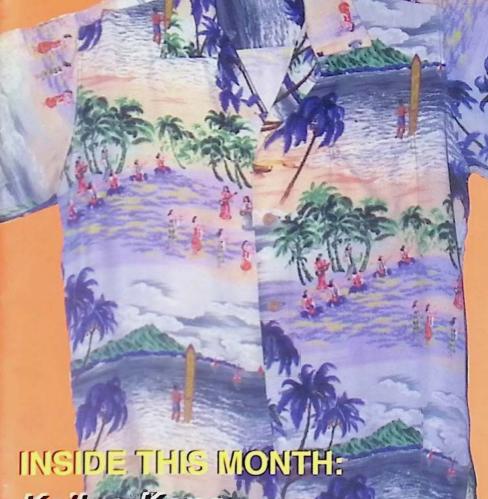


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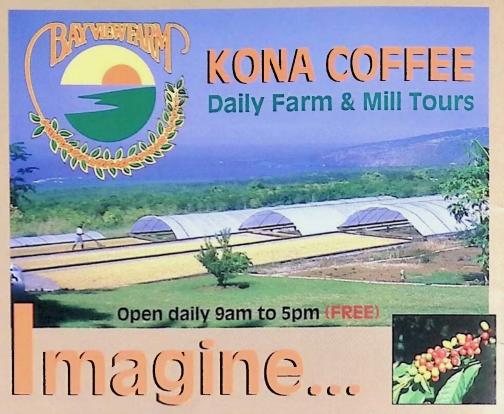
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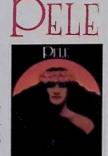
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(Whalesong Publishing 1991) features 140 examples of Hawaii Living Treasure Herb Kane's paintings and sculptures, along with his telling of myths, legends, and history of Hawaii and the South Pacific. 176 pages. \$24.95 Includes Priority Air Mail and Handling.

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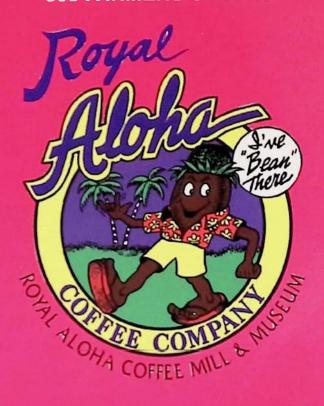
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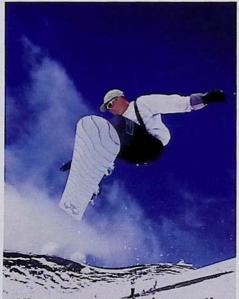
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A comprehensive guide to touring the Big Island of Hawaii.

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Wherever you wind up on the Big Island, we wish you an enjoyable stay.

Coffee Times Coffee Times

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Les Drent

Publisher and Founder

COVER PHOTOS

September: Horse Racing in Waimea, by Kirk Aeder. October: Luis Cisneros of Bay View Farm, by Les Drent. November: Background: Waipio Valley by Kirk Aeder. Inset: Waipio Taro Farmer John Loo, by Betty Fullard-Leo. December: Vintage Aloha Shirt from Mauna Kea Galleries in Hilo, by Les Drent. January: Kayla Yadao of Waimea by Kirk Aeder. February: Kid Skipper in Kailua Bay, by Kirk Aeder.

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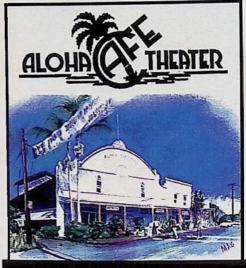


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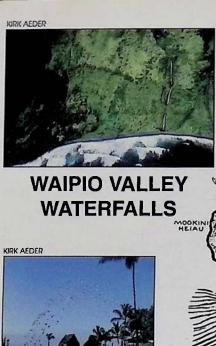
Chefs Mike Bickers & Marion Denzler

A culinary story of a 65 year old theater/cafe located in up-country Kainaliu that has boldly entered a new age of food excellence with its new dinner menu. Starring Chef Mike Bickers and his mouthwatering plates and co-starring Marion Denzler and her lustful desserts. Already world famous for its hearty & generous breakfast and lunch menu (with long-time Aloha chefs Diana Ancog & Glen Garcia) the Aloha is a culinary show for all ages.

See their story in the September and December Coffee Times page 33

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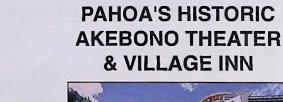
TANABOW FALLS AT THE LO

VOLCANOES
NATIONAL PARK

BODY BOARDING
MAGIC SANDS POINT



Drive Slowly, There's a Lot to See





KA'U REGION South Point U.S.A.





Left: Kauaha`Ao Congregational Church in Naalehu. Right: Naalehu Fruit stand is the place to go for the freshest island fruits.

he actual place where Polynesians first stepped foot in Hawaii will always remain a mystery, but it was probably somewhere near the southern tip of the Big Island. This area seems like a probable place because their approach would have been from the south, where all of Polynesia lay. When sailing north, the Big Island would be the first island they would have seen, and South Point would have been the nearest landfall. Aside from the logic of such a choice, there is archaeo-

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logical evidence supporting the supposition of a landing near **Ka Lae**, as the Hawaiians call the most southern tip of the island of Hawaii. Excavation of lava tubes, that were used as shelters, near Kailikii and Waiahukuni, villages four miles northwest of the Ka Lae, indicate people were using them by A.D.750. There is other evidence that indicates people first were in the area as early as A.D. 200.

The cliff near South Point Park is a common mooring place for modern day fishermen who find these waters a rich resource. From the precipice the drop is about forty feet to the ocean's surface, but the cliff base goes down another thirty feet below the surface of the water. Ladders, hung to make access to the boats easier, swing freely in the air just above the sea. The cliff is deeply undercut. In the heat of the day the water looks inviting. It is so clear the bottom can be seen plainly. For some there might be a temptation to leap into the cool water, and climb back up the ladder. It looks inviting, but don't do it. A swift current runs along the shore. The flow will carry anyone in the water straight out to sea. It is called the Halaea Current. named for a chief who was carried off to his death.

One of South Point's most famous scenic spots is Mahana Beach, also called Green Sands Beach because it has a distinctive golden green color. Although none of the fragments in the sand are large enough for jewelry purposes, the beach is composed chiefly of peridot, a semiprecious



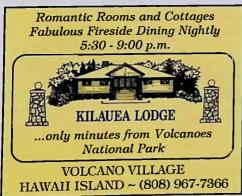
Places of Interest

At Naalehu Fruit Stand, owners John and Dorene Santangelo prepare homemade specialties daily. Take your meal on the road or take a picnic table seat on their front porch as you watch

travelers on their way to Volcano pass by. Next to Naalehu Fruit Stand is the South Point Properties, the southern most real estate office in the USA. The office offers free maps to travelers and advice to buying real estate in Hawaii.

gemstone. These tiny green gems are a silicate, one of the many families of quartz, which cook out of the basaltic magma over time. (They are apparent as green flecks in the raw lava stones used to build the columns and walls of the Jagger Museum at Kilauea's Volcano National Park.) As lava reached the coast, erosional forces, and the specific gravity of the stones, perhaps are responsible for the accumulation of such a large quantity of the granules that produced the green sand beach.

Up the coast from South Point's main hub of activity, Naalehu town, and heading towards Volcanoes National Park you will pass by Punalu'u black sand beach and later a sign marking a road to Pahala. The short drive to Pahala is worth the excursion. In it are an actively working sugar mill and the not so active remains of the old Pahala Theater. Take time to drive into the lush tropical Wood Valley and past a Buddhist temple. Ask for specific directions to those sights at the local general supermarket, there is only one. South Point is a little more than an hour's drive from either Hilo or Kona.



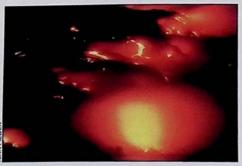


Offering a laulau (ti wrapped food) to Madame Pele, the goddess of the volcanoes.

VOLCANO HAWAII

olcanoes National Park has one entrance, off Route 11, 30 miles south from Hilo or 95 miles east from Kona. The park is open 24 hours a day all year round and requires a \$5.00 entrance fee per vehicle which is valid for 7 consecutive days. The hiker/bicyclist/bus passenger fee for people over 16 and under 62 is \$3.00. When you enter the park during daytime hours you will receive a park brochure at the entrance station. If you enter the park after hours you may pick up the brochure at the Kilauea Visitor





Above: Depending on eruption status visitors can often view the volcano's lava flows. Right: An ohia lehua blossom in full bloom.

Center which is located a quarter mile from the entrance on Crater Rim Drive. The visitor center is open from 7:45 a.m. to 5:00 p.m. daily. Visitors are encouraged to take the time to carefully read the park regulations and guidelines. The volcano fumes that exist in the park may create a health hazard for pregnant women, infants and people with heart or respiratory problems. People at risk should avoid stopping at the Sulphur Banks, Halema'uma'u Crater and other areas where volcanic fumes are present.

Overnight trips in the park require a backcountry permit that can be obtained at no charge at the Kilauea Visitor Center. Once inside the park enjoy the 25-minute movie on eruptions shown hourly at the visitor's center. Other attractions are the Thomas A. Jaggar Museum three miles inside the park along Crater Rim Drive, The Volcano House, Thurston Lava Tube

and scenic vistas. Depending on the timing of your visit you might have a chance to see the volcano erupting. A 45 minute drive to the end of Chain of Craters Road and a short hike will get you to the most recent lava flow area. The new coastline is unstable and can collapse into the sea at anytime without warning. Obey all park signs. Do not enter any closed areas! The park also offers many other hiking opportunities which are mapped out in the park

brochure.

reminder to drive slowly and carefully while touring the park as it will help to protect Hawaii's endangered state bird, the nene.



