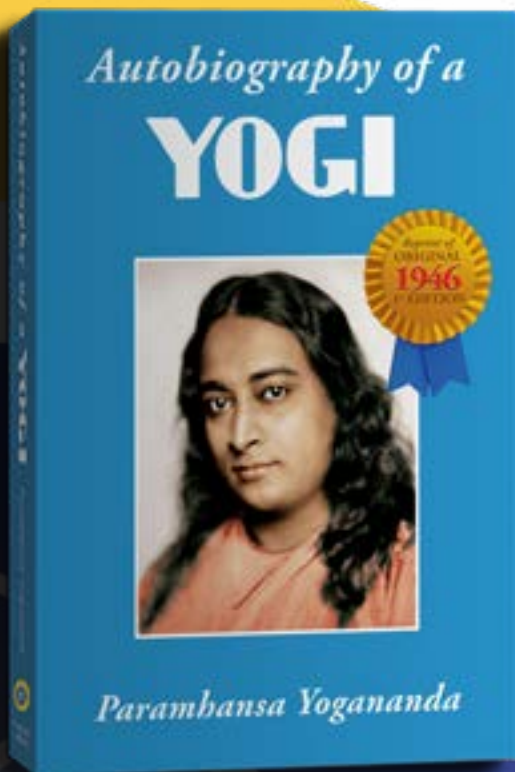
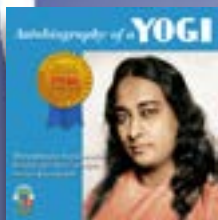
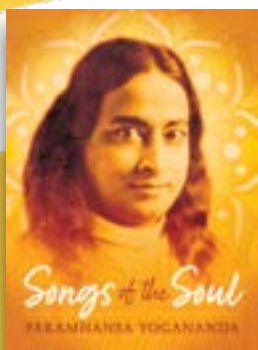


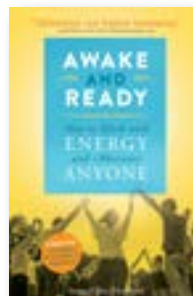
2024 CATALOG
CRYSTAL CLARITY PUBLISHERS



Contents

<i>New Releases</i>	3
<i>Coming Soon in 2024</i>	4
Paramhansa Yogananda	6
The Original Writings of Paramhansa Yogananda	7
The Wisdom of Yogananda Series	8
The Teachings of Yogananda	10
About Yogananda	13
Swami Kriyananda	14
About Swami Kriyananda	15
Nayaswami Jyotish and Nayaswami Devi	16
The Touch of Light Series	17
Meditation	18
The Path of Kriya Yoga	19
Yoga Philosophy	20
Spirituality in Daily Life	23
Metaphysics, History and Reincarnation	25
Spanish Books and CD's	26
Health, Healing and Wellbeing	28
Vegetarian Cooking	29
Sharing Nature®	30
Music Books	32
More Titles Offered by Crystal Clarity	33
To Place Your Order	38

New Releases



AWAKE AND READY

How to Work with Energy and Motivate Anyone
Usha Susan Dermond

Learn how to apply Yogananda's principles on energy and form practically. With real-life experiences that illustrate different keys to working with energy. Suggestions on how to ease tensions, improve relationships, and create a happier environment in home, workplace, and/or classroom

\$19.95 • Paperback, 150 pages (5.5" x 8.5") • ISBN 978-1-56589-117-3

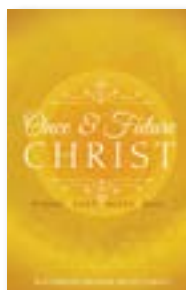


MOMENTS OF TRUTH, VOLUME 1

Excerpts from *The Rubaiyat of Omar Khayyam Explained*
Paramhansa Yogananda

The gems of wisdom in this little volume are taken from Yogananda's commentaries on *The Rubaiyat of Omar Khayyam*. These selections have scripture's power to change your consciousness, and your life.

\$12.95 • Paperback, 190 pages (5.5" x 8.5") • ISBN 978-1-56589-115-9



ONCE AND FUTURE CHRIST

Where East Meets West
Nayaswami Hriman McGilloway

McGilloway presents a deeper and more universal understanding of the teachings of Jesus Christ, combining it with Yogananda's timeless and timely wisdom on these teachings. Describes the inevitable evolution of Christian dogma towards greater inclusivity. And the individual soul's relationship to God is the goal of the spiritual life.

\$19.95 • Paperback, 274 pages (5.5" x 8.5") • ISBN 978-1-56589-118-0



TRAINED IN DIVINE LOVE

My Life with Paramhansa Yogananda and Swami Kriyananda
Nayaswami Anandi

For 50 years, Nayaswami Anandi was a deeply devoted disciple of Yogananda, and a student of Kriyananda. To everyone she met, Anandi was a beautiful channel of divine love; her life's quest was to reciprocate and express the pure love she received. In this book, there are sacred and precious experiences and stories never shared before by Anandi.

\$17.95 • Paperback, 274 pages (5.5" x 6.875") • ISBN 978-1-56589-064-0

New Releases 2024



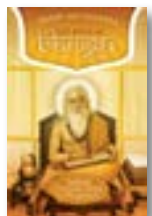
HOW TO LIVE WITHOUT FEAR

The Wisdom of Yogananda, Vol. 11 by *Paramhansa Yogananda*

Yogananda said that one of the greatest enemies of willpower is fear. Avoid it both in thought and in action. Fear doesn't help you to get away from the object of fear, it only paralyzes your willpower. Here the great yoga master, Yogananda, teaches us how to: eliminate the mental bacteria of fear, rid the mind of worry poisons, overcome stage fright, use chants and affirmations to overcome fear, and much more!

\$15.95 • Paperback, 174 pages (5.5" x 6.875") • ISBN 978-1-56589-346-7 • **Released March 2024**

Also in
Audiobook
MP3



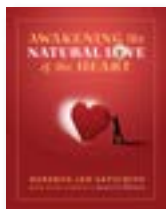
THE BOOK OF BRIGHU

An Ancient Book of Prophecy
Swami Kriyananda

A report of a fascinating find in India: an ancient manuscript, large enough to fill a library, containing prophecies concerning the lives of millions of individuals yet unborn.

\$13.95 • Paperback, 100 pages (4" x 6") • ISBN 978-1-56589-056-5 • **Released June 2024**

Also in
Audiobook
MP3



AWAKENING THE NATURAL LOVE OF THE HEART

Darshan Lotichius

With engaging candor, the author reveals the joy that blossoms as the "mean" traits in the heart are detected—and overcome. Whatever position you hold in society, wherever you are in your own soul search, these true-to-life stories and principles of spiritual psychology will help change your consciousness. Rise above depression, conquer oppressive tendencies, and reclaim the bliss of your own higher Self.

\$17.95 • Paperback, 164 pages (5.5" x 6.875") • ISBN 978-1-56589-347-4 • **Released May 2024**

Also in
Audiobook
MP3



HEALING WITH LIFE FORCE

Shivani Lucki

A Life Force trilogy to guide you in your healing journey. Volume 1: Pranana "Life energy is the real and direct healer of all diseases." Tap into the inexhaustible source of Life Force to establish perfect harmony between soul, mind, and body.

Volume 2: Mind "All disease has its roots in the mind." Learn to use the superpowers of the conscious, subconscious, and superconscious dimensions of the mind to overcome past karma.

Volume 3—Magnetism coming Oct 2024

\$27.95 • Paperback, 402 pages (5.5" x 8.5") • ISBN 978-1-56589-047-3 • **Released March 2024**

\$27.95 • Paperback, 344 pages (5.5" x 8.5") • ISBN 978-1-56589-048-0 • **Releases: June 2024**

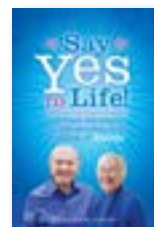
Coming Soon in 2024

TOUCH OF INNER POWER

Living the Teachings of Paramhansa Yogananda, Volume 6
Nayaswami Jyotish and Nayaswami Devi

Wisdom gained through over 50 years on the spiritual path, offering the keys for how to live a happy, fulfilled life through the ancient yogic teachings of Yogananda. With engaging and easy-to-read blogs including: Dealing with Change and Loss, Hope for a Better World, Keeping Your Balance, and Faith, Attunement, and Courage. Lighthearted, simple, and down-to-earth.

\$17.95 • Paperback, 192 pages (5.5" x 8.5") • ISBN 978-1-56589-099-2 • **Releases: July 2024**



SAY YES TO LIFE!

Spiritual Adventure and Discipleship in the Building of Ananda
Nayaswami Parvati *[with color photos]*

The reader's given a window into the heart of spiritual community, the power of commitment, and the joy of living a life dedicated to personal transformation and spiritual awakening. Delve into the essence of spiritual life, to explore the beauty and power of devotion, and testifies joyously about a life lived in and for God that mirrors the soul's eternal quest for purpose and happiness.

\$24.95 • Paperback, 252 pages (6" x 9") • ISBN 978-1-56589-165-4 • **Releases: September 2024**



THE HIDDEN STORY OF THE MAHABHARATA

With Inner Meanings from Paramhansa Yogananda
Nayaswami Gyandev

Passed from guru to guru, the story of the Mahabharata was taught spiritual masters throughout the ages. In this book, not only does the author retell the story, but also share many of the subtle, inner meanings revealed by Paramhansa Yogananda, building on what was told to him by his teacher and guru.

\$21.95 • Paperback, 350 pages • ISBN 978-1-56589-348-1 • **Releases: November 2024**

Volume 3: Magnetism—Use the laws of cosmic vibration to achieve healthy relationships, improve economic circumstances, and protect yourself from harmful influences.

