

The Alternative Visitor's Guide

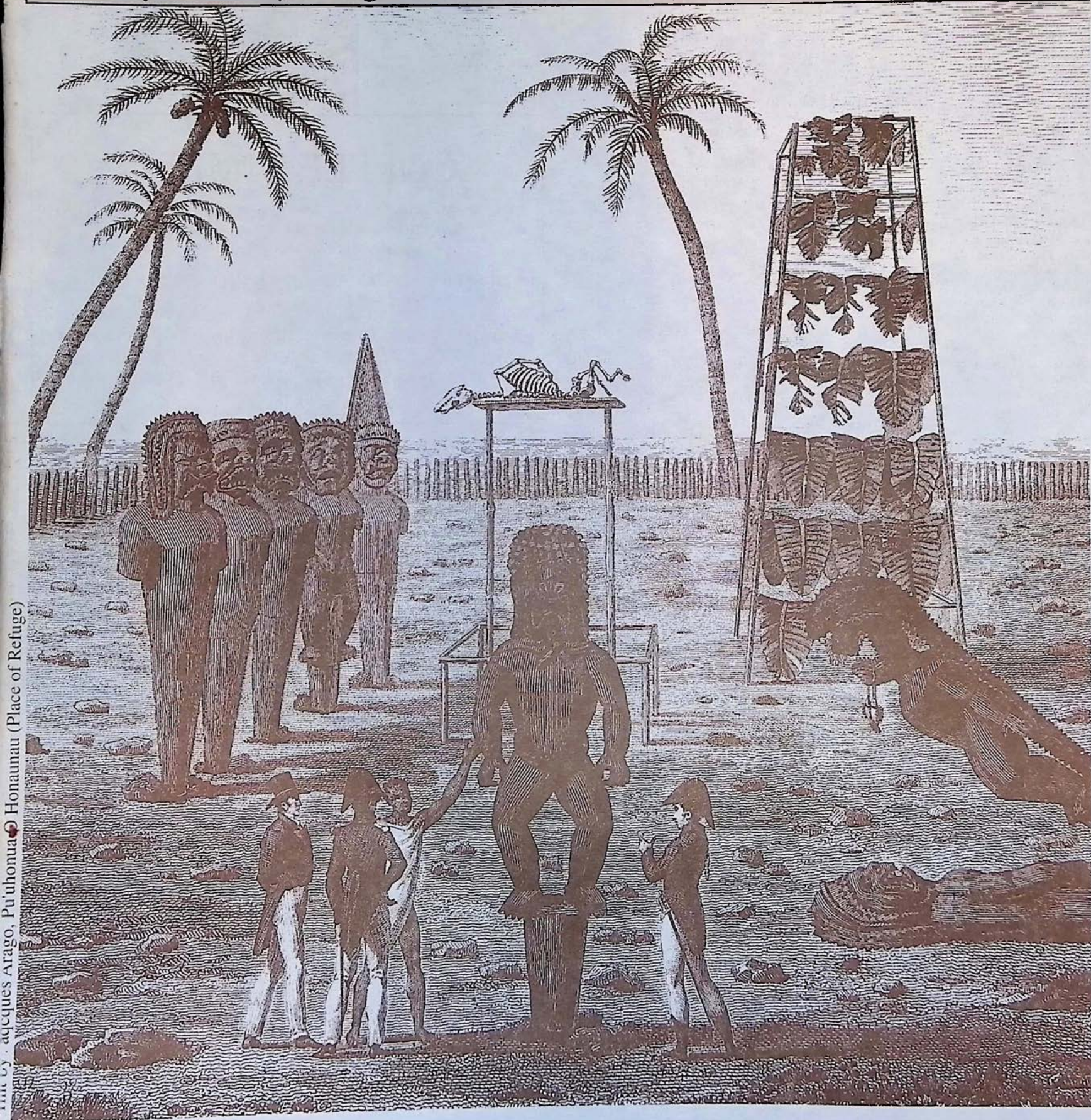
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Coffee Times