FOR SPECIFIC PARK INFORMATION

Call Volcanoes National Park at (808) 967-7311 Or For an Eruption Update call (808) 967-7977

Places of Interest

Lodging, gas, camping supplies and dining all can be found in Volcano Village just a short drive from the

park. Because of the remote location of Volcano, the numerous Bed & Breakfasts existing in the region are a popular choice among visitors seeking lodging in this region. Located off of Hwy. 11 are the private Hale

Ohia Cottages surrounded by bonsai-style gardens and moss covered grounds. The suites and cottages are both spacious and comfortably outfitted. Also featured at Hale Ohia are two very private romantic cottages outfitted with fireplaces. Perhaps one of the most memorable dining experiences on the Big Island can be found at Kilauea Lodge, which features continental cuisine beside the historic Fireplace of Friendship. The mountain lodge also hosts thirteen romantic rooms for overnight visitors.

PUNA and PAHOA

or visitors who want to experience the true feeling of old Hawaii,

Pahoa village holds the key to this untouched past. First a rugged sawmill

town then a sugar town and also a crossroad on the old railroad, Main Street Pahoa has maintained its western style storefronts and wood boardwalks in a charming turn of the century Victorian style.

Quaint shops from surf, to curio and restaurants that span the flavors of the

Places of Interest

One of the nicest things about dining out in Pahoa is that you are guaranteed to get an authentic plate of food

at most of its restaurants. At the Godmother Italian Restaurant New York native and owner Liz Cestare has brought not only the taste of rich pasta but a little Big Apple character to this little Hawaiian village. At

Paolo's diners have a chance to to taste authentic cuisine from the Tuscany region of Italy prepared by an Italian chef/owner, whose name is no other than Paolo. Next door to Paolo's is Sawasdee Thai Cuisine owned and operated by Sombat Saenguthai, who prefers to go by the name "Mac" to friends and guests. Mac's menu is extensive and she offers plenty of tasty choices for vegetarian diners. If you wish to experience yet another international style of cuisine why not try Luquin's Mexican Restaurant, the busiest dining spot in Pahoa. A full bar, fast service, and a lively atmosphere are all guaranteed by Salvador Luquin, owner, chef and former Mexico native. The great food at Luquin's is also very reasonably priced.



Above: Downtown Pahoa as it looked during the 1920's.

globe from Thailand, to Mexico, and Italy,

make Pahoa Village one of the most pleasurable shopping and dining stops on the Big Island. Every restaurant in Pahoa is owner operated, guaranteeing diners the best in food preparation. Lodging in Pahoa is alternative as well.





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The historic Village Inn, built in 1910, housed some of Puna's earliest travellers and still operates today. The rooms are clean and spacious with vintage victorian decor. Call ahead to any of the friendly shops to learn of any special events scheduled during your visit. Pahoa has the reputation of holding some lively and entertaining performances both on its Main Street and at the Akebono Theater, Hawaii's oldest theater.

The countryside surrounding Pahoa is filled with natural wonders like the Lava Tree State Park, steam vents. groves of papaya trees and black sand

HILO & EAST HAWAII

hen you talk about the old Hawaii, at least the one that hasn't been touched as much today by the long arms of commercialization and development, you cannot help but mention the East Coast on the Big Island. At the center of all this is old town Hilo. Hawaii's second largest city is seeing a revitalization of spirit thanks to the effort of the Downtown Hilo Organization who is busy



restoring and preserving the storefronts of this yesterday town. Aiding this effort are the wealth of new businesses occupying Hilo's old buildings. Adding to this old Hawaii feeling is the daily Suisan Fish Market

Akaka Falls Inn & Gift Gallery P.O. Box 190, Honomu, Hawai'i 96728-0190 (808) 963-5468 28-1676 Mainstreet Honomu Gift & Art Gallery . Deli . Picnic Lunches

call ahead to order your picnic lunch

beaches along the rugged Puna coast. From the bays at Isaac Hale Beach Park to the area of Puna once known as Kalapana the coastal road, Route 137, winds through untouched pine forests, open pastures and dense tropical foliage. While traveling on 137 you will also pass seaside pools and quiet fishing spots perfect for picnicing or a relaxing snooze. It's no wonder that many tour guides around the Big Island tout Puna as the most scenic and rural area of the Big Island. Visitors are warned however that a prolonged stay in this Aloha time capsule may make leaving a very difficult task.



Auction and the Hilo Farmer's Market which is held every Wednesday and Saturday in Downtown Hilo. Refer to the downtown Hilo map on page 22 for an interesting hike around some of the city's historic buildings and structures. It's fun to think about what the town was actually like around the early 1900's.

An easy to find waterfall is Rainbow Falls which is located inland along the Wailuku River at the north end of town. Follow the road running alongside the river to the Park where you won't have to walk far to see one of the



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Places of Interest

A great place to start your tour of Hilo is at Mauna Kea Galleries, located at 276 Keawe Street in the old Court Mauna Kea Building. The gallery hosts many

vintage Hawaiian and Polynesian paintings, artifacts and ephemera and is open daily. See their ad on page 3. Up the coast in the town of Honomu and near Akaka

Falls is Akaka Falls Inn & Gift Gallery located in the restored 1920's Akita Store building. Hawaiian crafts and gifts are just a few of the locally made items guests will find in the gallery. Also featured are original works of art and prints by Island artists. In addition to the gift gallery is a deli that will prepare a picnic lunch for your trip to Akaka Falls. Food items include sandwiches, pastries, cold drinks and coffee. If you are looking for overnight accomodations the gallery also hosts two B&B style rooms for guests. When you are done sight seeing the best lodging around Hilo can be found at the magnificent and luxurious Hale Kai Bed and Breakfast, located on the bluff above the ocean overlooking Hilo's premier surf spot, Honolii. Expect nothing less than gourmet island breakfasts and plenty of privacy. Hale Kai also has available a private cottage facing a pool and ocean. The owners, Evonne and Paul Bjornen are knowledgeable hosts and are always willing to lend a personal travel tip to their guests.

area's most frequented sights. If you're lucky you will catch sight of a rainbow at the falls.

After leaving Hilo you don't want to miss the drive north to Waipio Valley which takes you over scenic gorges that were once crossed by cane hauling trains in the heyday of sugar cane production. The plummeting waterfalls and river mouths under the extensive bridge systems leading north up the Hilo Coast are definitely an awesome sight. On this drive north is Onomea Bay located along a 4 mile coastal scenic route. The lush ravines and botanical gardens are brilliantly picturesque along this coastal road and is well worth the detour.

Akaka Falls State Park and the village of Honomu can be reached by taking Hwy. 220 off of the main route, Hwy. 19 north. Once you reach the Park a short paved hike will take you past a network of smaller waterfalls and colorful tropical foliage to the plummeting Akaka Falls. Its accessibility and grand size





Photos: Facing page photos are Akaka Falls, and Sonja and Anthony Martinez from Akaka Falls Inn & Gift Gallery in Honomu. Above this page is Hilo's historic Lyman House. Below a surfer enjoys a sunny morning session at Waipio Valley.

make Akaka Falls a popular stop along this eastern coast. The historic town of Honomu boasts many old storefronts from the days when sugar was king. The drive and hike to Akaka Falls will only take you out of the way for an hour but you might just find yourself passing more time over an ice cream and a pleasant cool breeze in the quiet town of Honomu.

HONOKAA-HAMAKUA



or years the town of Honokaa sat idle, its home town theater empty, local store fronts ghostly quiet, and continued on page 34

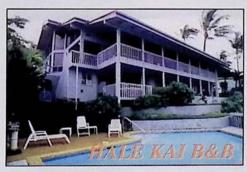
Big Island Lodging Guide

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HAMAKUA REGION

1. Suds' Acres Innkeepers: Anita & Oliver Suds, P.O. Box 277, Paauilo, HI 96776 Ph/Fax: 808-776-1611, 1-800-735-3262 e-mail: aphesis @interpac.net

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HILO REGION

2. Hale Kai B&B Innkeepers: Evonne & Paul Bjornen, 111 Honolii 6330 Fax (808) 935-8439

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3. Wild Ginger Inn 100 Puueo St., Hilo, HI 96720 Ph: (808) 935-5556, 1-800-882-1887 Conveniently located across the Wailuku



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KONA REGION

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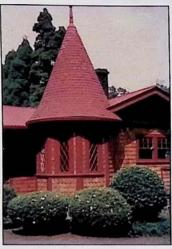
maculate, spacious rooms furnished w/antiques & fresh flowers. A delightful Hawaiian breakfast of fresh fruits, chef's special & Kona coffee is served each morning. Snor-

kel gear & beach supplies provided.

VOLCANO REGION

5. Hale Ohia Cottages Innkeeper: Michael Tuttle, Box 758, Volcano, HI 96785 **Ph:** (808) 967-7986, 1-800-455-3803

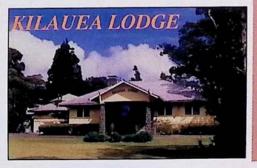
Noted in the NEW YORK TIMES, the SO-PHISTICATED TRAVELER, historic hide-



away, unique architecture, garden setting, fireplaces, heated Japanese Furo, breakfast brought to your room. All accommodations have private baths. One mile from Natl. Pk., Rates: \$75 to \$95.

6. Kilauea Lodge Innkeepers: Lorna & Albert Jeyte, P.O. Box 116, Volcano, HI 96785. Ph: (808) 967-7366 Fax: (808) 967-7367

Popular mountain lodge and restaurant set on ten acres of forest and formal gardens. Romantic rooms and cottages with private baths, central heat for the cool mountain evenings, many with fireplaces. Common room with VCR, library and games. Original art. Full breakfast included. Fabulous fireside dining nightly.



Big Island Business Listings

ART

Kailua Village Artists. Keauhou Beach Hotel & King Kamehameha's Kona Beach Hotel, Kailua-Kona, HI 96740. (808) 322-4255 Keauhou Beach, (808) 329-6653 King Kam. Kailua Village Artists art co-operative offers fine art originals, prints and crafts by Big Island artists at affordable prices.

