

JOINT COMPLEX

reviveactive™



Joint Complex is a Super Supplement with 10 active ingredients, working in harmony to support **joint health**.



CARTILAGE



BONES



CONNECTIVE
TISSUE



MUSCLE
FUNCTION



GLUTEN-FREE



HERO INGREDIENTS

MARINE COLLAGEN

MSM

GLUCOSAMINE

HYALURONIC ACID

QUICK FACTS ABOUT JOINT COMPLEX

- ▶ A super supplement that supports cartilage, bones, connective tissue and muscle function
- ▶ Suitable for athletes, sports enthusiasts and people living active lifestyles
- ▶ 10 key ingredients including 5,000mg Peptan® Collagen Peptides, 2,000mg MSM, 1,000mg Glucosamine and 100mg Hyaluronic Acid
- ▶ Free from Fillers, Binders, Caffeine, Preservatives, Additives and Artificial Colours

INGREDIENTS AND ASSOCIATED BENEFITS - QUICK REFERENCE GUIDE



Per Serving	% NRV*
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Cartilage	Bones	Connective Tissue	Muscle Function	Energy	Brain	Immune System	Collagen Formation	Hair	Skin	Teeth	Gums	Antioxidant	Iron Transport	Iron Absorption	Blood Calcium Levels	Calcium Absorption
✓	✓			✓	✓	✓	✓		✓	✓	✓	✓		✓		
	✓															
	✓	✓		✓								✓				
	✓		✓			✓				✓					✓	✓
		✓		✓	✓	✓		✓	✓			✓				

Vitamin C
Vitamin K2
Manganese
Vitamin D3
Copper

200mg	250%
150µg	200%
2mg	100%
20µg	400%
0.2mg	20%

Peptan® Collagen Peptides
MSM
Glucosamine
Hyaluronic Acid
Boron

5,000mg	**
2,000mg	**
1,000mg	**
100mg	**
3.5mg	**



Approved and loved by
Professional Rugby Player, James Ryan

*NRV = Nutrient Reference Value.

**No Established NRV

Full list of ingredients available on the back page.

FREQUENTLY ASKED QUESTIONS



What is Joint Complex?

Joint Complex is a super supplement scientifically formulated by our highly experienced R&D team, unique in its approach and formulation with the aim of delivering multiple benefits in one sachet.

How do you take Joint Complex?

Empty contents of the sachet into a glass and add 250–300mls of water or your favourite juice and stir to dissolve. If the water is chilled it may take longer to dissolve.

How much should you take each day?

One sachet is the recommended daily intake. Joint Complex can be taken anytime of the day, best one hour after food. Food supplements should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the recommended daily intake.

What are Peptan® Collagen Peptides?

Collagen is a key component of our joints, tendons and bones. Joint Cartilage is primarily made up of collagen fibres which contribute to the structure and strength of our joints. Our tendons of which collagen is a key component, are strong fibrous connective tissues that connect muscles to bones. Collagen is equally important for bones and it represents up to 90% of organic bone mass and provides the structural framework on which calcium and other minerals are anchored. As we age, our bodies naturally start to produce less collagen.

What is Glucosamine?

Glucosamine Sulphate is a naturally occurring chemical found in the human body. It is used by the body to produce a variety of other chemicals that are involved in building tendons, ligaments, cartilage, and the thick fluid that surrounds the joints. Joints are cushioned by the fluid and the

cartilage that surround them.

What is Hyaluronic Acid?

Hyaluronic Acid is naturally produced in the body. It is an important component of articular cartilage, where it is present as a coating around each cell. In the human body, anything up to one third of our natural Hyaluronic Acid resources are degraded and used on a daily basis.

What is MSM?

Methylsulfonylmethane, more commonly known as MSM, is a sulphur-containing compound found naturally in the body. Sulphur is one of the most abundant minerals in the human body and it plays a very important role in the body's organs and systems. It is a valuable component of collagen and connective tissues.

Caution

As with any nutritional supplement please consult your doctor before use, especially if pregnant, breastfeeding, if you have a known medical condition or are taking medication. Suitable for individuals 18 years and over.

Allergen Advice

For allergens, see ingredients in **BOLD**. Joint Complex is manufactured in an environment that handles milk and soya.

Ingredients Peptan® Collagen Peptides (**FISH**), MSM (Methylsulfonylmethane), Glucosamine Sulphate 2KCL (Vegetarian), Flavouring (Apple, Strawberry, Raspberry), Acidifier (Malic Acid), Colour (Beetroot Powder), Vitamin C (Ascorbic Acid), Hyaluronic Acid (Sodium Hyaluronate), Vitamin K2 (Menaquinone-7), Sweetener (Steviol Glycosides), Boron (Sodium Borate) Manganese (Manganese Citrate), Vitamin D3 (Cholecalciferol) (Vegan), Copper (Cupric Gluconate).