\$27.95 • Paperback, 400 pages (5.5" x 8.5") • ISBN 978-1-56589-049-7 • **Releases: Oct 2024**



SONGS OF THE SOUL

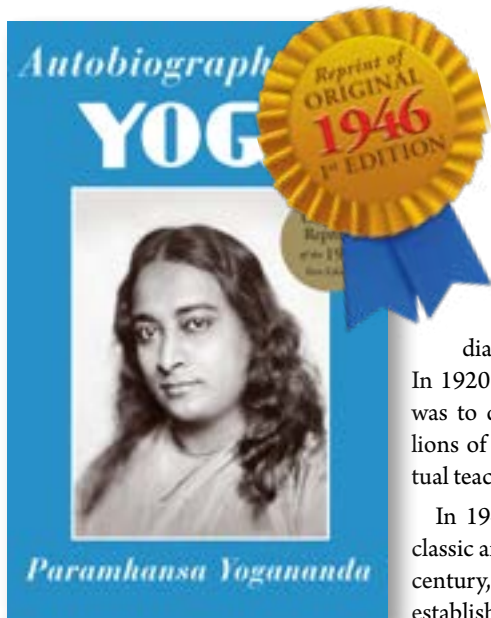
Paramhansa Yogananda

New in the *Original Writings of Paramhansa Yogananda* series.

Though divinely tasked with bringing a practical teaching, Yogananda preferred to express his wisdom as pure, expansive feeling. Like his famous *Whispers*, this volume is a bubbling, singing wellspring of spiritual healing that we can bring with us everywhere.

\$19.95 • Paperback, 132 pages (5.83" x 8.27") • ISBN 978-1-56589-199-9 • **Releases: December 2024**

Paramhansa Yogananda



REPRINTING OF THE ORIGINAL UNEDITED 1946 FIRST EDITION

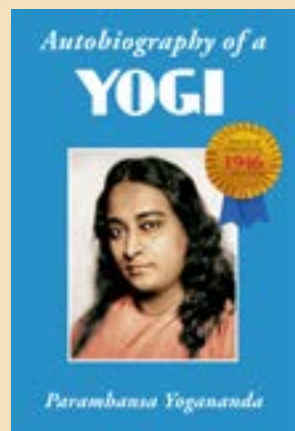
ABOUT THE AUTHOR:

Born in India in 1893, Paramhansa Yogananda was trained from his early years to bring India's ancient science of Self-realization to the West. In 1920 he moved to the United States to begin what was to develop into a worldwide work touching millions of lives. Americans were hungry for India's spiritual teachings, and for the liberating techniques of yoga.

In 1946 he published what has become a spiritual classic and one of the best-loved books of the twentieth century, *Autobiography of a Yogi*. In addition, Yogananda established headquarters for a worldwide work, wrote a number of books and study courses, gave lectures to

thousands in most major cities across the United States, wrote music and poetry, and trained disciples. He was invited to the White House by Calvin Coolidge, and he initiated Mahatma Gandhi into Kriya Yoga, his most advanced meditation technique.

Yogananda's message to the West highlighted the unity of all religions, and the importance of love for God combined with scientific techniques of meditation.



AUTOBIOGRAPHY OF A YOGI

Original 1946 First Edition (with bonus materials)

Paramhansa Yogananda

Our perennial bestseller! Named one of the **"Top 100 Spiritual Books of Last Century"**. This is not an ordinary book. It is a spiritual treasure. To read its message of hope to all truthseekers is to begin a great adventure. Followers of many traditions have come to recognize this as a masterpiece of spiritual literature. A reprinting of the original 1946 edition.

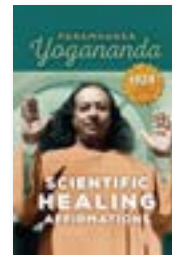
\$19.95 • Paperback, 532 pages (6" x 9") • ISBN 978-1-56589-212-5

Also in Audiobook MP3

Spanish

Hindi

The Original Writings of Paramhansa Yogananda



SCIENTIFIC HEALING AFFIRMATIONS

Paramhansa Yogananda

A beloved 1924 classic by the great yoga master Paramhansa Yogananda, author of *Autobiography of a Yogi*. This pioneering work of self-healing and self-transformation empowers you to create a new reality by shifting the dynamic thought patterns of your mind.

Yogananda explains in simple language how affirmations can recreate us—physically, mentally, and spiritually. He offers us more than mere suggestions for a positive attitude, showing us how to impregnate our words with spiritual force. This little book will be a treasured companion on the road to realizing your highest, divine potential.

\$14.95 • Paperback, 134 pages (4" x 6") • ISBN 978-1-56589-196-8



METAPHYSICAL MEDITATIONS

Paramhansa Yogananda

Metaphysical Meditations is a classic collection of meditation techniques, visualizations, affirmations, and prayers from the great yoga master, Paramhansa Yogananda. The meditations given are of three types: those spoken to the individual consciousness, prayers or demands addressed to God, and affirmations that bring us closer to the Divine.

Select a passage that meets your specific need and speak each word slowly and purposefully until you become absorbed in its inner meaning. At the bedside, by the meditation seat, or while traveling—one can choose no better companion than *Metaphysical Meditations*.

\$14.95 • Paperback, 138 pages (4" x 6") • ISBN 978-1-56589-179-3

SONGS OF THE SOUL

Reprinting of the 1923 Original Edition

Paramhansa Yogananda

Releases: December 2024



The Wisdom of Yogananda Series

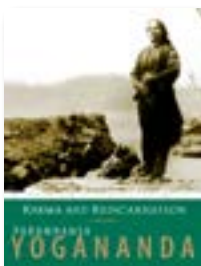


Paramhansa Yogananda's timeless wisdom is offered here in an approachable, easy-to-read format. The writings of the Master are presented with minimal editing to capture his expansive and compassionate wisdom, his sense of fun, and his practical spiritual guidance.

HOW TO BE HAPPY ALL THE TIME Volume 1

Yogananda powerfully explains virtually everything needed to lead a happier, more fulfilling life. Topics include: looking for happiness in the right places; choosing to be happy; tools and techniques for achieving happiness; sharing happiness with others; and many more.

\$11.95 • Paperback, 156 pages (5.5" x 6.875") • ISBN 978-1-56589-215-6



KARMA AND REINCARNATION Volume 2

Yogananda reveals the truth behind karma, death, reincarnation, and the afterlife. Topics include: why we see a world of suffering and inequality; how to handle the challenges in our lives; what happens at death, and after death; and the purpose of reincarnation.

\$15.95 • Paperback, 156 pages (5.5" x 6.875") • ISBN 978-1-56589-216-3



HOW TO LOVE AND BE LOVED Volume 3

This book contains practical guidance and fresh insight on relationships of all types. Topics include: how to cure bad habits that can end true friendship; how to choose the right partner; sex in marriage and how to conceive a spiritual child; problems that arise in marriage; the Universal Love behind all your relationships.

\$12.95 • Paperback, 176 pages (5.5" x 6.875") • ISBN 978-1-56589-224-8



HOW TO BE A SUCCESS Volume 4

This book includes the complete text of The Attributes of Success, the original booklet later published as The Law of Success. In addition, you will learn how to find your purpose in life, develop habits of success, develop your will power and magnetism, and thrive in the right job.

\$11.95 • Paperback, 156 pages (5.5" x 6.875") • ISBN 978-1-56589-231-6



HOW TO HAVE COURAGE, CALMNESS AND CONFIDENCE Vol. 5

This book shows you how to transform your life. Dislodge negative thoughts and depression. Uproot fear and thoughts of failure. Cure nervousness and systematically eliminate worry from your life. Overcome anger, sorrow, over-sensitivity, and a host of other troublesome emotional responses; and much more.

\$11.95 • Paperback, 162 pages (5.5" x 6.875") • ISBN 978-1-56589-249-1

The Wisdom of Yogananda Series



HOW TO ACHIEVE GLOWING HEALTH AND VITALITY Vol. 6

The principles in this book promote physical health and all-round well-being, mental clarity, and ease and inspiration in your spiritual life. Readers will discover the priceless Energization Exercises for rejuvenating the body and mind, and the fine art of conscious relaxation.

\$11.95 • Paperback, 164 pages (5.5" x 6.875") • ISBN 978-1-56589-256-9



HOW TO AWAKEN YOUR TRUE POTENTIAL Volume 7

Are you ready to take serious steps to discover the hidden resources of divine joy, love, and power within you? Paramhansa Yogananda, one of the best-loved spiritual teachers of modern times, offers step-by-step guidance to help you awaken your true potential.

\$11.95 • Paperback, 168 pages (5.5" x 6.875") • ISBN 978-1-56589-298-9



THE MAN WHO REFUSED HEAVEN Volume 8

The Humor of Paramhansa Yogananda

The humor in this book arose spontaneously from Yogananda's deep joy. Sometimes he used humor to express an important spiritual principle. The message of this book is that joy can be found within us always. We should look for it there and share it with others.

\$12.95 • Paperback, 200 pages (5.5" x 6.875") • ISBN 978-1-56589-311-5



HOW TO FACE LIFE'S CHANGES Volume 9

Are you ready to take serious steps to discover the hidden resources of divine joy, love, and power within you? Paramhansa Yogananda, one of the best-loved spiritual teachers of modern times, offers step-by-step guidance to help you awaken your true potential.

\$15.95 • Paperback, 168 pages (5.5" x 6.875") • ISBN 978-1-56589-340-3



HOW TO SPIRITUALIZE YOUR LIFE Volume 10

Answers to a wide range of questions, Yogananda shares on how to be successful in the everyday world and in one's spiritual life. Addressing financial, physical, mental, emotional, and spiritual challenges, he explains how best to expand one's consciousness and live life to the fullest. Written in a Q&A format, good for individual and group study.