May 1995 / Big Island of Hawaii / Volume 3 Edition 2



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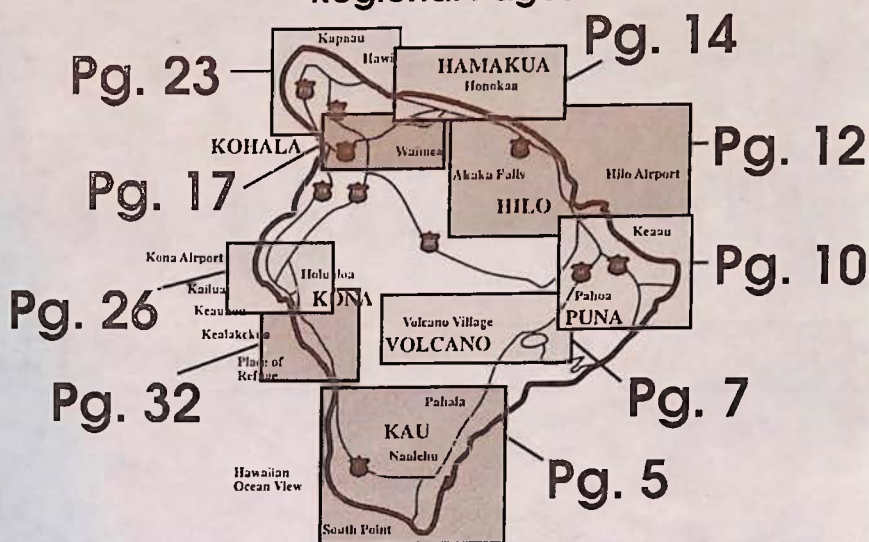
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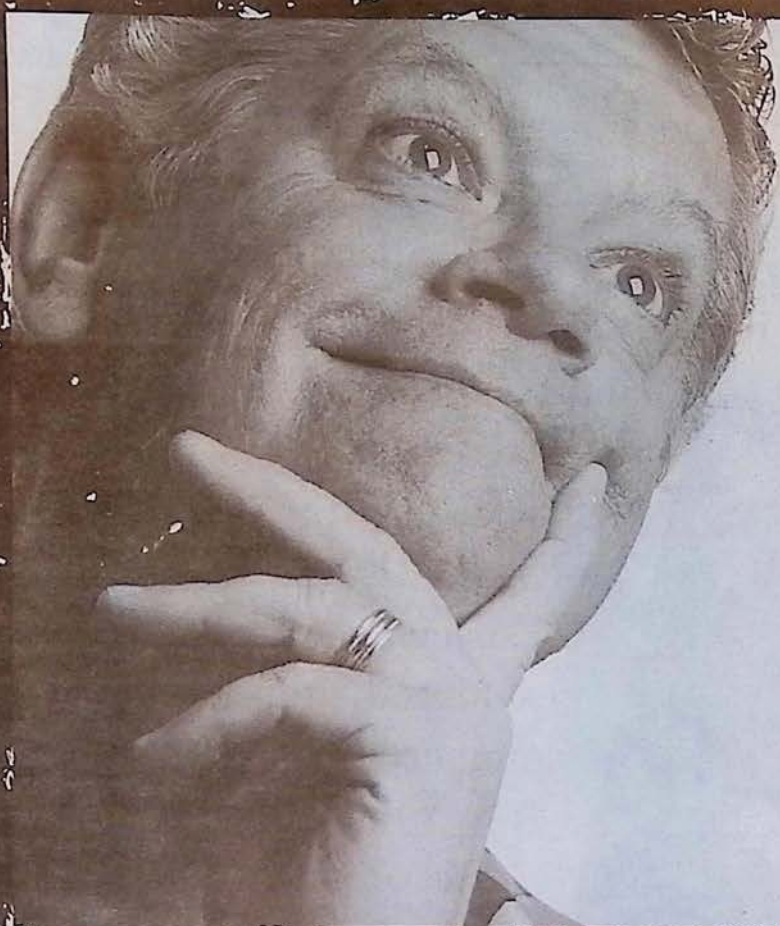
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South Point: Land of Discovery

Ka'u Region

The actual place where Polynesians landed will always remain a mystery, but it was likely somewhere near the southern tip of the Big Island. This area seems a probable place because their approach would be from the South where all of Polynesia lay. When sailing North, the Big Island would be the first island they would see, and South Point would be the nearest landfall. Aside from the logic of such a choice, there is archaeological evidence supporting the supposition of a landing near Ka Lae, as the Hawaiians call the most southern tip of the island of Hawaii.

Excavation of lava tubes, that were used as shelters, near Kailiki and Waiahukuni, villages four miles Northwest of the Ka Lae, indicate people were using them by A.D. 750. There is other evidence that indicates people first were in the area as early as A.D. 200.

The cliff near South Point Park is a common mooring place for the modern day fishermen who find these waters a rich resource. From the precipice the drop is about forty feet to the ocean's surface, but the cliff base goes down another thirty feet below the surface of the water. Ladders, hung to make access to the boats easier, swing freely in the air just above the sea. The cliff is deeply undercut.

In the heat of the day the water looks inviting. It is so clear the bottom can be seen plainly. For some there might be a temptation to leap into the cool water, and climb back up the ladder. It looks inviting, but don't do it. A swift current runs along the shore. The flow will carry anyone in the water straight out to sea. It is called the Halaea Current, named for a chief who was carried off to his

death.

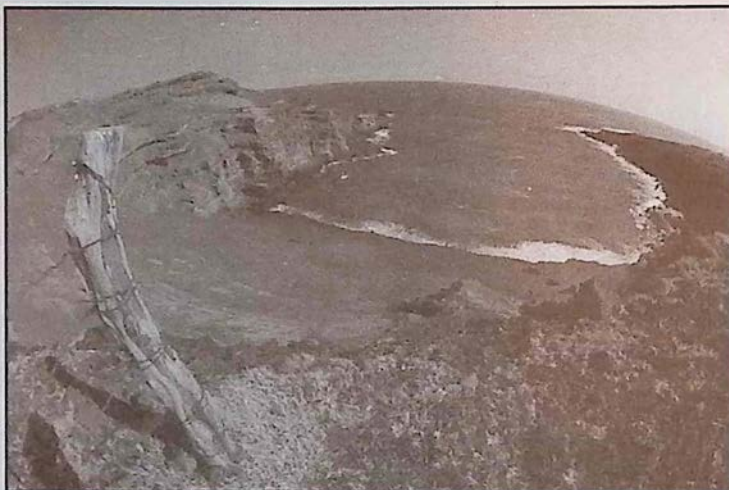
One of South Point's most famous scenic spots is Mahana Beach, also called Green Sands Beach because it has a distinctive golden green color. Although none of the fragments in the sand are large enough for jewelry purposes, the beach is composed chiefly of peridot, a semiprecious gemstone.

