**JANUARY 1998** 

COMPLIMENTARY NO. 46

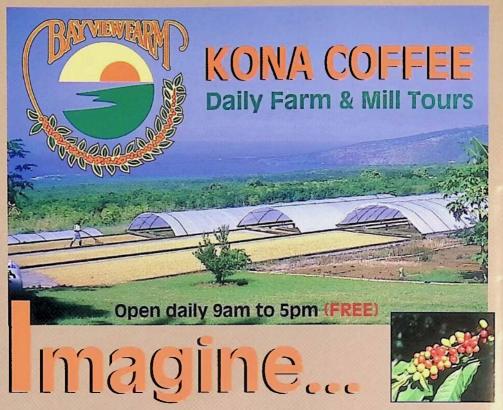
## Gosse Times

The Alternative Guide to the Big Island of Hawaii

nside this month:
Sugar and Steam in Kohala

Musical Legacy, Hawaiian Style

coffeetimes.com

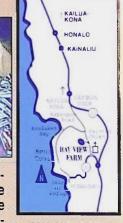


for a moment the smell of freshly milled Kona coffee, while in the background cascading cliffs drop into glassy Kealakekua Bay and a golden sun surveys the day. In the trees above spongy mangos, papaya and bananas wait to drop into your hands. And, as you sip a cup of Kona coffee a distant sun shower passes over a lazy mountain and it's then that you realize your imagination for now has turned perfectly real.





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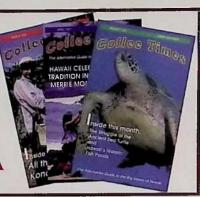
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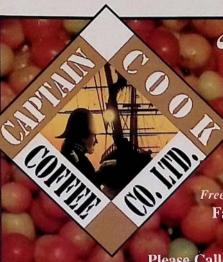
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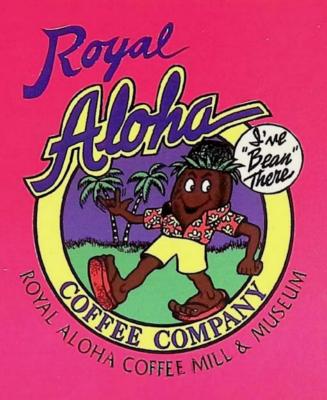


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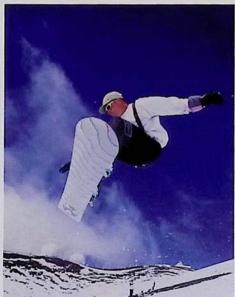
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## Coffee Times

A comprehensive guide to touring the Big Island of Hawaii.

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Wherever you wind up on the Big Island, we wish you an enjoyable stay.

## Coffee Times

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#### Les Drent

Publisher and Founder

#### COVER PHOTOS

September: Horse Racing in Waimea, by Kirk Aeder. October: Luis Cisneros of Bay View Farm, by Les Drent. November: Background: Waipio Valley by Kirk Aeder. Inset: Waipio Taro Farmer John Loo, by Betty Fullard-Leo. December: Vintage Aloha Shirt from Mauna Kea Galleries in Hilo, by Les Drent. January: Kayla Yadao of Waimea by Kirk Aeder. February: Kid Skipper in Kailua Bay, by Kirk Aeder.

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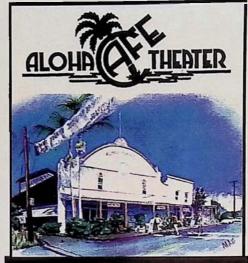


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See their story in the September and December Coffee Times page 33

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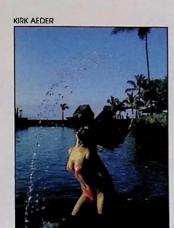
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### **Aloha and Welcome** to The Big Island of Hawaii

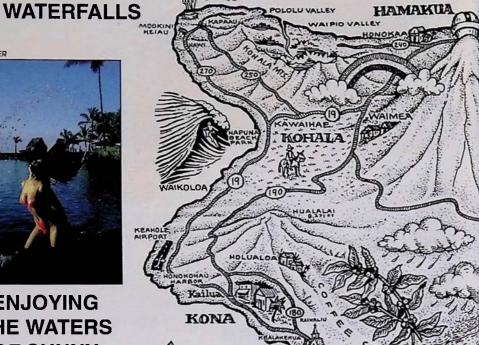
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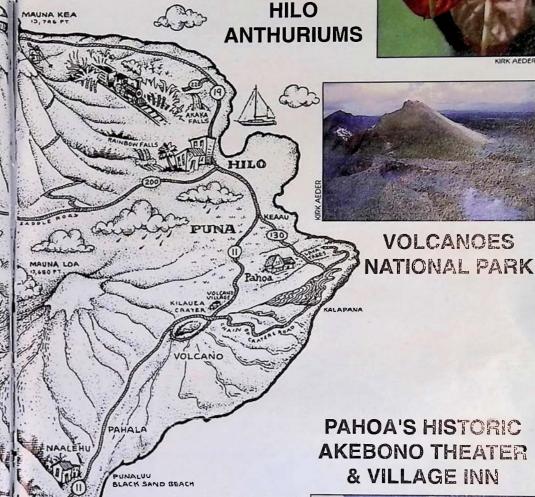
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#### KA'U REGION South Point U.S.A.





Left: Kauaha'Ao Congregational Church in Naalehu. Right: Naalehu Fruit stand is the place to go for the freshest island fruits.

he actual place where Polynesians first stepped foot in Hawaii will always remain a mystery, but it was probably somewhere near the southern tip of the Big Island. This area seems like a probable place because their approach would have been from the south, where all of Polynesia lay. When sailing north, the Big Island would be the first island they would have seen, and South Point would have been the nearest landfall. Aside from the logic of such a choice, there is archaeo-

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logical evidence supporting the supposition of a landing near **Ka Lae**, as the Hawaiians call the most southern tip of the island of Hawaii. Excavation of lava tubes, that were used as shelters, near Kailikii and Waiahukuni, villages four miles northwest of the Ka Lae, indicate people were using them by A.D.750. There is other evidence that indicates people first were in the area as early as A.D. 200.

The cliff near South Point Park is a common mooring place for modern day fishermen who find these waters a rich resource. From the precipice the drop is about forty feet to the ocean's surface, but the cliff base goes down another thirty feet below the surface of the water. Ladders, hung to make access to the boats easier, swing freely in the air just above the sea. The cliff is deeply undercut. In the heat of the day the water looks inviting. It is so clear the bottom can be seen plainly. For some there might be a temptation to leap into the cool water, and climb back up the ladder. It looks inviting, but don't do it. A swift current runs along the shore. The flow will carry anyone in the water straight out to sea. It is called the Halaea Current, named for a chief who was carried off to his death

One of South Point's most famous scenic spots is Mahana Beach, also called Green Sands Beach because it has a distinctive golden green color. Although none of the fragments in the sand are large enough for jewelry purposes, the beach is composed chiefly of peridot, a semiprecious



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### Places of Interest

At Naalehu Fruit Stand, owners John and Dorene Santangelo prepare homemade specialties daily. Take your

meal on the road or take a picnic table seat on their front porch as you watch travelers on their way to Volcano pass by. Next to Naalehu Fruit Stand is the **South Point Properties**, the southern most real estate office in the USA. The office offers free maps to travelers and advice to buying real estate in Hawaii.

gemstone. These tiny green gems are a silicate, one of the many families of quartz, which cook out of the basaltic magma over time. (They are apparent as green flecks in the raw lava stones used to build the columns and walls of the Jagger Museum at Kilauea's Volcano National Park.) As lava reached the coast, erosional forces, and the specific gravity of the stones, perhaps are responsible for the accumulation of such a large quantity of the granules that produced the green sand beach.

Up the coast from South Point's main hub of activity, Naalehu town, and heading towards Volcanoes National Park you will pass by Punalu'u black sand beach and later a sign marking a road to Pahala. The short drive to Pahala is worth the excursion. In it are an actively working sugar mill and the not so active remains of the old Pahala Theater. Take time to drive into the lush tropical Wood Valley and past a Buddhist temple. Ask for specific directions to those sights at the local general supermarket, there is only one. South Point is a little more than an hour's drive from either Hilo or Kona.





Offering a laulau (ti wrapped food) to Madame Pele, the goddess of the volcanoes.

#### **VOLCANO HAWAII**

olcanoes National Park has one entrance, off Route 11, 30 miles south from Hilo or 95 miles east from Kona. The park is open 24 hours a day all year round and requires a \$5.00 entrance fee per vehicle which is valid for 7 consecutive days. The hiker/bicyclist/bus passenger fee for people over 16 and under 62 is \$3.00. When you enter the park during daytime hours you will receive a park brochure at the entrance station. If you enter the park after hours you may pick up the brochure at the Kilauea Visitor





Above: Depending on eruption status visitors can often view the volcano's lava flows.

Right: An ohia lehua blossom in full bloom.

Center which is located a quarter mile from the entrance on Crater Rim Drive. The visitor center is open from 7:45 a.m. to 5:00 p.m. daily. Visitors are encouraged to take the time to carefully read the park regulations and guidelines. The volcano fumes that exist in the park may create a health hazard for pregnant women, infants and people with heart or respiratory problems. People at risk should avoid stopping at the Sulphur Banks, Halema'uma'u Crater and other areas where volcanic fumes are present.

Overnight trips in the park require a backcountry permit that can be obtained at no charge at the Kilauea Visitor Center. Once inside the park enjoy the 25-minute movie on eruptions shown hourly at the visitor's center. Other attractions are the Thomas A. Jaggar Museum three miles inside the park along Crater Rim Drive, The Volcano House, Thurston Lava Tube

and scenic vistas. Depending on the timing of your visit you might have a chance to see the volcano erupting. A 45 minute drive to the end of Chain of Craters Road and a short hike will get you to the most recent lava flow area. The new coastline is unstable and can collapse into the sea at anytime without warning. Obey all park signs. Do not enter any closed areas! The park also offers many other hiking opportunities which are mapped out in the park

brochure.

reminder to drive slowly and carefully while touring the park as it will help to protect Hawaii's endangered state bird, the



## FOR SPECIFIC PARK INFORMATION

Call Volcanoes National Park at (808) 967-7311 Or For an Eruption Update call (808) 967-7977

### Places of Interest

Lodging, gas, camping supplies and dining all can be found in Volcano Village just a short drive from the

park. Because of the remote location of Volcano, the numerous Bed & Breakfasts existing in the region are a popular choice among visitors seeking lodging in this region. Located off of Hwy. 11 are the private Hale

Ohia Cottages surrounded by bonsai-style gardens and moss covered grounds. The suites and cottages are both spacious and comfortably outfitted. Also featured at Hale Ohia are two very private romantic cottages outfitted with fireplaces. Perhaps one of the most memorable dining experiences on the Big Island can be found at Kilauea Lodge, which features continental cuisine beside the historic Fireplace of Friendship. The mountain lodge also hosts thirteen romantic rooms for overnight visitors.