\$15.95 • Paperback, 174 pages (5.5" x 6.875") • ISBN 978-1-56589-344-3

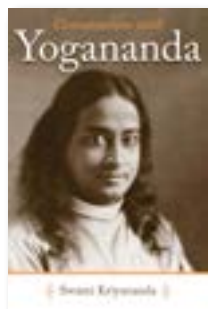
HOW TO LIVE WITHOUT FEAR Volume 11

\$15.95 • Paperback • ISBN 978-1-56589-346-7

February 2024



The Teachings of Yogananda

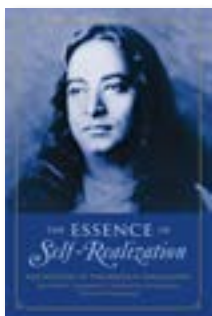


CONVERSATIONS WITH YOGANANDA

Stories, Sayings, and Wisdom of Paramhansa Yogananda
Recorded, compiled, and edited by his disciple Swami Kriyananda

This is an unparalleled, firsthand account of the teachings of Paramhansa Yogananda. Featuring nearly 500 never-before released stories, sayings, and insights, this is an extensive, yet eminently accessible treasure trove of wisdom from one of the 20th Century's most famous yoga masters.

\$26.95 • Paperback, 466 page (6" x 9") • ISBN 978-1-56589-202-6



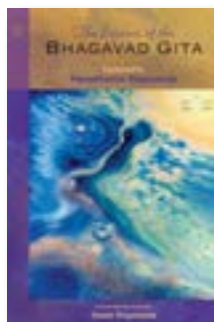
THE ESSENCE OF SELF-REALIZATION

The Wisdom of Paramhansa Yogananda
Recorded, compiled, and edited by his disciple, Swami Kriyananda

With nearly three hundred sayings rich with spiritual wisdom, this book is the fruit of a labor of love by his disciple Swami Kriyananda. It offers as complete an explanation of life's true purpose, and of the way to achieve that purpose, as may be found anywhere.

\$17.94 • Paperback, 253 pages (6" x 9") • ISBN 978-1-56589-239-2

Also in Audiobook MP3



THE ESSENCE OF THE BHAGAVAD GITA

Explained by, Paramhansa Yogananda
As remembered by his disciple, Swami Kriyananda

Rarely in a lifetime does a new spiritual classic appear that has the power to change people's lives and transform future generations. This is such a book. *The Essence of the Bhagavad Gita* Explained by Paramhansa Yogananda shares the profound insights of Yogananda, author of *Autobiography of a Yogi* as remembered by one of his close and direct disciples, Swami Kriyananda.

\$24.95 • Paperback, 484 pages (6" x 9") • ISBN 978-1-56589-226-2

Also in Audiobook MP3

THE BHAGAVAD GITA

Translation, Stanzas only

\$16.95 • ISBN 978-1-56589-232-3
Paperback, 124 pages (5.5" x 6.875") •



The Teachings of Yogananda



WHISPERS FROM ETERNITY

A Book of Answered Prayers
Paramhansa Yogananda

Edited by his disciple, Swami Kriyananda

Many poetic works can inspire, but few, like this one, have the power to change your life. Yogananda was not only a spiritual master, but a master poet, whose verses revealed the hidden divine presence behind even everyday things. This book provides hundreds of delightful ways for you to begin your own conversation with God.

\$21.95 • Paperback, 224 pages (6" x 9") • ISBN 978-1-56589-235-4

Also in Audiobook MP3

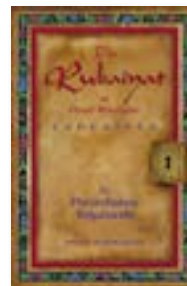


GOD AS DIVINE MOTHER

Wisdom and Inspiration for Love and Acceptance
Paramhansa Yogananda

No matter your religious background, you will find these universal messages of love and acceptance resonating on a soul-level. Included also are over thirty poems and prayers dedicated to God in the form of Divine Mother, and original chants and songs by the authors.

\$19.95 • Paperback, 170 pages (6" x 9") • ISBN 978-1-56589-068-8



THE RUBAIYAT OF OMAR KHAYYAM EXPLAINED

Paramhansa Yogananda
Edited by Swami Kriyananda

The Rubaiyat is loved by Westerners as a hymn of praise to sensual delights. In the East its quatrains are considered a deep allegory of the soul's romance with God. Now Yogananda reveals the secret meaning and the golden spiritual treasures hidden behind the Rubaiyat's verses, and presents a new scripture to the world.

\$16.95 • Paperback, 400 pages (6" x 9") • ISBN 978-1-56589-227-9

Also in Audiobook MP3



MOMENTS OF TRUTH, VOLUME ONE

Excerpts from The Rubaiyat of Omar Khayyam Explained
Paramhansa Yogananda, Edited by Swami Kriyananda

A small books of excerpts from the teachings of Paramhansa Yogananda. The gems of wisdom in this little volume are taken from Yogananda's commentaries on *The Rubaiyat of Omar Khayyam*, widely recognized in the East as a work of profound spirituality. Yogananda's commentaries are a true scripture in their own right, and have a scripture's power to change your consciousness, and your life. \$12.95 • Paperback, 92 pages (4" x 6") • ISBN 978-1-56589-085-5

The Teachings of Yogananda



STORIES OF INDIA, VOLUME ONE

First in the Wisdom Stories series

Paramhansa Yogananda

This treasury of Indian tales will delight both the casual reader and students of Eastern thought. Featuring a gamut of characters — from saints to thieves, God-realized masters to lions and frogs — these stories were all told by Yogananda. Each story is followed by a “wisdom gem,” illuminating spiritually vital topics — an enjoyable way to explore and reflect on these universal qualities.

\$16.95 • Paperback, 188 pages (5" x 8") • ISBN 978-1-56589-105-0



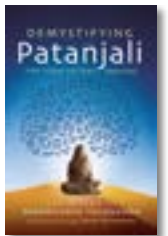
STORIES OF INDIA, VOLUME TWO

Second in the Wisdom Stories series

Paramhansa Yogananda

As a universal medium, stories reach into the hearts of all — delivering timeless truths in ways easy to digest and assimilate. Perhaps, more than anything, this is why Paramhansa Yogananda wove stories into all of his teachings through his lectures and books and why his close disciple, Swami Kriyananda, did the same. These stories have been recounted for generations and imparting universal values of compassion and understanding, virtue, *dharma* (right action), and the ability to relate to another’s reality.

\$16.95 • Paperback, 190 pages (5" x 8") • ISBN 978-1-56589-115-9



DEMYSTIFYING PATANJALI THE YOGA SUTRAS (APHORISMS)

The Wisdom of Paramhansa Yogananda

Presented by his direct disciple, Swami Kriyananda

A great spiritual master of ancient times, Patanjali, presented humanity through his Yoga Sutras with a step-by-step outline of how all spiritual aspirants achieve union with God.

\$16.95 • Paperback, 196 pages (6" x 9") • ISBN 978-1-56589-273-6



REVELATIONS OF CHRIST

Proclaimed by Paramhansa Yogananda

Presented by his disciple, Swami Kriyananda

This galvanizing book presents us with an opportunity to understand and apply the scriptures in the most reliable way: by studying under those saints who have communed directly, in deep ecstasy, with Christ and God.

\$21.95 • Paperback, 395 pages (6" x 9") • ISBN 978-1-56589-240-8

Also in Audiobook MP3

About Paramhansa Yogananda

PARAMHANSA YOGANANDA

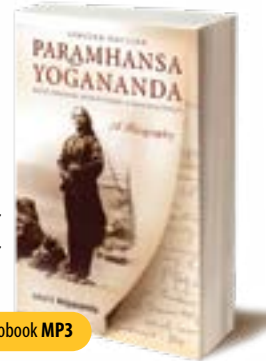
A Biography with Personal Reflections and Reminiscences

Swami Kriyananda

Paramhansa Yogananda’s classic *Autobiography of a Yogi* is more about the saints Yogananda met than about himself—in spite of the fact that Yogananda was much greater than many he described. Now, one of Yogananda’s few remaining direct disciples relates the untold story of this great spiritual master and world teacher.

\$16.95 • Paperback, 331 pages (6" x 9") • ISBN 978-156589-264-4

Also in Audiobook MP3

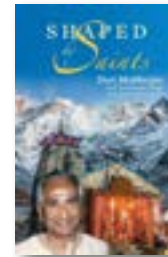


THANK YOU, MASTER

Hare Krishna Ghosh, Meera Ghosh, and Margaret Bowman Deitz

Each story, whether humorous or miraculous, casual or divine, brings to life the experience of being in Yogananda’s presence. The stories give insight into the profound love with which Yogananda guided each individual.

\$14.95 • Paperback, 128 pages (5" x 8") • ISBN 978-1-56589-113-5



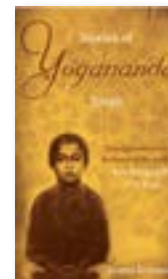
SHAPED BY SAINTS

Devi Mukherjee

Devi takes the reader on a deeply inspiring pilgrimage to meet saints and realized masters of modern India in forest ashrams, mountain caves, holy places, and shrines. He shares many insights and lessons from the great ones and tells many previously unpublished stories of Yogananda’s early life and return visit to India in 1935–36

\$14.95 • Paperback, 128 pages (5" x 8") • ISBN 978-1-56589-113-5

Also in Audiobook MP3



STORIES OF YOGANANDA'S YOUTH

True Episodes from the Boyhood of the Author of Autobiography of a Yogi
By Swami Kriyananda

Stories from the youth of Mukunda Lal Ghosh, later known to the world under his monastic name of Paramhansa Yogananda, author of the bestselling spiritual classic *Autobiography of a Yogi*. Even in his youth the greatness of this master of yoga was revealed. Complements beautifully Yogananda’s own autobiography.