These tiny green gems are a silicate, one of the many families of quartz, which cook out of the basaltic magma over time. (They are apparent as green flecks in the raw lava stones used to build the columns and walls of the Jaggar Museum at Kilauea's Volcano National Park.) As lava reached the coast, erosional forces, and the specific gravity of the stones, perhaps are responsible for the accumulation of such a large quantity of the granules that produced the green sand beach.

When looking at the severe landscape of the whole area it is hard to visualize what a delightful land it must have been about fifteen hundred years ago

when people first lived there. They came to a lush land, but one with few food plants. Soon, in just a few seasons, the introduced food plants bloomed and produced their fruits. Over the centuries the land became one great garden. Hawaiians were not farmers, instead, they were the world's greatest gardeners. The soil was never tilled by beasts or machines, but always by hand. In the mild climate, there was no need for an extensive annual harvest. Only the food needed for the day was gathered from the garden. Intimate working with the land made Hawaiians expert in how to get the most from a given plot of soil. Today the small villages of Pahala and Naalehu exist near the sea in the southern district of Kau. The remote setting of these towns is supported by home cooked goodness and fresh local fruit at the Naalehu Fruit Stand. Becky's Bed and Breakfast, an affordable option for lodging and Bougainvillea Bed and Breakfast with nights and breakfasts to remember offer visitors a couple of alternative and comfortable lodging opportunities in the area. Its quaint setting is still only thirty minutes

to Volcano Village if you are moving around the island. Kau landing, the progressive local newspaper, focuses on the issues that affect the entire community of the Big Island can be found at numerous locations around the island. A subscription to Kau Landing allows visitors the opportunity to stay in touch with Big Island news. See their ad on page 29.



South Point's Mahana Beach or Green Sands Beach.

Photo by Michael Stewart

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Details in our B&B listing
page 34



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Cleaning Limu

by Dana Leilehua Yuen

They used to clean their limu
on the beach

Old ladies with nimble hands
ocean-soggy muu muu
spread out on the sand
laps full of ka ulu wehi o ke kai
the plants of the sea

They were rooted to the island
but their bodies swayed
back and forth
as they sorted
talked
gestured
in the rhythm of the sea

Their hands moved like the waves
and washed the limu clean
of all the little bits
of sand and shell which would seem
too small for their trouble

They dropped the opala
rubish plants and tiny rocks
in small piles behind one knee

As the tide came in they moved back
away from the sea
and the water rose
and washed the black beach clean.



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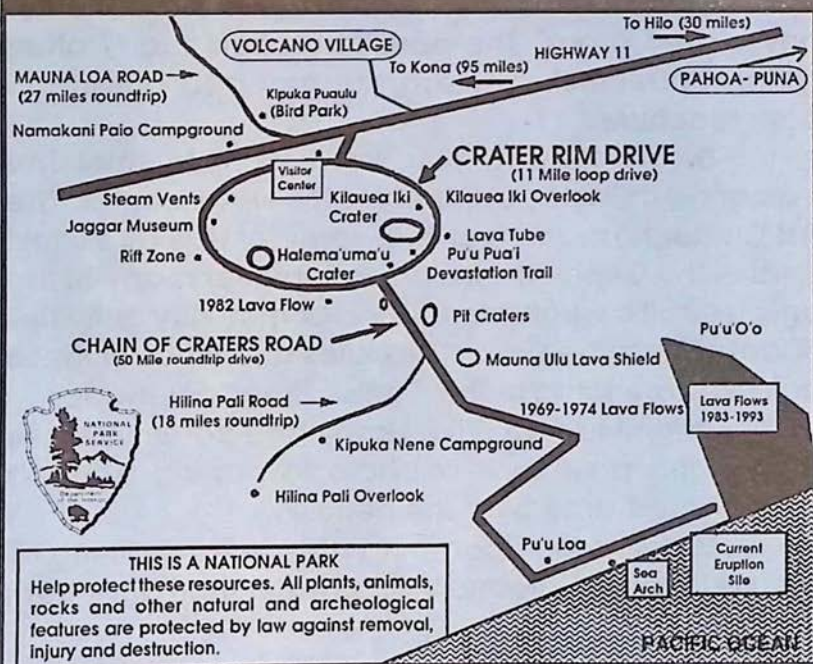
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Hawaii Volcanoes National Park and Village Information



"Pahoehoe Ooze" lava flow at Volcanoes National Park. Photo by Michael Stewart©, Molten Images.

Volcanoes National Park has one entrance, off Route 11, 30 miles south from Hilo or 95 miles east from Kona. The park is open 24 hours a day all year round and requires a \$5.00 entrance fee per vehicle which is valid for 7 consecutive days. The hiker/bicyclist/bus passenger fee for people over 16 and under 62 is \$3.00.

