

HISTORY IN A SQUARE INCH

Ka Ulu Lauhala O Kona Festival May 19-23

The Alternative Guide to the Big Island of Hawaii

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for a moment the smell of freshly milled Kona coffee, while in the background cascading cliffs drop into glassy Kealakekua Bay and a golden sun surveys the day. In the trees above spongy mangos, papaya and bananas wait to drop into your hands. And, as you sip a cup of Kona coffee a distant sun shower passes over a lazy mountain and it's then that you realize your imagination for now has turned perfectly real.



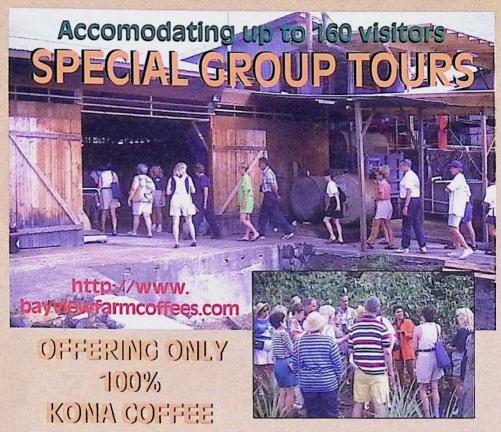


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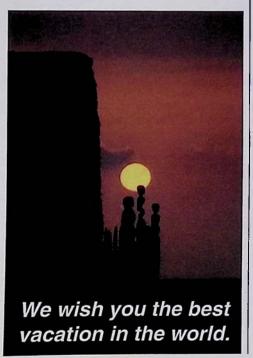
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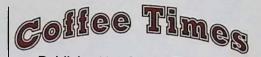
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A comprehensive guide to touring the Big Island of Hawaii.

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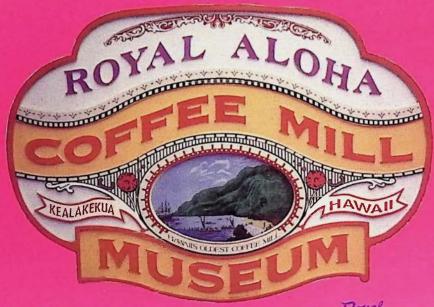


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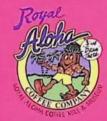


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## Big Island Business Listings

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Kailua Village Artists, Keauhou Beach Hotel & King Kamehameha's Kona Beach Hotel, Kailua-Kona, Hl 96740. (808) 322-4255 Keauhou Beach, (808) 329-6653 King Kam. Kailua Village Artists art co-operative offers fine art originals, prints and crafts by Big Island artists at affordable prices.

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Exotic Hawaiian Flowers, P.O. Box 4843, Hilo, HI 96720-0843. Ph: (808) 959-9141 Fax: (808) 959-8878. Exotic Hawaiian Flowers Shipped Fresh to Any U.S. Address. 1-800-700-6755, http://planet-hawaii.com/exotic email: exotic@aloha.net P.O. Box 4843, Hilo, HI 96720-0843.

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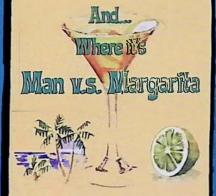
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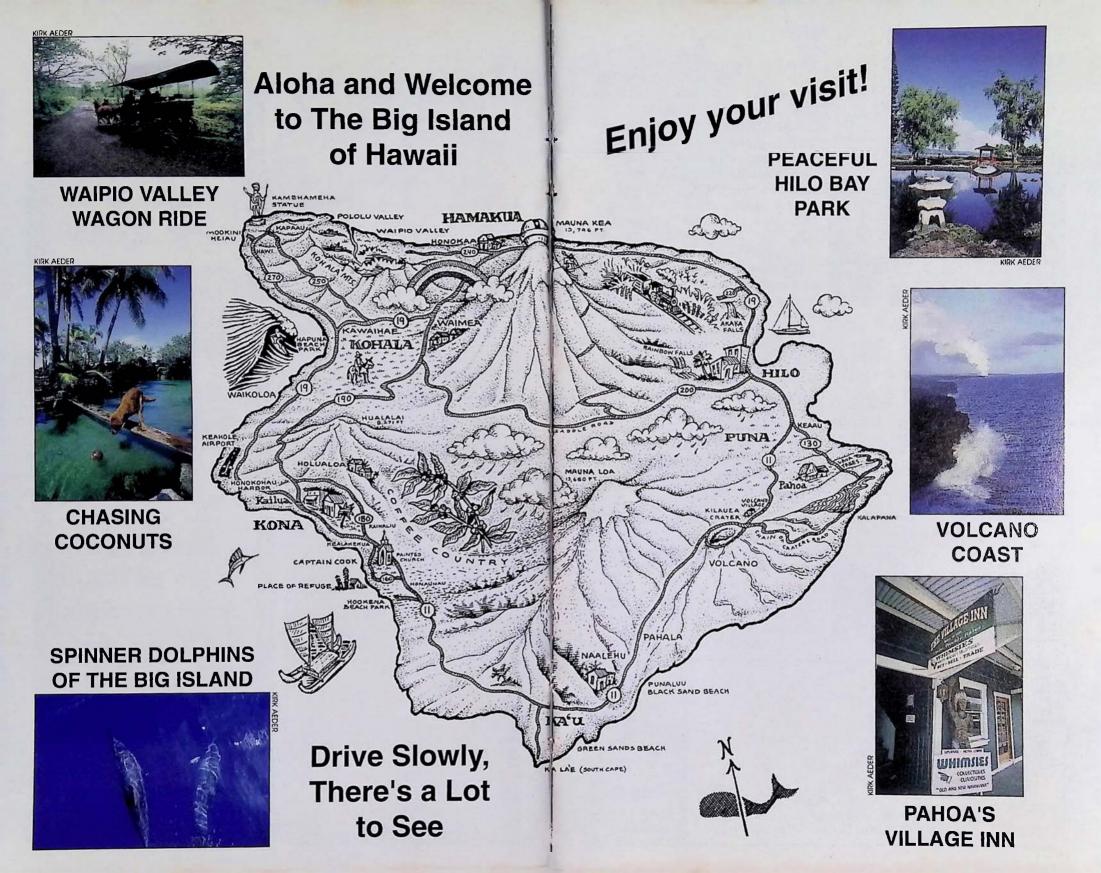
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#### **Coffee Times**

## KA'U REGION South Point U.S.A.



Mahana Beach, or Green Sands Beach

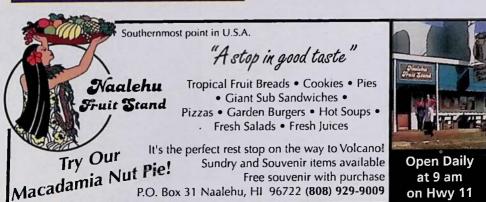
he actual place where
Polynesians first stepped foot in
Hawaii will always remain a
mystery, but it was probably somewhere near the southern tip of the Big
Island. This area seems like a probable
place because their approach would
have been from the south, where all of
Polynesia lay. When sailing north, the
Big Island would be the first island they
would have seen, and South Point
would have been the nearest landfall.
Aside from the logic of such a choice,

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there is archaeological evidence supporting the supposition of a landing near **Ka Lae**, as the Hawaiians call the most southern tip of the island of Hawaii. Excavation of lava tubes, that were used as shelters, near Kailikii and Waiahukuni, villages four miles northwest of the Ka Lae, indicate people were using them by A.D.750. There is other evidence that indicates people first were in the area as early as A.D. 200.

The cliff near South Point Park is a common mooring place for modern day fishermen who find these waters a rich resource. From the precipice the drop is about forty feet to the ocean's surface, but the cliff base goes down another thirty feet below the surface of the water. Ladders, hung to make access to the boats easier, swing freely in the air just above the sea. The cliff is deeply undercut. In the heat of the day the water looks inviting. It is so clear the bottom can be seen plainly. For some there might be a temptation to leap into the cool water, and climb back up the ladder. It looks inviting, but don't do it. A swift current runs along the shore. The flow will carry anyone in the water straight out to sea. It is called the Halaea Current, named for a chief who was carried off to his death.

One of South Point's most famous scenic spots is **Mahana Beach**, also called Green Sands Beach because it has a distinctive golden



## places of Interest

At Naalehu Fruit Stand, owners John and Dorene Santangelo prepare homemade specialties daily.

Take your meal on the road or take a picnic table seat on their front porch as you watch travelers on their way to Volcano pass by. Next to Naalehu Fruit Stand is the South Point Properties, the southern most real estate office in the USA. The office offers free maps to travelers and advice to buying real estate in Hawaii.



green color. Although none of the fragments in the sand are large enough for jewelry purposes, the beach is composed chiefly of peridot, a semiprecious gemstone. These tiny green gems are a silicate, one of the many families of quartz, which cook out of the basaltic magma over time. (They are apparent as green flecks in the raw lava stones used to build the columns and walls of the Jagger Museum at Kilauea's Volcano National Park.) As lava reached the coast, erosional forces, and the specific gravity of the stones, perhaps are responsible for the accumulation of such a large quantity of the granules that produced the green sand beach.

Up the coast from South Point's main hub of activity, Naalehu town, and heading towards Volcanoes National Park you will pass by Punalu'u black sand beach and later a sign marking a road to Pahala. The short drive to Pahala is worth the excursion. In it are an actively working sugar mill and the not so active remains of the old Pahala Theater. Take time to drive into

the lush tropical Wood Valley and past a Buddhist temple. Ask for specific directions to those sights at the local general supermarket, there is only one. South Point is a little more than an hour's drive from either Hilo or Kona.