\$16.95 • Paperback, 136 pages (5.25" x 8") • ISBN 978-1-56589-317-7

Swami Kriyananda

ABOUT THE AUTHOR:

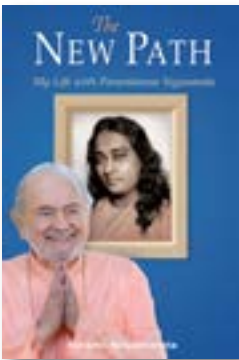
A prolific author, accomplished composer, playwright, and artist, and a world-renowned spiritual teacher, Swami Kriyananda (1926–2013) referred to himself simply as a humble disciple of the great God-realized master, Paramhansa Yogananda. He met his guru at the young age of twenty-two, and served him during the last four years of the Master’s life. He dedicated the rest of his life to sharing Yogananda’s teachings throughout the world.

Kriyananda was born in Romania of American parents, and educated in Europe, England, and the United States. Philosophically and artistically inclined from youth, he soon came to question life’s meaning and society’s values. During a period of intense inward reflection, he discovered Yogananda’s *Autobiography of a Yogi*, and immediately traveled three thousand miles from New York to California to meet the Master, who accepted him as a monastic disciple. Yogananda appointed him as the head of the monastery, authorized him to teach in his name and to give initiation into Kriya Yoga, and entrusted him with the missions of writing and developing what he called “world brotherhood colonies.”

Recognized as the “father of the spiritual communities movement” in the United States, Swami Kriyananda founded Ananda World Brotherhood Community in the Sierra Nevada foothills of Northern California in 1968. It has served as a model for nine communities founded subsequently in the United States, Europe, and India.



Best Spiritual Book 2010
Eric Hoffer Award &
USA Book News



THE NEW PATH

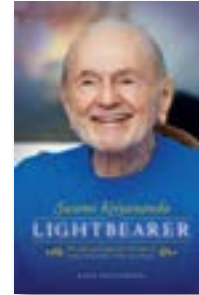
My Life with Paramhansa Yogananda
Swami Kriyananda

This is the moving story of Kriyananda’s years with Paramhansa Yogananda, India’s emissary to the West. With winning honesty, humor, and deep insight, he shares his journey on the spiritual path. Through more than four hundred stories of life with Yogananda, we tune in more deeply to this great master and to the teachings he brought to the West.

\$24.95 • Paperback, 591 pages, (6" x 9") • ISBN 978-1-56589-242-2

Also in Audiobook MP3

About Swami Kriyananda

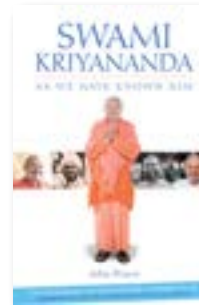


SWAMI KRIYANANDA: LIGHTBEARER

The Life and Legacy of a Disciple of Paramhansa Yogananda
Asha Nayaswami

It’s a rare gift to live with a true teacher. Experience it for yourself, as Asha brings you into meetings, conversations, personal counseling, living rooms, classrooms, long walks, meetings, and meditations. This first-hand account of life with Swami Kriyananda is more than a biography. It’s a guidebook for spiritual living, a path of light that all may follow. And it’s a labor of love by Asha that has been 44 years in the making.

\$25.95 • Paperback, 736 pages (6" x 9") • ISBN 978-1-56589-334-4



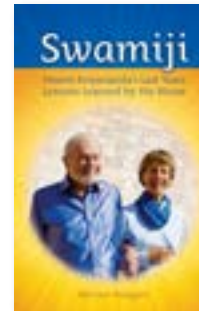
SWAMI KRIYANANDA AS WE HAVE KNOWN HIM

Asha Nayaswami (Prayer)

Get to know one of the most remarkable spiritual teachers of our time through dozens of stories written by individuals whose lives have been touched by Swami Kriyananda. Full of humor, compassion, miracles, and inspiration, each story gives a picture of a man who has much to teach all of us, especially how to live your life for God.

\$14.95 • Paperback, 451 pages (6" x 9") • ISBN 978-1-56589-220-0

Also in Audiobook MP3



SWAMIJI

Swami Kriyananda’s Last Years, Lessons Learned by His Nurse
Miriam Rodgers

Paramhansa Yogananda once said to a group of disciples: “You must not let the symphony of your life go unfinished.” This phrase perfectly describes the last years of Swami Kriyananda’s life, which were a crescendo of divine love and untiring service to humanity. In *Swamiji*, Rodgers shares an intimate and up-close look at lessons she learned through her connection as Swami Kriyananda’s nurse for the last eight years of his life.

\$14.95 • Paperback, 164 pages (5.5" x 8.5") • ISBN 978-1-56589-323-8

Nayaswami Jyotish and Nayaswami Devi

ABOUT THE AUTHORS:

Nayaswami Jyotish and Nayaswami Devi are disciples of the great master Paramhansa Yogananda (author of *Autobiography of a Yogi*) and students of Swami Kriyananda. Their mission is to help others live the teachings of Self-realization through meditation, devotion, and service.

Their lifelong dedication to the spiritual path has led them to lecture, teach, counsel, and serve throughout the world, spreading the message of peace through meditation.

They are recipients of the Global Ambassador Peace Award. This honor was conferred at the United Nations in a special ceremony by the Institute of International Social Development in recognition of their contribution to fostering world peace.

Since 1984 they have been the Spiritual Directors of Ananda Worldwide, pioneering Ananda's work in Italy and India and guiding the spiritual welfare of thousands of Yogananda's devotees.

Nayaswami Jyotish was named by Swami Kriyananda as his spiritual successor after decades of helping him build Ananda's work around the world. Jyotish began taking classes from Kriyananda in 1967. In 1969 they moved together to the foothills of the Sierra Nevada Mountains of California to found Ananda Village, now a model spiritual community.

Nayaswami Devi first met Swami Kriyananda in 1969 and dedicated her life to the spiritual path. She and Jyotish were married in 1975 and have spent their life together serving Swami Kriyananda and their guru, Paramhansa Yogananda.



TOUCH OF LIGHT

Living the Teachings of Paramhansa Yogananda

These writings are taken from the popular blog entries of the same title. Like the facets of a beautiful diamond, each chapter's topic is a small reflection of the brilliance of one of the great spiritual figures of our time, Paramhansa Yogananda.

\$16.95 • Paperback, 200 pages (5.5" x 8.5") • ISBN 978-1-56589-296-5

The Touch of Light Series

BY NAYASWAMI JYOTISH & NAYASWAMI DEVI

TOUCH OF DIVINE WISDOM

Living the Teachings of Paramhansa Yogananda, Volume 5

Also in Audiobook MP3

Nayaswami Jyotish and Nayaswami Devi

Offering the keys for how to live a happy, fulfilled life through the ancient yogic teachings of Yogananda. With engaging and easy-to-read blogs including: Dealing with Change and Loss, Hope for a Better World, Keeping Your Balance, and Faith, Attunement, and Courage. Lighthearted, simple, and down-to-earth.

\$17.95 • Paperback, 192 pages (5.5" x 8.5") • ISBN 978-1-56589-099-2



TOUCH OF PEACE

Living the Teachings of Paramhansa Yogananda

The need for inner peace is greater than ever before. Learning to live in peace under all circumstances is the secret of a happy life. This powerful collection of spiritual writings will change your life by guiding you through inspiration and new perspectives for facing life's challenges and finding peace within. Drawing from the teachings of Yogananda, *Touch of Peace* shares practical tools, instructive stories, and right attitudes to help you tap the wellsprings of peace inside you.

\$21.95 • Paperback, 340 pages (5.5" x 8.5") • ISBN 978-1-56589-096-1



TOUCH OF LOVE

Living the Teachings of Paramhansa Yogananda

When we welcome the presence of love into our lives, our entire existence is born anew. accompany us on the journey of the heart: answering the call of true, unconditional love. These letters are filled with spiritual teachings as practical as they are profound, faithfully shared in the spirit of their beloved guru, Paramhansa Yogananda, and his direct disciple, Swami Kriyananda.

\$16.95 • Paperback, 271 pages (5.5" x 8.5") • ISBN 978-1-56589-342-9

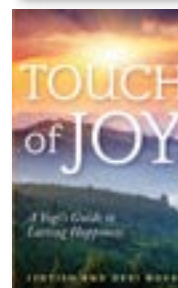


TOUCH OF JOY

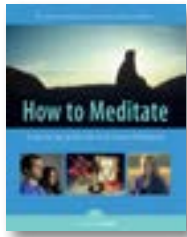
A Yogi's Guide to Lasting Happiness

This powerful collection of spiritual writings will change your life by guiding you through inspiration and new perspectives for facing life's challenges and living a life in joy. Sharing practical tools, instructive stories, and right attitudes to help you learn to tap the wellsprings of joy within you.

\$16.95 • Paperback, 233 pages (5.5" x 8.5") • ISBN 978-1-56589-325-2



Meditation



HOW TO MEDITATE

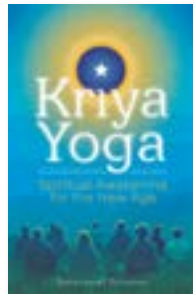
A Step-by-Step Guide to the Art & Science of Meditation
Jyotish Novak

This best-seller is a thorough and concise step-by-step guide to meditation. Learn techniques to:

- Release tension and relax the mind
- Reduce stress and increase calmness
- Develop intuition and devotion
- Improve energy and vitality
- Deepen concentration and awareness

\$16.95 • Paperback, 200 pages (5.5" x 6.875") • ISBN 978-1-56589-234-7

Also in Audiobook MP3

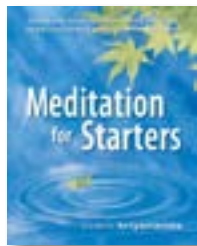


KRIYA YOGA

Spiritual Awakening for the New Age
Nayaswami Devarshi

This book is a signpost to the aspiring devotee on how and why to take up the lifelong practice of Kriya Yoga. An instructive and inspiring roadmap for the already practicing Kriya Yogi. Through real-life stories from long-time Kriyabans, you will learn what attitudes and practices can help or hinder your progress on the spiritual path.