#### **PUNA** and **PAHOA**

or visitors who want to experience the true feeling of old Hawaii,

Pahoa village holds the key to this untouched past. First a rugged sawmill

town then a sugar town and also a crossroad on the old railroad, Main Street Pahoa has maintained its western style storefronts and wood boardwalks in a charming turn of the century Victorian style.

Quaint shops from surf, to curio and restaurants that span the flavors of the

### places of Interest

One of the nicest things about dining out in Pahoa is that you are guaranteed to get an authentic plate of food

at most of its restaurants. At the Godmother Italian Restaurant New York native and owner Liz Cestare has brought not only the taste of rich pasta but a little Big Apple character to this little Hawaiian village. At

Paolo's diners have a chance to to taste authentic cuisine from the Tuscany region of Italy prepared by an Italian chef/owner, whose name is no other than Paolo. Next door to Paolo's is Sawasdee Thai Cuisine owned and operated by Sombat Saenguthai, who prefers to go by the name "Mac" to friends and guests. Mac's menu is extensive and she offers plenty of tasty choices for vegetarian diners. If you wish to experience yet another international style of cuisine why not try Luquin's Mexican Restaurant, the busiest dining spot in Pahoa. A full bar, fast service, and a lively atmosphere are all guaranteed by Salvador Luquin, owner, chef and former Mexico native. The great food at Luquin's is also very reasonably priced.



**Above:** Downtown Pahoa as it looked during the 1920's.

globe from Thailand, to Mexico, and Italy,

make Pahoa Village one of the most pleasurable shopping and dining stops on the Big Island. Every restaurant in Pahoa is owner operated, guaranteeing diners the best in food preparation. Lodging in Pahoa is alternative as well.





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The historic Village Inn, built in 1910, housed some of Puna's earliest travellers and still operates today. The rooms are clean and spacious with vintage victorian decor. Call ahead to any of the friendly shops to learn of any special events scheduled during your visit. Pahoa has the reputation of holding some lively and entertaining performances both on its Main Street and at the Akebono Theater, Hawaii's oldest theater.

The countryside surrounding
Pahoa is filled with natural wonders like the
Lava Tree State Park, steam vents,
groves of papaya trees and black sand

#### HILO & EAST HAWAII

hen you talk about the old Hawaii, at least the one that hasn't been touched as much today by the long arms of commercialization and development, you cannot help but mention the East Coast on the Big Island. At the center of all this is old town Hilo. Hawaii's second largest city is seeing a revitalization of spirit thanks to the effort of the Downtown Hilo Organization who is busy



restoring and preserving the storefronts of this yesterday town. Aiding this effort are the wealth of new businesses occupying Hilo's old buildings. Adding to this old Hawaii feeling is the daily Suisan Fish Market



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beaches along the rugged Puna coast. From the bays at Isaac Hale Beach Park to the area of Puna once known as Kalapana the coastal road, Route 137, winds through untouched pine forests, open pastures and dense tropical foliage. While traveling on 137 you will also pass seaside pools and quiet fishing spots perfect for picnicing or a relaxing snooze. It's no wonder that many tour guides around the Big Island tout Puna as the most scenic and rural area of the Big Island. Visitors are warned however that a prolonged stay in this Aloha time capsule may make leaving a very difficult task.



Auction and the Hilo Farmer's Market which is held every Wednesday and Saturday in Downtown Hilo. Refer to the downtown Hilo map on page 22 for an interesting hike around some of the city's historic buildings and structures. It's fun to think about what the town was actually like around the early 1900's.

An easy to find waterfall is Rainbow Falls which is located inland along the Wailuku River at the north end of town. Follow the road running alongside the river to the Park where you won't have to walk far to see one of the

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### Places of Interest

A great place to start your tour of Hilo is at Mauna Kea Galleries, located at 276 Keawe Street in the old Court Mauna Kea Building. The gallery hosts many

vintage Hawaiian and Polynesian paintings, artifacts and ephemera and is open daily. See their ad on page 3. Up the coast in the town of Honomu and near Akaka

Falls is Akaka Falls Inn & Gift Gallery located in the restored 1920's Akita Store building. Hawaiian crafts and gifts are just a few of the locally made items guests will find in the gallery. Also featured are original works of art and prints by Island artists. In addition to the gift gallery is a deli that will prepare a picnic lunch for your trip to Akaka Falls. Food items include sandwiches, pastries, cold drinks and coffee. If you are looking for overnight accomodations the gallery also hosts two B&B style rooms for guests. When you are done sight seeing the best lodging around Hilo can be found at the magnificent and luxurious Hale Kai Bed and Breakfast, located on the bluff above the ocean overlooking Hilo's premier surf spot, Honolii. Expect nothing less than gourmet island breakfasts and plenty of privacy. Hale Kai also has available a private cottage facing a pool and ocean. The owners, Evonne and Paul Bjornen are knowledgeable hosts and are always willing to lend a personal travel tip to their guests.

area's most frequented sights. If you're lucky you will catch sight of a rainbow at the falls.

After leaving Hilo you don't want to miss the drive north to Waipio Valley which takes you over scenic gorges that were once crossed by cane hauling trains in the heyday of sugar cane production. The plummeting waterfalls and river mouths under the extensive bridge systems leading north up the Hilo Coast are definitely an awesome sight. On this drive north is Onomea Bay located along a 4 mile coastal scenic route. The lush ravines and botanical gardens are brilliantly picturesque along this coastal road and is well worth the detour.

Akaka Falls State Park and the village of Honomu can be reached by taking Hwy. 220 off of the main route, Hwy. 19 north. Once you reach the Park a short paved hike will take you past a network of smaller waterfalls and colorful tropical foliage to the plummeting Akaka Falls. Its accessibility and grand size





Photos: Facing page photos are Akaka Falls, and Sonja and Anthony Martinez from Akaka Falls Inn & Gift Gallery in Honomu. Above this page is Hilo's historic Lyman House. Below a surfer enjoys a sunny morning session at Waipio Valley.

make Akaka Falls a popular stop along this eastern coast. The historic town of Honomu boasts many old storefronts from the days when sugar was king. The drive and hike to Akaka Falls will only take you out of the way for an hour but you might just find yourself passing more time over an ice cream and a pleasant cool breeze in the quiet town of Honomu.

#### HONOKAA-HAMAKUA

or years the town of Honokaa sat idle, its home town theater empty, local store fronts ghostly quiet, and continued on page 34

RK AFDFR

#### **Coffee Times**

## Big Island Lodging Guide

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#### **HAMAKUA REGION**

1. Suds' Acres Innkeepers: Anita & Oliver Suds, P.O. Box 277, Paauilo, HI 96776 Ph/Fax: 808-776-1611, 1-800-735-3262 e-mail: aphesis @interpac.net

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#### **HILO REGION**

2. Hale Kai B&B Innkeepers: Evonne & Paul Bjornen, 111 Honolii 6330 Fax (808) 935-8439

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3. Wild Ginger Inn 100 Puueo St., Hilo, HI 96720 Ph: (808) 935-5556, 1-800-882-1887 Conveniently located across the Wailuku



River from Historic Downtown Hilo. Beautiful view of Hilo Bay with bamboo-jungle stream area and large garden yard. All rooms in this old Plantation style building are clean with private restrooms, shower, and refrigerator. Standard rooms cost \$39-\$44, and include Hawaiian style buffet breakfast. Ask about our deluxe rooms and extended stay discounts.

#### KONA REGION

**4.** Merryman's B&B P.O. Box 474, Kealakekua, HI 96750 Ph: (808) 323-2276 1-800-545-4390

Charming ocean view B&B in Kealakekua, minutes from the best snorkeling. Enjoy im-



maculate, spacious rooms furnished w/antiques & fresh flowers. A delightful Hawaiian breakfast of fresh fruits, chef's special & Kona coffee is served each morning. Snor-

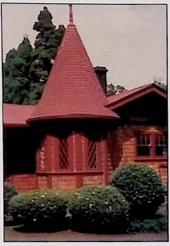
kel gear & beach supplies provided.

#### **VOLCANO REGION**

5. Hale Ohia Cottages Innkeeper: Michael Tuttle, Box 758, Volcano, HI 96785 Ph: (808) 967-7986, 1-800-455-3803

Noted in the NEW YORK TIMES, the SO

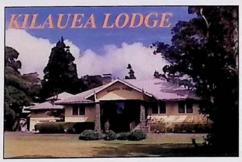
Noted in the NEW YORK TIMES, the SO-PHISTICATED TRAVELER, historic hide-



away, unique architecture, garden setting, fireplaces, heated Japanese Furo, breakfast brought to your room. All accommodations have private baths. One mile from Natl. Pk., Rates: \$75 to \$95.

6. Kilauea Lodge Innkeepers: Lorna & Albert Jeyte, P.O. Box 116, Volcano, HI 96785. Ph: (808) 967-7366 Fax: (808) 967-7367

Popular mountain lodge and restaurant set on ten acres of forest and formal gardens. Romantic rooms and cottages with private baths, central heat for the cool mountain evenings, many with fireplaces. Common room with VCR, library and games. Original art. Full breakfast included. Fabulous fireside dining nightly.



## Big Island Business Listings

#### ART

Kailua Village Artists. Keauhou Beach Hotel & King Kamehameha's Kona Beach Hotel, Kailua-Kona, HI 96740. (808) 322-4255 Keauhou Beach, (808) 329-6653 King Kam. Kailua Village Artists art co-operative offers fine art originals, prints and crafts by Big Island artists at affordable prices.