When you enter the park during daytime hours you will receive a park brochure at the entrance station. If you enter the park after hours you may pick
cont. on pg. 8

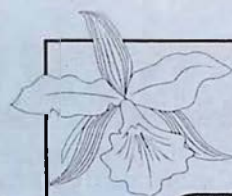
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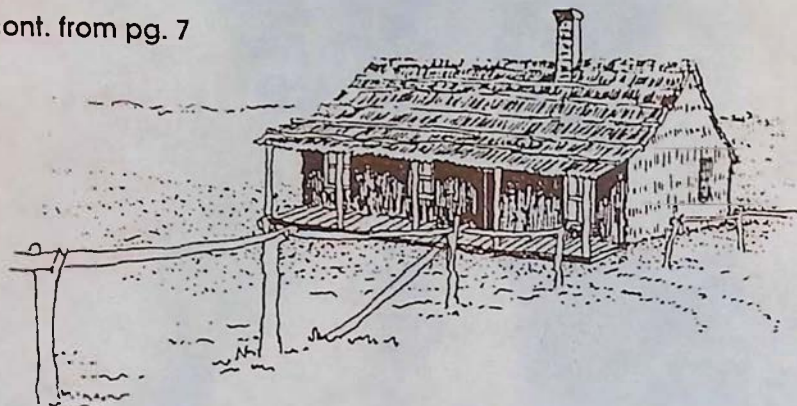
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cont. from pg. 7



The Original Volcano House,

Now the Volcano Art Center at Volcanoes National Park.

up the brochure at the Kilauea Visitor Center which is located a quarter mile from the entrance on Crater Rim Drive. The visitor center is open from 7:45 a.m. to 5:00 p.m. daily.

Visitors are encouraged to take the time to carefully read the park regulations and guidelines. The volcano fumes that exist in the park may create a health hazard for pregnant women, infants and people with heart or respiratory problems. People at risk should avoid stopping at the Sulphur Banks, Halema'uma'u Crater and other areas where volcanic fumes are present.

Overnight trips in the park require a

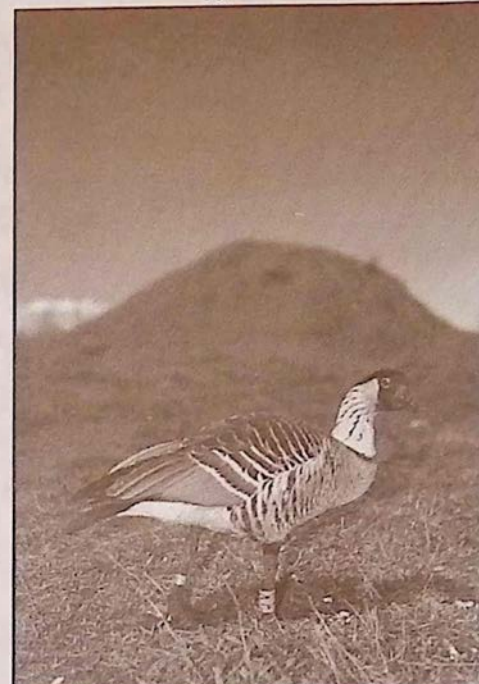
backcountry permit that can be obtained at no charge at the Kilauea Visitor Center.

Once inside the park enjoy the 25-minute movie on eruptions shown hourly at the visitor's center. Other attractions are The Thomas A. Jaggar Museum three miles inside the park along Crater Rim Drive, The Volcano House, Thurston Lava Tube and scenic vistas. Depending on the timing of your visit you might have a chance to see the volcano erupting. A 45 minute drive to the end of Chain of Craters Road and a short hike will get you to the most recent lava flow area. The new coastline is unstable and can collapse into the sea at anytime without warning. Obey all park signs. Do not enter any closed areas. The park also offers many other hiking opportunities which are mapped out in the park brochure.

Before leaving you won't want to miss The Volcano Art Center, adjacent to the visitor center. The Art Center hosts the works of some of Hawaii's finest artists. The Center is also responsible for many of the art, cultural, environmental, and community activities happening in the park. The dates and times of these activities are listed in the Coffee Times calendar.

A reminder to drive slowly and carefully while touring the park as it will help to protect Hawaii's endangered state bird, the nene.

Lodging, gas, camping supplies and dining all can be found in Volcano Village just a short drive from the park.



The endangered nene in Hawaii
Volcanoes National Park.

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Hawaii Volcanoes National Park
Open daily 9 a.m. to 5 p.m.

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Traditional Hawaiian Fiber Arts
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Kilauea Theater, April 29, 7:30 p.m.
\$10 Adults, \$8 Children (VAC members - \$2 off)
Call 967-8222 to purchase tickets by credit card.