COPIES/PACKING/SHIPPING/ GRAPHIC DESIGN

Copy Post Plus. Keauhou Shopping Center, 78-6831 Alii Drive, H6, Kailua-Kona, HI 96740. Tel: (808) 322-0813. Tel: (808) 322-6619, Fax: (808) 322-1844. Your one-stop P.O. Box rental, gift wrapping, packing, shipping, faxing, laminating, copying, laser color copying and graphic design center!

MAIL ORDER

Double Brush, Cheryl Murakami, P.O. Box 505, Keaau, Hl 96749-0505 (808) 966-6048 Sushi & Tropical Candles - Original Designs. Hawaii Made. Write for FREE brochure. Double Brush, P.O. Box 505, Dept. 139, Keaau, Hl 96749-0505. Ph./Fax: (808) 966-6048

Exotic Hawaiian Flowers. P.O. Box 4843, Hilo, HI 96720-0843. Ph: (808) 959-9141 Fax: (808) 959-8878. Exotic Hawaiian Flowers Shipped Fresh to Any U.S. Address. 1-800-700-6755, http://planet-hawaii.com/exotic email: exotic@aloha.net P.O. Box 4843, Hilo, HI 96720-0843.

Pele Plantations. P.O. Box 809, Honaunau, HI 96726. Call & Fax 800 366-0487 / 808 328-2028. No map needed! Mail order and local delivery of 100% Kona coffees including estate-grown, organics, and peaberry, plus dry-roasted and chocolate covered macnuts and chocolate coffee beans. Complimentary gift packaging and custom baskets. Private labeling available.

OCEAN ADVENTURES

Sea Quest Rafting, P.O. Box 390292, Kailua-Kona, HI 96739. Ph./Fax: (808) 329-7238. Sea Quest Rafting Adventures...6 guests maximum, explore sea caves and lava tubes. Great snorkeling, gear, snacks! Kona (808) 329-7238, email: equest@kona.net

Call (808) 326-7637 to be listed here.

December

Makali'i 'little eyes' on yam roots, ho'omaluhia - Hawaiian 'New Year'. Wet weather with kona wind. Turtle come ashore. Anae kapu.

On The Island of Hawaii and in Hawaiian History

DECEMBER ALL MONTH

Mauna Kea Visitor Programs

Every Saturday and Sunday a Mauna Kea summit tour begins at 2:30pm. Participants should stop at the Visitor Information Station at least 45 minutes before the tour. Children under 16 not permitted due to health hazards from high altitude. 7-10pm every Friday and Saturday night the Visitor's Information Station presents an audio-visual or lecture and stargazing with an 11-inch Celestron telescope. Children encouraged to participate. Call (808) 961-2180. Free.

After Dark in the Park

Hawaii Volcanoes National Park presents its series of free programs in the Kilauea Visitor Center Auditorium at 7pm several nights per month. The series features cultural, geological, biological and historical presentations. Call 967-7184 for detailed monthly program information.

Historic Kailua Village Walking Tour

Presented by the Kona Historical Society tour the historic sites on alii drive including Hulihee Palace, Mokuaikaua Church and Ahu`ena Heiau. Learn about the significance of each site and what life was like in the early days of Kailua-Kona. Guided tours are given Tuesday through Saturday at 9:30am and Friday at 9:30am and 1:30pm. For reservations call 323-2005.

NOVEMBER 1-8

The Wizard of Oz, The Aloha Childrens Theatre presents this spectacular original television musical. 7pm and 3pm. Aloha Theater, Kainaliu, 322-9924.

NOVEMBER 1-8

27th Annual Kona Coffee Cultural Festival. (808) 326-7820.

DECEMBER 1, 1829

Boki and others seek sandlewood, ship 'Kamehameha' lost

1952

1st television broadcast KGMB - TV.

DECEMBER 2, 1974

Inaugurated George Ariyoshi, state's 3rd Governor. 1st US Governor of Japanese descent. Now trustee for Bishop Estate.

NOVEMBER 8

Big Island Taro Festival. Honokaa, Contact Ada Pulin-Lamme, (808) 775-0598.

DECEMBER 5, 1834

7th company of American missionaries arrive.

DECEMBER 7, 1941

360 Japanese airplanes attack Pearl Harbor.

NOVEMBER 13

Winter Wine Escape. Renowned visiting chefs and wineries celebrate the pairing of wine and Hawai regional cuisine. The event kicks off with the "Winter Escapade," a grand tasting of fine California wines and French champagne combined with delectable chef specialties, and follows with food and wine seminars, wine tasting, gourmet dining at the Chef's Table, and a wine brunch. 1-800-882-6060

DECEMBER 8, 1941

United States declares war on Japan.

NOVEMBER 14

Himeni A Ho'okani Pila, An unforgettable evening of himeni a ho'okani pila (singing and playing musical instruments) will fill the Kilauea Theater with music as Keola Beamer and friends take to the stage with instruments ranging from the Hawaiian slack key guitar, ohe (bamboo nose flute) to III III (stones) and Keola's famous "dream" guitar stylings.

NOVEMBER 15

Hawaiian games at Keauhou Beach Hotel in Kona. Public is invited to witness 6 Hawaiian games including ulu maika, ihe pahee, o'o'ihe, hu, pala'ie, and moa pahe'e. Call Kathryn Salomon at 322-3441 ext. 218 for more info.

DECEMBER 9, 1844

Kuakini (John Adams) Governer of Hawaii. Brother of Ka'ahumanu, dies.

DECEMBER 11, 1820

Future Kamehameha V born.

1872

Kamehameha V dies.

DECEMBER 12, 1850

1st Mormon missionaries arrive.

1899

5 persons die of bubonic plague - outbreak of epidemic.

DECEMBER 13, 1794

Kalanikupule wins battle against Kaeo with aid from Brown & Kendrick.

DECEMBER 15, 1854

Kamehameha III dies - suceeded by Alexander Liholiho as Kamehameha IV.

DECEMBER 17, 1835

'Olohana (John Young) - grandfather of Emma, Gov. of Hawaii, advisor to Kamehameha I dies.

DECEMBER 19, 1831

Bernice Pauahi is born. 1863

King David Kalakaua marries Kapi'olani II.

DECEMBER 21, 1842

William Pitt Kina'u - son of Princess Ruth Ke'elikolani - hom.

DECEMBER 22, 1846

Frenchman 'Senor' Le Bleu arrives in Honolulu, Hawaii's first commercial photographer.

DECEMBER 23, 1993

U.S. Congress passes *Public Law 103-150* an apology to Hawaiians - opening legal argument for International Law.

DECEMBER 25

Mele Kalikimaka (Merry Christmas)

DECEMBER 29, 1831

Naihe dies - husband of Kapi'olani, famous Narrator and Governor of Hawaii.

DECEMBER 30, 1836

Nahi'ena'ena - sister of Kamehameha II & III dies.

DECEMBER 31, 1834

Future Queen Kapi'olani is born Napelakapu'okaka'e

1879

Cornerstone of 'Iolani Palace is laid.

Heather's Taste of Hawaii

Recipes provided exclusively for Coffee Times by Heather Campbell of the Four Season's, Hualalai.

Enjoy! HEATHER

Brandy Truffles

Ingredients:

12 ounces milk chocolate
4 tablespoons unsalted butter
3/4 cup heavy cream (scalded)
1 1/2 teaspoons brandy or cognac
powdered sugar
8oz. semi sweet chocolate

In top of a double boiler over simmering water, melt milk chocolate with butter. Slowly beat hot cream into chocolate mixture until all cream is absorbed. Add brandy or cognac, cover and refrigerate until mixture is firm (about 2 to 3 hours).

Line cookie sheet with waxed paper. Spoon 1 inch mounds of chilled chocolate mixture onto waxed paper. Cover & refrigerate until firm, about 30 minutes. Rinse hands with very cold water; dry. Rub palms of hands with powdered sugar. Working quickly, roll each chocolate mound between palms to make a ball. Freeze for 30 minutes.

In top of double boiler, melt semisweet chocolate. Line another cookie sheet with waxed paper. Remove half the truffles from the freezer, working gently, dip truffles into chocolate and place on waxed paper. Repeat until all truffles are coated. Refrigerate until serving.

KAILUA-KONA A Royal Retreat

by Betty Fullard-Leo

nder the shopping-bazaar facade of sun-dappled Kailua-Kona lies a legacy of events and historic locales that played a pivotal

role in changing forever the lifestyle of the Hawaiian people. The languorous town, spread along one main street paralleling Kailua Bay, was a favored retreat of royalty long before the missionaries showed up in 1820 and was the refuge the great King Kamehameha I sought in 1812, following eight years of waging war to bring the Islands under his command.

Today, it's easy to overlook the significance of a pile of stones topped with a thatched hale, or the graceful building beyond a wrought iron fence during a stroll along Ali'i Drive as balmy trade winds blow, but these are the places where King Kamehameha I died and the old kapu system was discarded, ushering in the Christian religion.