#### COPIES/PACKING/SHIPPING/ GRAPHIC DESIGN

Copy Post Plus. Keauhou Shopping Center, 78-6831 Alii Drive, H6, Kailua-Kona, HI 96740. Tel: (808) 322-0813, Tel: (808) 322-6619, Fax: (808) 322-1844. Your one-stop P.O. Box rental, gift wrapping, packing, shipping, faxing, laminating, copying, laser color copying and graphic design center!

#### MAIL ORDER

Double Brush. Cheryl Murakami, P.O. Box 505, Keaau, HI 96749-0505. (808) 966-6048 Sushi & Tropical Candles - Original Designs. Hawaii Made. Write for FREE brochure. Double Brush, P.O. Box 505, Dept. 139, Keaau, HI 96749-0505. Ph./Fax: (808) 966-6048.

Exotic Hawaiian Flowers. P.O. Box 4843, Hilo, HI 96720-0843. Ph: (808) 959-9141 Fax: (808) 959-8878. Exotic Hawaiian Flowers Shipped Fresh to Any U.S. Address. 1-800-700-6755, http://planet-hawaii.com/exotic email: exotic@aloha.net P.O. Box 4843, Hilo, HI 96720-0843.

Pele Plantations. P.O. Box 809, Honaunau, HI 96726. Call & Fax 800 366-0487 / 808 328-2028. No map needed! Mail order and local delivery of 100% Kona coffees including estate-grown, organics, and peaberry, plus dry-roasted and chocolate covered macnuts and chocolate coffee beans. Complimentary gift packaging and custom baskets. Private labeling available.

#### **OCEAN ADVENTURES**

Sea Quest Rafting. P.O. Box 390292, Kailua-Kona, HI 96739. Ph./Fax: (808) 329-7238. Sea Quest Rafting Adventures...6 guests maximum, explore sea caves and lava tubes. Great snorkeling, gear, snacks! Kona (808) 329-7238, email: equest@kona.net

Call (808) 326-7637 to be listed here.

## January

Ka'elo The month of wind and rain. Plants begin to grow. Opelu kapu pau. Aku kapu hou.

#### On The Island of Hawaii and in Hawaiian History

#### JANUARY ALL MONTH

#### Mauna Kea Visitor Programs

Every Saturday and Sunday a Mauna Kea summit tour begins at 2:30pm. Participants should stop at the Visitor Information Station at least 45 minutes before the tour. Children under 16 not permitted due to health hazards from high altitude. 7-10pm every Friday and Saturday night the Visitor's Information Station presents an audio-visual or lecture and stargazing with an 11inch Celestron telescope. Children encouraged to participate. Call (808) 961-2180. Free.

#### After Dark in the Park

Hawaii Volcanoes National Park presents its series of free programs in the Kilauea Visitor Center Auditorium at 7pm several nights per month. The series features cultural, geological, biological and historical presentations. Call 967-7184 for detailed monthly program information.

#### Historic Kailua Village Walking Tour

Presented by the Kona Historical Society tour the historic sites on alii drive including Hulihee Palace, Mokuaikaua Church and Ahu'ena Heiau. Learn about the significance of each site and what life was like in the early days of Kailua-Kona. Guided tours are given Tuesday through Saturday at 9:30am and Friday at 9:30am and 1:30pm. For reservations call 323-2005.

#### **NOVEMBER 1-8**

The Wizard of Oz, The Aloha Childrens Theatre presents this spectacular original television musical. 7pm and 3pm. Aloha Theater, Kainaliu, 322-9924

#### **NOVEMBER 1-8**

27th Annual Kona Coffee Cultural Festival. (808) 326-7820.

#### **JANUARY 1, 1816**

Hawaii's 1st res. musical group - the King's Oahu Band gives 1st performance - to foreigners.

#### **JANUARY 2, 1903**

Completion of the Commercial Pacific Cable from

San Francisco to Honolulu.

#### **JANUARY 4, 1976**

Hawaiians "occupy" Kaho'olawe in protest of US Navy use of island as bombing target.

#### **JANUARY 6, 1895**

Revolution to restore monarchy is put down.

1st leprosy patients arrive in Kalawao, Molokai.

#### **JANUARY 7, 1822**

1st printing in Hawaii is pressed by Elisha Loomis. 1922

Prince Kuhio dies - last royal family member of power.

#### **JANUARY 8, 1873**

Lunalilo is elected King by the Legislature.

#### **JANUARY 9, 1794**

Vancouver's 3rd visit - makes informal cession of the islands to Great Britain, 25 Dec. 1794

#### **JANUARY 10, 1848**

3rd Organic Act goes into effect, improves the island's judicial system.

#### **JANUARY 11, 1935**

Amelia Earhart in her Lockheed Vega monoplane leaves Wheeler Field on Oahu.

#### **JANUARY 12-18**

Master Card Tournament. Hualalai Resort at Historic Ka'apulehu. Senior PGA tournament winners compete in a three-day golf tournament. 325-0808.

#### **JANUARY 13, 1904**

S.S. Gaelic brings the first workers from Korea.

#### **JANUARY 16-18**

Love Letters, A benefit performance by "LA Law" stars Jill Eikenberry & Michael Tucker. 8pm and 2:30pm. Aloha Theater, Kainaliu, 322-9924.

#### **JANUARY 16, 1842**

Hoapiliwahine - Kalakua - wife of Kamehameha dies.

#### **JANUARY 17, 1779**

Cook's ships arrive Kealakekua.

#### 1893

Lili'uokalani deposed, government set up under

Sanford Dole.

**JANUARY 18, 1778** 

Captain Cook/crew sight NW islands of Hawaii - names them the Sandwich Islands.

**JANUARY 20, 1891** 

Kalakau'a dies in San Francisco.

1900

Chinatown burns out of control, 4,000 homeless, Honolulu.

**JANUARY 21, 1778** 

Captain Cook first sets foot on Hawaiian soil - Waimea, Kaua'i.

**JANUARY 22, 1850** 

Ka'o'ana'eha - wife of John Young & grandmother of Emma - dies. Also that year Thomas Square opens 1st public park.

**JANUARY 23-25** 

1998 Senior Skins Game at Mauna Lani Resort Golfing greats compete for \$540,000 in prize money. 885-6677.

**JANUARY 24, 1895** 

Lili'uokalani agrees to abdicate throne and takes

oath of allegiance to Republic.

**JANUARY 25, 1822** 

Charles Bishop, future husband of Bernice Pauahi & famous banker, is born.

**JANUARY 26, 1779** 

Red & yellow cloak given to Captain Cook by Kalani'opu'u, now in Wellington New Zealand.

**JANUARY 27, 1848** 

'Great Mahele' begins, lasts till March 7.

1809

Russian ship Neva returns with Archibald Campbell.

**JANUARY 29, 1891** 

Lili'uokalani is proclaimed Queen.

**JANUARY 30-31** 

*Gypsy*, the legendary musical presented by the Aloha Community Players, 8pm and 3pm, Aloha Theater, Kainaliu, 322-9924.

**JANUARY 30, 1875** 

A reciprocity treaty is signed in Washington for sugar export.

**JANUARY 31, 1835** 

Future King Lunalilo is born.

#### Heather's Taste of Hawaii

#### White Chocolate Mousse

12 ounces good quality white chocolate (chopped and do not use coating)
3/4 cup whole milk
1 tablespoon unflavored gelatin
1/4 cup whole milk, warmed
2 1/2 teaspoon vanilla
4 large egg whites, room temperature pinch of salt
2 cups heavy cream, whipped

1/8 teaspoon fresh lemon juice

Recipes provided exclusively for Coffee Times by Heather Campbell of the Four Season's, Hualalai.

Enjoy! HEATHER

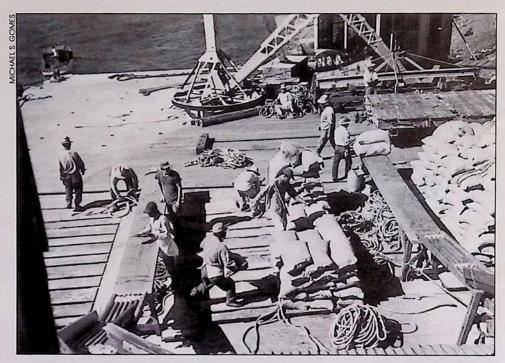
Melt white chocolate in 3/4 cup milk in top of double boiler over hot, not boiling water. (White chocolate melts at a low temperature and will become "grainy" if heated too much.) Stir until smooth & remove from heat. Soften gelatin in 1/4 cup of milk, stirring until dissolved. Melt quickly over low heat. Add gelatin to chocolate, stirring constantly until very smooth. Stir in vanilla. Cool to room temperature.

In a small clean, dry bowl, beat egg whites until foamy. Add salt and continue beating until stiff peaks form. Mix 1/3 of whites into chocolate mixture. Gently fold in remaining whites in two additions. Fold whipped cream into chocolate mixture in three additions. Fold in lemon juice and pour into a glass serving bowl. Chill at least three hours before serving. Garnish with fresh mint leaves, dark and or white chocolate shavings.

Coffee Times

## SUGAR AND STEAM IN KOHALA

Story by Sophia Schweitzer
Photos courtesy of Michael S. Gomes



Mahukona Harbor as it looked on a busy day in the 1950's. Workers prepare for another ship load of sugar.

"The latest mania in Kohala is going to the station at Hawi, below Hind's. On a fine day even the ladies may be seen wending their way to the attractive spot and returning in raptures about the whistle and the bell, 'that keeps ringing all the time, just like a real train'," wrote the Saturday Press on March 18, 1882. The Baldwin locomotive Kinau pulled sugar and passengers to the sheltered port of Mahukona where the steamer Likelike took over the load for further transportation.

About two weeks earlier, the first eleven miles of the Big Island's first railway in North Kohala had opened up, heralding a new era of mechanized production.

Plans for the Mahukona railroad had started in 1878, when a new treaty between the Hawaiian Kingdom, ruled by King Kalakaua, and the United States encouraged sugar exports. While Samuel Parker at Parker Ranch envisioned a Hilo-Hamakua connection, the owner of the Likelike and its steamer company, Samuel G.