CARSON'S VOLCANO COTTAGE

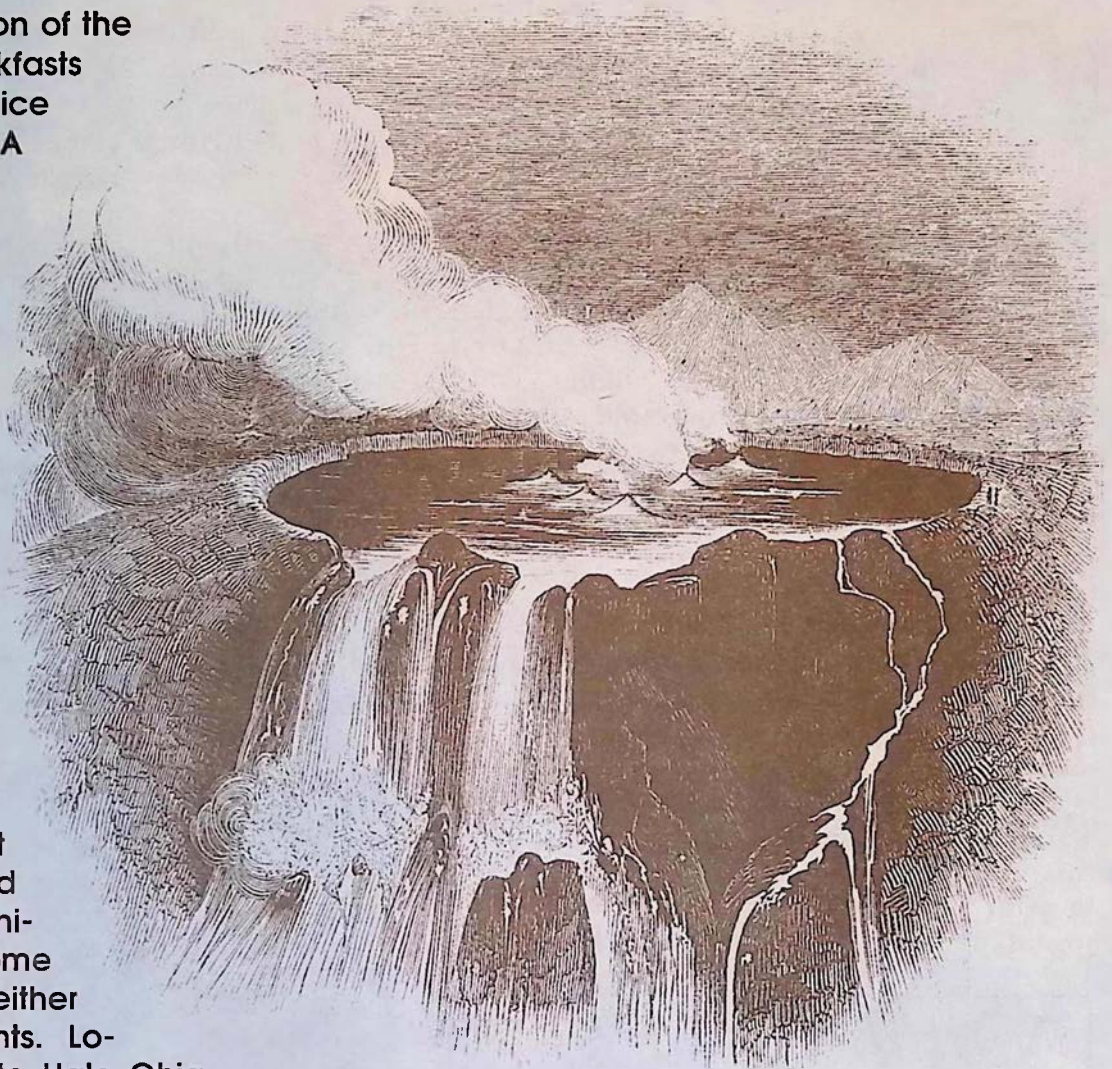
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Because of the remote location of the volcano, the numerous Bed & Breakfasts existing in the region are a favorite choice among visitors staying in Volcano. A complete listing of Volcano B & B's can be seen on pages 34 & 35 of *Coffee Times*. A few particular favorites are My Island Bed and Breakfast, Carson's Volcano Cottages, Chalet Kilauea and Hale Ohia Cottages. If you are looking for seclusion, Carson's Volcano Cottages are tucked away in the region's rainforest and offers guests the most in privacy as well as a hot tub and even wood burning stoves to keep you warm on those cool volcano nights. Chalet Kilauea, The Inn at Volcano, features rooms decorated with art from around the world and even a treehouse suite, a unique alternative for couples looking for that romantic getaway. My Island Bed and Breakfast, located on a five acre botanical estate, is an 1886 missionary home offering guests the choice of rooms in either the main house or garden apartments. Located off of Hwy. 11 are the private Hale Ohia Cottages surrounded by bonsai-style gardens and moss covered grounds. The suites and cottages are both spacious and comfortably outfitted. Ohia Gardens offers guests all the comforts of home with their own kitchen, lounge, TV etc. The two guest rooms are separate from the main house and have a shared bath.

Perhaps one of the most memorable dining experiences on the Big Island can be found at Kilauea Lodge, which features continental cuisine beside the historic fireplace of friendship. The mountain lodge also hosts twelve romantic rooms for overnight visi-



Print depicting the eruption of Mauna Loa in 1843. Printed in *The Illustrated London News*, Jan. 27, 1844.

tors. One spectacular stop you do not want to miss when you are in the volcano region is Akatsuka Orchid Garden. Seeing is believing when you arrive at this exotic and tropical garden. Visitors are welcome to free tours and complimentary orchids during their visit.