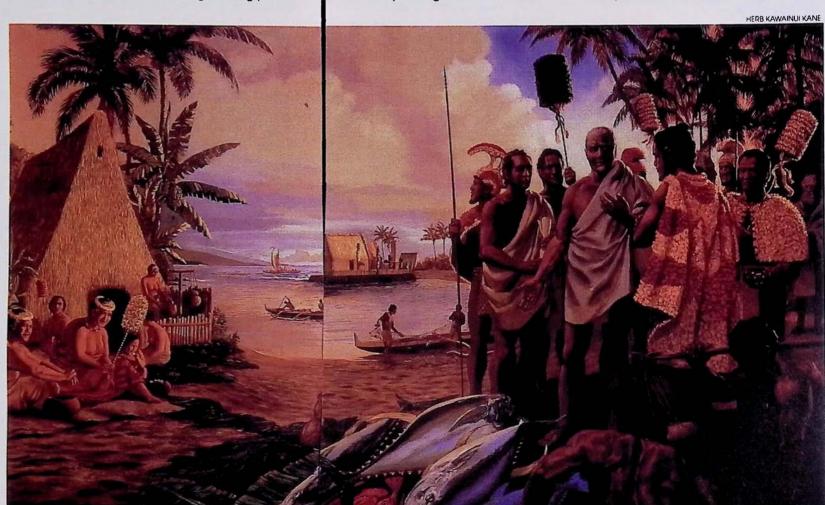
The king sailed to Kamakahonu, in a sandy cove near the present site of King Kamehameha's Kona Beach Hotel and built his residence, a hale called "Papa" nearby. John Papa I'i, an attendant of

the succeeding King Liholiho, described the area, "Outside the (royal) enclosure, by the edge of the sea, was a spring called Ki'ope...It was a gathering place KAMEHAMEHA AT KAMAKAHONU Painting and words by Herb Kawainui Kane

The wars were over and the Kingdom of Hawaii firmly established. At Kamakahonu, his estate at Kailua Village in Kona, Kamehameha devoted his last years to ruling his kingdom as a benevolent and just monarch, encouraging prosperity, conducting business with foreigners, and educating his son Liholiho as his successor. The painting depicts him wearing a simple kapa garment in conversation with his son Liholiho. Beside him stands his prime minister, Kalanimoku. The prince's atendant, wearing a short yellow cape, is John Papa I'i, who later became an important historian. The fish in the foreground represent the gifts of food brought daily to the court. Two ladies of the court are seated at left. Kamehameha's residence was a complex of thatched structures around a tranquil cove at Kailua Bay. Across the cove stands his private temple. 'Ahu'ena.

for those who went swimming and a place where the surf rolled in and dashed on land when it was rough. It was deep enough there for boats to land when the tide was high..."

When Kamehameha's wives and relatives were settled into their own compound, he chose to reconstruct





KAMEHAMEHA 1, print by Dumont D'urville, circa 1830.

Ahu'ena Temple, a former luahini, or sacrificial heiau, in honor of the god Lono at a site that had been sacred since the high chief Liloa ruled the Big Island in the 15th century. At the heiau, Kamehameha I met with his trusted advisers. I'i offers a vivid description of the site, "...within this fence...there was an 'anu'u tower. A row of images stood along its front as befitted a Hale o Lono....On the west side of the outer entrance was a large image named Koleamoku on whose helmet perched the figure of a plover (kolea in Hawaiian). Koleamoku was a god of healing who was called upon to cure the most serious illnesses."

Traders and explorers visited Kamehameha in his nearby palace, a thatched hale described at the time by Lieutenant Otto von Kotzebue, captain of a Russian trader, as "a spacious apartment...(that) afforded a free draught both to the land and sea breezes."

On May 8, 1819, King Kamehameha died at Ahu'ena heiau; he was nearing 70 years old. Historians wrote that a second 'anu'u tower was built enclosing a small "house of the dead" where his body was prepared for burial.

Kamehameha I had named 22-year old Liholiho to succeed him.

Ka'ahumanu, favorite of all
Kamehameha's 21 wives, announced
the will of the dead king, cleverly setting
the stage for herself to assume a
powerful role in governing the Hawaiian
Islands by saying "O heavenly one!
Here are the chiefs, here are the people
of your ancestors, here are your guns;
here are your lands. But we two shall
share the rule over the land."

She invited Liholiho to dine with her, and a few months after his father's death he did so in a large hale at Kamakahonu. Besides the royal entourage, guests included foreigners from ships and other individuals living in Kailua-Kona. While the roasted chickens and pig were being carved, Liholiho rose from the men's table. seated himself beside his queens and began to eat with gusto, thus breaking one of the most stringent of ancient kapu (taboos). The assemblage stared in astonishment, and then cried out, "The kapu is broken!" Then everyone began to feast. Word traveled quickly, and soon heiau were destroyed and idols overturned throughout the islands. Women could come and go freely, join in political decision making and eat whatever and with whomever they pleased.

Into this chaos sailed the first zealous missionaries, landing aboard the Thaddeus at Kailua-Kona in 1820. Liholiho allowed them to stay on a year's probation, though half the company traveled on to Honolulu. A thatched church predated the historic Mokuaikaua Church, built in 1837 of lava rock and crushed coral. Today's visitors are welcome to explore the beautiful ohia and koa wood interior, to examine a model of the brig Thaddeus, and to peruse pages of Lucy Thurston's diary, which are kept on display in the church.

The church is across the street from Hulihe'e Place, which Governor John Adams Kuakini (a Christian chief) had foreign seamen build of lava, coral, koa and ohia a year after he built Moku'aikaua Church. The governor died six years later, but every Hawaiian monarch from Kamehameha III on spent a good part of each year in the palace.

When David Kalakaua was elected king in 1874, he purchased the palace and remodeled it, enlarging the lanais and adding exterior stucco and

interior plaster. After Kina Kalakaua and Queen Kapi'olani died, Hulihe'e was inherited by the queen's nephews, David Kawananakoa and Jonah Kuhio Kalaniana'ole, who

sold it in 1914 to
Bathsheba Allan.
Her death a month
later left Hulihe'e
uninhabited for
many years.

By 1927, when the Daughters of Hawai'i, a group of women descended from the first American missionaries, were successful in convincing the Territorial Legislature that the building should be saved to preserve Hawai'i's history, it was established as a museum. The

for the palace and to conduct tours of its interior.

Much of the original furniture has been restored to Hulihe'e and many of the personal effects of past royal inhabitants—a massive bed with carved posts that came from Kamehameha I's original grass palace, portraits, china, and a table inlaid with twenty species of Hawaiian hardwoods—are on display. The furnishings and the soaring height

and width of the doors indicates the immense size of many of the royal chiefs and chiefesses. For those interested in walking in the footsteps of royalty, docents from

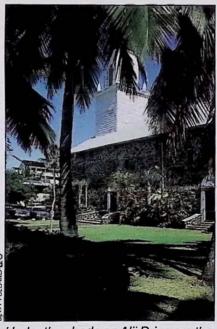
the Kona Historical Society lead 1 1/2hour walking tours of Kailua-Kona starting at King Kamehameha's Kona Beach Hotel, covering history about Ahu'ena Heiau, Hulihe'e Palace, Moku'aikaua Church and Kona Inn, the town's first hotel. Tours, which are \$10, are offered Tuesday-Saturday at 9:30, also Friday at 1:30. Phone 808/ 323-3222. During the walk

visitors enjoy

into Hawaiian

personal insights

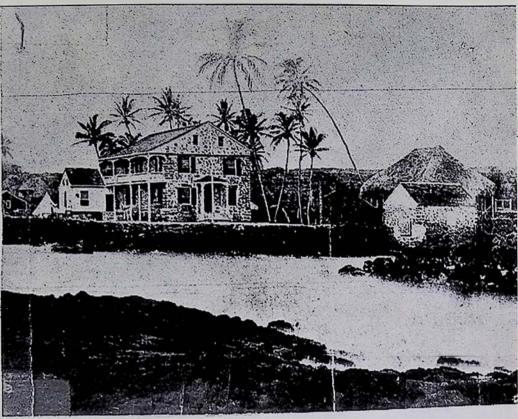




Under the shade on Alii Drive are the influences of Hawaii's ancient royalty. Top is Hulihee Palace and bottom is Mokuaikaua Church.

Daughters of Hawai'i continue to care

history and learn about some lesser



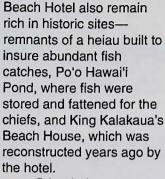
COURTESY OF THE KONA HISTORICAL SOCIETY

known sites as well. According to docent and sales director Ku'ulani Auld. "We point out where the Pa o 'Umi Temple once stood in the vicinity of Ocean View Inn. On the seaward side is where King 'Umi a Liloa first landed in Kailua in the 15th century. And if there's time, we walk through Kona Shopping Village, which was once Kona Inn, built in 1929." Wander through the lobby of the Kona Inn restaurant and vou'll see world record catches of Pacific blue marlin, make shark, spearfish, yellow fin ahi and mahimahi adorning the walls, testimony to the fishing for which Kailua-Kona is known. In this same area, Liholiho, King Kamehameha II, once had his own living quarters. Some people speculate that several large rocks on the ocean-front lawn are all that remain of his personal heiau. Across the street in front of the Hawai'i

Visitors Bureau, a large lava stone marks the site of the first Catholic service celebrated on the Big Island in 1840.

The tour sometimes goes as far as Hale Halawai Pavilion, a lovely oceanfront recreational pavilion on a grassy lawn set with benches and shade trees, but significant sites in Hawai'i's history continue much further along the shoreline to Keauhou. Up the street, next to the pink Saint Michael's Catholic Church, is a surfing temple platform, marking Waiku'i Pond, a freshwater spring reserved for the high chiefs in which to bathe after surfing. Chiefs are thought once to have rested under a grass hale built on the platform to watch the surfing, safe from contact with commoners, which might reduce their mana (power).

The grounds of the Keauhou

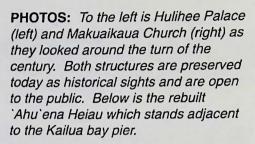


Other heiau-one where human sacrifices were thought to be offered. another reserved for women, plus a fisherman's shrine-lie south of Keauhou Hotel, near the closed Kona Lagoons Resort. Seaward of Kona Lagoons a few petroglyphs are barely visible during very low tides, while further south on Ali'i Drive. mountainside of Keauhou Golf Course Clubhouse, is the royal holua slide. stretching almost a mile in

length down the slope of Mount Hualalai to the sea. Only the upper portion of this long stone ramp remains, but once the slide was 50 feet wide and when covered with grass, ti and banana leaves, provided a slick surface that

holua sleds flew down, in much the same manner of today's Olympic luge sleds.
Though generally used for sport, the holua slide also transported canoe hulls, hewn into rough shapes in the mountains, to the bay for final finishing.

A site at the head of



Keauhou Bay marks the birthplace of King Kamehameha III, while just beyond the southern end of Ali'i Drive are the burial grounds of warriors slain in the battle of Kuamo'o, an ill-fated attempt in 1819 by traditionalists to reinstate the kapu system against Christian converts. The forces of King Kamehameha II (Liholiho) and his premier led the defense. More than 300 burials are recorded here.