Wilder, proposed a cheaper Kohala route. With the calculated judgment of a man with indomitable vision, he became Minister of the Interior in the King's cabinet, started surveys in Kohala, and was granted a Charter of Incorporation under the official name "The Hawaiian Railroad Company" in July 1880.

As happened often in the Hawaiian Kingdom, cabinets were constantly replaced and Wilder was dismissed as Minister only a month later, just after amending the Railway act according to his needs. Free now to dedicate himself to his dream, Wilder became President and largest shareholder of the Hawaiian Railroad Company. His ultimate plan was to grit the whole island with a network of

workers and 20 Caucasian supervisors for the construction of the tracks. Work was delayed when a small pox epidemic forced immigrants into long quarantines, but by March 1881 the first tracks and ties were being laid.

The Chinese workers earned \$17.00 per month, they lived in tents which they shared in groups of 8. Anyone who has spent time in the blazing sun, the torrential downpours, and the raging dusty trades of Mahukona can imagine what work was like.

The 36-inch narrow gauge railroad had to be forced onto bare lava and had to negotiate steep cliffs and deep gulches. Sharp curves and impossible trestles were only a few of the challenges. There was a chronic

## Until the opening of the Railroad, the six plantations in North Kohala had used bullocks to pull heavy wagons to a couple of landings on the treacherous and rugged coastline.

railways, all owned by one man, himself. Kohala was just a springboard.

Until the opening of the Railroad, the six plantations in North Kohala had used bullocks to pull heavy wagons to a couple of landings on the treacherous and rugged coastline. In the winter during high surf these landings could hardly be used. In the summer hundreds of people would anxiously participate in the dangerous struggle to get the cane from land to flatboat to interisland steamer through high surf and swell.

Wilder started the Railroad task with improving Mahukona port, a sheltered oceanfront which could make a safe shipping terminal operating throughout the year. He built a store house and numerous wharf facilities. He ordered his materials including the Baldwin Kinau and hired 100 Chinese

lack of fresh drinking water and the locomotive itself needed freshwater steam. Water had to be shipped, gallon by precious gallon, from Honolulu, and then carried by mule from port to camp and train.

Yet, according to the Hawaiian Gazette in September 1881, the railroad was progressing well and men were working on the twelfth mile. "No one (of the Chinese workers) has run away or attempted to run. This report is better than is given by the planters in Hawaii who are again complaining of their men running away and their inability to get them back again," commented an editor.

Kohala was about to reach new levels of prosperity, but conditions for the laborers must have been absolutely grueling.

Soon after the unofficial

opening of the Hawaiian railroad in March 1882, Wilder ordered two other locomotives, the A Ke Ahi and the Kauka. The A Ke Ahi (Thing of Fire) was named "in memory of the name given to Mr. Wilder when he first landed," wrote the editor of the Gazette, "The Fire is Lighted! He has lighted the fire of the locomotive and sent the flame of civilization on through this district!"

By May 1882, 15 miles were finished. Tourists were visiting from Hilo to take the train, and sugar revenues started to surge.

Accidents with engines rolling

over a hair-width away from the cliffs or while suspended a good 60 feet up in the air on narrow trestles were quickly overlooked. So was the cattle or the occasional pig that ran head on into the train. So were serious complaints from Hawaiian families who said their taro patches and family traditions were destroyed. Mechanization ruled.

Wilder hosted a picnic for the 80 young girls at Bond's seminary: A round trip on the train and several hours swimming and relaxing at Mahukona. He wanted Mahukona to become a commercial shopping center, with a store, another warehouse, and special

rates for shopping sprees to increase business, \$2.00 for first-class and \$1.50 second class for the now existing 16 miles. A restaurant, run by Chinese men, was already flourishing.

In January 1883, almost two years after work had begun, the Hawaiian Railroad reached its full 19 7/8 miles to the end-stop at the most northern sugar fields of Niulii. It crossed 17 gulches, one of them 84 feet high and one of them measured 560 feet long. The train traveled 12 miles per hour, winding around 25 sharp curves. Needless to say, train sickness was common, despite gold beading ornaments, cane seats and Venetian blinds

class travelers had to hold on to wooden slats in open cars and were definitely very uncomfortable. The train serviced all sugar plantations except Hawi Mill, owned by Robert Hind who preferred to stay independent by using the mill's wagons and the old Honoipu landing. In May 1883 the Hawaiian Railroad Company grasped its claim to fame hosting a ceremonial train ride for King Kalakaua himself. The original statue of King Kamehameha I which had been lost at sea. then found and restored, was waiting in Kapaau to be unveiled. Kohala outdid itself in preparation for the King's stay. The King, from his side, thrilled

in first class! Second

Kohala by arriving in a Russian gunboat which fired him a royal salute. King Kalakaua and his entourage rode the first Big Island train The teak passenger cars in which they were seated earned their new name, the "Kalakaua cars".

Over the next months Portuguese plantation laborers arrived in Kohala and sugar productivity thrived. Two workers were killed in railroad accidents. Reports in both cases stated that there was no one to blame but the men themselves. No one seemed willing to question the safety of equipment or working conditions.

By 1884, North Kohala produced 10,000 tons of sugar, taking in well over \$40,000 in profits. The Railroad carried 20,000 tons in freight and 6,000 passengers. There was even a primitive telephone system connecting all the different stops, although John Hind, Robert's son at Hawi Mill, wrote, many years later, that the telephone was often more of an aggravation than a benefit. Whoever shouted the loudest through the line gained control over the many conversations trying to go on at once!

Around this time, the strong locomotive Kalakaua., the first engine of the Hawaiian Islands came to replace the original locomotive Kinau, which was shipped to Maui in exchange. The Kalakaua was renamed Leslie.

But now that Kohala was blossoming and the railroad was in business, Wilder's attention shifted to his next project, the planning of a railroad on the Hilo side. His dream was opening up. With this one he was willing to risk everything. He described the Kohala railroad, his original baby, a "dead-end", promising instead to make Hilo "a place of more export than

PHOTO: It was always a struggle transporting the sugar across the surging ocean from train to steamer. Mahukona Harbor, circa 1950's.



Honolulu and a more wide-awake city." His dream ended, however, in absolute failure. His death, in 1888, marked the end of an era.

Back in Kohala, Charles L. Wight, who had been the railroad manager all along, was appointed new president. In a study of the Company's financial past, it became clear that many notes and records about owner's shares and transfers were missing. Wilder had effectively owned the whole Company without anyone being aware of this! These discoveries combined with other developments gradually extinguished the fiery heartbeat of the Railroad.

Over the next few years income decreased slowly. Roads and other ways of mechanized transport were improving. Travelers now avoided the screeching, scraping sound of the wheels around the tortuous tracks. And so, despite some modifications in bylaws tightening shareholder policies and salaries, by the end of 1896, the Company judged it better to transfer all franchise and property.

It reincorporated under a new name. In January 1897 the Hawaiian

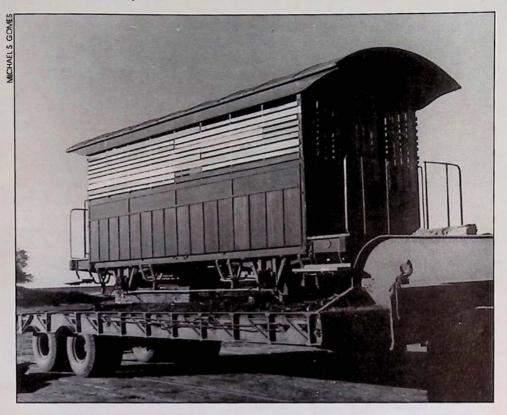
Railroad Company became the Hawaii Railway Company, Ltd. Two years later, four of the five remaining sugar companies bought the suffering Railway out. Hawi Mill continued its refusal to take part in the transaction.

The sugar industry was booming in Kohala, especially with the opening of the new ditch system in 1906, but the excitement around the Railway was ebbing fast. In 1912, Hawi Mill abandoned the Honoipu landing and John Hind, Robert's son, agreed to start using the Railway with him as president of the Company. Under supervision of Hind, a few minor improvements took place and so the steam struggled quietly on.

For several years no spectacular events shook Kohala, but some of the sugar companies started to merge and sell out. Finally, in 1937, Kohala Sugar Company, consolidated all sugar activity in Kohala into one, large business while transferring the Railway Company to the new Mahukona Terminals Ltd..

Manager of the new company was Mr. Scott Pratt. For the first time in the railroad's history a new expansion in





PHOTOS: To the left are the railroad tracks at Mahukona, circa 1950's. Above is one of the Kalakaua cars, with teak paneling.

Ainakea was to connect the railroad directly to a mill.

Despite the revitalization, the railway appeared doomed. New, efficient cane haul trucks reached Kohala. A special road was dug to accommodate the trucks, known today as Pratt Road. The most northern part at Niulii was abandoned, but the inevitable ending was brought on before its time by the war. In 1941 the

Mahukona port was forced to close for security reasons. The struggling train merely hauled unprocessed cane from fields to mills.

And so -it was inevitable-,
October 29, 1945, at the end of another
season, the train carried its last freight
and shut down for good. Bulk processing and truck transportation had won. A
very small section at Mahukona port
itself survived till 1955.

NOTE: The Leslie, who had served as Kalakaua on Maui, and had been the first locomotive to reach the Hawaiian islands was shipped to California around 1959 and received the undignified name Little Toot. Here, along with three Kalakaua cars, it was partially restored. A newer engine was sent to Colorado. They say, somewhere hidden in Kohala, are some remains of two old engines. A teak passenger car made it to a museum in Maui. As for the others, no clear records remain. Most of the equipment was scrapped. One of the great feats of Hawaiian history has gradually slipped away in oblivion.

30 Coffee Times

## A MUSICAL LEGACY

by Betty Fullard-Leo

The insistent throb of shark-skin-covered drums, the yearning twang of slack key guitars, and the soft, mellow strains of a duo singing the "Hawaiian Wedding Song" are sounds that evoke images of palm trees and moonlight and waves lapping on warm, whitesand beaches—in short, images of Hawai'i.



Local Musicians performing live at the Mauna Kea Beach Hotel. Left to right: Red Yap, Mary Ann Lim, Kenneth Kapeliela and Laukea Bright.

ronically, there was a time that such music didn't even exist in the Islands. The word mele, which has come to mean song, originally meant poetic language and was a description of the way chants were written and rendered (in a repetitive, limited tonal

range).