*For Park Information Call: (808) 967-7311 or
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For visitors who want to experience the true feeling of old Hawaii, Pahoa village holds the key to this untouched past. First a rugged sawmill town then a sugar town and later a crossroad on the old railroad, Main Street Pahoa has maintained its western style storefronts and wood boardwalks in a charming turn of the century Victorian style.

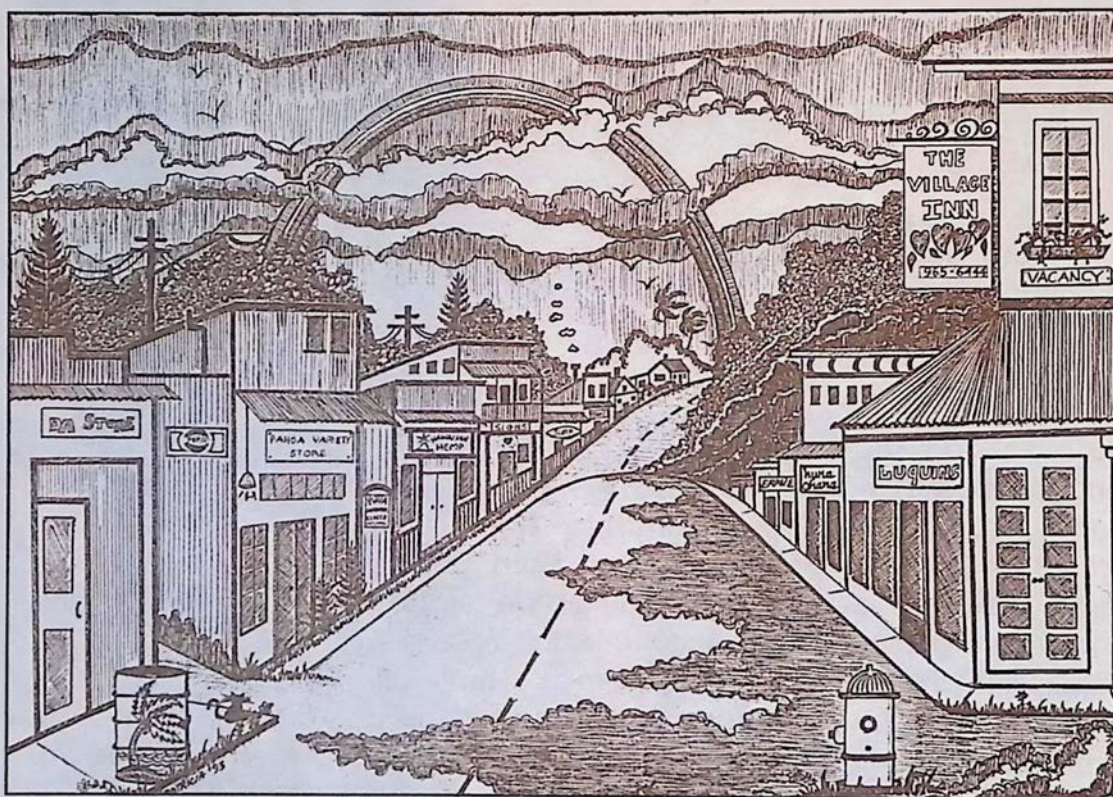
Quaint shops from surf, to curio and restaurants span the flavors of the globe from Thailand, to Mexico, and Italy, making Pahoa Village one of the most pleasurable and tasteful stops on the Big Island.

Call ahead to any of the friendly shops to see if there are any special events scheduled during your visit. Pahoa has the reputation of holding some lively

and entertaining performances both on its Main Street and at the Akebono Theater, Hawaii's oldest theater.

Lodging in Pahoa is an alternative as well. The historic Village Inn, built in 1910, housed some of Puna's earliest travellers and still operates today. The rooms are clean and spacious with vintage victorian decor. The Bamboo House, located above Pahoa Natural Groceries is also available for those visitors looking to spend the night.

The countryside surrounding Pahoa is filled with natural wonders like the Lava Tree State Park, steam vents, groves of papaya trees and black sand beaches along the rugged Puna coast. Visitors are warned however that a prolonged stay in this Aloha time capsule may make leaving a very difficult task.



Drawing of Historic Downtown Pahoa Village by artist Patricia Borton

Naung Mai

Thai Kitchen

"We serve Cheng Mai,
Bangkok & Phuket style cuisine."
Vegetarian Entrees offered

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The Godmother 965-0055

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Richard Kawai Visited

Kona's Oldest Organic Coffee Farmer

*F*ar away from the brilliant gleam of big city espresso steel, political joe, and street cart madness, Kona coffee farmer Richard Kawai dwells among a jungle of coffee in a world that is far more appreciative of the simple ways of life than most others are. Cobwebs hang from the dirt-and-grass passageway entrance to Richard's farm, which is gated off by several pieces of tattered chicken wire fence. There are no telephone lines running to his house and his links to the outside world exist only in his relationships with nearby neighbors.

On the day Mike Craig of Rooster Farms and I visited Richard, we removed a small wood pile from a neighbor's driveway that precedes the entrance to Richard's farm. It was hard to believe that anyone actually lived in such a place apparently barricaded from the outside world and seemingly lost in time. Or maybe Richard's farm is simply from a different time and place. There were no electrical lines in sight, or fresh tire marks on the ground and only tall grass and choruses of birds in the trees.