Today, Kailua-Kona and its southern shores attract sun seekers and fishermen, triathletes and honeymooners. On the surface, Kona may seem to fit the description adventurer Isabella Bird penned in 1873: "a land where all things always seem the same...truly a region of endless afternoons," but this is where old Hawai'i once thrived—a Hawai'i whose historic remnants are discovered only by a curious few who take the time to search them out.



Coffee Times

THE ALOHA SHIRT

by Sophia Schweitzer

ot even tucked in, blazing and bold, here's the aloha shirt!
Although the missionaries might have denounced extravagance and nakedness, the craving for vivid colors, tropical textures, and sensual shapes the Aloha shirt couldn't be suppressed. Within two centuries a modest workman's shirt grew into the trademark wear of Hawaii.

But the history of this shirt reflects the growing pains of a nation and the true Hawaiian aloha shirt has become increasingly hard to find.

In the late 1920's and early 1930's tourists, always looking for exotic souvenirs, fell for a fad of the young islanders, unusual prints. Artists and tailors spotted a serious business. The name "aloha shirt", registered in 1936, soon labeled a flourishing industry.

Paintings of famous artists were transferred to the fabric of choice, rayon, silkier than silk and inexpensive. Designs competed in intricacy. Border shirts, picture shirts, patterned shirts. How many ways to say Hawaii? Labels themselves became works of art, reflecting inspiration and wild dreams of success.

After the darkness of the second World War, colorful, exotic prints were more than ever what visitors wanted. Add to this the attention Hawaii

received in the 1950's when it competed with Alaska to become the 49th state, as well as the intrigue with Hollywood. Aloha shirts became a craze.

Elvis Presley, John Wayne, Frank Sinatra, all going Hawaiian. Montgomery Clift, dead in a ditch in "From Here to Eternity," in Hawaiian print. Immortal, from now on. Endorsements by world-famous gold-medal swimmer and master surfer Duke Kahanamoku. Photographs of presidents.

Kamehameha Garment Company, one of the largest pioneer manufacturers, shipped 35 tons of garments to the mainland in 1960. "Made in Hawaii" sells!

In Hawaii, during those crazy years, opinions varied. All good and well in leisure time, but what about business? Many companies fought the breezy aloha shirt.

"Spiritually destructive," said a Japanese boss in 1955. "Truth is" writes Honolulu Magazine, in 1967, "almost no man past 30 really looks good in an aloha shirt."

Questionable as this might be, with the large demand on the mainland came the need for more effective production. First factories took over. Then labor and designers overseas. On the mainland, imitation shirts appeared.

"Truth is" writes Honolulu Magazine, in 1967, "almost no man past 30 really looks good in an aloha shirt."

December 1997

Designs lost their artistic quality. Matching his and hers, no inspiration. Demand lowered, prices dropped. The shirt became "tacky".

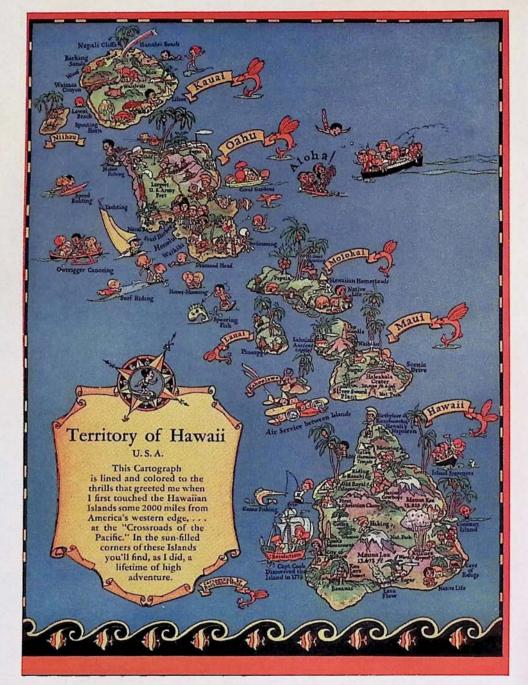
Only one company in the whole state of Hawaii decided to stay true to the original Hawaiian shirt. Reyn Spooner, created in 1956, is the only aloha shirt line designed and produced right here in Hawaii, its prints still pulsating with local strength.

Otherwise weakened, the Hawaiian shirt lost
uniqueness. Yet the greatest
loss is that no one thought of
keeping track. Numerous
designs have vanished in the
cotton clouds of history.
Original shirts with original
labels have become collectors items worth hundreds
and even thousands of
dollars.

The true Hawaiian shirt reads like a painting of paradise. The fabric is a canvas for the rich images of the islands. And aloha shirts, true or not, are here to stay. Still the greatest souvenir. They will forever mirror what Hawaii is about. The challenge is now to find the real one, the one that shows aloha.

Aloha Shirts from the 1930's thru 1950's are now considered valuable vintage Hawaiian collector's pieces. The mid 20th century aloha shirts pictured here and on the front cover are courtesy of Mauna Kea Galleries in Hilo.





HAWAII-1950

This cartograph by RuthTaylor White was widely published by the Hawaii Tourist Bureau in the early 1950's.

Innovative New Dinner Menu Speaks for Itself at the Historic Aloha Theater Cafe

very once in awhile there's something to get really excited about in the Big Island dining scene. And, it's not often that this excitement stirs from the depths of rural South Kona. Much of the notoriety in culinary excellence is usually confined to the kitchens run by the many high profile chefs that are employed by the several noted resorts that dot the Kona-Kohala coast. Recently however, this world of food excellence has taken a keen interest in the happenings of a long time local-style establishment, the Aloha Theater Cafe in Kainaliu.

Chef Mike Bickers, a Kalapana native and Generation Xer, is an explorative risk taker and has taken a bold leap forward with his new dinner menu design. For the Aloha Theater Cafe, built in 1932, this transition meant scrapping the entire dinner menu which in the past consisted of good food but lacked the energy that makes food great.



Featured plates from left to right are the grilled mango-chutney prawns with braised leeks and Maui onions, the lustful mocha almond torte, and the seared ahi on a bed of baby greens with sesame shoyu vinaigrette. Story and photos by Les Drent.

The outside lanai (porch) which runs alongside the theater is the favorite spot to dine for most and the sensation of up-country breezes are soothing. At first glance the menu draws immediate interest as it consists of a tasteful array of items like wild mushroom stuffed phyllo, grilled mango-chutney prawns, braised leeks and Maui onions, seared ahi, and Balinese baked seafood parcel with Hoisin-coconut sauce. A splendid list of specials also complements this seemingly perfect menu. Your choice of appetizers and entrees can't be wrong as the menu is constantly scrutinized by Chef Bickers. His appearance before diners on the lanai makes it perfectly clear to everyone his interest for food comes straight from the heart.

Also complementing dinner is a selective wine and beer list and a dessert menu that has for years been the highlight of an Aloha visit. As you pass the cafe's bake case just inside the front door you will know why that part of the menu has not changed and probably never will. The breads, cakes, cookies, cobblers and other goods are fresh baked by pastry chef Marion Denzler who has been with the Aloha for many years.

Open for breakfast, lunch and dinner the Aloha Theater Cafe also hosts a gift shop and an active theater run by the Aloha Performing Arts Center. The Aloha Theater Cafe is located on Highway 11 in Kainaliu just 8 miles from Kailua and is a snap to get to for either locals or tourists traveling from downtown. Their new dinner menu is a must try. For more information see their advertisement on page 11.

Photos: Above is Waipio Valley, land of ancient kings and taro farming. Facing Page Ely Pessah and Emma Torida of the Mamane Street Bakery in Honokaa.

continued from page 19 streets devoid of the bustle that once rumbled down Mamane Street during the boom days of the Hamakua Sugar Company, an industry that for the last century has been the life blood of the people in this region. Since the decreasing

MAMANE STREET BAKERY

FINE QUALITY BAKERY & ESPRESSO BAR

Located minutes from Waipio Valley. Fresh pastries, macadamia nut desserts, cookies, croissants, foccacia's, fresh sandwiches daily. Snacks, Light Lunches, Bagels and Bagel Sandwiches.

(808) 775-9478



the years and the recent decision to halt sugar production altogether, the local citizens of Honokaa have redirected their energy and begun one of Hawaii's most spirited movements of rejuvenation. In the old days during

activity of sugar production over

the earlier part of the twentieth century it was only by train that one could reach the town of Honokaa, which was the third largest city in the territory of Hawaii. From Hilo, vacationers and soldiers on leave from Uncle Sam's army would take the train ride north to Honokaa where night life was king. A dance hall was even built above the Botelho building, the first car dealership in the town.

Included in this new Honokaa is the town's farmers market that has become a weekly event in the downtown area in front of the Botelho Building. The market is open each Saturday of the month. As Hawaii's old theaters are becoming more and more

popular, the citizens of Honokaa enjoy their own People's Theater. The doors of the theater are opened for feature films every Friday, Saturday and Sunday evening at Honokaa's historic theater.

Outside of Honokaa town heading north to Waipio Valley the landscape



Places of Interest

Outside of Honokaa town on Highway 19 is one of the Big Island's busiest local dining spots, **Tex Drive In.** This local diner is a

popular place to stop for locals and visitors alike as it features both Hawaiian and American cuisine. The menu includes everything from hamburgers to malasadas, including fresh fish plates and rice. Service is quick and the atmosphere bustles making Tex a fun and tasteful stop for lunch. Before heading on to Waipio Valley make sure you stop in at Mamane Street Bakery for a mouthwatering treat. Owner/baker Ely Pessah, keeps his bake case filled with breads, pastries, and other delectables like Portuguese Sweet Bread and Honey Macadamia Nut Bran Muffins. The aluring smell of freshly brewed espresso and cappucino also lingers. Also, try one of Ely's ultimate bagel sandwiches.