Even the pahu, the drum, was brought to Hawai'i long after the islands were settled. Legend says that during the twelfth or thirteenth century, La'amai-Kahiki (La'a from Tahiti) arrived aboard a sailing canoe to join his father

Mo'ikeha on the island of Kaua'i. As his canoe passed each island, he chanted and played the pahu he had brought along. On O'ahu, one of the islanders raced along the shore, pounding his chest in imitation of La'a's motions. Later this man fashioned a drum and taught the people of O'ahu to play it.

In Tahiti, the drum was used in worshipping ancient gods, so La'a

deposited his temple drum at a heiau on the banks of the Wailua River. By the time the Hawaiian kapu system was replaced by Christianity in 1820, all major hejau included a hale pahu, or drum house.

Temple drums were largeone at Bishop Museum stands 46 inches talland were made from a hollow coconut or breadfruit log, its ends covered with shark or fish-

skin. Smaller drums, the puniu, and the only known early wind instrument, the nose flute, were often played together as accompaniment for the hula.

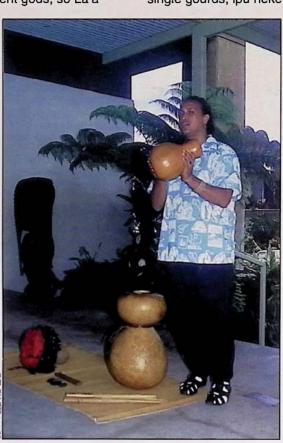
Only a few musicians remain who can play the nose flute, the 'ohe hano ihu, today. Made of a length of bamboo ten to 21 inches long with a nose hole and two or three finger holes, the flute was held in the right hand and blown with the right nostril, while the left nostril was held closed with the left hand.

Unlike the sparse number of wind instruments, any number of percussion instruments were used by chanters and dancers alike long before Western contact. Among them were single gourds, ipu heke 'ole, and double

gourds, ipu heke. Ipu heke were made by cutting a small gourd at either end, then gluing it with breadfruit aum to the open end of a larger gourd. The gourd was hit on a pad of tapa to produce a hollow vibrating sound as air rushed into it. then slapped with the fingers and open palm for an accompanying rhythm.

Musicians who were adept at striking

together two flat pebbles, called 'ili 'ili, held between the bent fingers of one hand, supplemented the rhythm section. Others played la'au (sticks) by striking a longer spear with a short stick. Lengths of hollow bamboo. ka'eke'eke produced a rhythmic beat when the open end was stamped on a tapa pad to produce a hollow tone.



Man rattles a gourd at a musical demonstration at Lyman Museum in Hilo.

while 'uli 'uli, rattles made of single gourds filled with pebbles and topped with brightly colored feathers, added intricacy.

By the 19th century, Hawaiian music exhibited western influences. The braguinha was introduced when

island's best known slack-key guitarists. In 1872, Henry Berger came from Germany to enlarge Kamehameha

from Germany to enlarge Kamehameha Schools music department. In the ensuing years, he arranged more than 200 Hawaiian songs, composed 75 Hawaiian songs, recorded numerous

A schoolboy at Kamehameha Schools, Joseph Kekuku, is credited with devising the slack-key technique in the early 1890s when he placed a comb and later his steel pocket knife across the strings of his guitar.

LES DRENT

Portuguese laborers came to work the cane fields in 1878. Hawaiians called the instrument 'ukulele, which translates literally to "jumping flea," and may refer to the way a musician's fingers flew across the four strings.

Paniolos (cowboys) from Mexico brought the quitar

with them when King Kamehameha contracted with them to teach Hawaiians to ride and rope the ever-increasing numbers of wild cattle on the Big Island, A schoolboy at Kamehameha Schools, Joseph Kekuku, is credited with devising the slack-key technique in the early 1890s when he placed a comb and later his steel pocket knife across the strings of his guitar. The sound was so pleasing he obtained a steel bar from the school's shop instructor and soon his friends were emulating the new style. Today, the Big Island's own Uncle

"Kindy" Sproat is one of the

ancient chants and wrote 500 Hawaiian and Western marches that were performed by the Royal Hawaiian Band.

King Kalakaua was a great supporter of Hawaiian music from the time of his coronation in 1883, and his legacy was continued through the reign

of Queen Lili'uokalani, the talented composer of Aloha Oe..

In 1935. Hawai'i's music caught the ears of West Coast listeners via Hawai'i Calls, a radio program broadcast from under the Banyan tree at the Moana Hotel and other locales until 1972. Today, many of the more than 300 Hawaiian musicians who were heard on Hawai'i Calls are legends in the entertainment world, among them are Danny Kaleikini, Alfred Apaka, Benny Kalama, Palani Vaughn. Hawaiian music

continues to evolve and can be enjoyed at many Big Island hotels. Best



PHOTOS: Above Lorna Lim (left) and Nani Lim (right) performing at the Mauna Kea Beach Hotel on the Kohala Coast. Left is a pahu (drum) made out of a coconut stump. Below is the popular Dave Hurd collection of ukuleles in Hilo.

known on the Kohala Coast are members of the talented Lim family, who weave a magic mood with guitars, dance, oli and heart-tugging songs nightly at at the Mauna Lani Bay Hotel, while sisters Nani and Lorna and brother Elmer Lim entertain at the nearby Hapuna Beach Prince Hotel every Wednesday, Thursday and Friday. At Mauna Kea Beach Hotel, talented Gary

Haliamau renders a mean slack key guitar at the Terrace Wednesday through Saturday and during Tuesday night's Hawaiian feast. Nearby, at The Orchid, a Hawaiian duo roams between Brown's Beach House, the Ocean Bar and the Orchid Court strumming

guitars to accompany a graceful hula dancer every night. In mid-April every year, a slack key guitar festival brings musicians from around the state to the King Kamehameha Kona Beach Hotel. The sounds of Hawai'i may not be the same as they were pre-Western contact, but they continue to evoke romance in the moonlight on many a balmy Island night.





Photos: Above is Waipio Valley, land of ancient kings and taro farming. Facing Page Ely Pessah and Emma Torida of the Mamane Street Bakery in Honokaa.

continued from page 19 streets devoid of the bustle that once rumbled down Mamane Street during the boom days of the Hamakua Sugar Company, an industry that for the last century has been the life blood of the people in this region. Since the decreasing

MAMANE FINE QUALITY BAKERY STREET & ESPRESSO BAR Located minutes from Waipio BAKFRY Valley. Fresh pastries, macadamia nut desserts, cookies, croissants, foccacia's, fresh sandwiches daily. Snacks, Light Lunches, Bagels and Bagel Sandwiches.

(808) 775-9478





Mamane Street, Honokaa

activity of sugar production over the years and the recent decision to halt sugar production altogether, the local citizens of Honokaa have redirected their energy and begun one of Hawaii's most spirited movements of rejuvenation.

In the old days during the earlier part of the twentieth century it was only by train that one could reach the town of Honokaa, which was the third largest city in the territory of Hawaii. From Hilo, vacationers and soldiers on leave from Uncle Sam's army would take the train ride north to Honokaa where night life was king. A dance hall was even built above the Botelho building, the first car dealership in the town.

Included in this new Honokaa is the town's farmers market that has become a weekly event in the downtown area in front of the Botelho Building. The market is open each Saturday of the month. As Hawaii's old theaters are becoming more and more

popular, the citizens of Honokaa enjoy their own People's Theater. The doors of the theater are opened for feature films every Friday, Saturday and Sunday evening at Honokaa's historic theater.

Outside of Honokaa town heading north to Waipio Valley the landscape



between Waimea & Hilo on Hwy. 19 in Honokaa

### Places of Interest

Outside of Honokaa town on Highway 19 is one of the Big Island's busiest local dining spots, **Tex Drive In.** This local diner is a

popular place to stop for locals and visitors alike as it features both Hawaiian and American cuisine. The menu includes everything from hamburgers to malasadas, including fresh fish plates and rice. Service is quick and the atmosphere bustles making Tex a fun and tasteful stop for lunch. Before heading on to Waipio Valley make sure you stop in at Mamane Street Bakery for a mouthwatering treat. Owner/baker Ely Pessah, keeps his bake case filled with breads, pastries, and other delectables like Portuguese Sweet Bread and Honey Macadamia Nut Bran Muffins. The aluring smell of freshly brewed espresso and cappucino also lingers. Also, try one of Ely's ultimate bagel sandwiches.

Also located in Honokaa is the Bad Ass Hawaiian Macadamia Nut Factory which is located down the hill from Jolene's Kau Kau Korner. Hawaii's oldest macadamia nut mill allows visitors the opportunity to view the inner workings of a macadamia nut factory. Macadamia nut creations fill the store shelves and will undoubtedly make your taste buds dance when you try them. Also featured is the factory's own bake shop as well as a complete line of Bad Ass Coffee.

changes dramatically. A series of deeply cut valleys edge the coastline all the way to Pololu Valley, the tip of the North Kohala region. No roads exist here only rough trails leading up and down the valley rifts which should not be traveled by inexperienced hikers. The hike to Pololu Valley from Waipio takes even the most experienced hiker several days to complete.

Legend has it that it was in Waipio Valley, "the land of the falling water", that the great King Kamehameha, as a young boy, received his leadership training and first learned to surf. Today, family ohanas, "houses", still dot the landscape which is separated by a river that leads into the open sea. Local farmers and their families continue to make their way of life from farming taro and fishing off the sandy shores of this peaceful and remote valley floor.

Outside of Waipio Valley and Honokaa town are other early and small settlements of the Hamakua region such as **Paauilo**, **Kukuihaele** and **Laupahoehoe**. These towns are all filled with a rich and local culture that happily survives in this region of the Big Island.

The Hamakua Coast is a jungle of



botanical splendor. Old doors and new businesses will continue to open in Hamakua as a period of positive change continues to sweep through the land.

#### **UP-COUNTRY WAIMEA**

etween snow capped Mauna Kea and the Kohala mountains the green hillsides of North Kohala roll along under wispy white clouds, and afternoon rainbows that frequently stream their way from the skies above Waimea.



Horseback riders are a common sight in the paniolo town of Waimea.