## VOLCANO HAWAII



Spectacular lava view

olcanoes National Park has one entrance, off Route 11, 30 miles south from Hilo or 95 miles east from Kona. The park is open 24 hours a day all year round and requires a \$10.00 entrance fee per vehicle which







The Hawaiian goose or nene

is valid for 7 consecutive days. The hiker/bicyclist/bus passenger fee for people over 16 and under 62 is \$5.00. When you enter the park during daytime hours you will receive a park brochure at the entrance station. If you enter the park after hours you may pick up the brochure at the Kilauea Visitor Center which is located a quarter mile from the entrance on Crater Rim Drive. The visitor center is open from 7:45 a.m. to 5:00 p.m. daily. Visitors are encouraged to take the time to carefully read the park regulations and guidelines. The volcano furnes that exist in

## FOR SPECIFIC PARK INFORMATION

Call Volcanoes National Park at (808) 967-7311 Or For an Eruption Update call (808) 967-7977 the park may create a health hazard for pregnant women, infants and people with heart or respiratory problems. People at risk should avoid stopping at the Sulphur Banks, Halema'uma'u Crater and other areas where volcanic fumes are present.

Overnight trips in the park require a backcountry permit that can be obtained at no charge at the Kilauea Visitor Center. Once inside the park enjoy the 25-minute movie on eruptions shown hourly at the visitor's center. Other attractions are the Thomas A. Jaggar Museum three miles inside the park along Crater Rim Drive, The Volcano House, Thurston Lava Tube and scenic vistas. Depending on the timing of your visit you might have a chance to see the volcano erupting. A 45 minute drive to the end of Chain of Craters Road and a short hike will get you to the most recent lava flow area. The new coastline is unstable and can collapse into the sea at anytime without warning. Obey all park signs. Do not enter any closed areas! The park also offers many other hiking opportunities which are mapped out in the park brochure.

A reminder to drive slowly and carefully while touring the park as it will help to protect Hawaii's endangered state bird, the **nene**.

## Places of Interest

Lodging, gas, camping supplies and dining all can be found in Volcano Village just a short drive

from the park. Because of the remote location of Volcano, the numerous Bed & Breakfasts existing in the region are a popular choice among visitors seeking lodging in this region. Located off of

Hwy. 11 are the private **Hale Ohia Cottages** surrounded by bonsai-style gardens and moss covered grounds. The suites and cottages are both spacious and comfortably outfitted. Also featured at Hale Ohia are two very private romantic cottages outfitted with fireplaces. Perhaps one of the most memorable dining experiences on the Big Island can be found at **Kilauea Lodge**, which features continental cuisine beside the historic Fireplace of Friendship. The mountain lodge also hosts thirteen romantic rooms for overnight visitors.

## Places of Interest

One of the nicest things about dining out in Pahoa is that you are guaranteed to get an authentic

plate of food at most of its restaurants. At the **Godmother Italian Restaurant** New York native and owner Liz Cestare has brought not only the taste of rich pasta but a little Big Apple character to this

little Hawaiian village. At Paolo's diners have a chance to to taste authentic cuisine from the Tuscany region of Italy prepared by an Italian chef/owner, whose name is no other than Paolo. Next door to Paolo's is Sawasdee Thai Cuisine owned and operated by Sombat Saenguthai, who prefers to go by the name "Mac" to friends and guests. Mac's menu is extensive and she offers plenty of tasty choices for vegetarian diners. If you wish to experience yet another international style of cuisine why not try Luquin's Mexican Restaurant, the busiest dining spot in Pahoa. A full bar, fast service, and a lively atmosphere are all guaranteed by Salvador Luquin, owner, chef and former Mexico native. The great food at Luquin's is also very reasonably priced.

## **PUNA and PAHOA**

or visitors who want to experi ence the true feeling of old

Hawaii,
Pahoa village
holds the key
to this
untouched
past. First a
rugged
sawmill town
then a sugar
town and also
a crossroad
on the old
railroad, Main
Street Pahoa
has main-



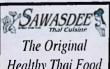
Lava tree at Lava Trees State Park

tained its western style storefronts and wood boardwalks in a charming turn of the century Victorian style.

Quaint shops from surf, to curio and restaurants that span the flavors of the globe from Thailand, to Mexico, and Italy, make Pahoa Village one of the most pleasurable shopping

and dining stops on the Big Island. Every restaurant in Pahoa is owner operated, guaranteeing diners the best in food preparation. Lodging in Pahoa is alternative as well. The historic Village Inn, built in





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## HE VILLAGE IN

HISTORIC PAHOA BUILT IN 1910 P.O. BOX 1987 PAHOA HAWAII 96778

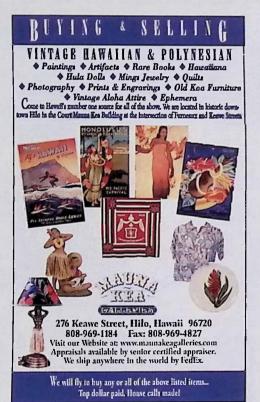
LODGING & HAWAIIANA CURIO SHOP \$39.95

\$39.95 double & up

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1910, housed some of Puna's earliest travellers and still operates today. The rooms are clean and spacious with vintage victorian decor. Call ahead to any of the friendly shops to learn of any special events scheduled during your visit. Pahoa has the reputation of holding some lively and entertaining performances both on its Main Street and at the Akebono Theater, Hawaii's oldest theater.

The countryside surrounding Pahoa is filled with natural wonders like the Lava Tree State Park, steam vents, groves of papaya trees and black sand beaches along the rugged Puna coast. From the bays at Isaac Hale Beach Park to the area of Puna





once known as Kalapana the coastal road, Route 137, winds through untouched pine forests, open pastures and dense tropical foliage. While traveling on 137 you will also pass seaside pools and quiet fishing spots perfect for picnicing or a relaxing snooze. It's no wonder that many tour guides around the Big Island tout Puna as the most scenic and rural area of the Big Island. Visitors are warned however that a prolonged stay in this Aloha time capsule may make leaving a very difficult task.

## **HILO & EAST HAWAII**



Hilo's historic Palace Theater

hen you talk about the old Hawaii, at least the one that hasn't been touched as much today by the long arms of commercialization and development, you cannot help but mention the East Coast on the Big Island. At the center of all this is old town Hilo. Hawaii's

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## places of Interest

A great place to start your tour of Hilo is at Mauna Kea Galleries, located at 276 Keawe Street in the old Court Mauna Kea Building. The gallery hosts many vintage Hawaiian and Polynesian paintings, artifacts and

ephemera and is open daily. See their ad below. Up the coast in the town of Honomu and near Akaka Falls is Akaka Falls Inn & Gift Gallery located in the restored 1920's Akita Store building. Hawaiian crafts and gifts are just a few of the locally made items guests will find in the gallery. Also featured are original works of art and prints by Island artists. In addition to the gift gallery is a deli that will prepare a picnic lunch for your trip to Akaka Falls. Food items include sandwiches, pastries, cold drinks and coffee. If you are looking for overnight accomodations the gallery also hosts two B&B style rooms for guests. When you are done sight seeing the best lodging around Hilo can be found at the magnificent and luxurious Hale Kai Bed and Breakfast, located on the bluff above the ocean overlooking Hilo's premier surf spot, Honolii. Expect nothing less than gourmet island breakfasts and plenty of privacy. Hale Kai also has available a private cottage facing a pool and ocean. The owners, Evonne and Paul Bjornen are knowledgeable hosts and are always willing to lend a personal travel tip to their quests.



At home with Paul & Evonne at Hilo's Hale Kai Bed & Breakfast

second largest city is seeing a revitalization of spirit thanks to the effort of the Downtown Hilo Organization who is busy restoring and preserving the storefronts of this yesterday town. Aiding this effort are the wealth of new businesses occupying Hilo's old buildings.

Adding to this old Hawaii feeling is the daily Suisan Fish Market Auction and the Hilo Farmer's Market which is held every Wednesday and Saturday in Downtown Hilo. Refer to the downtown Hilo map on page 22 for an interesting hike around some of the city's historic buildings and structures. It's fun to think about what the town was actually like around the early 1900's.

An easy to find waterfall is

Rainbow Falls which is located inland along the Wailuku River at the north end of town. Follow the road running alongside the river to the Park where you won't have to walk far to see one of the area's most frequented sights. If you're lucky you will catch sight of a rainbow at the falls.

After leaving Hilo you don't want to miss the drive north to Waipio Valley which takes you over scenic gorges that were once crossed by cane hauling trains in the heyday of sugar cane production. The plummeting waterfalls and river mouths under the extensive bridge systems leading north up the Hilo Coast are definitely an awesome sight. On this drive north is Onomea Bay located along a 4 mile continued on page 34



Scenic Rainbow Falls

#### **Coffee Times**

# Big Island Lodging Guide

## **HAMAKUA REGION**

1. Suds' Acres Innkeepers: Anita & Oliver Suds, P.O. Box 277, Paauilo, HI 96776 Ph/Fax: 808-776-1611, 1-800-735-3262 e-mail: aphesis @interpac.net

Situated on our Macadamia Nut farm on the slopes of Mauna Kea at 1800' elevation, your choice of the privacy of our cozy rustic cottage w/complete kitchen or accomodations in our main house, each unit with color TV, microwave, coffee pots and one is wheelchair accessible. A continental breakfast provided for you to enjoy at your leisure. 5 miles to Honokaa, 15 to Golf, 30 to Hawaii's best beaches, 40 miles to Hilo, 60 to Kona. \$65 dbl.