\$18.95 • Paperback, 142 pages (5.5" x 8.5") • ISBN 978-1-56589-112-8



MEDITATION FOR STARTERS

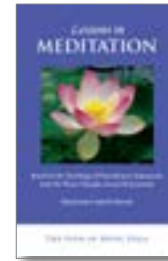
Swami Kriyananda

This little book provides everything you need to begin a meditation practice. It is filled with easy-to-follow instructions, beautiful guided visualizations, and answers to important questions on meditation such as:

- What meditation is (and isn't)
- How to relax your body and prepare yourself for going within
- Techniques for interiorizing and focusing the mind

\$17.95 • Paperback, 136 pages (5.5" x 6.875") • ISBN 978-1-56589-229-3

The Path of Kriya Yoga



LESSONS IN MEDITATION

The Path of Kriya Yoga - Step 1
Jyotish Novak

Empowering the student with a strong foundation in meditation as taught by Paramhansa Yogananda. Included with the book are a Companion Audio MP3 with guided meditations and visualizations, and the Energization Exercises DVD with guided energization exercises.

\$14.95 • Paperback, 147 pages (5.5" x 8.5") • ISBN 978-1-56589-177-7



ENERGIZATION EXERCISES BOOKLET

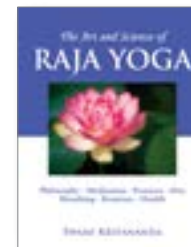
Swami Kriyananda

This is a quick reference and easy accessibility for having the Energization Exercises at your fingertips. The book then takes you through the entire system, with a figure drawing and a brief explanation of how each exercise is performed. Ideal for travel.

\$9.95 • Paperback, 19 pages (5.5" x 8.5") • ISBN 978-1-56589-176-0

ENERGIZATION EXERCISES MP4

Swami Kriyananda & Gyandev McCord **\$16.95** • digital MP4, 89 minutes

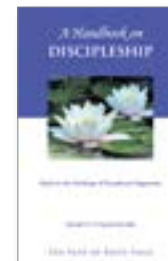


THE ART AND SCIENCE OF RAJA YOGA

The Path of Kriya Yoga - Step 2
Swami Kriyananda

The Art and Science of Raja Yoga contains fourteen lessons in which the original yoga science emerges in all its glory—a proven system for realizing one's spiritual destiny. This is the most comprehensive course on yoga and meditation available today giving you a profound and intimate understanding of how to apply these age-old teachings, on a practical, as well as spiritual, day-to-day level in this modern age.

\$29.95 • Paperback, 483 pages (7.25" x 9.25") • ISBN 978-1-56589-263-7



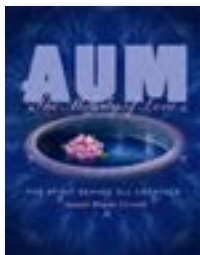
A HANDBOOK ON DISCIPLESHIP

The Path of Kriya Yoga - Step 3
Swami Kriyananda

This step in *The Path of Kriya Yoga* prepares the student for initiation into Kriya Yoga, the highest technique of the path of Self-realization.

\$16.95 • Paperback, 158 pages (5.5" x 8.5") • ISBN 978-1-56589-178-4

Yoga Philosophy

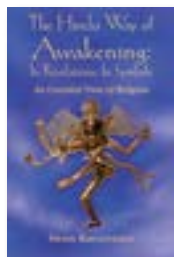


AUM: THE MELODY OF LOVE

The Spirit Surrounding All Creation
Joseph Bharat Cornell

We have all heard of the sacred word *AUM*, and heard it chanted as a mantra by meditators. But what is *AUM*, and what does it signify? This book takes readers on a journey into the deeper teachings of *AUM* and the blissful realizations that await those who access this expansive sound vibration.

\$15.95 • Paperback, 160 pages (5.5" x 7") • ISBN 978-1-56589-254-5



THE HINDU WAY OF AWAKENING

Its Revelation, Its Symbols: An Essential View of Religion
Swami Kriyananda

This book brings order to the seeming chaos of the symbols and imagery in Hinduism and clearly communicates the underlying teachings from which these symbols arise.

\$21.95 • Paperback, 349 pages (5.25" x 8") • ISBN 978-1-56589-745-8

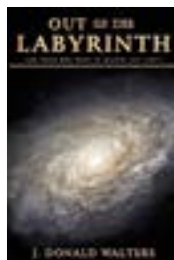


RELIGION IN THE NEW AGE

And Other Essays for the Spiritual Seeker
Swami Kriyananda

That we live in a "new age" seems an incontestable fact. The greatest change that has occurred has been our perception of reality, which began with the discovery that matter is composed of vibrations of energy, and that energy is the reality behind everything around us. Come explore the many evolutionary qualities that are even now influencing our lives.

\$15.95 • Paperback, 373 pages (6" x 9") • ISBN 978-1-56589-236-1



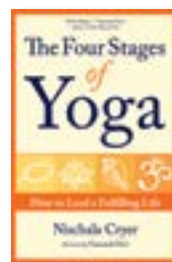
OUT OF THE LABYRINTH

For Those Who Want to Believe, But Can't
Swami Kriyananda (J. Donald Walters)

The last hundred years of scientific and philosophical thought have caused dramatic upheavals in how we view our universe, our spiritual beliefs, and ourselves. Bringing fresh insight and understanding to this difficult problem, the author lays out a new approach to spirituality that both solves the problem of meaninglessness and champions the possibility of human transcendence and divine truth.

\$14.95 • Paperback, 280 pages (5.5" x 8.5") • ISBN 978-1-56589-148-7

Yoga Philosophy



THE FOUR STAGES OF YOGA

How to Lead a Fulfilling Life
Nischala Cryer

This book is an anthology of stories and conversations that encompass the journey yogis take from birth to the last moments of life. Though yoga philosophy has been around far longer than most realize, the deeper nuances of its effects on our own lives is revealed in this modern day exposé. Here, we see how Vedic India's classic Four Ashrams of Life are experienced in the context of a yoga community in the foothills of the Sierra Nevada Mountains.

\$19.95 • Paperback, 300 pages (6" x 9") • ISBN 978-1-56589-310-8



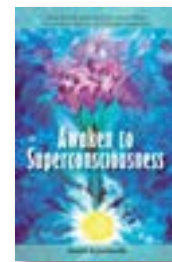
TRANSITIONING IN GRACE

A Yogi's Approach to Death and Dying
Nalini Graeber

In *Transitioning in Grace* (based on the teachings of Paramhansa Yogananda), Nalini Graeber presents true accounts of how longtime yogis and meditators have left their bodies.

More than just a collection of uplifting stories, this work can serve as a handbook for individuals helping family or friends to leave this world

\$17.95 • Paperback, 230 pages (5.5" x 8.5") • ISBN 978-1-56589-336-8



AWAKEN TO SUPERCONSCIOUSNESS

Swami Kriyananda

Many of us have experienced a momentary "flash" of heightened consciousness. But is it possible to draw that energy at will? Superconsciousness is the hidden force behind all creativity, awareness, problem solving, intuition, healing, joy and inner peace. Through meditation, chanting, affirmation, and prayer, readers will learn how to reach this state successfully and regularly, and maximize its beneficial effects.

\$16.95 • Paperback, 272 pages (5.5" x 8.5") • ISBN 978-1-56589-228-6



GOD IS FOR EVERYONE

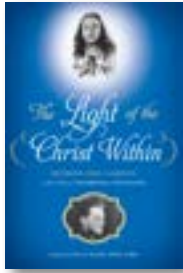
Inspired by Paramhansa Yogananda
Swami Kriyananda

This is the core of Yogananda's teachings. Presenting a concept of God and spiritual meaning that will broadly appeal to everyone, agnostics and believers alike.

\$12.95 • Paperback, 227 pages (5.25" x 8") • ISBN 978-1-56589-180-7

An Amazon
Bestseller!

Yoga Philosophy



THE LIGHT OF THE CHRIST WITHIN

Reverend John Laurence, Edited by Elana Joan Cara

John Laurence—minister, modern mystic, and direct disciple of the great spiritual master and world teacher, Paramhansa Yogananda (author of the classic *Autobiography of a Yogi*)—presents, in this volume of talks, an outline of the inner path with practical spiritual teachings.

\$16.95 • Paperback, 308 pages (6" x 9") • ISBN 978-1-56589-267-5

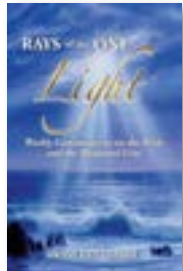


THE PROMISE OF IMMORTALITY

Swami Kriyananda (J. Donald Walters)

This book is the most complete commentary available on the parallel passages in the Bible and the Bhagavad Gita, illuminating the similarities between these two great scriptures in a way that vibrantly brings them to life. *The Promise of Immortality* makes a convincing argument for the potential unity of all religious belief.

\$24.95 • Hardcover, 432 pages (6.5" x 9.25") • ISBN 978-1-56589-150-0



RAYS OF THE ONE LIGHT

Swami Kriyananda

Weekly readings of parallel passages from the Bible and Bhagavad-Gita reveal a single unified teaching. This profound commentary gives scriptural authority to the ecumenical hopes of our times.

