## **MASTERMIND**

# *revive*active<sup>™</sup>



Mastermind is a super supplement with 11 active ingredients, focused on supporting the brain







NEDVOLIS SYSTEM





METAI



#### HERO INGREDIENTS

**OMEGA 3 DHA** 

URIDINE

CHOLINE

## QUICK FACTS ABOUT MASTERMIND

- Formulated to support the brain, psychological, cognitive function, mental performance and the nervous system
- Mastermind's unique formula was reviewed by the internationally renowned Brain Performance and Nutrition Research Centre at Northumbria University UK
- Scientifically formulated to contain zero stimulants and zero caffeine
- Enriched with Omega 3 DHA, Uridine and Choline
- Simply add to water or juice and consume at any time of the day, preferably with food
- Powdered sachet for more effective nutrient delivery and absorption

## **INGREDIENTS AND ASSOCIATED BENEFITS - QUICK REFERENCE GUIDE**

	Per Serving	% NRV*	Brain Function	Psychological Function	Nervous System	Cognitive Function	Mental Performance	Antioxidant	Immune System	Energy
Omega 3 DHA	350mg	**	✓							
Vitamin E	12mg	100%						✓		
Vitamin D3	5µg	100%							✓	
Vitamin B12	2.5µg	100%							✓	✓
Vitamin C	80mg	100%		✓	✓			✓	✓	✓
Folate (Folic Acid)	0.2mg	100%		✓	✓					✓
Pantothenic Acid	6mg	100%					✓			✓
Vitamin B6	1.4mg	100%		<ul><li>✓</li></ul>					√	✓
Zinc	5mg	50%			<ul><li>✓</li></ul>	<b>√</b>		✓	<ul><li>✓</li></ul>	

Uridine	300mg	**
Choline	250mg	**

\*NRV = Nutrient Reference Value. \*\*No Established NRV

Full list of ingredients available on the back page.



I took Mastermind during my leaving certificate year. I found that the supplement enabled me to prolong my focus. Without a doubt I would recommend it to students studying or undertaking tasks that require mental performance.

AIDEEN SUMMERVILLE
- STUDENT

l've been been taking Mastermind for about six months now. I work in Software Development so a lot of focus, concentration and problem solving is involved. My mind definitely feels sharper when I supplement with this product! JASON CLERKIN - SOFTWARE DEVELOPER



# FREQUENTLY ASKED QUESTIONS

# **revive**active<sup>™</sup>

#### What is Mastermind?

Mastermind is a super supplement focused on the brain, with key ingredients contributing to brain, psychological, cognitive function, mental performance and the nervous system. Mastermind's unique formula was reviewed by the internationally renowned Brain Performance and Nutrition Research Centre at Northumbria University UK.

#### Who is Mastermind formulated for?

Mastermind is formulated for students, working professionals and the active aging.

#### How do you take Mastermind?

Empty contents of the sachet into a glass and add approx. 300ml water and stir to dissolve. If the water is chilled it may take longer to dissolve.

#### How much should you take each day?

It is recommended to take one sachet a day, at any time, preferably with food. One sachet a day is recommended for adults aged 18 years and over. Ages 15 to 17, take one sachet every second day, maximum three per week. Not recommended for children 14 years or under. Food supplements should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the recommended daily intake.

#### Caution

As with any nutritional supplement please consult your doctor before use, especially if pregnant, breastfeeding, if you have a known medical condition or are taking any other medication.

#### Allergens

For allergens, see ingredients in **BOLD**. Mastermind is manufactured in an environment that handles fish.

#### Ingredients

Omega 3 DHA Powder (Algae Source) (**MILK**) (**SOYA**), Disodium Uridine 5'-Monophosphate, DL-Choline Bitartrate, Flavouring (Orange Flavour), Acidifiers (Citric Acid, Malic Acid), Colouring (Beta Carotene), Vitamin C (Ascorbic Acid), Vitamin E (D-Alpha Tocopheryl Acetate), Vitamin B5 (Pantothenic Acid), Zinc Gluconate, Vitamin B6 (Pyridoxine HCL), Folic Acid (Calcium L Methylfolate), Vitamin B12 (Methylcobalamin), Vitamin D3 (Cholecalciferol, Vegan), Sweetener (Steviol Glycosides).



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