## **HILO REGION**



2. Hale Kai B&B Innkeepers: Evonne & Paul Bjornen, 111 Honolii Pali, Hilo, HI 96720 Ph: (808) 935-6330 Fax: (808) 935-8439

This AAA approved 4 star B&B overlooks beautiful Honolii surfing beach and Hilo Bay. All private baths, cable TV, ocean front views, pool & hot tub, full breakfast-quiet area. Guests treated as family. 100% Kona coffee served. Chosen among top 100 B&B's in USA and Canada. Rates: \$85 and up dbl. occu-

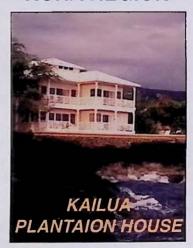
pancy. 2 miles from Hilo. Also available is an ocean front 2 bedroom 2 1/2 bath deluxe penthouse. \$2,000/month.



**3. Wild Ginger Inn** 100 Puueo St., Hilo, HI 96720 **Ph:** (808) 935-5556, 1-800-882-1887

Conveniently located across the Wailuku River from Historic Downtown Hilo. Beautiful view of Hilo Bay with bamboo-jungle stream area and large garden yard. All rooms in this old Plantation style building are clean with private restrooms, shower, and refrigerator. Standard rooms cost \$39-\$44, and include Hawaiian style buffet breakfast. Ask about our deluxe rooms and extended stay discounts.

#### **KONA REGION**



Kailua Plantation House Innkeepers: Paul & Judy Lawler, 75-5948 Alii Drive, Kailua-Kona, HI 96740. Ph: (808) 329-3727

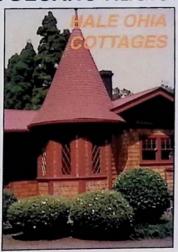
Enjoy luxurious accomodations with the coziness of an ocean front B&B. This elegant mansion is located just outside of the heart of Kailua. Each individually decorated suite boasts a private bath, cable TV, telephone, refrigerator, private lanai and access to oceanfront dipping pool and spa. Each day begins with Kona coffee and a full gourmet breakfast. Rates: \$145-\$235.



**4. Merryman's B&B** P.O. Box 474, Kealakekua, HI 96750 **Ph: (808) 323-2276 1-800-545-4390** 

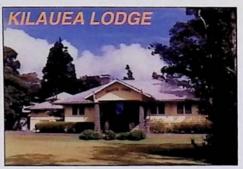
Charming ocean view B&B in Kealakekua, minutes from the best snor-keling. Enjoy immaculate, spacious rooms furnished w/antiques & fresh flowers. A delightful Hawaiian breakfast of fresh fruits, chef's special & Kona coffee is served each morning. Snorkel gear & beach supplies provided.

#### **VOLCANO REGION**



5. Hale Ohia Cottages Innkeeper: Michael Tuttle, Box 758, Volcano, HI 96785 Ph: (808) 967-7986, 1-800-455-3803

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6. Kilauea Lodge Innkeepers: Lorna & Albert Jeyte, P.O. Box 116, Volcano, HI 96785. Ph: (808) 967-7366 Fax: (808) 967-7367

Popular mountain lodge and restaurant set on ten acres of forest and formal gardens. Romantic rooms and cottages with private baths, central heat for the cool mountain evenings, many with fireplaces. Common room with VCR, library and games. Original art. Full breakfast included. Fabulous fireside dining nightly.

ENJOY YOUR STAY

## May

Iki'iki Hot and sticky, with little wind, the weather is warm and humid. Yams ready to harvest. Fish, including opelo, begin to run.

## in Hawaiian History

MAY 1, 1832

6th company of missionaries arrives on ship *Mentor*.

MAY 1, 1976

Hokule'a leaves on first sail for Tahiti.

MAY 2, 1843

Herman Melville discharged from whaler ship in Lahaina, Maui.

MAY 3, 1825

Bodies of King Kamehameha II and Kamamalu arrive onboard British frigate Blonde, commanded by Lord Byron.

MAY 4, 1826

Kaumuali'i dies in Honolulu

MAY 5, 1957

KHVH-TV is 1st to transmit color slides and movies.

**MAY 6, 1841** 

Kapi'olani dies. She was daughter of Keawe, chief of Hilo.

MAY 7, 1891

Hawaii Electric Company is organized as a private utility.

MAY 8, 1819

Kamehameha dies at Kamakahonu.

MAY 8, 1914

1st cargo ship through Panama Canal, carries Hawaiian Sugar.

MAY 9, 1819

Great nephew of Alapa'i is proclaimed Liholiho, heir apparent to Kalani'opu'u.

MAY 10, 1839

A complete Hawaiian translation of the Bible is made.

MAY 10, 1942

Mauna Loa erupts, Army tries to divert flow by bombs.

MAY 11, 1922

Commercial radio broadcasting begins (KGU) owned by *Honolulu Advertiser* (KGMB) & Star Bulliton (KSSK)

MAY 12, 1795 (date approx.)

Kamehameha's forces victorious in battle of Nu'uanu Pali.

MAY 13, 1980

Hokule'a leaves Tahiti for Hawaii on her 2nd voyage.

MAY 14, 1787

John MacKay, first Haole resident, arrives on vessal 'Imperial Eagle'.

MAY 17, 1832

5th company of missionaries arrive off whaling ship *Averick*.

MAY 17, 1845

1st photograph in Hawaii. Taken by then Metcalf.

MAY 19, 1888

Ground broken for laying track of new street railway system in Honolulu.

MAY 20, 1819

Prince Liholiho is proclaimed King Kamehameha II.

MAY 20, 1858

Prince Albert is born, son of Emma & Kamehameha II.

MAY 21, 1816

Kaumuali'i under duress puts Kaua'i under Russian Czar protection.

MAY 21, 1840

9th company of missionaries arrives.

MAY 22, 1846

Cormorant is 1st semi-steamer ship in islands.

MAY 23, 1820

Protestent mission school opened in Honolulu.

MAY 23, 1960

major tsunami and earthquake devestates Hilo area.

MAY 24, 1883

Princess Ruth Ke'elikolani dies. She was the grand daughter of Kamehameha I.

#### MAY 28, 1979

World's first Ocean Thermal Energy Conversion plant (OTEC) is commissioned in Kaloko, Big Island.

#### MAY 29, 1866

Kamamalu dies, Kuhina Nui to King Kamehameha IV. Though followed by Kekuana'oa, she was last true Kuhina.

Historical dates researched and compiled by Scott Makapali Burton. For a copy of his historical Hawaiian calendar ('Alemanaka Hawai'i Maoli) call 322-6557.

`Alemanaka Hawai'i Maoli is also available at Borders Books & Music.

## This Month In Hawaii

### MAY ALL MONTH

#### Mauna Kea Visitor Programs

Every Saturday and Sunday a Mauna Kea summit tour begins at 2:30pm. Participants should stop at the Visitor Information Station at least 45 minutes before the tour. Children under 16 not permitted due to health hazards from high altitude. 7-10pm every Friday and Saturday night the Visitor's Information Station presents an audio-visual or lecture and stargazing with an 11-inch Celestron telescope. Children encouraged to participate. Call (808) 961-2180. Free.

After Dark in the Park

Hawaii Volcanoes National Park presents its series of free programs in the Kilauea Visitor Center Auditorium at 7pm several nights per month. The series features cultural, geological, biological and historical presentations. Call 967-7184 for detailed monthly program information.

#### Historic Kailua Village Walking Tour

Presented by the Kona Historical Society tour the historic sites on alli drive including Hulihee Palace, Mokuaikaua Church and Ahu`ena Heiau. Learn

about the significance of each site and what life was like in the early days of Kailua-Kona. Guided tours are given Tuesday through Saturday at 9:30am and Friday at 9:30am and 1:30pm. For reservations call 323-2005.

#### MAY 1 - 9

Harvey Presented by the Aloha Teen Theatre. 3pm & 8pm Aloha Theater, Kainaliu (808) 322-9924.

#### **MAY 4-29**

Hawaiian Portraits Working in the tradition of documentary and portrait photographers whose focus is on the human condition, Kathy Shine captures Hawaii's people and places with an artistic and sensitive interpretation. Fountain Gallery, Wailoa Center, Hilo. (808) 933-0416.

**MAY 6-30** 



Lucille Tallett weaving lauhala at the Ka Ulu Lauhala O Kona Festival.

Spring Art Festival Sponsored by the Big Island Art Guild. This is the 26th Annual Juried Art Show held at the Wailoa Center, Main Gallery, Hilo. (808) 933-0416.

#### **MAY 19-23**

Ka Ulu Lauhala O Kona Festival Workshops conducted by master Hawaiian weavers. Hoolaulea and craft show. Keauhou Beach Hotel, Kona. (808) 325-5592.