Also located in Honokaa is the Bad Ass Hawaiian Macadamia Nut Factory which is located down the hill from Jolene's Kau Kau Korner. Hawaii's oldest macadamia nut mill allows visitors the opportunity to view the inner workings of a macadamia nut factory. Macadamia nut creations fill the store shelves and will undoubtedly make your taste buds dance when you try them. Also featured is the factory's own bake shop as well as a complete line of Bad Ass Coffee.

changes dramatically. A series of deeply cut valleys edge the coastline all the way to Pololu Valley, the tip of the North Kohala region. No roads exist here only rough trails leading up and down the valley rifts which should not be traveled by inexperienced hikers. The hike to Pololu Valley from Waipio takes even the most experienced hiker several days to complete.

Legend has it that it was in Waipio Valley, "the land of the falling water", that the great King Kamehameha, as a young boy, received his leadership training and first learned to surf. Today, family ohanas, "houses", still dot the landscape which is separated by a river that leads into the open sea. Local farmers and their families continue to make their way of life from farming taro and fishing off the sandy shores of this peaceful and remote valley floor.

Outside of Waipio Valley and Honokaa town are other early and small settlements of the Hamakua region such as **Paauilo**, **Kukuihaele** and **Laupahoehoe**. These towns are all filled with a rich and local culture that happily survives in this region of the Big Island.

The Hamakua Coast is a jungle of



botanical splendor. Old doors and new businesses will continue to open in Hamakua as a period of positive change continues to sweep through the land.

UP-COUNTRY WAIMEA

etween snow capped Mauna Kea and the Kohala mountains the green hillsides of North Kohala roll along under wispy white clouds, and afternoon rainbows that frequently stream their way from the skies above Waimea.



Horseback riders are a common sight in the paniolo town of Waimea.

Inside this landscape herds of grazing cattle can be seen meandering their way through sloping pastures filled with cactus and dry underbrush as Hawaiian cowboys called **paniolos** still ride horseback and work the ranges.

Ranching began in this region of the Big Island after King Kamehameha appointed, in 1815, a young seaman named John Parker to hunt and shoot the herds of wild cattle whose population had grown uncontrollably since their introduction to Hawaii in 1793. Parker, who accomplished his mission, managed to domesticate a herd of his own before marrying a Hawaiian chiefess. The marriage helped Parker to acquire the land that would later be used to found his 250,000 acre ranch in 1847. Today's existance of Parker Ranch as one of the largest ranches in the United States gives the outsider an idea of the magnitude of its size.

Today, the town of Kamuela, more often referred to after its district name Waimea, is a town that still surrounds itself with a ranching lifestyle. The brightly colored Victorian houses and shops, tidy yards filled with flowers and skeleton remains of wagons and wheels gives visitors the opportunity to see yet another sphere of the diversity of cultures that exist in Hawaii.

NORTH KOHALA

ollowing highway 270 north visitors
will encounter a landscape filled
with historical landmarks that

include the original King Kamehameha statue, Kalahikiola Church, and Mo'okini Heiau which is regarded as the oldest pre-Western contact temple of worship. In the year 1758 King Kamehameha was believed to have been born at Mo'okini. Also to be found in the North Kohala region are the remnants of a once thriving sugar industry of the 1880's which is still visible in the many old storefronts of Hawi & Kapaau towns

When you're done visiting the towns of Hawi and Kapa'au Highway 270 will lead you through North Kohala's fertile pasture lands, dense forests, and ultimately to Pololu Valley, which offers one of the best scenic view lookouts on the island. If the road were to continue on past Pololu Valley you would eventually end up at Waipio Valley at the northern end of the Hamakua coast. Separating these two valleys are several other magnificent valleys accessible only by foot or horse. If you plan to hike beyond Pololu be prepared for a long trek and bring plenty of water and supplies. The trails are narrow steep and slippery and should not be hiked by amateur trailsmen. While driving along the coastline of North Kohala remember that if the skies are clear you may be able to catch a view of the island of Maui looming on the other side of the Alenuihaha channel. which separates Maui from the Big Island. Between the months of December and April visitors are almost guaranteed a humpback whale sighting off the coast of North Kohala. This region of the Big Island is a



Specializing in
North Kohala
LAND & HOMES

Phone (808) 889-5181 Fax (808) 889-5161

Located in the restored Toyama Building Downtown Hawi

P.O. Box 307 Kapaau, Hawaii 96755

Places of Interest

The towns of Hawi and Kapaau are now preserved by a new generation of Hawaii businesses which have their

own distinct local offerings. In Hawi is Kohala Pacific Realty, where visitors are welcome to stop in for free maps of the North Kohala region. Owner John Adams and his daughter Joni are taking a different approach to real estate sales. They are promoting the renovation and preservation of many old buildings in North Kohala's towns.





The King Kamehameha statue draped in leis in the town of Kapa'au, North Kohala.

particularly favorite spot for our migrating friends from the north.

Come and enjoy this peaceful region of Hawaii. You will be amazed at the ancient and modern wonders it has in store for you.

KOHALA COAST

lmost always under bright sunny skies the Golden Kohala Coast of the Big Island of Hawaii has for years been the tropical playground of not only ancient Hawaiian royaltybut contemporary vacationers from around the world. The Kohala coast which hosts many important historical sights is also home to one of America's most highly rated public beaches, Hapuna Beach State Recreation

Area.

Hapuna's long white sand beach, rolling surf, clear skies, and accesibility make it a popular destination for many island guests.

Among the ebony lava

ebony lava fields that comprise the



Snorkeling off the Kohala Coast.

Kohala Coast landscape are several world renown championship golf courses. From the air or from a distance the green fairways that blanket this rugged terrain soften its landscape. And, because of the Kohala coast's perfect sunny weather the courses are rarely closed...maybe once every five years. Wild goat, donkeys and other four legged creatures roam the land freely and occasionally the Hawaiian short eared owl, the pueo, can be seen in flight.

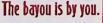


Golfers enjoy an oceanside green at the Hilton Waikoloa Beach golf course.



Men remove a ti wrapped pig from an imu (ground oven) at the Kona Village Resort luau. The Village makes a perfect setting for one of the island's most popular feasts. Open to the public guests should call ahead for reservations when attending the luau.

Connecting this forty or so mile coastline is the ancient King's Trail which was travelled by the ruling ali'i as well as malo-clad runners who were responsible for transporting pond raised fish wrapped in ti leaves to the tables of Hawaiian royalty living down the coast in Kailua-Kona. The King's trail passes through not only the several resort properties but Pu'ukohola Heiau and scores of petroglyph fields. Pu'ukohola was the last Hawaiian temple built during King Kamehameha's reign of



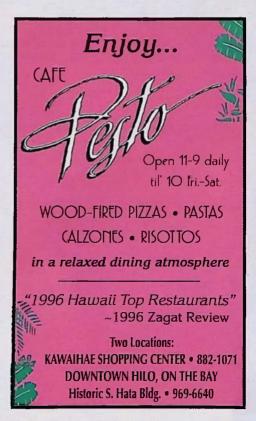
Classic French Creole. Lunch daily. Dinner Tuesday — Saturday. Reservations 883-9644

Located at the Waikoloa Village Golf Club.

Creole no ka 'oi.

that if Pu'ukohola was built to honor the war god Kuka`ilimoku, Kamehameha would be granted the power to conquer and unite the islands of Hawaii under one kingdom. After the temple's comple-

power. It was said



Places of Interest

One particular place to enjoy is the Hilton Waikoloa Village set amidst lush tropical gardens and tranquil la-

goons on 62-acres. The hotel offers 1,241 rooms, three swimming pools, exotic wildlife, Dolphin Quest, children's program, restaurants, shops, two championship golf courses, tennis, Kohala Spa and a museum walkway -

it's more Hawaii than you can imagine! Located in the Kawaihae Shopping Center is one of the most popular restaurants on the Big Island, Cafe Pesto. The Pacific-Rim Italian cuisine at Cafe Pesto is the epitome of island fresh cuisine as the innovative styles of owner/chef David Palmer constantly strive for perfection. From calzones to pizza and mouth watering pastas the ingredients are island fresh. Prices are reasonable too so you have no excuses to miss the Cafe Pesto experience. Another experience not to miss is a visit to Kona Village Resort where guests have the opportunity to enjoy a variety of dining pleasures in a unique Hawaiian setting. Reservations required. Call (808) 325-6787 or (808) 325-5555. Refer to their ad on page 5. Located at the beautiful Waikoloa Village Golf Club, Roussels features French Creole, in a compfortable, casual atmosphere. Serving lunch daily and dinner Tuesday through Saturday. See their ad below for more details.

tion, Kamehameha did go on to unite the islands of Hawaii, but only after several bloody battles had been waged on outer islands. Today, the *heiau* which was the last human sacrificial site in Hawaii is preserved by the National Park service and is open daily to the public.

The extensive petroglyph fields that are found all along the King's trail hosts its most popular spot near the King's Shops on Waikoloa Beach drive. Follow the signs along a short trail that direct you to the petroglyphs. Keep in mind that the preservation of these field depends on people staying on the trail while viewing these ancient rock carvings.

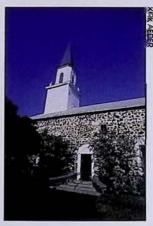
Besides all the cultural sights and plush resorts many popular island events also take place along this Gold Coast of Hawaii and the calendar page in the magazine will advise you of them. Enjoy it all while you wine, dine, and play on the Kohala coast.

NORTH KONA

ndoubtedly the busiest part of the Big Island is the district of North Kona and the seaside village of Kailua. Nestled in this busyness are a few

significant historical and cultural land-marks. Beside the Kailua pier is 'Ahu'ena Heiau built in 1817. This ancient temple which was built on a rock platform was dedicated to patron spirits of learning, the arts, and healing. King Kamehameha also made his home here in a thatched hut where he could maintain control over boats entering and leaving the bay. Kamehameha also monitored the farming pursuits of his village from 'Ahu'ena. Also on Alii Drive is Mokuaikaua Church. Built in the 1820's Mokuaikaua was the first Christian church to be built by western missionaries.