\$14.95 • Paperback, 144 pages (5.5" x 8.5") • ISBN 978-1-56589-208-8



A RENUNCIATE ORDER FOR THE NEW AGE

A Breakthrough in the Evolution of Consciousness

Swami Kriyananda

Swami Kriyananda has been a direct disciple for over sixty years of the great yoga master, Paramhansa Yogananda. In this book, he introduces a new approach to the quest for God-realization that speaks to modern seekers. Demystifying the mystical, Kriyananda presents practical techniques, attitudes, and life directions that lead to inner freedom and joy.

\$14.95 • Paperback, 133 pages (5.5" x 8.5") • ISBN 978-1-56589-252-1

Spirituality in Daily Life



ART AS A HIDDEN MESSAGE

A Guide to Self-Realization

Swami Kriyananda (J. Donald Walters)

Art as a Hidden Message presents a new approach to the arts, one that views both artistic expression and artistic appreciation as creative communication. It offers a blueprint for the future of art, and shows how art can be a powerful influence for meaningful existence and positive attitudes in society.

\$16.95 • Paperback, 189 pages (5.25" x 8") • ISBN 978-1-56589-741-0



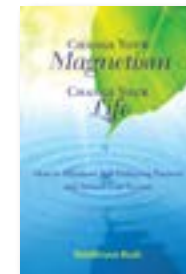
ASK ASHA

Heartfelt Answers to Everyday Dilemmas on the Spiritual Path

Asha Prayer

Based on letters from questing souls, this book showcases the clarity, compassion, and inspiration of Asha, a disciple of Paramhansa Yogananda and a meditation teacher for over 40 years. Her responses will astound you with their universality.

\$16.95 • Paperback, 216 pages (5.5" x 8.5") • ISBN 978-1-56589-290-3



CHANGE YOUR MAGNETISM, CHANGE YOUR LIFE

How to Eliminate Self-Defeating Patterns and Attract True Success

Naidhruva Rush

Success in every area depends on the strength and quality of your magnetism. Discover how to release the enormous energy latent within and direct it one-pointedly toward whatever you want to achieve.

\$16.95 • Paperback, 140 pages (5.5" x 8.5") • ISBN 978-1-56589-307-8



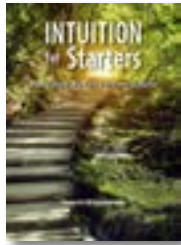
CRYSTAL HERMITAGE GARDENS

A Photographic Pilgrimage to the Spiritual Heart of Ananda Village

Barbara Bingham

Once the Northern California home of Swami Kriyananda, spiritual teacher and direct disciple of Paramhansa Yogananda. The scenic beauty and peaceful atmosphere of Crystal Hermitage Gardens are reflected in the photographs and quotations contained in this book. Whether you are a nature lover or a spiritual seeker, these images will speak to you, whispering tranquility and inspiration to your soul. **\$24.95** • Paperback, 143 pages (11" x 8.5") • ISBN 978-1-56589-248-4

Spirituality in Daily Life



INTUITION FOR STARTERS

How to Know and Trust Your Inner Guidance
Swami Kriyananda (J. Donald Walters)

Intuition for Starters straightforwardly explains what true intuition is and where it comes from, and describes the attitudes necessary for developing it.

\$16.95 • Paperback, 138 pages (5" x 7") • ISBN 978-1-56589-155-5

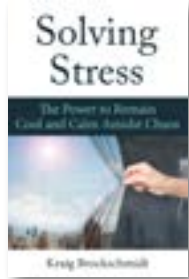


LOVED AND PROTECTED

Stories of Miracles and Answered Prayers
Asha Prayer

If we ask God for help, will He respond? The stories in this book answer loud and clear: "YES!" In extraordinary and eye-opening accounts, we see the Divine Hand providing comfort, healing, illumination, and solutions to all types of difficulties.

\$16.95 • Paperback, 306 pages (5.5" x 6.875") • ISBN 978-1-56589-275-0

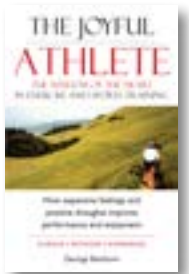


SOLVING STRESS

The Power to Remain Cool and Calm Amidst Chaos
Kraig Brockschmidt

Solving Stress teaches you simple and effective tools to retrain the nature of your reaction to one of calmness and relaxation, giving you direct, individual control over your stress. These same tools also induce the physiological counter-effects of stress, activating your body's self-healing processes.

\$16.95 • Paperback, 150 pages (5.5" x 8.5") • ISBN 978-1-56589-318-4



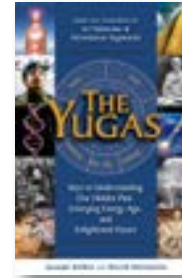
THE JOYFUL ATHLETE

The Wisdom of the Heart in Exercise and Sports Training
George Beinhorn

The Joyful Athlete tells a riveting story of groundbreaking research that reveals why our bodies thrive when we cultivate expansive thoughts and feelings, and how scores of athletes at all levels have found success by "feeling-based training."

\$18.95 • Paperback, 288 pages (5.5" x 8.5") • ISBN 978-1-56589-289-7

Metaphysics, History & Reincarnation



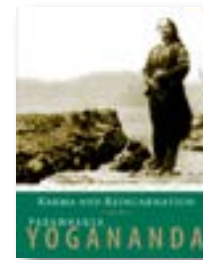
THE YUGAS

Keys to Understanding Our Hidden Past, Emerging Energy Age, and Enlightened Future

Joseph Selbie and David Steinmetz

With far-reaching changes happening on virtually a daily basis, many are wondering if we are due for a world-changing global shift, and what the future holds for mankind. Paramhansa Yogananda and his teacher, Sri Yukteswar, offered key insights into this subject nearly a century ago.

\$21.95 • Paperback, 348 pages (6" x 9") • ISBN 978-1-56589-253-8



KARMA AND REINCARNATION

The Wisdom of Yogananda series, Volume 2

\$15.95 • Paperback, 156 pages (5.5" x 6.875") • ISBN 978-1-56589-216-3

[See page 8 for details.](#)

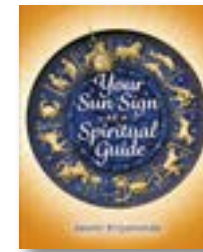


CHAKRAS FOR STARTERS

Unlock the Hidden Doors to Peace & Well-Being
Savitri Simpson

In *Chakras for Starters*, Savitri Simpson demystifies the chakras. She explains in easy-to-understand terms what they are, shows you how to work with them, and describes the many benefits you will experience.

\$16.95 • Paperback, 144 pages (5.5" x 6.875") • ISBN 978-1-56589-156-2



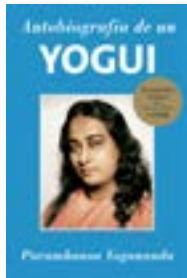
YOUR SUN SIGN AS A SPIRITUAL GUIDE

Swami Kriyananda

Hailed by many astrologers as a classic, this book not only maps the strengths and weaknesses of each sun sign, but also reveals the true purpose of astrology.

\$14.95 • Paperback, 194 pages (5.5" x 6.875") • ISBN 978-1-56589-274-3

Spanish Books and CD's



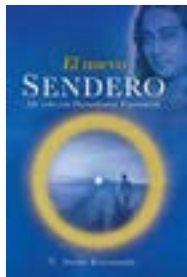
AUTOBIOGRAFÍA DE UN YOGUI

Original 1946 First Edition (with bonus materials)

Paramhansa Yogananda

Paramhansa Yogananda fue el primer maestro de yoga de la India, cuya misión fue vivir y enseñar en Occidente (1920-1952.) Multitudes de entusiastas, abarrotaban los más grandes auditorios en Estados Unidos para escucharlo. Su impacto inicial fue realmente impresionante, pero su influencia permanente es aún más grande.

\$26.95 Paperback, 584 pages (5.5" x 8.5") • ISBN 978-1-56589-110-4



EL NUEVO SENDERO

Mi Vida Con Paramahansa Yogananda

Swami Kriyananda

En Autobiografía, Yogananda habla de otros maestros de yoga. En *El Nuevo Sendero*, Kriyananda habla de Yogananda en profundidad. Swami Kriyananda, discípulo directo de Yogananda, comparte historias inéditas, llenas de detalles, de la vida de Yogananda. Cuando uno lee este libro, siente que está ahí con Yogananda, viviendo y aprendiendo de él.

\$24.95 Paperback, 620 pages (5.75" x 8.5") • ISBN 978-1-56589-320-7



EL ARTE DEL LIDERAZGO

La fruta del éxito es más dulce cuando se cosecha en equipo.

Swami Kriyananda

¿Desea mejorar sus habilidades de liderazgo y aprender a sacar lo mejor de sus empleados, compañeros de trabajo, o estudiantes? ¡El arte del liderazgo puede ayudarle! y la búsqueda interior.

\$7.95 Paperback, 75 pages (5.5" x 8.5") • ISBN 968-39-1350-4



EL SENDERO HINDÚ DE LA ILUMINACIÓN

Una Visi'on esencial para alcanzar la plenitud del espíritu

Swami Kriyananda

El inspirado estilo de escritura enérgica y entretenida de Suami Kriyananda, hace de este libro una lectura deliciosa para cualquier persona interesada en la espiritualidad y los significados más profundos de la religión.

\$14.95 Paperback, 363 pages (5.5" x 8.5") • ISBN 968-39-1518-3

Spanish Books and CD's



DEL GOZO VENGO

Artista: Suami Kriyananda

Catorce cantos inspiradores de Paramhansa Yogananda, Swami Kriyananda, y de la India.