MAY 23- JUNE 4 Bank of Hawaii Old Hawaii on Horseback Celebrate Hawaii's

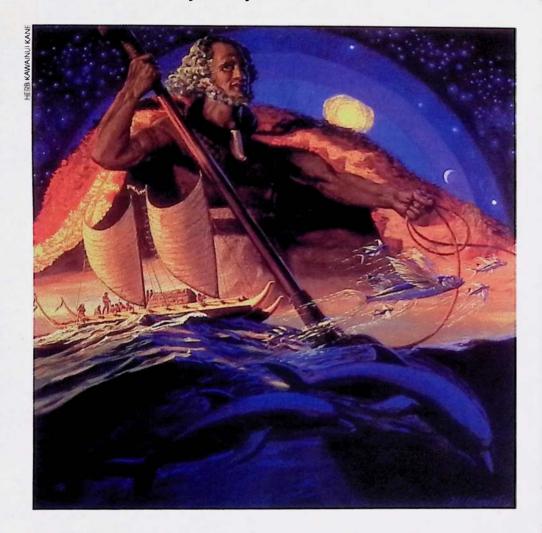
paniolo (cowboy) tradition in Waimea. Call (808) 885-7502 for more info.

#### **MAY 24**

**Keauhou Kona Triathlon** Half-Ironman and Olympic distances. Hawaii's only Ironman qualifying race. (808) 329-0601.

# STAR STRUCK BY WAYFINDING

By Betty Fullard-Leo



undreds of years before European seafarers sailed into Kealakekua Bay on the Big Island, early Polynesians systematically navigated through 16 million square miles of the Pacific. These voyages of discovery are thought to have begun as early as 300 AD, dwindling off about 1000 AD and ceasing about 1200 AD.

Until 1976 when the ancient water routes were retraced through modern "voyages of discovery," historians speculated about the

origins of Hawai'i's first settlers. In 1947, Thor Heyerdahl built the balsa-wood raft Kon-Tiki and sailed from Peru across 4.300 miles of open ocean to test his hypothesis that aboriginal South Americans could have settled the Pacific Islands. But today, Polynesians and most historians believe the journeys of three significant voyaging canoes, the Hokulea, Hawai'i Loa. and Makali'i, have proven that Hawai'i's original settlers came from the Marquesas and other southwesterly points of the Pacific. Archaeologists point to clues such as similar one-piece bone fishooks found in New Zealand, Easter Island, the Cooks, the Societies and the Marguesas. Stories of the god Maui are also shared by many of the people of Polynesia. In addition, only Hawaiians and the Marguesans used an identical lure for catching octopus, and most conclusive of all, are shards of Lapita pottery made 3,000 years ago and brought by Polynesia's earliest settlers which indicate a trail of settlement from the west through Fiji, Samoa and Tonga. When the main Polynesian voyages of discovery ceased, the sextent was still 500 years from being developed, and Christopher Columbus had not yet ventured across the Atlantic. Yet, scholars believe the ancient Polynesians made repeated trips, even sailing against the prevailing winds—wayfinding by memorizing the movements of the stars and by observing wind,

waves, currents, clouds and seabirds. Until recently, these early navigational skills were lost to modern man.

On the beach at the Four Seasons Resort Hualalai, master navigator Clay Bertleman stands beside a star compass, a raised stone platform used to identify and reflect the path of the stars above. A dozen young people listen intently as he leads a star identification class, describing how most stars rise at particular points in the east and set at corresponding points in the west. "This was the way our ancestors navigated during their voyages of discovery hundreds of vears before Europeans came to Hawai'i," explains Bertleman.

Long before he became head of the Wayfinding Program for the resort's Interpretive Center. Bertleman learned to navigate in the way of his Polynesian ancestors through hands-on experience captaining the sailing canoes Hokule'a and Makali'i during several voyages between Hawai'i and Tahiti. He and his brother Shorty, as well as a number of other Hawai'i navigators, learned starbased wayfinding techniques from Mau Piailug. Piailug was one of the only master navigators who knew the old methods when he was discovered in the mid-1970s by members of the Polynesian Voyaging Society living on Satawal in the Cook Islands.

Piailug's students absorbed all they could about stars, waves

and ocean currents, simultaneously memorizing the names and movements of stars important in wayfinding. Many of these Hawai'i students sailed with Nainoa Thompson, another early student of Piailug's who was instrumental in guiding voyages of the Hokule'a, the Star of Gladness, in 1976, 1980, 1985-87 and 1992. This double-hulled voyaging canoe was built to replicate as closely as was known the design of ancient canoes, though its hulls were made of fiberglass.

In 1993, another voyaging canoe, Hawai'i Loa, was completed of natural materials and successfully sailed to the Society and Marquesas Islands without the use of modern navigational equipment. In 1995, the Bertleman family with the help of members of the Big

Island community built the 54-foot Makali'i. For the Bertlemans, it was the culmination of a long-time dream.

Over the years, Clay Bertleman, his brother Shorty, and Chad Paishon continued to study navigation and sail together. Four years ago, Thompson launched a program for Big Island youngsters called Moku O Hawai'i Na Haumana Kelo. whose translated name tells it all-"From the Islands of Hawai'i, these are the children who sail." When he became overloaded with duties on O'ahu (such as a navigational program he started at the University of Hawai'i-Windward Campus), Bertleman stepped in to develop and guide the Big Island program.

Last year 156 students from eight Big Island high schools of all ethnic backgrounds completed



Star compass and canoe house at the Four Seasons Resort Hualalai.

a week-long training session during spring break, then sailed for nine-days on the Makali'i along the Kona-Kohala coast from Mahukona to South Point. They learned about Hawaiian culture; they learned teamwork, critical thinking, menu planning, geography and mathmatics. Explains Bertleman, "It's important that they learn about the Hawaiian culture, but it's about even more than that. They learn cultural values—it's a whole self esteem thing."

Bertleman introduces students to Hawaiian concepts of deep ocean navigation, a skill that might take months to learn and much longer to perfect during actual sailing expeditions. It is likely that early voyaging Polynesians determined their position on the ocean by picturing their canoe in the open ocean at the center of a huge circle, or star compass, similar to the one at Hualalai. Their navigators knew the rise and set points of the sun and the moon, plus those of countless stars and planets. The stars trace arcs on the sky as the earth rotates. Long arcs form at the equator where stars pass across the sky most rapidly, shorter arcs form in polar regions, while circumpolar stars near the celestial poles do not rise or set.

Initially, 36 stars were identified and used on star compasses to give 72 rising and setting points that allowed Hawai'i's early navigators to orient the whole compass with respect to a canoe even if only one star were recognizable in a cloudy sky. If the navigator saw the culmination point of a rising

star, he knew either true north or true south lay directly beneath it. North-south lines of direction can also be determined by pairs of stars on the same celestial longitude and by extending an imaginary line dividing day and night on the moon, particularly during its crescent phase.

Half-a-dozen equally complex ways exist for estimating latitude. Stars such as Arcturus (Hokule'a in Hawaiian), Sirius (A'a), Polaris, (Hoku-pa'a, the unmoving star), and constellations like the Southern Cross, the Big Dipper (Nahiku) and the Pleiades, called Na-huihui-a-Makali'i which translates to "cluster of little eyes," furnish important signposts during long voyages. Today, Bertleman can identify and use 119 stars.

Stars are only a small part of navigation, however. Assessments must be made at sunrise and sunset, speed and time need to be noted, as well as the direction of swells and where the wind is coming from.

When the celestial star compass disappears on a cloudy night, ancient-and present day wayfinders-were forced to rely solely on the surface of the sea. Mau Piailug, like his ancestors, is so attuned to the sea, he can recognize five different swells, or long waves generated by pressure systems far beyond the horizon. Swells pressed onto the ocean by trade winds might remain the same for weeks and months at a time. By hearing and feeling the way the swells slap against the bow and how the canoe rocks, navigators

can keep the direction steady.

Once near land, natural signs help to pinpoint an island. Birds that go out to sea in the morning to feed and return in the evening are welcoming sights for any voyager as they indicate the nearness of land. Rapidly moving clouds propelled by trade winds indicate open ocean, contrasting with high stationary clouds that collect over land. And when a light green color is reflected on the underside of a cloud, it might indicate a shallow lagoon protected

by an island land mass.

Today, traditional navigation skills have been recovered, but the goal now is to perpetuate them by practicing them and passing them on to younger generations. For Pacific Islanders the recovery of these amazing navigational techniques provides proof of their origin, a seafaring heritage deserving of pride and honor that surpasses the skills of much later explorers. As Clay Bertleman puts it, "For me, this work is a lifetime commitment."

## HISTORY IN A SQUARE INCH

by Sophia Schweitzer



tamps and postal marks, those thin squares of paper worth less than a dollar at the time of purchase, often mirror the history of a country. As for Hawaii, its five-stage transition from monarchy to 50th state of the United States created a postal reflection filled with bizarre and

one-of-a-kind events.....

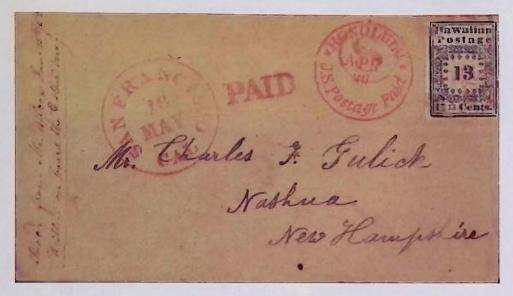
Collectors love this. Anthony Anjo, for example, a collector in North Kohala, got hooked to stamp collecting when he came across a stamped 1897 family envelope sent from Mahukona, one of 130 post offices erased from the map. A stamp can hold magic. Its

design is often beautiful.