After we made our way down this tunnel through time, loud shouts of "Richard!" summoned this man from somewhere beyond several old coffee shacks. He eagerly greeted us with several firm, two-handed handshakes, and hugged his good friend Mike (whom he refers to as Mr. Mike), his neighbor and fellow coffee farmer from up the road. Richard was grateful and delighted to

have visitors on that particular day, as the sky was bright blue and full of light, and the air was dry and warm. He quickly got down to business like any Kona farmer and asked Mike to find him farm hands who would be willing to help harvest macadamia nuts from the few trees that had already dropped their fruit to the ground. At 85, Richard no longer has the strength to farm his land alone and has difficulty finding good help to aid him in its upkeep.

While Richard Kawai no longer produces coffee at the extent he once did, his farm represents plenty of lore- the essence of the real way to grow Kona coffee. His daily existence is spent on the land and his nights, interrupted only by flame, are spent sleeping on burlap coffee sacks near owls, crickets, and farm rats that cohabit every coffee farm in Kona. Outside of a trip to town with neighbors twice a month or so, Richard spends all of his time on the farm and carries with him a sense of belonging, happiness and satisfaction for the life-style he chooses to live.

His once working two story cherry mill still points skyward with broken, colorfully aged, water-worn, sun burned wood, along with a connecting hoshidana that once rolled easily on its wheels. (Hoshidanas were false roofs that rolled away to expose coffee to the sun for drying and closed to protect it from rain.) The mill and farm were tired-looking, but peaceful and filled with memo-

continued on page 28

Self sufficiency on Richard Kawai's coffee farm means harvesting your own fruit and vegetables. Here, Richard climbs into an avocado tree and drops the fruit to Mike Craig who waits below.



EAST HAWAII AND HISTORIC HILO

When you talk about the old Hawaii, at least the one that hasn't been touched as much today by the long arms of commercialization and development, you cannot help but to mention the East Coast on the Big Island. At the center of all this is old town Hilo, seeing a revitalization of spirit thanks to the effort of the Downtown Hilo Organization is busy restoring and preserving the storefronts of this yesterday town. Aiding this effort are the wealth of new businesses occupying Hilo's old buildings.

One of the brightest spots has been the renovation and remodeling of the S. Hata Building by **Cafe Pesto**. This restaurant has maintained the building's Renaissance Revival style of architecture and filled the air with smells of wood oven baked pizza and Pacific Rim Italian cuisine.

Around the corner from Cafe Pesto is Mauna Kea Galleries, located at 276 Keawe Street in the old Court Mauna Kea Building. The gallery hosts many vintage Hawaiian and Polynesian paintings, artifacts and Ephemera and is open daily.

To add to this old Hawaii feeling are the daily Suisan Fish Market Auction and the Hilo Farmer's Market which is held every Wednesday and Saturday in Downtown Hilo.

Outside the town to the north are the

Hawaii Tropical Botanical Garden, located along a 4 mile coastal scenic route, and Akaka Falls with its self guided pathways that take visitors over ravines and past several other waterfalls before ending up at the grand daddy of them all, Akaka.

When you are done sight seeing, lodging in Hilo is a snap and can accommodate every type of visitor. The magnificent and luxurious **Hale Kai**

Bed and Breakfast on the bluff above the ocean overlooks Hilo's premier surf spot, Honolii. Expect nothing less than gourmet breakfasts and plenty of privacy. Hale Kai also has available a private cottage facing a pool and ocean. If you are looking to stay within walking distance to downtown Hilo stop in at the affordable **Wild Ginger Inn** which features a jungle garden and stream setting overlooking Hilo Bay. If a stay in the Hawaiian countryside is what you are seeking, head seven miles north out of town to Papaikou and check in at **Hale Lamalani** vacation rentals. Situated at 1,000 feet above sea level this country retreat offers plantation style lodging with all the serenity one could ever desire.

After leaving Hilo you don't want to miss the drive north to Waipio Valley which takes you over scenic gorges that

were once crossed by cane hauling trains in the hey day of sugar cane production. The plummeting waterfalls and river mouths under the extensive bridge systems leading north up the Hilo Coast are definitely an awesome sight. Akaka Falls State Park and the village of Honamu can be reached by taking Hwy. 220 off of the main route, Hwy. 19 north. See the map. Once you reach the Park a short paved hike will trail you past a network of smaller waterfalls, lush and colorful tropical foliage to the plummeting Akaka Falls. Its accessibility and grand size make Akaka Falls a popular stop along this eastern coast.

Blue Hawaiian Helicopters, located at the Hilo International Airport, can take you for an air adventure you are not soon to forget. Whether you fly over magnificent waterfalls, or soar over an active volcano Blue Hawaiian is certain to take you places few would dare venture to on foot. The tour also includes a free personal video tape of your flight. For reservations see their ad below.



Print by Dumont Durville of Hilo's Waiakea village. Circa 1830

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HISTORIC HILO

Historical information and map provided by the Downtown Hilo Organization whose interests involve the preservation of Old Hilo, Hawaii.

This self-guided walking tour of historic Downtown Hilo will take about one hour if walked continuously. However, you are encouraged to go at your own pace and spend additional time discovering and exploring that which interests you.