Across the street is Hulihee Palace, a nineteenth century vacation home to some of Hawaii's monarchy. Hulihee was built in 1838 and today serves as a museum open daily to the



Kailua-Kona's Mokuaikaua Church

Places of Interest

If you're looking for a great place to relax and enjoy a coffee check out any one of the three Alii drive **Bad**Ass Coffee Stores. They special-

ize in only top grade 100% Kona coffee and Hawaiian grown coffees.

Purchase by the pound or by the cup. Their North Kona stores can be found in Waterfront Row, at the Keauhou Shopping Village and in the upcountry village of Kainaliu.

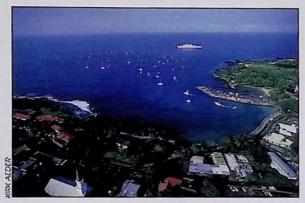
public. Occasionaly, throughout the week, some of Hawaii's youngsters can be seen in the courtyard under the shade of giant banyan trees practicing hula under the direction of a *kumu hula* (teacher of hula).

Later in the nineteenth century Kailua was a village that was used primarily as a sea port for shipping cattle, coffee and sugar off island. Most of the population in Kona lived in the mountainside

towns between Honaunau and Holualoa along a stretch of road still called Mamalahoa Highway. The town of Kailua, for the most part, was always a sleepy kind of village. Mark Twain even wrote of Kailua-Kona in 1866, "We landed at Kailua (pronounced Ki-loo-ah), a little collection of native grass houses reposing under tall coconut trees, the sleepiest, quietest, Sundayest looking place you can imagine. Ye weary ones that are sick of the labor and care, and the bewildering turmoil of the great world, and sigh for a land where ye may fold your tired hands and slumber your lives peacefully away, pack up your carpetsacks and go to Kailua! A week there ought to cure the saddest of you all."

Up until the early 1970's the population was no more than 700 people, today the population of Kailua is around 35,000 and growing rapidly. Directly contributing to this outbreak of growth is

the recent influx of realtors, developers and land speculators that pay little or no attention to the sanity of the place. Looking beyond the trafficy bustle of Kailua their are many wonderful opportunities for personal



Aerial view of the village of Kailua-Kona and Kailua-Bay. The annual Gatorade Ironman race begins here.

dining, shopping and tour experiences around the town. This district of North Kona also hosts some of the Big Islands most beautiful white sand beaches. A short drive north of Honokohau Harbor on Queen Ka'ahumanu Highway are the beaches of *Makalawena*, and *Mahai'ula*. These beaches require a short hike to access them. Easier to reach and located on Alii Drive to the south are **Kahalu'u Beach Park** and **Magic Sand's**. Both these beaches provide ample parking and do not require a hike.

Around these historical sights are a whole host of restaurants and shopping opportunities and hundreds of visitor and

KEEP KONA COUNTRY!

local businesses keep the streets and sidewalks around Kailua busy with activity throughout the year. Cruise ships lay at anchor off the shores of Kailua-Bay and many tour and activity companies provide visitors with ample opportunity for hiking, sailing cruises, snorkeling and scuba adventures.

HOLUALOA

ays pass slowly in the artist's retreat town of Holualoa, almost like the gentle mountain breezes which weave their way through the groves of coffee trees lining the slopes of Mt. Hualalai. Steeped in natural beauty and tradition, this little mountainside coffee town blends a touch of today's art with a passion for the simpler life of the past. The village's many private galleries showcase the works of many local artists in a wide array of mediums.

When you are done visiting the galleries, the friendly local espresso bar, Holuakoa Cafe, will undoubtedly snatch an hour or two from your day and maybe more if you decide to indulge in the homemade cake and pastry selection. Owner Meggie Worbach personally works the espresso bar every day of the week except for Sundays. Her espresso drinks are, hands down, the best on the island and Meggi's German heritage makes her a fanatic for perfection. Perhaps the most unique feature about the cafe are the European visitors it attracts. It



The rustic up-country Holuakoa Cafe. seems like there is always a foreign voice being heard at Holuakoa. For many visitors who don't speak English Holuakoa is an extra nice stop on their vacation.

Make it a point to wander up for a visit to Holualoa you will love this adorable country town.



SOUTH KONA

here is, perhaps, no other region on the Big Island shrouded in more history than the district of South Kona. Whether it be the origins of Kona coffee, the ancient Hawaiian village setting of Pu'uhonua O Honaunau (Place of Refuge) National Park, or the Painted

ESPRESSO BAR

HOURS:

Mon-Sat 6:30am - 5pm Closed Sunday

322-CAFE



Holualoa, Hawaii 96725

100% Kona Coffee and Coffees From Around The World • Pastry • Salad Light Fare • Indonesian Imports • Gifts

Enjoy a wide selection of my Kona coffee drinks while you converse with friendly locals and island travelers. Or, simply relax in the cafe's tropical garden.

Aloha, Mega



Tikis at the Place of Refuge National Park in Honaunau.

Church nestled along the hillside overlooking Kealakekua Bay, the spot where the famous English explorer Captain Cook met his fate in 1779, South Kona will keep the historically minded visitor busy weaving their way through its network of mountain roads.

Coffee first came to Kona in 1828 when the **Reverend Samuel Ruggles** brought plant cuttings to Kealakekua. The early Japanese farmers cultivated many of Kona's first farms and engineered the system of milling and processing this prized coffee.

On highway 160 amidst coffee farms and high on the slopes of Kealakekua Bay is **The Painted Church**, where sometime between 1899 and 1904, Father John Velge, a Catholic missionary from Belgium painted images on the interior

walls of the church depicting the biblical scenes of heaven and hell.

At the bottom of Napoopoo Road is Hikiau Heiau at Kealakekua Bay, and a white stone monument across the bay that marks the spot where Captain Cook was killed in 1779. The story behind Cook's death

was that it was the result of a failed attempt by Cook and his soldiers to exchange the high chief Kalaniopuu hostage in return for a cutter that was stolen the night before. Cook, who had come south to the Hawaiian Islands seeking shelter for the winter months, was in search of a northwest passage to England.

A lower coastal road connects Kealakekua Bay to *Pu'uhonua O Honaunau* (Place of Refuge) National Park. In the early years of Hawaiian civilization it was to the

Place of Refuge that people who broke kapu (sacred laws) would attempt to flee. If the kapu breaker could reach this sanctuary his life would be spared. Some of these kapu that governed the common people included not being allowed to walk in the footsteps of the chiefs or to touch their possessions. Other rules forbade commoners from eating foods reserved for offering to the gods, and women were not allowed to eat with the men. The gathering of wood, seasons for fishing and the taking of animals as well as the hula were also controlled under the kapu system. Other features at the park are lokos (ancient fish ponds), hales (thatched roof structures that served as homes). heigus and ancient rock walls. Visitors are usually provided with live demonstrations of ancient Hawaiian crafts such as the building of canoes and tikis at the park.



A copper line engraving of an early Hawaiian village in South Kona. circa, 1820's

Places of Interest

When traveling through South Kona you definetely do not want to miss the opportunity to visit one of the region's working Kona coffee farms. On Painted Church Rd, you will pass Bay View Farm and Mill, family owned and operated by New Hamp-

shire native Andy Roy and his wife Rosalyn. Over the distant hum of pulping and grading machines the sweet and damp smell of freshly milled coffee cherry fills the air during the fall and winter coffee season. Bay View has a coffee sampling room and gift shop along with their milling operation and guests have the opportunity here to 'cup up' some 100% pure Kona coffee. In Kealakekua, Greenwell Farms also offers visitors a personal guided tour of their farm. The Greenwell family has been involved with the Kona coffee industry for over a hundred years and descendants to the founder, Henry Nicholas Greenwell, still work the farm. The tour of the farm concludes with a cupping of the farm's Estate Kona coffee and the opportunity to purchase some of this fabled family coffee. Also located in this region of South Kona is the Captain Cook Coffee Company dating back to 1898. The mill is currently owned by Mark Mountanos and Steve McLaughlin of San Francisco. Mark is the fourth generation of his family to operate the company. Captain Cook is primarily a processor, miller and exporter of Kona coffee but has also expanded its business into retail and offers mail order buyers an 800# to call for roasted coffee. Refer to their ad on page 58. The Kona Historical Society, located in Kealakekua, has made available to visitors two different walking tours. One being a historic coffee mill tour and the other a tour of alii

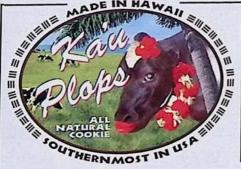
Kona Historical Society Museum

Historic Kailua Village Walking Tour Tues.-Sat. 9:30am, Fri. 9:30am, 1:30pm For Reservations Call 323-2005 Museum located on Hwy. 11, one-half mile south of rural Kealakekua.



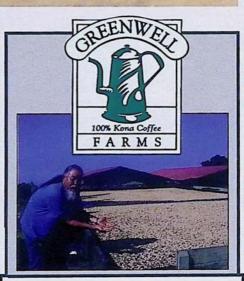
drive.

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tour of farm & mill concludes with a free cupping of our Estate 100% Kona coffees (LOCATED BEHIND THE KONA HISTORICAL SOCIETY GROUNDS ON HWY. 11, between mile marker 110 & 111 in KEALAKEKUA) closed Sundays

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Coffee Times

100% PURE KONA COFFEE

Kona Coffee is widely acclaimed as one of the world's finest.
Unlike the rest of the world Kona coffee farmers still hand pick and sun dry their coffee. This extremely labor intensive process by independent farming families has greatly contributed to the gourmet reputation of Kona coffee. In 1866 Mark Twain



Today, Mexican coffee pickers help local farmers to hand pick the Kona coffee crop.

stated, in his "Letter From Hawaii", "Kona coffee has a richer flavor than any other, be it grown where it may and call it by what name you please."