The first Hawaiian stamps came out in 1851. It was King Kamehameha III's response to the missionaries needing a reliable postal service for letters to their friends and family east. The first post office was part of the government's newspaper, the Polynesian. In 1855 no less than 24,984 pieces of mail left the

Valued at \$150,000 to \$250,000 the rare two-cent blue stamp now belongs to a few lucky collectors. It is the only stamp in history for which a collector was killed and the only stamp once accepted by two sovereign nations, Hawaii and the US.

Around the same time, a stamp was printed with the image of King Kamehameha III. But a few



Stamps: Opposite page is the 6-cent 1893 Hawaii stamp used by the Provisional Government, valued today at \$12,500. Above letter was stamped in 1852 with the 13-cent blue, "Hawaiian Postage". It was sent by Abner Wilcox a teacher who supervised the Waioli Select School and was written aboard the Esther May during a return voyage to Hawaii in April of 1852. The recipient of this letter, Charles Finney Gulick, died in 1854 at the age of 20. The history behind the stamps used to send letters during this time period perhaps adds to the value collectors place on these stamps. This letter cover today is valued at an astonishing \$50,000-\$75,000. All stamps were part of the Honolulu Advertiser Collection auctioned off by Robert A. Siegel Auction Galleries, Inc., New York, NY, 1995. Book of stamp images courtesy of Vern Lowe.

islands and 23,940 answers returned!

These first stamps, with a floral border and a number, were aptly called "the Missionaries".

years later, the government issued a series of plain numerals, seemingly forgetting how much a picture can explain to the world. Where was the image of the Great King Kamehameha I? What about Kamehameha II?

In 1864 a new series came out presenting the Hawaiian royalty. But neither Queen Kaahumanu or Princess Kinau was represented. On stamp, also, appeared King David Kalakaua, Hawaii's merry ruler, who had started himself out as a postmaster and became king due to a lack of royal heirs. Prob-

Among them one of Star and Palms, expressing already the idea of annexation which occurred in 1898.

At the turn of the century, Hawaii was declared US territory. From now on, stamps were US postage with or without a Hawaii theme. In 1959 Hawaii became the 50th State.

Over the 20th century many



The 1882 5-cent Kamehameha V stamp. This set of four is valued today at \$7,500-\$10,000.

ably the only king in the world with such a career, Kalakaua made sure to be on millions of colorful stamps while still alive. Kamehameha I finally appeared in print in 1883.

In 1893, the Hawaiian people, unhappy with Queen Liliuokalani's rule, abandoned the monarchy. Hawaii declared itself a republic. The stamps reflected the change only through an overprint.

The following year Hawaii officially became a republic and seven new stamps came out.

stamps continued to reveal Hawaii's unique position: Here appeared the only American palace, Iolani in Honolulu, Hawaii's native flowers such as the lehua ohia, and endangered native birds such as the nene and the i'iwi. Stamps also highlighted influences in Hawaii such as the Chinese New Year.

But all such history disappears when paper crumbles and town marks fade. History soon to be forgotten except for the print on a one square inch.

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## "RUBBA SLIPPA"

Art and Story by Linda Tagawa



y size, 5 1/2, was gener ally mixed up with the 8's, on the bottom shelf at Longs Drugs. I always picked the black "rubba slippa." I liked the regular kind, the ones with the skinny, rubber thong between the toes; not the one with the thick thong, 'cause when it rubbed between my toes, it made sore blisters.

The "just right one," was the black, regular style 'cause it was not too heavy, not too stiff and was only fifty cents on sale. "Was cheap!" So, if we rode the swings at the park and forgot to wear them home, Ma never said, "Go back and get um" but, if we bought the expensive, thick one with the canvas straps, auwe! Ma frowned and scolded, "You go get um; wat you tink, we made out of money or wat!"

"Rubba slippas" made handy bases and boundary markers in our kickball and dodgeball game 'cause black was easy to see and you "nevah trip ova dem" like the fancy kind, "kalakoa," kamaboko slippers that were thick and fat. My brothers slid their hands in the "slippas" as though they were gloves, and caught fly

balls that went far into the outfield at baseball games. Also, during the "wheelbarrow race," we wore the "slippas" on our hands so "nevah come soa" walking across the gravel driveway, on our hands.

The black, regular ones were the best to use when the red, rubber ball got stuck in the mango tree. We aimed, then threw the "slippa" at the ball that got caught between the branches. "Nevah mine if wen get stuck; no need go

Sometimes we tied string around the two straps and poked a hole in the heel of the "slippa," then hooked it up to a rubbish bag.

When we were "pau," we climbed the hill at Dole Playground, dropped the "slippa" parachute and watched it float down the cliff. When Ma found out we were using her ice pick she came real "nuha," "Eh, no use da ice pick li dat." "Da slippa dirty, you know." "I use da ice pick fo food kine stuff, das pilau."

Sometimes we tied string around the two straps and poked a hole in the heel of the "slippa," then hooked it up to a rubbish bag. When we were "pau," we climbed the hill at Dole Playground, dropped the "slippa" parachute and watched it float down the cliff.

clime da tree, 'cause latas, wen get wind, gon fall down anyhows."

"Rubba slippas" were worn, used in games and also served as toys. During summer months, a group of us went up Nuuanu Stream to see whose "rubba slippa boat could sail downstream mo fast". We borrowed Ma's ice pick and made a "puka" in the middle of the "slippa" then hooked a chopstick inside until it stuck real tight. A newspaper sail was glued to the stick. The "slippa" sailboat was placed in the stream and we ran alongside as it sped down the stream. If somebody's "slippa wen huli, too bad, dey was out."

"Rubba slippas" were good for "uddah kine stuff too". "Was good for smashing cockaroaches dat wen fly in da house." Grandma was the one who was always looking out for roaches, but she was old and moved around too slow, so when she saw a roach, she'd smash too late and "da roach wen take off undah da couch." To help her out, I sharpened one end of a broomstick and stuck it into the back of a "slippa" so Grandma could reach out with the long "slippa" stick. "Afta dat, was easy fo her catch da cockaroach." In fact, "was easy fo her catch me too wen I neva like do my chores."

May 1998

The neighbor's fluffy, black and white puppy liked to chew on the black "rubba," but Brownie, our "Poi dog," preferred playing catch with it. And, on windy days, the "rubba slippa" became our door stop so the front door "nevah bang open and shut."

When Ma took us clamming, we protected our feet from the sharp coral with our "rubba slippas" and waded in the brown, murky, shallow water. Sometimes we tied our fishing line to the "slippa" and dropped it in the canal when we didn't have a fishing pole. "If da slippa wen bob up and down, we knew we wen hook one fish."

On Saturdays, we went to the egg farm for fresh eggs. There was chicken "kukae" all over the place. It was "no big ting" if we stepped on the droppings 'cause it was easy to wash the "rubba slippa," but those guys who wore the fancy "slippas" with the canvas strap, "nevah like step on da 'kukae' 'cause dey nevah could wash out da smell."

One time there was a downpour and we couldn't go outside to play, so we batted a tennis ball with a "slippa," inside the house. It smacked into Ma's favorite lamp and knocked it down. It shattered! That was the only time "we nevah like da slippa, 'cause Ma wen use um fo give us dirty lickins." The next time it rained, we wadded paper balls to bat, instead of the tennis ball.

If the "slippa" broke and the thong came out of the "puka," we melted the rubber piece underneath, until it thickened, the

thong was reattached and became almost as good as new. The only trouble with melting the "rubba" was that when we walked, "could feel one big lump unda da broken slippa." One time, Uncle showed us how to pull the broken thong through the hole and push a baby diaper, safety pin to fasten the thong. Though we still felt a lump while walking, it was much better than the melted down thong.

Whenever we broke one "slippa", we never threw the good side away. Ma said it was "poho" to waste. We bought a new pair and then, when one side of the new "slippa" broke, we took out the good, old one that we saved, and had one pair for free!

That was many years ago, but even today, I like the regular, black "rubba slippa 'cause can use fo any kine." Although I no longer race "rubba slippa" sailboats, I still reach down and rummage through the bin on the bottom shelf at Longs Drugs, when my "rubba slippa" breaks. And, each year when Christmas rolls around and my chidren nag, "Come on, Ma, tell us wat you like fo Christmas; if you no tell us we gon get you anykine." I sit quietly, then say, "Kay den, I like one regula, black, rubba slippa; jus in case dis one broke." "You nevah can tell wen gon come in handy."



About the author: Linda Tagawa is a teacher and free-lance writer. Her "Small Kid Time" stories are excerpted from her manuscript, "A Time Way Back When."

coastal scenic route. The lush ravines and botanical gardens are brilliantly picturesque along this coastal road and is well worth the detour.

Akaka Falls State Park and the village of Honomu can be reached by taking Hwy. 220 off of the main route, Hwy. 19 north. Once you reach the Park a short paved hike will take you past a network of smaller waterfalls and colorful tropical foliage to the plummeting Akaka Falls. Its accessibility and grand size make Akaka Falls a popular stop along this eastern coast. The historic town of Honomu boasts many old storefronts from the days when sugar was king. The drive and hike to Akaka Falls will only take you out of the way for an hour but you might just find yourself passing more time over an ice cream and a pleasant cool breeze in the quiet town of Honomu.

