

ZEST ACTIVE

COLOUR CODING FOR ASSOCIATED HEALTH CLAIMS

- ▶ Heart
- ▶ Muscle
- ▶ Brain
- ▶ Immune Support
- ▶ Vision
- ▶ Energy

ACTIVE INGREDIENTS

INGREDIENTS	PER SACHET	% NRV PER SACHET
Wellmune® Beta 1,3/1,6 Glucans	250 mg	*
L-Glutamine	1000 mg	*
L-Lysine	1000 mg	*
Taurine	1000 mg	*
L-Theanine	100 mg	*
Choline	50 mg	*
Chromium	60 µg	150%
Molybdenum	37.5 µg	75%
Vitamin E	18 mg	150%
Vitamin K2	75 µg	100%
Vitamin B12	2.5 µg	100%
Manganese	2.0 mg	100%
Vitamin D3	10 µg	200%
Biotin	150 µg	300%
Niacin - Vitamin B3	24 mg	150%
Vitamin B6	4.2 mg	300%
Folic Acid	300 µg	150%
Pantothenic Acid (Vitamin B5)	12 mg	200%
Selenium	55 µg	100%
Zinc	7.5 mg	75%
Copper	0.2 mg	20%
Vitamin B2	2.8 mg	200%
Magnesium	57 mg	15%
Vitamin C	250 mg	313%
Vitamin B1	1.1mg	100%

NRV = Nutrient Reference Value. *No Established NRV. 1 sachet (6.05g) per serving.