(Fourteen inspiring chants by Yogananda, Kriyananda, and from India.)

\$16.95



MUSICA PARA EL ALMA

Musica Devocional

Artista: Suami Kriyananda

Canciones:

1. ¿Dónde está el amor? (vocal) 5:02
2. Desde este sueño 5:18
3. Hemos escuchado tu nombre 5:57
4. El parpadeo no ha tocado mis ojos 5:16
5. Puerta de mi corazón 5:07
6. Más lejos que las estrellas 6:25
7. La llamada del alma 0:56
8. Escucha la canción de mi alma 5:45
9. Dios hermoso 4:34
10. En el templo del silencio 6:26
11. ¿Dónde hay Amor? 1:27

\$16.00

Health, Healing and Well-Being



A HEALER'S HANDBOOK

Channeling the Light of Yogananda and Christ

Mary Kretzmann

This book chronicles Mary's healing experience and insights, and serves as a guidebook for those who wish to gain a deeper understanding of this fascinating area of spiritual service.

\$18.95 • Paperback, 300 pages (5.5" x 8.5") • ISBN 978-1-56589-309-2



DIVINE WILL HEALING

Mary Kretzmann

A treasure trove of the *Divine Will Healing* techniques of Paramhansa Yogananda: the Yogic System For Supreme Health of Body, Mind, and Spirit from his original teachings.

\$16.95 • Paperback, 166 pages (5.5" x 8.5") • ISBN 978-1-56589-278-1



THE ESSENTIAL FLOWER ESSENCE HANDBOOK

Lila Devi

The secret healing power of flowers as never before chronicled fills the pages of this revised fourth edition of *The Essential Flower Essence Handbook*.

\$26.95 • Paperback, 345 pages (6" x 9") • ISBN 978-1-56589-081-7



FLOWER ESSENCES FOR ANIMALS

Remedies for Helping the Pets You Love

Lila Devi

This treasury of holistic pet care wisdom honors our animal friends by enhancing the quality of their lives through natural remedies.

\$16.95 • Paperback, 237 pages (6" x 9") • ISBN 978-1-56589-100-5

Vegetarian Cooking



THE HEALING KITCHEN

Vegetarian Cooking for Higher Awareness

Diksha McCord

Learn the keys to adding the most important ingredient of all to your meals: higher awareness. Diksha McCord shows a wide variety of ways to transform your cooking into a joyful experience that will uplift you as well as everyone who eats your meals.

\$29.95 • Paperback, 276 (7" x 9") • ISBN 978-1-56589-295-8



GLOBAL KITCHEN

A Cookbook of Vegetarian Favorites from The Expanding Light Retreat

Diksha McCord (Blanche Agassy McCord)

These delicious, easy-to-prepare recipes are inspired by many of the world's most enjoyed culinary cultures-Italian, Thai, Indian, and Chinese, among others.

\$14.95 • Paperback, 203 pages (5.25" x 8") • ISBN 978-1-56589-102-9



VEGETARIAN COOKING FOR STARTERS

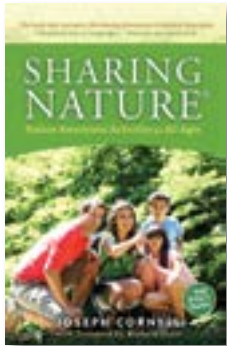
Simple Recipes & Techniques for Health and Vitality

Diksha McCord (Blanche Agassy McCord)

Confused by the many different foods, fads, and techniques championed by various proponents of healthy eating? Learn how to make healthy, tasty meals without meat.

\$12.95 • Paperback, 131 pages (5.5" x 6.875") • ISBN 978-1-56589-153-1

Sharing Nature® Book Series



SHARING NATURE

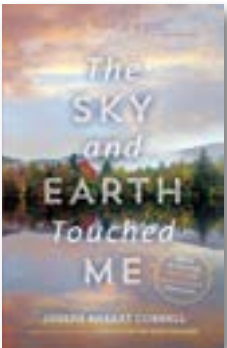
Nature Awareness Activities for All Ages
Joseph Bharat Cornell

Sharing Nature with Children, selling more than half a million copies, sparked a worldwide revolution in nature education. Now that classic has been rewritten by Joseph Cornell, with newly added activities and games—and combined with *Sharing Nature with Children II* in one complete volume.

\$18.95 • Paperback, 216 pages (5.5" x 8.5") • ISBN 978-1-56589-287-3

The Sharing Nature Collection includes:

SHARING NATURE, THE SKY AND EARTH TOUCHED ME, AND LISTENING TO NATURE

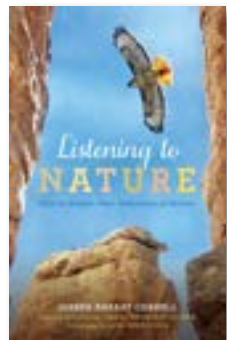


THE SKY AND EARTH TOUCHED ME

Sharing Nature® Wellness Exercises
Joseph Bharat Cornell

Wild seashores and woodlands calm and refresh our spirits. Contact with nature enhances our wholeness and well-being. The powerful, compelling exercises in this book can help readers become immersed in nature's joyful and healing presence.

\$16.95 • Paperback, 144 pages (5.5" x 8.5") • ISBN 978-1-56589-282-8



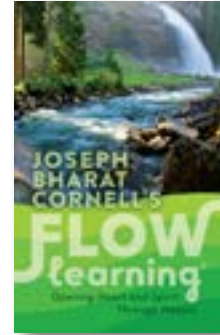
LISTENING TO NATURE

How to Deepen Your Awareness of Nature
Joseph Bharat Cornell

Listening to Nature will help you experience more fully the serenity and mystery of the natural world. Use this book and its gentle exercises for personal meditation, or as an aid for teaching nature awareness to children and adults.

\$19.95 • Paperback, 96 pages (7" x 10") • ISBN 978-1-56589-281-1

Sharing Nature® Book Series



FLOW LEARNING

Opening Heart and Spirit Through Nature
Joseph Bharat Cornell

Ready for a journey of self-discovery?

In his newest release, *Flow Learning*®, Joseph Bharat Cornell shares a transformative learning process that empowers participants to awaken their higher human qualities through direct experiences in nature. *Flow Learning* provides the essential ingredients for true learning, as well as a recipe for the inner transformation that every educator strives to bring their students.

\$19.95 • Paperback, 200 pages (5.5" x 8.5") • ISBN 978-1-56589-095-4

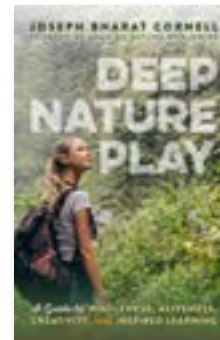


JOHN MUIR

My Life in Nature
Joseph Bharat Cornell

This unique “autobiography” of John Muir is told in his own words, brimming with his spirit and his adventures. The text was compiled and written by naturalist Joseph Bharat Cornell, well loved for his ability to help others experience the joyous quality of nature. It is a book that expands your sense of hope, adventure, and awareness. Adults will be just as fond of this book as young readers.

\$14.95 • Paperback, 88 pages (6" x 9") • ISBN 978-1-56589-075-6



DEEP NATURE PLAY

A Guide to Wholeness, Aliveness,
Creativity, and Inspired Learning
Joseph Bharat Cornell

Recapture, within yourself, a sense of wholeness and belonging through deep nature play. Help others awaken their natural curiosity, childlike wonder, and enthusiasm. When absorbed in deep play, our sensory awareness is heightened. We become immersed in the present moment and feel intensely alert and alive. Because play is joyful and rewarding, we operate at the peak of our mental and physical capacity.

\$16.95 • Paperback, 148 pages (5.5" x 8.5") • ISBN 978-1-56589-322-1

Music Books



ANANDA CHANTS

Chants by Paramhansa Yogananda and Swami Kriyananda
and Other Popular Chants from Ananda Sangha

Ananda Chants contains the words and musical notations for seventy-two chants, seven of which are variations. There are also instructions on how to play the chants. This book is designed for both beginners and advanced chanters.

\$24.95 • Paperback, 135 pages (8.5" x 5.5") • ISBN 978-1-56589-246-0



ANANDA SONGBOOK

Vocal Melodies of Swami Kriyananda

This collection is all 190 of Swami Kriyananda's vocal melodies in one place for the first time. For Ananda musicians, these songs have become the inner soundtrack of our spiritual aspiration. Many people have been profoundly touched by this music.

Extra choral parts and complex instrumentation have been removed. Optional key changes are provided for ease of group singing. Beginning guitarists and pianists will find most of the music easy to learn and play. Long-time Ananda musicians will discover gems they may never have heard before.

\$29.95 • Paperback, 284 pages (8.5" x 11") • ISBN 978-1-56589-343-6



THE HARMONIUM HANDBOOK

Owning, Playing, and Maintaining the Devotional Instrument of India
Satyaki Kraig Brockschmidt

Provides detailed instruction in how to play, maintain, and repair this popular devotional instrument, and reveals the colorful history of harmoniums.