## HONOKAA-HAMAKUA

or years the town of Honokaa sat idle, its home town theater empty, local store fronts ghostly quiet, and streets devoid of the bustle that once rumbled down Mamane Street during the boom days of the Hamakua Sugar Company, an industry that for the last century has been the life blood of the people in this region. Since the decreasing activity of sugar production over the years and the recent decision to halt sugar production altogether, the local citizens of Honokaa have redirected their energy and begun

one of Hawaii's most spirited movements of rejuvenation.

In the old days during the earlier part of the twentieth century it was only by train that one could reach the town of Honokaa, which was the third largest city in the territory of Hawaii. From Hilo, vacationers and soldiers on leave from Uncle Sam's army would take the train ride north to Honokaa where night life was king. A dance hall was even built above the **Botelho building**, the first car dealership in the town.

Included in this new Honokaa is the town's farmers market that has become a weekly event in the downtown area in front of the Botelho Building. The market is open each Saturday of the month. As Hawaii's old theaters are becoming more and more popular, the citizens of Honokaa enjoy their own People's Theater. The doors of the theater are opened for feature films every Friday, Saturday and



Downtown Honokaa and the historic People's Theater.



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## places of Interest

Outside of Honokaa town on Highway 19 is one of the Big Island's busiest local dining spots, **Tex Drive In.** This local diner is a

popular place to stop for locals and visitors alike as it features both Hawaiian and American cuisine. The menu includes everything from hamburgers to malasadas, including fresh fish plates and rice. Service is quick and the atmosphere bustles making Tex a fun and tasteful stop for lunch. Before heading on to Waipio Valley make sure you stop in at Mamane Street Bakery for a mouthwatering treat. Owner/baker Ely Pessah, keeps his bake case filled with breads, pastries, and other delectables like Portuguese Sweet Bread and Honey Macadamia Nut Bran Muffins. The aluring smell of freshly brewed espresso and cappucino also lingers. Also, try one of Ely's ultimate bagel sandwiches. He is now also serving breakfast.

Also located in Honokaa is the Bad Ass Coffee Company of Honokaa which is located at Tex Drive In on highway 19. Visitors have the opportunity to purchase 100% Kona coffee, Hawaiian coffee and tropical blends. Macadamia nut creations fill the store shelves and will undoubtedly make your taste buds dance when you try them. Also featured are the company's Bad Ass Coffee ware and clothing line.

Sunday evening at Honokaa's historic theater.

Outside of Honokaa town heading north to Waipio Valley the landscape changes dramatically. A series of deeply cut valleys edge the coastline all the way to Pololu Valley, the tip of the North Kohala region. No roads exist here only rough trails leading up and down the valley rifts which should not be traveled by inexperienced hikers. The hike to Pololu Valley from Waipio takes even the most experienced hiker several days to complete.

Legend has it that it was in Waipio Valley, "the land of the falling water", that the great King Kamehameha, as a young boy, received his leadership training and first learned to surf. Today, family ohanas, "houses", still dot the landscape which is separated by a river that leads into the open sea. Local farmers and their families continue to make their way of life from farming taro and fishing off the sandy shores of this peaceful and remote valley floor.

Outside of Waipio Valley and Honokaa town are other early and small settlements of the Hamakua region such as **Paauilo**, **Kukuihaele** and **Laupahoehoe**. These towns are all filled with a rich and local culture that happily survives in this region of the Big Island.

The Hamakua Coast is a jungle of botanical splendor. Old doors and new businesses will continue to open in Hamakua as a period of positive change continues to sweep through the land.



Waipio Valley is a popular place to horseback ride on the Big Island.

## UP-COUNTRY WAIMEA



Horseback rider in the upcountry of Waimea.

etween snow capped Mauna
Kea and the Kohala mountains
the green hillsides of North
Kohala roll along under wispy white
clouds, and afternoon rainbows that
frequently stream their way from the
skies above Waimea. Inside this
landscape herds of grazing cattle can
be seen meandering their way through
sloping pastures filled with cactus and
dry underbrush as Hawaiian cowboys
called paniolos still ride horseback and
work the ranges.

Ranching began in this region of the Big Island after King Kamehameha appointed, in 1815, a young seaman named John Parker to hunt and shoot the herds of wild cattle whose population had grown uncontrollably since their introduction to Hawaii in 1793. Parker, who accomplished his mission, managed to domesticate a herd of his own before marrying a Hawaiian chiefess. The marriage helped Parker to acquire the land that would later be used to found his 250,000 acre ranch in 1847. Today's existance of Parker Ranch as one of the largest ranches in the United States gives the outsider an idea of the magnitude of its size.

Today, the town of Kamuela, more often referred to after its district

name Waimea, is a town that still surrounds itself with a ranching lifestyle. The brightly colored Victorian houses and shops, tidy yards filled with flowers and skeleton remains of wagons and wheels gives visitors the opportunity to see yet another sphere of the diversity of cultures that exist in Hawaii.

## **NORTH KOHALA**

ollowing highway 270 north visitors will encounter a land scape filled with historical landmarks that include the original King Kamehameha statue, Kalahikiola Church, and Mo'okini Heiau which is regarded as the oldest pre-Western



Exploring the Kohala coast by raft

contact temple of worship. In the year 1758 King Kamehameha was believed to have been born at Mo'okini. Also to be found in the North Kohala region are the remnants of a once thriving sugar industry of the 1880's which is still visible in the many old storefronts of **Hawi & Kapaau towns**.

When you're done visiting the towns of Hawi and Kapa'au Highway 270 will lead you through North Kohala's fertile pasture lands, dense forests, and ultimately to **Pololu Valley**, which offers one of the best scenic view lookouts on the island. If the road were to continue on past Pololu Valley you would eventually end up at Waipio

## Places of Interest

The towns of Hawi and Kapaau are now preserved by a new generation of Hawaii businesses

which have their own distinct local offerings. In Hawi is **Kohala Pacific Realty**, where visitors are welcome to stop in for free maps of the North Kohala region. Owner John Adams and his daughter

Joni are taking a different approach to real estate sales. They are promoting the renovation and preservation of many old buildings in North Kohala's towns. Jen's Kohala Cafe is the newest addition to the North Kohala Coast, a quaint little eatery located in beautiful downtown Kapaau, directly across from the statue of King Kamehameha. Jenifer and Chad Davis, the new proprietors, have called Kapaau their home for many years, and are pleased to offer both residents and visitors alike a new place to eat that utilizes local farmers for the freshest organic produces. The menu includes fresh soups daily, as well as salads, gourmet deli sandwiches, and the instant hit, the Kohala wrap-n-rolls. They also offer Konamade premium Great Pacific Ice Cream, if you are just looking for a quick treat. It is well worth the drive to visit this most northern tip of the Big Island... so be sure to plan Jen's Kohala Cafe as your lunch stop. Open 7 days from 10am to 6pm.



Children of the Kohala coast.

Valley at the northern end of the Hamakua coast. Separating these two valleys are several other magnificent valleys accessible only by foot or horse. If you plan to hike beyond Pololu be

prepared for a long trek and bring plenty of water and supplies. The trails are narrow steep and slippery and should not be hiked by amateur trailsmen. While driving along the coastline of North Kohala remember that if the skies are clear you may be able to catch a view of the island of Maui looming on the other side of the Alenuihaha channel, which separates Maui from the Big Island. Between the months of December and April visitors are almost quaranteed a humpback whale sighting off the coast of North Kohala. This region of the Big Island is a particularly favorite spot for our migrating friends from the north.





P.O. Box 307 Kapaau, Hawaii 96755

Come and enjoy this peaceful region of Hawaii. You will be amazed at the ancient and modern wonders it has in store for you.

### **KOHALA COAST**

Imost always under bright sunny skies the Golden Kohala Coast of the Big Island of Hawaii has for years been the tropical playground of not only ancient Hawaiian royaltybut contemporary vacationers from around the world. The Kohala coast which hosts many important



Kohala coast sunsets can't be beat.

historical sights is also home to one of America's most highly rated public beaches, Hapuna Beach State Recreation Area. Hapuna's long white sand beach, rolling surf, clear skies, and accesibility make it a popular destination for many island guests. Among the ebony lava fields that comprise the Kohala Coast landscape

are several world renown championship golf courses. From the air or from a distance the green fairways that blanket this rugged terrain soften its landscape. And, because of the Kohala coast's perfect sunny weather the courses are rarely closed...maybe once every five years. Wild goat, donkeys and other four legged creatures roam the land freely and occasionally the Hawaiian short eared owl, the pueo, can be seen in flight.

Connecting this forty or so mile coastline is the ancient King's Trail which was travelled by the ruling ali'i as well as malo-clad runners who were responsible for transporting pond raised fish wrapped in ti leaves to the tables of Hawaiian royalty living down the coast in Kailua-Kona. The King's trail passes through not only the several resort properties but Pu'ukohola Heiau and scores of petroglyph fields.
Pu'ukohola was the last Hawaiian

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## places of Interest

One particular place to enjoy is the Hilton Waikoloa Village set amidst lush tropical gardens and tranquil la-

goons on 62-acres. The hotel offers 1,241 rooms, three swimming pools, exotic wildlife, Dolphin Quest, children's program, restaurants, shops, two championship golf courses, tennis, Kohala Spa and a museum walkway -

it's more Hawaii than you can imagine! Located in the Kawaihae Shopping Center is one of the most popular restaurants on the Big Island, Cafe Pesto. The Pacific-Rim Italian cuisine at Cafe Pesto is the epitome of island fresh cuisine as the innovative styles of owner/chef David Palmer constantly strives for perfection. From calzones to pizza and mouth watering pastas the ingredients are island fresh. Prices are reasonable too so you have no excuses to miss the Cafe Pesto experience.

temple built during King Kamehameha's reign of power. It was said that if Pu'ukohola was built to honor the war god Kuka`ilimoku, Kamehameha would be granted the power to conquer and unite the islands of Hawaii under one kingdom. After the temple's completion, Kamehameha did go on to unite the islands of Hawaii, but only after several bloody battles had been waged on outer islands. Today, the heiau which was the last human sacrificial site in Hawaii is preserved by the National Park service and is open daily to the public.

