



RECOVTM

**YOUR
PERFECT
TRAINING
PARTNER**

Recovery Without The Bloat

recovfaster.com

ABOUT

RECOV

In an industry often shrouded with uncertainty, we do things differently at Recov. We are a brand that prides ourselves on being 100% transparent, providing only the highest quality products and information to our customers.

Our products are for everyone from Grandparents to Pro-Athletes seeking a boost in their general wellbeing and performance.

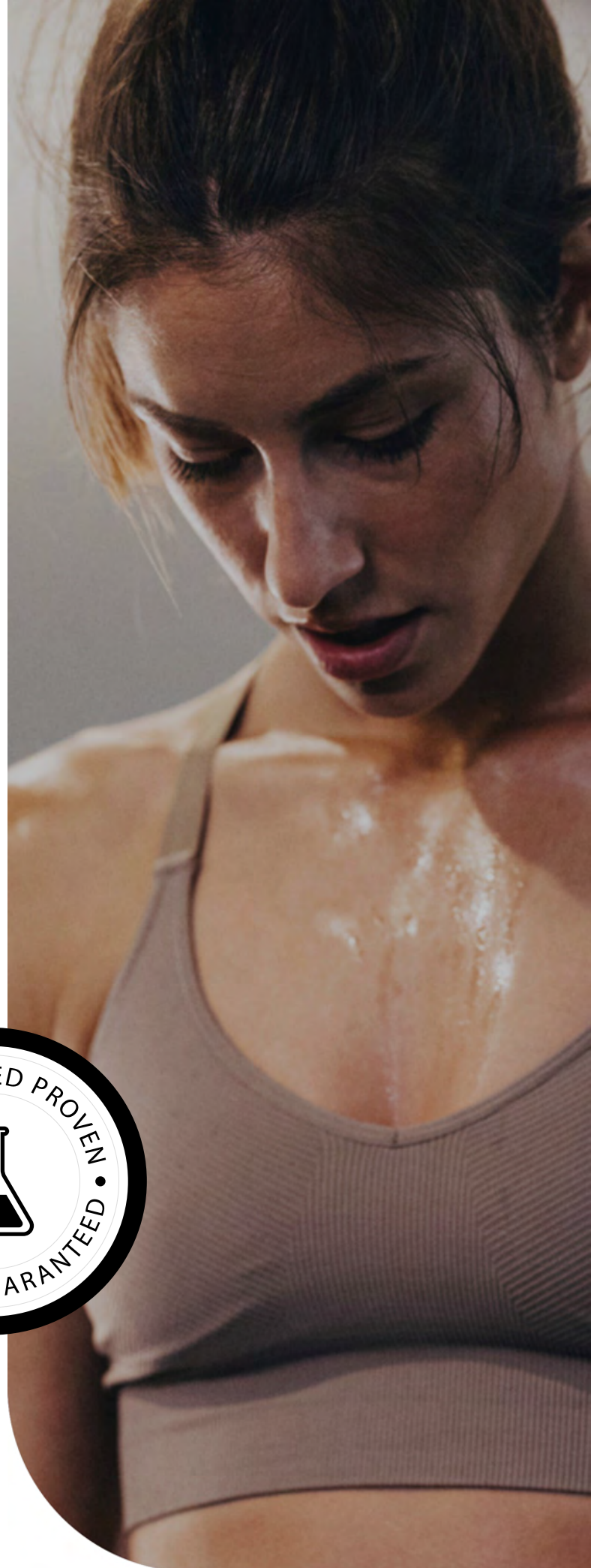
Our product selection is rigorous, and their ingredients scientifically tested to ensure compliance with World Anti-Doping Agency (WADA) and ASADA testing in sport at the highest level.

100%

**PROVEN SAFETY,
EFFICACY, AND PURITY.**



**AUSTRALIAN
OWNED**



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HAVE YOU

HIT A WALL WITH YOUR PROGRESS?

PUSH THROUGH WITH RECOV.

Recov Bi-peptides are designed to stimulate muscle growth and aid in ultra-fast recovery. A highly concentrated protein supplement, Recov's advanced formula is perfect for gym-goers, bodybuilders, and athletes, seeking to accelerate healing, recovery and strength.



ARE YOU

STRUGGLING TO FIND YOUR COMPETITIVE EDGE?

INCREASE YOUR ENDURANCE.

Consuming Recov before and after your workout can help improve both performance and recovery. Recov provides the amino acids that your body needs to fuel your muscles, which can help increase your endurance and reduce fatigue.



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RECOV IS EXCLUSIVE TO FUTURE SUPPLEMENTS

Recov is formulated for the world's best professional athletes. Expect to perform at your peak with noticeable improvements in performance, recovery, and energy levels using this product!