\$16.95 • Paperback, 159 pages (5.5" x 8.5") • ISBN 978-1-56589-191-3

More Offerings from Crystal Clarity

More Titles by Swami Kriyananda (J. Donald Walters)

AFFIRMATIONS FOR SELF-HEALING

Swami Kriyananda **\$14.95** • Paperback • ISBN 978-1-56589-207-1

ANANDA YOGA FOR HIGHER AWARENESS

Swami Kriyananda **\$17.95** • Paperback • ISBN 978-1-56589-272-9

THE ART OF SUPPORTIVE LEADERSHIP A Practical Guide for People in Positions
of Responsibility

J. Donald Walters (Swami Kriyananda) **\$14.95** • Paperback • ISBN 978-1-56589-140-1

THE BEATITUDES The Inner Meaning

Swami Kriyananda **\$3.95** • Paperback • ISBN 978-1-56589-723-6

CITIES OF LIGHT What Communities Can Accomplish in the New Age

J. Donald Walters (Swami Kriyananda) **\$12.95** • Paperback • ISBN 978-1-56589-172-2

EASTERN THOUGHTS, WESTERN THOUGHTS

Swami Kriyananda **\$12.95** • Paperback • ISBN 978-1-56589-331-3

EDUCATION FOR LIFE Preparing Children to Meet Today's Challenges

J. Donald Walters (Swami Kriyananda) **\$16.95** • Paperback • ISBN 978-1-56589-740-3

FINDING HAPPINESS DAY BY DAY

Swami Kriyananda **\$12.95** • Paperback • ISBN 978-1-56589-280-4

HOPE FOR A BETTER WORLD The Small Communities Solution

J. Donald Walters (Swami Kriyananda) **\$12.95** • Paperback • ISBN 978-1-56589-170-8

HOW TO BE A TRUE CHANNEL

Swami Kriyananda **\$11.95** • Paperback • ISBN 978-0-91612-441-0

IN DIVINE FRIENDSHIP Letters of Counsel and Reflection

Swami Kriyananda **\$19.95** Paperback • ISBN 978-1-56589-225-5

THE LAND OF GOLDEN SUNSHINE An Allegory of Soul-Yearning

Swami Kriyananda **\$9.95** • Paperback • ISBN 978-1-56589-314-6

THE LIGHT OF SUPERCONSCIOUSNESS How to Benefit from Emerging Spiritual Trends

J. Donald Walters \$12.95 • Paperback • ISBN 978-1-56589-748-3

LIVING WISELY, LIVING WELL Timeless Wisdom to Enrich Every Day

Swami Kriyananda \$11.95 • Paperback • ISBN 978-1-56589-261-3

LOVE PERFECTED, LIFE DIVINE

Swami Kriyananda \$16.95 • Paperback • ISBN 978-1-56589-277-4

MONEY MAGNETISM How to Attract What You Need When You Need It

J. Donald Walters (Swami Kriyananda) \$14.95 • Paperback • ISBN 978-1-56589-141-8

THE NEED FOR SPIRITUAL COMMUNITIES AND HOW TO START THEM

Swami Kriyananda \$16.95 • Paperback • ISBN 978-1-56589-294-1

THE PEACE TREATY A Play in Three Acts

Swami Kriyananda \$12.95 • Paperback • ISBN 580-0-08656-171-5

A PILGRIMAGE TO GUADALUPE The Final Journey of the Soul

Swami Kriyananda \$14.95 • Paperback • ISBN 978-1-56589-269-9

THE ROAD AHEAD Based on the World Prophecies of the Famed Indian Mystic Yogananda

Swami Kriyananda \$14.95 • Paperback • ISBN 978-1-56589-065-7

SADHU, BEWARE! A New Approach to Renunciation

Swami Kriyananda \$9.95 • Paperback • ISBN 978-1-56589-214-9

SECRETS OF HEALTH AND HEALING

Swami Kriyananda \$16.95 • Paperback • ISBN 978-1-56589-326-9

SECRETS OF MEDITATION AND INNER PEACE

Swami Kriyananda \$12.95 • Paperback • ISBN 978-1-56589-308-5

SECRETS OF SPIRITUALIZING YOUR DAILY LIFE

Swami Kriyananda \$16.95 • Paperback • ISBN 978-1-56589-333-7

SECRETS OF SUCCESS AND LEADERSHIP

Swami Kriyananda \$16.95 • Paperback • ISBN 978-1-56589-312-2

SELF-EXPANSION THROUGH MARRIAGE A Way to Inner Happiness

Swami Kriyananda \$14.95 • Paperback • ISBN 978-1-56589-268-2

THE SINGER AND THE NIGHTINGALE

Swami Kriyananda \$9.95 • Paperback, 95 pages (4.5" x 6.5") • ISBN 580-0-08656-197-5

SPACE, LIGHT AND HARMONY The Story of Crystal Hermitage

Swami Kriyananda (J. Donald Walters) \$17.00 • Paperback • ISBN 978-1-56589-211-8

THE STORY BEHIND THE STORY My Life of Service Through Writing

Swami Kriyananda \$9.95 • Paperback • ISBN 978-1-56589-194-4

A TALE OF SONGS

Swami Kriyananda \$29.95 • Paperback w/CD • ISBN 978-1-56589-315-3

THE TIME TUNNEL A Tale for all Ages and for the Child in You

Swami Kriyananda \$14.95 • Paperback • ISBN 978-1-56589-101-2

VISITS TO SAINTS OF INDIA

Swami Kriyananda \$15.95 • Paperback • ISBN 978-1-56589-321-4

YOGANANDA FOR THE WORLD

Swami Kriyananda \$9.95 • Paperback • ISBN 978-1-56589-260-6

More Titles by Other Authors

STAND UNSHAKEN! Daily Inspiration for Living Fearlessly

Nayaswamis Jyotish and Devi \$19.95 • Paperback • ISBN 978-1-56589-345-0

30-DAY ESSENTIALS FOR CAREER

Jyotish Novak \$11.95 • Hardcover • ISBN 978-1-56589-175-3

30-DAY ESSENTIALS FOR MARRIAGE

Jyotish Novak \$11.95 • Hardcover • ISBN 978-1-56589-168-5

FAITH IS MY ARMOR The Life of Swami Kriyananda

Devi Novak \$12.95 • Paperback • ISBN 978-1-56589-213-2

A FIGHT FOR RELIGIOUS FREEDOM A Lawyer's Personal Account of

Copyrights,

Karma and Dharmic Litigation

Jon R. Parsons \$16.95 • Paperback • ISBN 978-1-56589-266-8

FROM BAGELS TO CURRY Life, Death, Family, and Triumph

Lila Devi \$17.95 • Paperback • ISBN 978-1-56589-297-2

FOR GOODNESS' SAKE Supporting Children & Teens in Discovering Life's Highest Values

Michael Nitai Deranja \$12.95 • Paperback • ISBN 978-1-56589-193-7

GOOD MORNING, GREAT SOULS Transformations in Community

Gyandevi Fuller (Editor) \$19.95 • Paperback • ISBN 978-1-56589-126-5

I CAME FROM JOY Spiritual Affirmations and Activities for Children

Lorna Ann Knox \$19.95 • Paperback • ISBN 978-1-56589-146-3

THE MEANING OF DREAMING The Deeper Teachings of Yoga on Why We Dream

Savitri Simpson \$14.95 • Paperback • ISBN 978-1-56589-306-1

MY HEART REMEMBERS Swami Kriyananda

Narayana Anaya \$18.95 • Paperback • ISBN 978-1-56589-085-5

REFLECTIONS ON LIVING

Nischala Cryer (Editor) \$16.95 • Paperback • ISBN 978-1-56589-098-5

SPIRITUAL YOGA

Gyandev McCord \$24.95 • Paperback • ISBN 978-1-56589-272-9

SCARY NEWS 12 Ways to Raise Joyful Children When the Headlines Are Full of Fear

Lorna Ann Knox \$12.95 • Paperback • ISBN 978-1-56589-201-9

SOUL JOURNEY FROM LINCOLN TO LINDBERGH

Richard Salva \$16.95 • Paperback • ISBN 978-0-98553-245-3

SPACE, LIGHT AND HARMONY A Photographic Pilgrimage to the Spiritual Heart
of Ananda Village

Barbara Bingham \$17.00 • Paperback • ISBN 978-1-56589-248-4

THE SPIRIT OF GARDENING

Nancy Mair \$15.00 • Hardcover • ISBN 978-1-56589-204-0

THROUGH THE CHAKRAS A Tale of Adventure in the Seven Golden Pyramids

Savitri Simpson \$17.95 • Paperback • ISBN 978-1-56589-314-6

THROUGH MANY LIVES A Tale of Time Travel Through the Yugas

Savitri Simpson \$14.95 • Paperback • ISBN 580-0-08656-077-2

THROUGH THE GATES OF DEATH—AND BEYOND Adventures in the Lokas

of Immortality

Savitri Simpson \$16.95 • Paperback • ISBN 978-1-56589-314-6

TOUCHING SOUL Devotional Poems & Words of Inspiration of a Disciple of Paramhansa

Yogananda on God, Religion, and Yoga

Sue Cooper \$14.95 • Hardcover • ISBN 978-1-56589-255-2

TWO SOULS: FOUR LIVES The Lives and Former Lives of Paramhansa Yogananda
and His Disciple, Swami Kriyanada

Catherine Kairavi \$14.95 • Paperback • ISBN 978-1-56589-244-6

WALKING WITH WILLIAM OF NORMANDY A Paramhansa Yogananda

Pilgrimage Guide

Richard Salva \$14.95 • Paperback • ISBN 978-1-56589-262-0

THE YOGA OF ABRAHAM LINCOLN Forerunner of the Modern Truth Seeker

Richard Salva \$14.95 • Paperback • ISBN 978-0-98553-302-3

THE YOGA OF GHOST HUNTING Tips and Techniques for Protection and More

Richard Salva \$14.95 • Paperback • ISBN 978-0-98553-288-0

To Place Your Order



To place an order:

Website

crystalclarity.com

Email

orders@crystalclarity.com

Phone

800.424.1055 (m-f, 9-5 PST)

Questions?

info@crystalclarity.com



CRYSTAL CLARITY PUBLISHERS

**1123 Goodrich Blvd.
Commerce, CA 90022**