The extensive petroglyph fields that are found all along the King's trail hosts its most popular spot near the King's Shops on Waikoloa Beach drive. Follow the signs along a short trail that direct you to the petroglyphs. Keep in mind that the preservation of these field depends on people staying on the trail while viewing these ancient rock carvings.

Besides all the cultural sights and plush resorts many popular island events also take place along this Gold Coast of Hawaii and the calendar page in the magazine will advise you of them. Enjoy it all while you wine, dine, and play on the Kohala coast.

**NORTH KONA** 



Kona's historic Hulihee Palace

ndoubtedly the busiest part of the Big Island is the district of North Kona and the seaside village of Kailua. Nestled in this busyness are a few significant historical and cultural landmarks. Beside the Kailua pier is 'Ahu'ena Heiau built in 1817. This ancient temple which was built on a rock platform was dedicated to patron spirits of learning, the arts, and healing. King Kamehameha also made his home here in a thatched hut where he could maintain control over boats entering and leaving the bay. Kamehameha also monitored the farming pursuits of his village from 'Ahu'ena. Also on Alii Drive is Mokuaikaua Church. Built in the 1820's Mokuaikaua was the first Christian church to be built by western missionaries. Across the street is Hulihee Palace, a nineteenth century

# Places of Interest

If you're looking for a great place to relax and enjoy a coffee check out any one of the three Alii drive Bad Ass Coffee Stores. They

specialize in only top grade 100% Kona coffee and Hawaiian grown coffees. Purchase by the pound or by the cup. Their North Kona stores can be found in Waterfront Row, at the Keauhou Shopping Village and in the upcountry village of Kainaliu. Another popular coffee stop in North Kona is Island Lava Java. Through the efforts of new owners Lloyd and Chris Gravley, Island Lava Java has become a festive meeting place for locals and visitors alike. The oceanfront patio and live music nightly offer the perfect setting to enjoy a cup of pure Kona coffee, food and pastries prepared on the premises, fresh fruit smoothies or a scoop of ice cream. The shop is open 7am-10pm and is located at Sunset Plaza on Alii Drive. (808) 327-2161.

vacation home to some of Hawaii's monarchy. *Hulihee* was built in 1838 and today serves as a museum open daily to the public. Occasionaly, throughout the week, some of Hawaii's

under tall coconut trees, the sleepiest, quietest, Sundayest looking place you can imagine. Ye weary ones that are sick of the labor and care, and the bewildering turmoil of the great world, and sigh for a land where

# KEEP KONA COUNTRY!

youngsters can be seen in the courtyard under the shade of giant banyan trees practicing hula under the direction of a kumu hula (teacher of hula). Later in the nineteenth century Kailua was a village that was used primarily as a sea port for shipping cattle, coffee and sugar off island. Most of the population in Kona lived in the mountainside towns between Honaunau and Holualoa along a stretch of road still called Mamalahoa Highway. The town of Kailua, for the most part, was always a sleepy kind of village. Mark Twain even wrote of Kailua-Kona in 1866, "We landed at Kailua (pronounced Ki-loo-ah), a little collection of native grass houses reposing

LAVA JAVA

327-2161 Alii Drive, Sunset Plaza, Kailua-Kona

Oceanfront Bake & Brew Bistro

ye may fold your tired hands and slumber your lives peacefully away, pack up your carpetsacks and go to Kailua! A week there



Popular social spot and fine eatery, Durty Jakes, on Alii Drive in Kailua

ought to cure the saddest of you all."

Up until the early 1970's the population was no more than 700 people, today the population of Kailua is around 35,000 and growing rapidly. Directly contributing to this outbreak of growth is the recent influx of realtors, developers and land speculators that

pay little or no attention to the sanity of the place. Looking beyond the trafficy bustle of Kailua their are many wonderful opportunities for personal dining. shopping and tour experiences around the town. This district of North Kona also hosts some of the Big Islands most beautiful white sand beaches. A short drive north of Honokohau Harbor on Queen Ka'ahumanu Highway are the beaches of Makalawena, and Mahai'ula. These beaches require a short hike to access them. Easier to reach and located on Alii Drive to the south are Kahalu'u Beach Park and Magic Sand's. Both these beaches provide ample parking and do not require a hike.

Around these historical sights are a whole host of restaurants and shopping opportunities and hundreds of visitor and local businesses keep the streets and sidewalks around Kailua busy with activity throughout the year. Cruise ships lay at anchor off the shores of Kailua-Bay and many tour and activity companies provide visitors with ample opportunity for hiking, sailing cruises, snorkeling and scuba adventures.

#### HOLUALOA

ays pass slowly in the artist's retreat town of Holualoa, almost like the gentle mountain



The rustic up-country Holuakoa Cafe.

breezes which weave their way through the groves of coffee trees lining the slopes of Mt. Hualalai. Steeped in natural beauty and tradition, this little mountainside coffee town blends a touch of today's art with a passion for the simpler life of the past.



Start your visit at the local coffee shop, Holuakoa Cafe, the "Cheers" of Holualoa. If you are lucky enough to meet the owner, Meggi Worbach, you will understand why visitors return year after year to enjoy the warm aloha she has created in her beautiful garden cafe, nestled among quaint shops and coffee trees on theside of Hualalai mountain.



Mon-Sat 6:30am - 3pm Closed Sunday

322-CAFE



Holualoa, Hawaii 96725

100% Kona Coffee and Coffees From Around The World • Pastry • Salad Light Fare • Indonesian Imports • Gifts

Enjoy a wide selection of my coffee drinks while you converse with friendly locals and island travelers. Or, simply relax in the cafe's tropical garden.

Aloha, Meggi

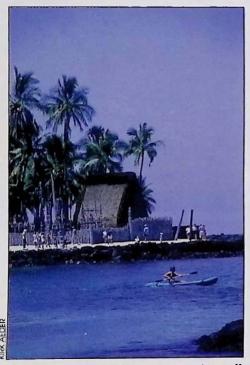
The local kamaaina flavor combined with the international flair of her visitors which are attracted by Meggi's mastery of several European languages, creates an unforgettable friendly atmosphere where many visitors spend idle hours enjoying the best espresso and other drinks, pastries and pies on the island. Don't miss "Meggi's" Holuakoa Cafe open from 6:30am to 3pm every day, except Sunday.

The village's many private galleries showcase the works of many local artists in a wide array of mediums.

Make it a point to wander up for a visit to Holualoa you will love this adorable country town.

#### **SOUTH KONA**

here is, perhaps, no other region on the Big Island shrouded in more history than the district of



Kayaker enjoying the serene waters off the Place of Refuge in Honaunau



Workers bagging coffee in South Kona

South Kona. Whether it be the origins of Kona coffee, the ancient Hawaiian village setting of *Pu`uhonua O Honaunau* (Place of Refuge) National Park, or the Painted Church nestled along the hillside overlooking Kealakekua Bay, the spot where the famous English explorer Captain Cook met his fate in 1779, South Kona will keep the historically minded visitor busy weaving their way through its network of mountain roads.

Coffee first came to Kona in 1828 when the Reverend Samuel Ruggles brought plant cuttings to Kealakekua. The early Japanese farmers cultivated many of Kona's first farms and engineered the system of milling and processing this prized coffee.

On highway 160 amidst coffee farms and high on the slopes of Kealakekua Bay is **The Painted Church**, where sometime between 1899 and 1904, Father John Velge, a Catholic missionary from Belgium painted images on the interior walls of the church depicting the biblical scenes of heaven and hell.

At the bottom of Napoopoo Road is Hikiau Heiau at Kealakekua Bay, and a white stone monument across the bay that marks the spot where Captain Cook was killed in 1779. The story behind Cook's death was that it was the result of a failed attempt by Cook and his soldiers to exchange the high chief Kalaniopuu

# Places of Interest

When traveling through South Kona you definetely do not want to miss the opportunity to visit

one of the region's working Kona coffee farms. On Painted Church Rd, you will pass **Bay View Farm and Mill**, family owned and operated by New Hampshire native Andy Roy and his wife Rosalyn.



Over the distant hum of pulping and grading machines the sweet and damp smell of freshly milled coffee cherry fills the air during the fall and winter coffee season. Bay View has a coffee sampling room and gift shop along with their milling operation and guests have the opportunity here to 'cup up' some 100% pure Kona coffee. Also located in this region of South Kona is the Captain Cook Coffee Company dating back to 1898. The mill is currently owned by Mark Mountanos and Steve McLaughlin of San Francisco. Mark is the fourth generation of his family to operate the company. Captain Cook is primarily a processor, miller and exporter of Kona coffee but has also expanded its business into retail and offers mail order buyers an 800# to call for roasted coffee. Refer to their ad on page 58. The Kona Historical Society, located in Kealakekua, has made available to visitors two different walking tours. One being a historic coffee mill tour and the other a tour of alii drive.

hostage in return for a cutter that was stolen the night before. Cook, who had come south to the Hawaiian Islands seeking shelter for the winter months, was in search of a northwest passage to England.