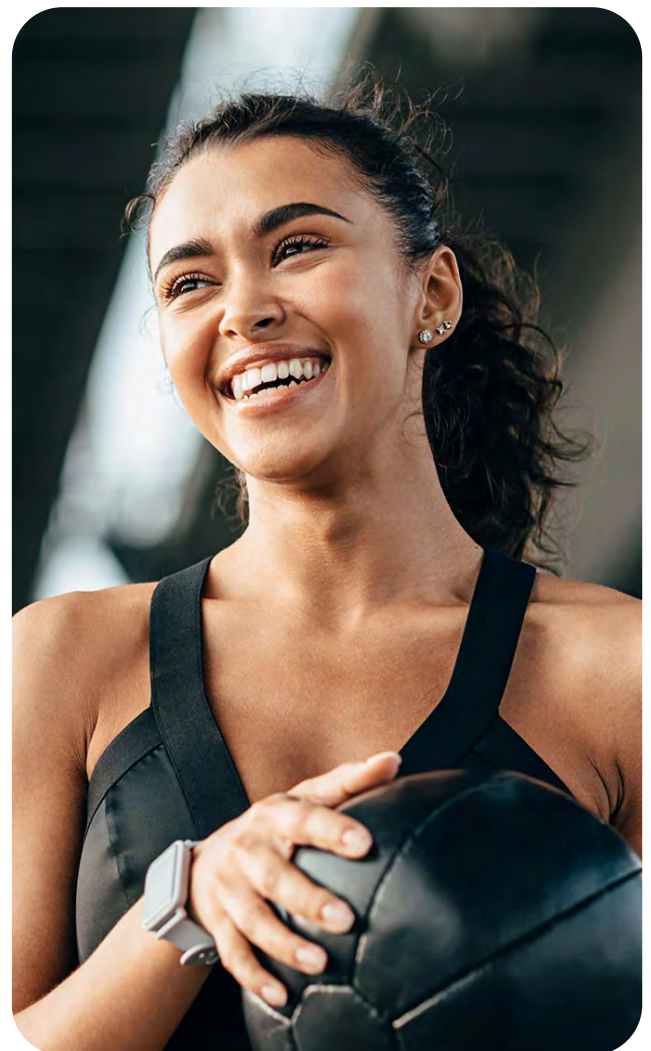
WHAT RECOV DOES

Recov is an ultra-powerful protein concentrate derived from 100%, pre-digested plasma protein (serum albumin).

Known for drastically optimising healing, recovery, and strength, Recov is unique in its formula, being made up of exactly what your body needs to repair and recover. Unlike standard protein supplements, Recov is super effective, convenient (tablet form) and efficient, going to work for your entire body within 25-30 minutes. This allows you to take full advantage of the 2-hour anabolic window post work-out, increasing muscle recovery and growth like no other protein supplement.

HOW RECOV WORKS

Recov is the only protein formulation that matches human requirements, ultimately resulting in an anabolic response without the digestion overhead. Recov provides the blood with an abundance of amino acids in a forms that are readily usable.



LOAD UP, PERFORM & RECOVER FASTER WITH RECOV



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LOOKING TO

RECOVER WITHOUT THE BLOAT?

EASILY DIGESTIBLE.

The efficiency of Recov is achieved through its purity - being absorbed, rather than digested. Unlike protein shakes, Recov was designed to optimise healing, recovery and strength without the usual stress on the digestive system.



DO YOU

WANT TO BUILD & RECOVER, FASTER?

REST DAY SUPPORT.

Adequate protein consumption is essential for all bodily functions, such as hormone production, immune function, and tissue repair. Consuming Recov consistently can drastically support these functions, leading to an improved overall physical and mental state.



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SO,

WHY CHOOSE RECOV BI-PEPTIDES?

Boost Your Performance
With **All 20 Amino Acids.**



RECOVERY

Advanced peptide formula aids in ultra-fast muscle recovery.



ENDURANCE

Boosts stamina, helping athletes perform at their best for longer.



STRENGTH

Promotes muscle growth, enhancing strength and power.



PERFORMANCE

Helps athletes reach their peak performance potential.



REGENERATION

Muscle regeneration supplement that supports overall health.



EFFICIENCY

Natural peptide formula allows for quick and easy absorption.

Recov contains **no colours, flavours or additives of any form** and is a viable alternative for those suffering from intolerances associated with digesting proteins such as; soy, dairy, whey or gluten.

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RECOV IS

FOR EVERY GOAL



GAIN STRENGTH & MUSCLE

Leverage Recov's natural bi-peptide plasma protein formula to fuel muscle growth and amplify strength.



BOOST SPORTS PERFORMANCE

Enhance recovery, boost ability, and support endurance for superior athletic performance.



IMPROVE HEALTH & VITALITY

Fortify your every-day health, delivering essential peptides that boost vitality, energy, and support overall well-being.



EFFECTIVE WEIGHT LOSS

Recov being high in readily available protein helps to maintain a healthy body composition.



FAST TRACK YOUR RECOVERY

Accelerate recovery and prime your muscles for peak performance, resilience and recovery.



TIMING

WHEN TO TAKE RECOV

BEFORE TRAINING

By pre-loading with Recov, you saturate your muscles with essential nutrients, potentially increasing strength output and endurance during your training session, setting the stage for growth.



AFTER TRAINING

Post-training, Recov rapidly supplies amino acids for immediate muscle repair, reducing recovery time and enhancing muscle growth, crucial for continuous strength gains.



ON REST DAYS

Recov's unique blend supports whole body recovery on rest days, nourishing muscle tissue and aiding growth even when you're not training - ensuring optimal recovery and progression.



DOSAGE

HOW TO TAKE RECOV

AFTER A HEALTHIER LIFESTYLE?

For improved health and strengthened immunity, we recommend 6 tablets daily. You can have them anytime during your day, adding them to meals for extra protein, or in-between meals for an improved metabolic rate.



**1 BOTTLE
PER MONTH**

LOOKING FOR PERFORMANCE RECOVERY?

If you are training 4-5 times a week, for optimal performance and recovery, we recommend 6 tablets 30 mins prior to your workout, and 2 tablets immediately after.



**1 BOTTLE
PER MONTH**

ADVANCED HEALING OR RECOVERY?

If you are training more than the average human and/or have special dietary requirements to adhere to, you may require two bottles of Recov per month allowing an intake of up to 12 tablets daily.



**2 BOTTLES
PER MONTH**

RECOV™

FIND YOUR NEXT LEVEL.



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