Inside this landscape herds of grazing cattle can be seen meandering their way through sloping pastures filled with cactus and dry underbrush as Hawaiian cowboys called paniolos still ride horseback and work the ranges.

Ranching began in this region of the Big Island after King Kamehameha appointed, in 1815, a young seaman named John Parker to hunt and shoot the herds of wild cattle whose population had grown uncontrollably since their introduction to Hawaii in 1793. Parker, who accomplished his mission, managed to domesticate a herd of his own before marrying a Hawaiian chiefess. The marriage helped Parker to acquire the land that would later be used to found his 250,000 acre ranch in 1847. Today's existance of Parker Ranch as one of the largest ranches in the United States gives the outsider an idea of the magnitude of its size.

Today, the town of Kamuela, more often referred to after its district name Waimea, is a town that still surrounds itself with a ranching lifestyle. The brightly colored Victorian houses and shops, tidy yards filled with flowers and skeleton remains of wagons and wheels gives visitors the opportunity to see yet another sphere of the diversity of cultures that exist in Hawaii.

#### **NORTH KOHALA**

ollowing highway 270 north visitors will encounter a landscape filled with historical landmarks that

include the original King Kamehameha statue, Kalahikiola Church, and Mo'okini Heiau which is regarded as the oldest pre-Western contact temple of worship. In the year 1758 King Kamehameha was believed to have been born at Mo'okini. Also to be found in the North Kohala region are the remnants of a once thriving sugar industry of the 1880's which is still visible in the many old storefronts of Hawi & Kapaau towns.

When you're done visiting the towns of Hawi and Kapa'au Highway 270 will lead you through North Kohala's fertile pasture lands, dense forests, and ultimately to Pololu Valley, which offers one of the best scenic view lookouts on the island. If the road were to continue on past Pololu Valley you would eventually end up at Waipio Valley at the northern end of the Hamakua coast. Separating these two valleys are several other magnificent valleys accessible only by foot or horse. If you plan to hike beyond Pololu be prepared for a long trek and bring plenty of water and supplies. The trails are narrow steep and slippery and should not be hiked by amateur trailsmen. While driving along the coastline of North Kohala remember that if the skies are clear you may be able to catch a view of the island of Maui looming on the other side of the Alenuihaha channel. which separates Maui from the Big Island. Between the months of December and April visitors are almost guaranteed a humpback whale sighting off the coast of North Kohala. This region of the Big Island is a



Specializing in
North Kohala
LAND & HOMES

Phone (808) 889-5181 Fax (808) 889-5161

Located in the restored Toyama Building Downtown Hawi

P.O. Box 307 Kapaau, Hawaii 96755

### Places of Interest

The towns of Hawi and Kapaau are now preserved by a new generation of Hawaii businesses which have their

own distinct local offerings. In Hawi is Kohala Pacific Realty, where visitors are welcome to stop in for free maps of the North Kohala region. Owner John Adams and his daughter Joni are taking a different approach to real estate sales. They are promoting the renovation and preservation of many old buildings in North Kohala's towns.

KIRK AEDER



The King Kamehameha statue draped in leis in the town of Kapa'au, North Kohala.

particularly favorite spot for our migrating friends from the north.

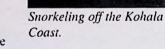
Come and enjoy this peaceful region of Hawaii. You will be amazed at the ancient and modern wonders it has in store for you. 

#### **KOHALA COAST**

lmost always under bright sunny skies the Golden Kohala Coast of the Big Island of Hawaii has for years been the tropical playground of not only ancient Hawaiian royaltybut contemporary vacationers from around the world. The Kohala coast which hosts many important historical sights is also home to one of America's most highly rated public beaches, Hapuna Beach State Recreation

#### Area.

Hapuna's long white sand beach, rolling surf, clear skies, and accesibility make it a popular destination for many island guests. Among the ebony lava fields that comprise the



Kohala Coast landscape are several world renown championship golf courses. From the air or from a distance the green fairways that blanket this rugged terrain soften its landscape. And, because of the Kohala coast's perfect sunny weather the courses are rarely closed...maybe once every five years. Wild goat, donkeys and other four legged creatures roam the land freely and occasionally the Hawaiian short eared owl, the pueo, can be seen in flight.



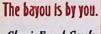
Golfers enjoy an oceanside green at the Hilton Waikoloa Beach golf course.

38 Coffee Times



Men remove a ti wrapped pig from an imu (ground oven) at the Kona Village Resort luau. The Village makes a perfect setting for one of the island's most popular feasts. Open to the public guests should call ahead for reservations when attending the luau.

Connecting this forty or so mile coastline is the ancient King's Trail which was travelled by the ruling ali'i as well as malo-clad runners who were responsible for transporting pond raised fish wrapped in ti leaves to the tables of Hawaiian royalty living down the coast in Kailua-Kona. The King's trail passes through not only the several resort properties but Pu'ukohola Heiau and scores of petroglyph fields. Pu'ukohola was the last Hawaiian temple built during King Kamehameha's reign of



Classic French Creole.

Lunch daily. Dinner

Tuesday — Saturday.

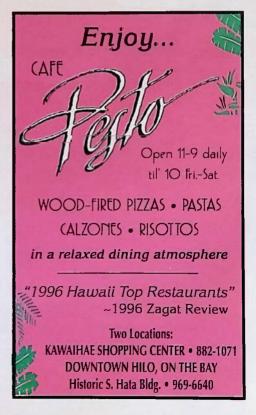
Reservations 883-9641

Located at the Waikoloa

Village Golf Club.

Creole no ka 'oi.

power. It was said that if Pu'ukohola was built to honor the war god Kuka`ilimoku, Kamehameha would be granted the power to conquer and unite the islands of Hawaii under one kingdom. After the temple's comple-



# Places of Interest

One particular place to enjoy is the Hilton Waikoloa Village set amidst lush tropical gardens and tranquil la-

goons on 62-acres. The hotel offers 1,241 rooms, three swimming pools, exotic wildlife, Dolphin Quest, children's program, restaurants, shops, two championship golf courses, tennis, Kohala Spa and a museum walkway -

it's more Hawaii than you can imagine! Located in the Kawaihae Shopping Center is one of the most popular restaurants on the Big Island, Cafe Pesto. The Pacific-Rim Italian cuisine at Cafe Pesto is the epitome of island fresh cuisine as the innovative styles of owner/chef David Palmer constantly strive for perfection. From calzones to pizza and mouth watering pastas the ingredients are island fresh. Prices are reasonable too so you have no excuses to miss the Cafe Pesto experience. Another experience not to miss is a visit to Kona Village Resort where guests have the opportunity to enjoy a variety of dining pleasures in a unique Hawaiian setting. Reservations required. Call (808) 325-6787 or (808) 325-5555. Refer to their ad on page 5. Located at the beautiful Waikoloa Village Golf Club, Roussels features French Creole, in a compfortable, casual atmosphere. Serving lunch daily and dinner Tuesday through Saturday. See their ad below for more details.

tion, Kamehameha did go on to unite the islands of Hawaii, but only after several bloody battles had been waged on outer islands. Today, the *heiau* which was the last human sacrificial site in Hawaii is preserved by the National Park service and is open daily to the public.

The extensive petroglyph fields that are found all along the King's trail hosts its most popular spot near the King's Shops on Waikoloa Beach drive. Follow the signs along a short trail that direct you to the petroglyphs. Keep in mind that the preservation of these field depends on people staying on the trail while viewing these ancient rock carvings.

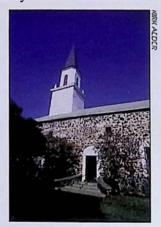
Besides all the cultural sights and plush resorts many popular island events also take place along this Gold Coast of Hawaii and the calendar page in the magazine will advise you of them. Enjoy it all while you wine, dine, and play on the Kohala coast.

# **NORTH KONA**

ndoubtedly the busiest part of the Big Island is the district of North Kona and the seaside village of Kailua. Nestled in this busyness are a few

significant historical and cultural landmarks. Beside the Kailua pier is 'Ahu'ena
Heiau built in 1817. This ancient temple
which was built on a rock platform was
dedicated to patron spirits of learning, the
arts, and healing. King Kamehameha also
made his home here in a thatched hut where
he could maintain control over boats
entering and leaving the bay. Kamehameha
also monitored the farming pursuits of his
village from 'Ahu'ena. Also on Alii Drive
is Mokuaikaua Church. Built in the
1820's Mokuaikaua was the first Christian
church to be built by western missionaries.

Across the street is Hulihee Palace, a nineteenth century vacation home to some of Hawaii's monarchy. Hulihee was built in 1838 and today serves as a museum open daily to the



Kailua-Kona's Mokuaikaua Church

# Places of Interest

If you're looking for a great place to relax and enjoy a coffee check out any one of the three Alii drive **Bad**Ass Coffee Stores. They special-

ize in only top grade 100% Kona coffee and Hawaiian grown coffees. Purchase by the pound or by the cup. Their North Kona stores can be found in Waterfront Row, at the Keauhou Shopping Village and in the upcountry village of Kainaliu.

public. Occasionaly, throughout the week, some of Hawaii's youngsters can be seen in the courtyard under the shade of giant banyan trees practicing hula under the direction of a *kumu hula* (teacher of hula).

Later in the nineteenth century Kailua was a village that was used primarily as a sea port for shipping cattle, coffee and sugar off island. Most of the population in Kona lived in the mountainside towns between

IN A FOR IN

Aerial view of the village of Kailua-Kona and Kailua-Bay. The annual Gatorade Ironman race begins here.

Honaunau and Holualoa along a stretch of road still called Mamalahoa Highway. The town of Kailua, for the most part, was always a sleepy kind of village. Mark Twain even wrote of Kailua-Kona in 1866, "We landed at Kailua (pronounced Ki-loo-ah), a little collection of native grass houses reposing under tall coconut trees, the sleepiest, quietest, Sundayest looking place you can imagine. Ye weary ones that are sick of the labor and care, and the bewildering turmoil of the great world, and sigh for a land where ye may fold your tired hands and slumber your lives peacefully away, pack up your carpetsacks and go to Kailua! A week there ought to cure the saddest of you all."