A lower coastal road connects Kealakekua Bay to *Pu'uhonua O Honaunau* (Place of Refuge) National Park. In the early years of Hawaiian civilization it was to the Place of Refuge that people who broke *kapu* (sacred laws) would attempt to flee. If the *kapu* breaker could reach this sanctuary his life would be spared. Some of these *kapu* that governed the common people included not being allowed to walk in

the footsteps of the chiefs or to touch their possessions. Other rules forbade commoners from eating foods reserved for offering to the gods, and women were not allowed to eat with the men. The gathering of wood, seasons for fishing and the taking of animals as well as the hula were also controlled under the kapu system. Other features at the park are lokos (ancient fish ponds), hales (thatched roof structures that served as homes), heiaus and ancient rock walls. Visitors are usually provided with live demonstrations of ancient Hawaiian crafts such as the building of canoes and tikis at the park.



#### COMING TO A CORALE NEAR YOU!

\_ a product of Naalehu Fruit Stand \_\_

#### Kona Historical Society Museum

Historic Kailua Village Walking Tour Tues.-Sat. 9:30am, Fri. 9:30am, 1:30pm For Reservations Call 323-2005 Museum located on Hwy. 11, one-half mile south of rural Kealakekua. Box 398



Box 398 Captain Cook, HI 96704 . (808) 323-3222

# 100% PURE KONA COFFEE

Kona Coffee is widely acclaimed as one of the world's finest.
Unlike the rest of the world Kona coffee farmers still hand pick and sun dry their coffee. This extremely labor intensive process by independent farming families has greatly contributed to the gourmet reputation of Kona coffee. In 1866 Mark Twain



Today, Mexican coffee pickers help local farmers to hand pick the Kona coffee crop.

stated, in his "Letter From Hawaii", "Kona coffee has a richer flavor than any other, be it grown where it may and call it by what name you please."

#### **100% PURE KONA PEABERRY**

Peaberry Kona coffee offers connoisseurs one of the finest and perhaps rarest coffee beans in the world. Only an estimated 4 percent of the annual Kona coffee harvest yields a Peaberry grade of coffee. Peaberry occurs when a coffee tree is stressed in its growing environment, resulting in an individual coffee cherry producing only one round and very dense bean rather than the usual two beans. The taste of Peaberry in the cup is simply exquisite.

\$23.00 lb. \$135.00 5 lbs. \$260.00 10 lbs.

#### 100% PURE KONA FANCY

After many years of roasting, sampling and selling many different grades of 100% Pure Kona coffee the Fancy grade of Kona has proven itself time and time again to yield the finest and most consistent cup of coffee. Its clean grade, density, size, and aroma have set it apart from other Kona grades. Considered by many to be the best whole bean coffee available in Kona.

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#### ALL COFFEE IS FRESH ROASTED TO ORDER ONLY.

(please specify medium, or dark roast with each coffee ordered)

# 100% Kaanapali Estate Coffee

(Island of Maui)

ike fine winemakers who search for the perfect match between grape and growing conditions, turning an ordinary wine into one of the finest vintages in

the world, so is the quest to produce a bountiful range of unique, distinctive, high quality coffee from the Kaanapali Estate in Maui. Their pioneering varietal research began with an expert team of growers, researchers, and cuppers who analyzed 12 test plot locations throughout the Hawaiian Islands; each planted with 18 different varieties of *Coffea arabica*. The result... the best growing conditions of the West Maui Mountains and some of the finest *Coffea arabica* varietals including: Moka, Red Catuai, Typica, and Yellow Caturra.



A very lively cup with wild, slightly exotic chocolaty aroma and subtle winey flavors.

\$16.00 lb. \$75.00 5 lbs. \$140.00 10 lbs.

#### RED CATUAL

This "Cabernet" of coffees imparts rich, nutty and buttery characteristics. A full bodied coffee with a silky smooth finish.

\$16.00 lb. \$75.00 5 lbs. \$140.00 10 lbs.

#### YELLOW CATURRA

A vibrant, clean, and crisp cup of coffee. Producing beautiful spicy, tangy and elegant flavor characteristics.

\$16.00 lb. \$75.00 5 lbs. \$140.00 10 lbs.

#### **TYPICA**

A traditional Hawaiian favorite. These beans produce gentle floral aromas and a smooth seductive finish.

\$16.00 lb. \$75.00 5 lbs. \$140.00 10 lbs.

## 100% Kauai Coffee

#### 100% Kauai Coffee

The warm Pacific sun, rich volcanic earth and abundant mountain water of Kauai combine to create perfect conditions for growing great coffee. The consistency of this high quality coffee is the result of a carefully selected arabica bean with a mild, well balanced taste and enticing aroma.

\$14.00 lb. \$65.00 5 lbs. \$120.00 10 lbs.

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ona's own Spirulina Pacifica is the world's one and only certified organically grown and processed algae. This dried water vegetable provides a remarkable combination of beta carotene, chlorophyll, B-vitamins, complete protein, GLA, and a host of enzymes and minerals. Spirulina is remarkable in that it provides more concentrated nutrition than any other whole food. People from all walks of life, including athletes, seniors, and those with special nutritional needs, are benefitting from the whole food nutrition supplied by Spirulina.

#### Cold Pressed 500 mg Organic Hawaiian Spirulina Tablets

**\$27.00** (400 tabs./ 1 bottle) **\$125.00** (5 bottles) **\$230.00** (10 bottles) Shipping weight is 1 pound per bottle

#### Organic Hawaiian Spirulina Powder

**\$40.00** (16 oz) **\$190.00** (5 lbs.) **\$360.00** (10 lbs.) *Shipping weight is 2 pounds per 16 oz. bottle* 

#### WASHED 100% HAWAIIAN CANE SUGAR

he only remaining 100% Hawaiian washed raw sugar available to the public is by far, hands down, the best tasting sugar found anywhere in the world. Used locally by Island juice companies this sugar will compliment your cup of coffee like no other or bring the sweet taste of Hawaii to your baked goods. It's sad to see Hawaii's sugar Kingdom in decline and this local industry replaced by artificial sweeteners, but the real taste of Hawaiian sugar can and will never be duplicated.

#### Washed 100% Hawaiian Cane Sugar

\$3.00 lb. \$12.00 5 lbs. \$20.00 10 lbs.

# 100% NATURAL AND ORGANIC HAWAIIAN HONEY

"The Beehive, the Fountain of Youth and Health"

ade and packaged in Hawaii by Papaikou beekeeper, Walter Patton, our honey is raw and unprocessed and some of the cleanest on earth. Long recognized as a natural medicine it has many uses beyond being just a sweet treat or great coffee additive. The honey is collected from three different hive locations on the Big Island. The lehua is from the lava flows around Volcano, Christmas Berry from South Point, and Macadamia Nut from Hilo orchards.

100% Hawaiian Honey

(Choose between: Lehua, Christmas Berry, or Macadamia Nut) \$6.00 lb. \$16.00 3 lbs. \$28.00 6 lbs.







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## 100% KONA MACADAMIA NUTS

In 1881 Mr. William Purvis sailed away from the Australian shores to plant the first macadamia nut in Waipio Valley on the Big Island of Hawaii.

Coffee Times 100% Kona Whole Grade Macadamia nuts are grown exclusively by independent farmers in the Districts of North & South Kona.

100% Kona Macadamia Nuts \$13.00 lb. \$60.00 5 lbs. \$110.00 10 lbs.



### CHOCOLATE COVERED HAWAII

e all know how good fresh roasted 100% Kona Peaberry Coffee and 100% Kona Macadamia Nuts are, now imagine them draped in rich gourmet dark chocolate. Created by Kona candy maker, Michael Blair, these local style chocolates are almost too good to imagine.



Chocolate Covered 100% Kona Macadamia Nuts Chocolate Covered 100% Kona Peaberry Coffee Beans

\$8.50 8 oz. \$16.00 1 lb. \$75.00 5 lbs. \$8.50 8 oz. \$16.00 1 lb. \$75.00 5 lbs.

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CTF 3 24 dendrobium sprays, 6 greens \$56.00

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CTF 13 6 dendrobium sprays, 6 anthuriums, 6 greens \$36.00

CTF 14 12 dendrobium sprays, 12 anthuriums, 6 greens \$54.00

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CTF 16 6 oncidium sprays, 6 anthuriums, 6 greens \$47.00

CTF 17 12 oncidium sprays, 12 anthuriums, 6 greens \$73.00

#### Hawaiian Mixes

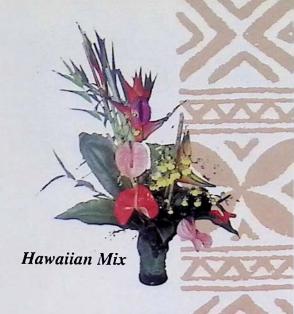
CTF 18 3 orchids, 6 anthuriums, 3 birds of paradise, 6 greens \$37.00

CTF 19 3 orchids, 9 anthuriums, 2 haleconia, 6 greens \$44.00

CTF 20 12 orchids, 12 anthuriums, 2 haleconia, 1 bird of paradise, 1 protea, 6 greens \$73.00 CTF 21 6 orchids, 12 anthuriums, 2 haleconia, 6

greens \$49.00 CTF 22 12 orchids, 12 anthuriums, 4 haleconia, 6 greens \$68.00

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