100% PURE KONA PEABERRY

Reaberry Kona coffee offers connoisseurs one of the finest and perhaps rarest coffee beans in the world. Only an estimated 4 percent of the annual Kona coffee harvest yields a Peaberry grade of coffee. Peaberry occurs when a coffee tree is stressed in its growing environment, resulting in an individual coffee cherry producing only one round and very dense bean rather than the usual two beans. The taste of Peaberry in the cup is simply exquisite.

\$23.00 lb. \$110.00 5 lbs. \$210.00 10 lbs.

100% PURE KONA FANCY

After many years of roasting, sampling and selling many different grades of 100% Pure Kona coffee the Fancy grade of Kona has proven itself time and time again to yield the finest and most consistent cup of coffee. Its clean grade, density, size, and aroma have set it apart from other Kona grades. Considered by many to be the best whole bean coffee available in Kona.

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ALL COFFEE IS FRESH ROASTED TO ORDER ONLY.

(please specify medium, or dark roast with each coffee ordered)

100% Kaanapali Estate Coffee

(Island of Maui)

ike fine winemakers who search for the perfect match between grape and growing conditions, turning an ordinary wine into one of the finest vintages in the world, so is the quest to produce a bountiful range of unique, distinctive, high quality coffee from the Kaanapali Estate in Maui. Their pioneering varietal research began with an expert team of growers, researchers, and cuppers who analyzed 12 test plot locations throughout the Hawaiian Islands; each planted with 18 different varieties of Coffea arabica. The result... the best growing conditions of the West Maui Mountains and some of the finest Coffea arabica varietals including: Moka, Red Catuai, Typica, and Yellow Caturra.



A very lively cup with wild, slightly exotic chocolaty aroma and subtle winey flavors.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

RED CATUAI

This "Cabernet" of coffees imparts rich, nutty and buttery characteristics. A full bodied coffee with a silky smooth finish.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

YELLOW CATURRA

A vibrant, clean, and crisp cup of coffee. Producing beautiful spicy, tangy and elegant flavor characteristics.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

TYPICA

A traditional Hawaiian favorite. These beans produce gentle floral aromas and a smooth seductive finish.

\$15.00 lb. \$70.00 5 lbs. \$130.00 10 lbs.

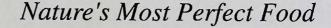
100% Kauai Coffee

100% Kauai Coffee

The warm Pacific sun, rich volcanic earth and abundant mountain water of Kauai combine to create perfect conditions for growing great coffee. The consistency of this high quality coffee is the result of a carefully selected arabica bean with a mild, well balanced taste and enticing aroma.

\$14.00 lb. \$65.00 5 lbs. \$120.00 10 lbs.

SPIRULINA PACIFICA



ona's own Spirulina Pacifica is the world's one and only certified organically grown and processed algae. This dried water vegetable provides a remarkable combination of beta carotene, chlorophyll, B-vitamins, complete protein, GLA, and a host of enzymes and minerals. Spirulina is remarkable in that it provides more concentrated nutrition than any other whole food. People from all walks of life, including athletes, seniors, and those with special nutritional needs, are benefitting from the whole food nutrition supplied by Spirulina.

Pressed 500 mg Organic Hawaiian Spirulina Tablets

\$27,00 (400 tabs./ 1 bottle) \$125.00 (5 bottles) \$230.00 (10 bottles)

Shipping weight is 1 pound per bottle

Organic Hawaiian Spirulina Powder

\$40.00 (16 oz) **\$190.00** (5 lbs.) **\$360.00** (10 lbs.) Shipping weight is 2 pounds per 16 oz. bottle

WASHED 100% HAWAIIAN CANE SUGAR *FROM THE ISLAND OF MAUI*

he only remaining 100% Hawaiian washed raw sugar available to the public is by far, hands down, the best tasting sugar found anywhere in the world. Used locally by Island juice companies this sugar will compliment your cup of coffee like no other or bring the sweet taste of Hawaii to your baked goods. It's sad to see Hawaii's sugar Kingdom in decline and this local industry replaced by artificial sweeteners, but the real taste of Hawaiian sugar can and will never be duplicated.

100% Washed Hawaiian Cane Sugar

\$3.00 lb. \$12.00 5 lbs. \$20.00 10 lbs.

MasterCard





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Coffee Times

100% KONA MACADAMIA NUTS

In 1881 Mr. William Purvis sailed away from the Australian shores to plant the first macadamia nut in Waipio Valley on the Big Island of Hawaii.

Coffee Times 100% Kona Whole Grade Macadamia nuts are grown exclusively by independent farmers in the Districts of North & South Kona.

100% Kona Macadamia Nuts \$13.00 lb. **\$60.00** 5 lbs. **\$110.00** 10 lbs.



CHOCOLATE COVERED HAWAII

e all know how good fresh roasted 100% Kona Peaberry Coffee and 100% Kona Macadamia Nuts are, now imagine them draped in rich gourmet dark chocolate. Created by Kona candy maker, Michael Blair, these local style chocolates are almost too good to imagine.



Chocolate Covered 100% Kona Macadamia Nuts Chocolate Covered
100% Kona
Peaberry Coffee Beans

\$8.50 8 oz. \$16.00 1 lb. \$75.00 5 lbs. \$8.50 8 oz. \$16.00 1 lb. \$75.00 5 lbs.

COFFEE TIMES T-SHIRTS AND MUGS

Logo Shirts \$15.00/1 \$28.00/2 \$52.00/4 10 oz Logo Mugs \$10.00/1 \$18.00/2 \$32.00/4

Shipping weight is 1 pound per mug or shirt and be sure to select large or extra large on shirt-orders.



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It doesn't get any fresher than this. Coffee Times is proud to offer you its full line of Hawaiian tropical flowers and leis. In just 48 hours you can experience the floral delight of our island of Hawaii. Our locally grown flowers are long lasting and easy to arrange. Our flowers will brighten up your home or office with the warmth of Aloha!

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CTF 2 12 dendrobium sprays, 6 greens \$27.00 CTF 2 12 dendrobium sprays, 6 greens \$37.00 CTF 3 24 dendrobium sprays, 6 greens \$56.00

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CTF 8 24 small anthuriums, 6 greens \$45.00 CTF 9 12 large anthuriums, 6 greens \$37.00 CTF 10 12 large anthuriums, 12 small antheriums, 6 greens \$48.00

CTF 7 12 small anthuriums, 6 greens \$31.00

CTF 11 24 large anthuriums, 6 greens \$54.00

Anthurium & Dendrobium Orchid Mixes

CTF 12 3 dendrobium sprays, 6 anthuriums, 6 greens \$31.00
CTF 13 6 dendrobium sprays 6 anthuriums, 6

CTF 13 6 dendrobium sprays, 6 anthuriums, 6 greens \$36.00

CTF 14 12 dendrobium sprays, 12 anthuriums, 6 greens \$54.00

Anthurium & Oncidium Orchid Mixes

CTF 15 3 oncidium sprays, 6 anthuriums, 6 greens \$36.00

CTF 16 6 oncidium sprays, 6 anthuriums, 6 greens \$47.00

CTF 17 12 oncidium sprays, 12 anthuriums, 6 greens \$73.00

Hawaiian Mixes

CTF 18 3 orchids, 6 anthuriums, 3 birds of paradise, 6 greens \$37.00

CTF 19 3 orchids, 9 anthuriums, 2 haleconia, 6 greens \$44.00

CTF 20 12 orchids, 12 anthuriums, 2 haleconia, 1 bird of paradise, 1 protea, 6 greens \$73.00

CTF 21 6 orchids, 12 anthuriums, 2 haleconia, 6 greens \$42.00

CTF 22 12 orchids, 12 anthuriums, 4 haleconia, 6 greens \$68.00

CTF 23 18 orchids, 18 anthuriums, 4 haleconia, 4 protea, 6 greens \$110.00





Hawaiian Leis

CTF 24 Dendrobium orchid lei (white or lavender) \$27.00

CTF 25 Vanda orchid lei \$27.00

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CTF 27 Vanda Mauna Loa lei \$45.00

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CTF 29 Ti leaf with orchid lei \$31.00



Maile Leis

Haku
CTF 30 Haku with white orbids and natural

Hawaiian greens \$45.00

CTF 31 Haku with rosebuds and orchids and natural Hawaiian greens \$48.00

CTF 32 Haku with 4 - 5 different Hawaiian flowers and natural Hawaiian greens \$53.00

A Note About Our Flowers...

All flowers are grown exclusively on the Big Island of Hawaii by local farmers only. They are packed and rush shipped for freshness. Flowers do not come arranged as shown above, but include full arranging instructions in each box. Mahalo!

CTF 33 Traditional Hawaiian green leaf lea. (perfect for weddings, birthdays, graduations and special events) \$31.00



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Coffee Times-

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		\$_	
	Delivery C	Charges \$_	

In U.S. please add \$3.50 for 1st pound and \$1.50 for each additional pound (Call for international shipping fees)

GRAND TOTAL \$_

Please mail with check or money order to:

Coffee Times, P.O. Box 1092, Captain Cook, HI 96704

Pay by Credit Card	Maslei Card	VISA°	Cards
(MC) (VISA) (AM EX)#:		Exp. Date:_	/
Name:	_Signature:		Teather -
Optional Billing Address:		3	
Ship To:			

Gift Note:



ALL GOODS (except flowers) SHIPPED 2 DAY U.S. PRIORITY MAIL



Our Gift Boxes Include: The Kona Peaberry, Kona Fancy, Maui Moka, Maui Red Catuai, Maui Yellow Caturra, Maui Typica and Kauai coffees, Hawaii Washed Raw Sugar, Kona Macadamia Nuts, Chocolate Covered Kona Peaberry, Chocolate Covered Kona Macadamia Nuts, 4 Mugs and a logo tee shirt.

1 pound of each: \$200.00 1/2 pound of each: \$125.00

Coffee is roasted fresh in either a medium or dark roast. Mugs and tee shirts are included in both pound and 1/2 pound orders. Prices include shipping.

1-800-750-KONA