Up until the early 1970's the population was no more than 700 people, today the population of Kailua is around 35,000 and growing rapidly. Directly contributing to this outbreak of growth is

the recent influx of realtors, developers and land speculators that pay little or no attention to the sanity of the place. Looking beyond the trafficy bustle of Kailua their are many wonderful opportunities for personal

dining, shopping and tour experiences around the town. This district of North Kona also hosts some of the Big Islands most beautiful white sand beaches. A short drive north of Honokohau Harbor on Queen Ka'ahumanu Highway are the beaches of *Makalawena*, and *Mahai'ula*. These beaches require a short hike to access them. Easier to reach and located on Alii Drive to the south are **Kahalu'u Beach Park** and **Magic Sand's**. Both these beaches provide ample parking and do not require a hike.

Around these historical sights are a whole host of restaurants and shopping opportunities and hundreds of visitor and

# KEEP KONA COUNTRY!

local businesses keep the streets and sidewalks around Kailua busy with activity throughout the year. Cruise ships lay at anchor off the shores of Kailua-Bay and many tour and activity companies provide visitors with ample opportunity for hiking, sailing cruises, snorkeling and scuba adventures.

# HOLUALOA

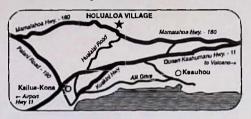
ays pass slowly in the artist's retreat town of Holualoa, almost like the gentle mountain breezes which weave their way through the groves of coffee trees lining the slopes of Mt. Hualalai. Steeped in natural beauty and tradition, this little mountainside coffee town blends a touch of today's art with a passion for the simpler life of the past. The village's many private galleries showcase the works of many local artists in a wide array of mediums.

When you are done visiting the galleries, the friendly local espresso bar, Holuakoa Cafe, will undoubtedly snatch an hour or two from your day and maybe more if you decide to indulge in the homemade cake and pastry selection. Owner Meggie Worbach personally works the espresso bar every day of the week except for Sundays. Her espresso drinks are, hands down, the best on the island and Meggi's German heritage makes her a fanatic for perfection. Perhaps the most unique feature about the cafe are the European visitors it attracts. It



The rustic up-country Holuakoa Cafe. seems like there is always a foreign voice being heard at Holuakoa. For many visitors who don't speak English Holuakoa is an extra nice stop on their vacation.

Make it a point to wander up for a visit to Holualoa you will love this adorable country town.



# **SOUTH KONA**

here is, perhaps, no other region on the Big Island shrouded in more history than the district of South Kona. Whether it be the origins of Kona coffee, the ancient Hawaiian village setting of *Pu'uhonua O Honaunau* (Place of Refuge) National Park, or the Painted



HOURS: Mon-Sat 6:30am - 5pm Closed Sunday

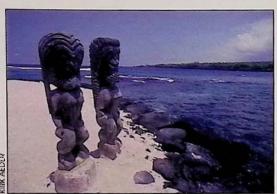
322-CAFE



Holualoa, Hawaii 96725

100% Kona Coffee and Coffees From Around The World • Pastry • Salad Light Fare • Indonesian Imports • Gifts Enjoy a wide selection of my Kona coffee drinks while you converse with friendly locals and island travelers. Or, simply relax in the cafe's tropical garden.

Aloha. Meggi



Tikis at the Place of Refuge National Park in Honaunau.

Church nestled along the hillside overlooking Kealakekua Bay, the spot where the famous English explorer Captain Cook met his fate in 1779. South Kona will keep the historically minded visitor busy weaving their way through its network of mountain roads.

Coffee first came to Kona in 1828 when the Reverend Samuel Ruggles brought plant cuttings to Kealakekua. The early Japanese farmers cultivated many of Kona's first farms and engineered the system of milling and processing this prized coffee.

On highway 160 amidst coffee farms and high on the slopes of Kealakekua Bay is **The Painted Church**, where sometime between 1899 and 1904, Father John Velge, a Catholic missionary from Belgium painted images on the interior

walls of the church depicting the biblical scenes of heaven and hell

At the bottom of Napoopoo Road is Hikiau Heiau at Kealakekua Bay, and a white stone monument across the bay that marks the spot where Captain Cook was killed in 1779. The story behind Cook's death

was that it was the result of a failed attempt by Cook and his soldiers to exchange the high chief Kalaniopuu hostage in return for a cutter that was stolen the night before. Cook, who had come south to the Hawaiian Islands seeking shelter for the winter months, was in search of a northwest passage to England.

A lower coastal road connects
Kealakekua Bay to *Pu'uhonua O Honaunau* (Place of Refuge)
National Park. In the early years of
Hawaiian civilization it was to the

Place of Refuge that people who broke kapu (sacred laws) would attempt to flee. If the kapu breaker could reach this sanctuary his life would be spared. Some of these kapu that governed the common people included not being allowed to walk in the footsteps of the chiefs or to touch their possessions. Other rules forbade commoners from eating foods reserved for offering to the gods, and women were not allowed to eat with the men. The gathering of wood, seasons for fishing and the taking of animals as well as the hula were also controlled under the kapu system. Other features at the park are lokos (ancient fish ponds), hales (thatched roof structures that served as homes). heiaus and ancient rock walls. Visitors are usually provided with live demonstrations of ancient Hawaiian crafts such as the building of canoes and tikis at the park.



A copper line engraving of an early Hawaiian village in South Kona. circa, 1820's

# Places of Interest

When traveling through South Kona you definetely do not want to miss the opportunity to visit one of the On Painted Church Rd, you will

region's working Kona coffee farms. On Painted Church Rd, you will pass Bay View Farm and Mill, family owned and operated by New Hampshire native Andy Roy and his wife Rosalyn. Over the distant hum of

pulping and grading machines the sweet and damp smell of freshly milled coffee cherry fills the air during the fall and winter coffee season. Bay View has a coffee sampling room and gift shop along with their milling operation and guests have the opportunity here to 'cup up' some 100% pure Kona coffee. In Kealakekua, Greenwell Farms also offers visitors a personal guided tour of their farm. The Greenwell family has been involved with the Kona coffee industry for over a hundred years and descendants to the founder, Henry Nicholas Greenwell, still work the farm. The tour of the farm concludes with a cupping of the farm's Estate Kona coffee and the opportunity to purchase some of this fabled family coffee. Also located in this region of South Kona is the Captain Cook Coffee Company dating back to 1898. The mill is currently owned by Mark Mountanos and Steve McLaughlin of San Francisco. Mark is the fourth generation of his family to operate the company. Captain Cook is primarily a processor, miller and exporter of Kona coffee but has also expanded its business into retail and offers mail order buyers an 800# to call for roasted coffee. Refer to their ad on page 58. The Kona Historical Society, located in Kealakekua, has made available to visitors two different walking tours. One being a historic coffee mill tour and the other a tour of alii drive.

## Kona Historical Society Museum

Historic Kailua Village Walking Tour Tues.-Sat. 9:30am, Fri. 9:30am, 1:30pm For Reservations Call 323-2005 Museum located on Hwy. 11, one-half mile

south of rural Kealakekua.

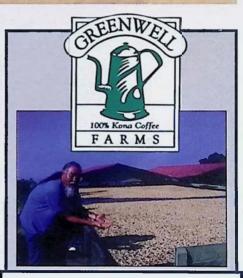


Box 398 Captain Cook, HI 96704 (808) 323-3222



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#### **COMPLIMENTARY FARM TOUR**

tour of farm & mill concludes with a free cupping of our Estate 100% Kona coffees (LOCATED BEHIND THE KONA HISTORICAL SOCIETY GROUNDS ON HWY 11, between mile marker 110 & 111 in KEALAKEKUA) closed Sundays

(808) 323-2862

P.O. Box 248, Kealakekua, HI 96750

# 100% PURE KONA COFFEE

rown since 1828
Kona Coffee is widely acclaimed as one of the world's finest.
Unlike the rest of the world Kona coffee farmers still hand pick and sun dry their coffee. This extremely labor intensive process by independent farming families has greatly contributed to the gourmet reputation of Kona coffee. In 1866 Mark Twain



Today, Mexican coffee pickers help local farmers to hand pick the Kona coffee crop.

stated, in his "Letter From Hawaii", "Kona coffee has a richer flavor than any other, be it grown where it may and call it by what name you please."

# 100% PURE KONA PEABERRY

Peaberry Kona coffee offers connoisseurs one of the finest and perhaps rarest coffee beans in the world. Only an estimated 4 percent of the annual Kona coffee harvest yields a Peaberry grade of coffee. Peaberry occurs when a coffee tree is stressed in its growing environment, resulting in an individual coffee cherry producing only one round and very dense bean rather than the usual two beans. The taste of Peaberry in the cup is simply exquisite.

\$23.00 lb. \$110.00 5 lbs. \$210.00 10 lbs.

# 100% PURE KONA FANCY

After many years of roasting, sampling and selling many different grades of 100% Pure Kona coffee the Fancy grade of Kona has proven itself time and time again to yield the finest and most consistent cup of coffee. Its clean grade, density, size, and aroma have set it apart from other Kona grades. Considered by many to be the best whole bean coffee available in Kona.

\$22.00 lb. \$105.00 5 lbs. \$200.00 10 lbs.

# CALL 1-800-750-KONA

# ALL COFFEE IS FRESH ROASTED TO ORDER ONLY.

(please specify medium, or dark roast with each coffee ordered)

# 100% Kaanapali Estate Coffee

(Island of Maui)

ike fine winemakers who search for the perfect match between grape and growing conditions, turning an ordinary wine into one of the finest vintages in

the world, so is the quest to produce a bountiful range of unique, distinctive, high quality coffee from the Kaanapali Estate in Maui. Their pioneering varietal research began with an expert team of growers, researchers, and cuppers who analyzed 12 test plot locations throughout the Hawaiian Islands; each planted with 18 different varieties of *Coffea arabica*. The result... the best growing conditions of the West Maui Mountains and some of the finest *Coffea arabica* varietals including: Moka, Red Catuai, Typica, and Yellow Caturra.



A very lively cup with wild, slightly exotic chocolaty aroma and subtle winey flavors.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

### **RED CATUAI**

This "Cabernet" of coffees imparts rich, nutty and buttery characteristics. A full bodied coffee with a silky smooth finish.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

### YELLOW CATURRA

A vibrant, clean, and crisp cup of coffee. Producing beautiful spicy, tangy and elegant flavor characteristics.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

### **TYPICA**

A traditional Hawaiian favorite. These beans produce gentle floral aromas and a smooth seductive finish.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

# 100% Kauai Coffee

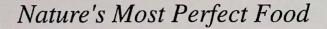
### 100% Kauai Coffee

The warm Pacific sun, rich volcanic earth and abundant mountain water of Kauai combine to create perfect conditions for growing great coffee. The consistency of this high quality coffee is the result of a carefully selected arabica bean with a mild, well balanced taste and enticing aroma.

