

# Vi-Rid

ViRid is a combination of herbs shown useful in relieving colds and flu symptoms. ViRid also helps boost our immune defense in order to prevent common colds and Flu.

Customers who have taken ViRid have experienced:

- Relief from a sore throat
- Reduced cough
- Reduction in fever



## Who is it for:

Anyone experiencing symptoms of the common cold or flu-like symptoms.

Also, it is for anyone looking to prevent the cold or Flu during season.

## Directions:

Adults take 4 tablets twice daily, preferably with food. Store in a cool dry place.

## Ingredients:

Lonicera, Isatis Root, Indigo, Radix Helicteris, Licorice Root, Andrographis, Forsythia, Kudzu Root, Mentha

## **Notes:**

ViRid is a blend of the following specialty herbs:

### **Andrographis**

- Andrographis is highly effective at reducing fever. It is an anti-inflammatory and can stop the cough that often accompanies viral and bacterial infections. Andrographis packs a one-two punch by triggering your immune response, and activating your killer T cells in the body to work faster.

### **Lonicera**

- Lonicera is a component that has been researched and shown to directly target several influenza strands.

### **Isatis Root**

- Isatis Root has many benefits. It is antibacterial, antiviral, and antimicrobial. Some scientists attribute its effects to indigo glycosides. These glycosides help your gut fight bacteria and virus. As we are learning more than 80% of our immune system is located in our gut. Isatis Root is also anti-inflammatory due to its cox 2 function. Great for

relieving sore throats.

## **Forsythia**

- In laboratory studies, Forsythia has focused on anti-inflammatory, antibacterial, and antiviral (mainly anti-influenza) activities of the herb

## **For Best Results:**

### **Combine ViRid with these other products:**

- Zinc can be taken during or before colds and flu. Zinc helps the thymus to produce thymine, an enzyme that tells your killer t-cells where to go and attack the virus.
- Super juice blends boost the immune system. It helps restore the gut which holds 80% of the immune system.