTION READ BEFORE USE



Children must have adult supervision!



Caution! Slippery when wet!!!



Use a support device if required!



Clear the exercise area from any foreign objects

Please read the detailed safety instructions at the back of this page