\$14.00 lb. \$65.00 5 lbs. \$120.00 10 lbs.



# SPIRULINA PACIFICA



ona's own Spirulina Pacifica is the world's one and only certified organically grown and processed algae. This dried water vegetable provides a remarkable combination of beta carotene, chlorophyll, B-vitamins, complete protein, GLA, and a host of enzymes and minerals. Spirulina is remarkable in that it provides more concentrated nutrition than any other whole food. People from all walks of life, including athletes, seniors, and those with special nutritional needs, are benefitting from the whole food nutrition supplied by Spirulina.

# Cold Pressed 500 mg Organic Hawaiian Spirulina Tablets

\$27.00 (400 tabs./ 1 bottle) \$125.00 (5 bottles) \$230.00 (10 bottles)

Shipping weight is 1 pound per bottle

# Organic Hawaiian Spirulina Powder

**\$40.00** (16 oz) **\$190.00** (5 lbs.) **\$360.00** (10 lbs.) Shipping weight is 2 pounds per 16 oz. bottle

# WASHED 100% HAWAIIAN CANE SUGAR \*FROM THE ISLAND OF MAUI\*

he only remaining 100% Hawaiian washed raw sugar available to the public is by far, hands down, the best tasting sugar found anywhere in the world. Used locally by Island juice companies this sugar will compliment your cup of coffee like no other or bring the sweet taste of Hawaii to your baked goods. It's sad to see Hawaii's sugar Kingdom in decline and this local industry replaced by artificial sweeteners, but the real taste of Hawaiian sugar can and will never be duplicated.

## 100% Washed Hawaiian Cane Sugar

\$3.00 lb. \$12.00 5 lbs. \$20.00 10 lbs.

MasterCard





CALL 1-800-750-KONA

# 100% KONA MACADAMIA NUTS

In 1881 Mr. William Purvis sailed away from the Australian shores to plant the first macadamia nut in Waipio Valley on the Big Island of Hawaii.

Coffee Times 100% Kona Whole Grade Macadamia nuts are grown exclusively by independent farmers in the Districts of North & South Kona.

**100% Kona Macadamia Nuts** \$13.00 lb. \$60.00 5 lbs. \$110.00 10 lbs.



# CHOCOLATE COVERED HAWAII

e all know how good fresh roasted 100% Kona Peaberry Coffee and 100% Kona Macadamia Nuts are, now imagine them draped in rich gourmet dark chocolate. Created by Kona candy maker, Michael Blair, these local style chocolates are almost too good to imagine.

Chocolate Covered 100% Kona Macadamia Nuts Chocolate Covered 100% Kona Peaberry Coffee Bean

\$8.50 8 oz. \$16.00 1 lb. \$75.00 5 lbs. \$8.50 8 oz. \$16.00 1 lb. \$75.00 5 lbs.

# COFFEE TIMES T-SHIRTS AND MUGS

Logo Shirts

10 oz Logo Műgs \$10.00/1 \$18.00/2 \$32.00/4

\$15.00/1 \$28.00/2 \$52.00/4

Shipping weight is I pound per mug or shirt and be sure to select large or extra large on shirt-orders.



2 to 3 DAY DELIVERY ANYWHERE IN THE U.S.A. Call For International Shipping Rates

# **Hawaiian Tropical Flowers**

Hooesn't get any fresher than this. Coffee Times is proud to offer you its full line of Hawaiian tropical flowers and leis. In just 48 hours you can experience the floral delight of our island of Hawaii. Our locally grown flowers are long lasting and easy to arrange. Our flowers will brighten up your home or office with the warmth of Aloha!

### **Dendrobium Orchids**

CTF 2 12 dendrobium sprays, 6 greens \$27.00 CTF 2 12 dendrobium sprays, 6 greens \$37.00

CIF 3 24 dendrobium sprays, 6 greens \$56.00

### **Oncidium Orchids**

CTF 4 6 oucidium sprays. 6 greens \$37.00

CTF 5 12 oncidium sprays, 6 greens \$55.00

CTF 6 24 uncidium sprays, 6 greens \$93.00



# FedEx

Federal Express

SHIPPING COSTS ARE ALREADY INCLUDED IN PRICES. NO EXTRA COSTS INVOLVED.



#### **Anthuriums**

CTF 7 12 small anthuriums, 6 greens \$31.00

CTF 8 24 small anthuriums, 6 greens \$45.00

CTF 9 12 large anthuriums, 6 greens \$37.00

CTF 10 12 large anthuriums, 12 small antheriums, 6 greens \$48.00

CTF 11 24 large anthuriums, 6 greens \$54.00

## Anthurium & Dendrobium Orchid Mixes

CTF 12 3 dendrobium sprays, 6 anthuriums, 6 greens \$31.00

CTF 13 6 dendrobium sprays, 6 anthuriums, 6 greens \$36.00

CTF 14 12 dendrobium sprays, 12 anthuriums, 6 greens \$54.00

## **Anthurium & Oncidium Orchid Mixes**

CTF 15 3 oncidium sprays, 6 anthuriums, 6 greens \$36.00

CTF 16 6 oncidium sprays, 6 anthuriums, 6 greens

CTF 17 12 oncidium sprays, 12 anthuriums, 6 greens \$73.00

#### Hawaiian Mixes

CTF 18 3 orchids, 6 anthuriums, 3 birds of paradise, 6 greens \$37.00

CTF 19 3 orchids, 9 anthuriums, 2 haleconia, 6 greens \$44.00

CTF 20 12 orchids, 12 anthuriums, 2 haleconia, 1 bird of paradise, 1 protea, 6 greens \$73.00

CTF 21 6 orchids, 12 anthuriums, 2 haleconia, 6 greens \$42.00

CTF 22 12 orchids, 12 anthuriums, 4 haleconia, 6 greens \$68.00

CTF 23 18 orchids, 18 anthuriums, 4 haleconia, 4 protea, 6 greens \$110.00





#### Hawaiian Leis

CTF 24 Dendrobium orchid lei (white or lavender) \$27.00

CTF 25 Vanda orchid lei \$27.00

CTF 26 Double orchid lei (vanda or dendrobium) \$36.00

CTF 27 Vanda Mauna Loa lei \$45.00

CTF 28 Tahitian ginger lei \$45.00

CTF 29 Ti leaf with orchid lei \$31.00



#### Haku

**美国中国** 

CTF 30 Haku with white orhids and natural Hawaiian greens \$45.00 CTF 31 Haku with rosebuds and orchids and natural Hawaijan greens \$48.00 CTF 32 Haku with 4 - 5 different Hawaiian flowers and natural Hawaiian greens \$53.00

### A Note About Our Flowers...

All flowers are grown exclusively on the Big Island of Hawaii by local farmers only. They are packed and rush shipped for freshness. Flowers do not come arranged as shown above, but include full arranging instructions in each box. Mahalo!

## Maile Leis

CTF 33 Traditional Hawaiian green leaf lei. (perfect for weddings, birthdays, graduations and special events) \$31.00



CALL 1-800-750-KON

SATISFACTION GUARANTEED

**Product** 



# ORDER BY MAIL

Style or Roast

Lbs.

Delivery Charges \$\_

Price

In U.S. please add \$3.50 for 1st pound and \$1.50 for each additional pound (Call for international shipping fees)  GRAND TOTAL \$  Please mail with check or money order to:  Coffee Times, P.O. Box 1092, Captain Cook, HI 96704	
Pay by Credit Card  (MC) (VISA) (AM EX)#:	gnature:
Ship To:	

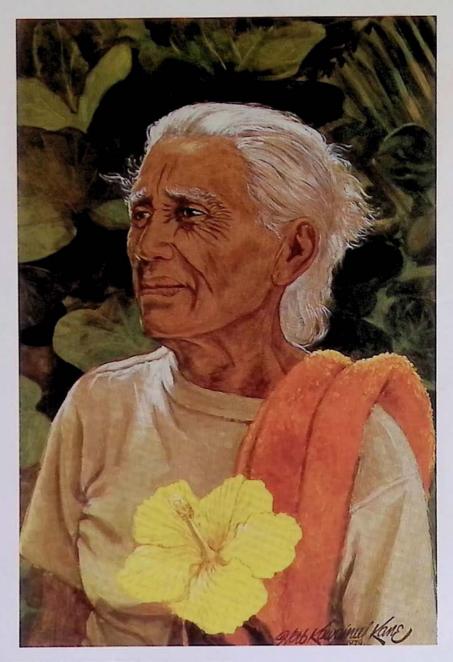


Our Gift Boxes Include: The Kona Peaberry, Kona Fancy. Maui Moka, Maui Red Catuai, Maui Yellow Caturra, Maui Typica and Kauai coffees, Hawaii Washed Raw Sugar, Kona Macadamia Nuts, Chocolate Covered Kona Peaberry, Chocolate Covered Kona Macadamia Nuts, 4 Mugs and a logo tee shirt.

1 pound of each: \$200.00 1/2 pound of each: \$125.00

Coffee is roasted fresh in either a medium or dark roast. Mugs and tee shirts are included in both pound and 1/2 pound orders. Prices include shipping.

1-800-750-KONA



#### AUNTY CLARA, BY HERB KAWAINUI KANE

She lived at Honaunau Bay in South Kona. When we anchored Hokule'a there on its first training and shakedown cruise, she insisted on sailing with us when we left. I could not refuse her. She became the beloved elder of our crew, who made a seat for her before the mizzen mast. While in port on Maui and Molokai she lived aboard as self-appointed guardian of the vessel, keeping a sharp eye on mischievous children. After we arrived in Honolulu, she kissed me goodbye and said "Mahalo, Captain. Now I can die happy." None of us knew about her illness until cancer claimed her a few months later. Her last words were "Hokule'a!"

Other words and images by Herb Kawainui Kane can be found in his book *Voyagers*. A signed copy of his book can be purchased through *Coffee Times*.