The seventeen stops along the way will provide you with information about the town from 1870 to the present. The history of Hilo begins much earlier, however, with the arrival of the Polynesians in 1100 A.D. They eventually inhabited the shores of Hilo Bay, farmed their crops, fished and traded their goods with each other along the Wailuku River. Changes came to this life-style upon the arrival of missionaries who brought with them new ideas, education and Christianity.

Hilo became a stopping place for explorers curious about the active volcanoes, whaling ships and traders. By the 1900's a number of wharves had been constructed, the breakwater was begun and the railroad connected Hilo with other parts of the island. Hilo became the center of commerce. Two destructive tsunamis, in 1946 and 1960, caused a shift in the location of Hilo's government and commercial life.

Today, historic Downtown Hilo is alive and bustling with renewed energy. New and old businesses alike are meeting the challenge of revitalizing our city center while preserving the historic character which remains very special.

Historic Structures

1. Kalakaua Park
2. Old Police Station
3. Hawaiian Telephone
4. Central Christian Church
5. Taishoji Soto Mission
6. Furneaux Lane
7. Ancient Order of Foresters Building
8. Furneaux Building
9. S. Hata Building
10. Bayfront
11. Palace Theatre
12. S.H. Kress Company Building
13. First Hawaiian Bank Building
14. Koehnen's Building
15. Landing Wharf
16. First Trust Building
17. Pacific Building



Dining, Lodging and Other Sight...

- A. Cafe Pesto (*Pacific Rim Cuisine*)
- B. Hilo Farmer's Market
- C. Hale Kai B&B
- D. Wild Ginger Inn
- E. Lyman Museum
- F. Mauna Kea Galleries



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HONOKAA

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For years the town of Honokaa sat idle, its home town theater empty, local store fronts ghostly quiet, and streets void of the bustle that once rumbled down Mamane Street during the boom days of the Hamakua Sugar Company, an industry that for the last century has been the life blood of the people in this region. Since the decreasing activity of sugar production over the years and the recent decision this year to halt sugar production all together, the local citizens of Honokaa have redirected their energy and begun one of Hawaii's most spirited movements of rejuvenation. Local merchants have taken the initiative to reopen some of the closed doors in this picturesque town, including the local ice cream parlor, now called **Simply Natural**, outfitted with an old fashioned soda fountain and spinning stools. Other shops such as the **Honokaa Marketplace Inc.**, as well as many curio shops overflow with Hawaiian memorabilia, local crafts, and wearable arts. Home town cooking at **Mateo's Pizza**, **Jolene's Kau Kau Korner**, and **Mamane Street Bakery** adds to the distinctly local flavor of what Mateo's Pizza owner, Alex Mateo, proudly calls, "The New Honokaa". Included in this new Honokaa is the town's farmers market that has become a weekly event in the downtown area in front of the Historic Botelho Building. The market is open each Saturday of the month.



As Hawaii's old theaters are becoming more and more popular the citizens of Honokaa celebrated the reopening of their own **People's Theater**. The doors have officially been opened and evening feature films can be caught every Friday, Saturday and



Left: Waipio Valley's most bountiful food source, taro. Above: Jolene Reucia and family at Kau Kau Korner.

Sunday evening at Honokaa's historic theater.

A locally produced gift item that is manufactured in Honokaa also adds to this region's unique offerings. **Hawaiian Brushes** uses the exotic hardwoods of Hawaii to hand-make hair brushes. The wind- and rain swept slopes of the Hawaiian Islands grow the

Michael Stewart

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(Farmers & Cultural Market Saturday)

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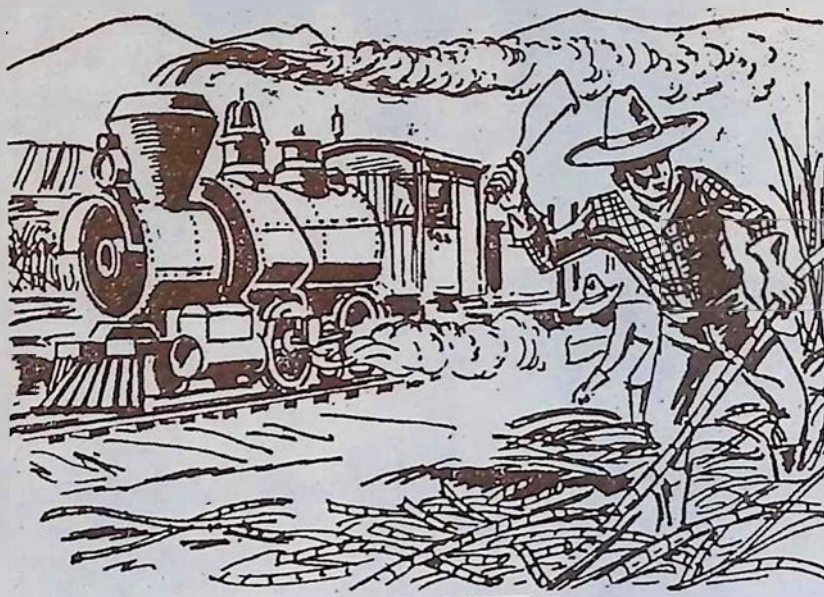
HAMAKUA

SUGAR

NUTS

WATERFALLS

TRANQUILITY



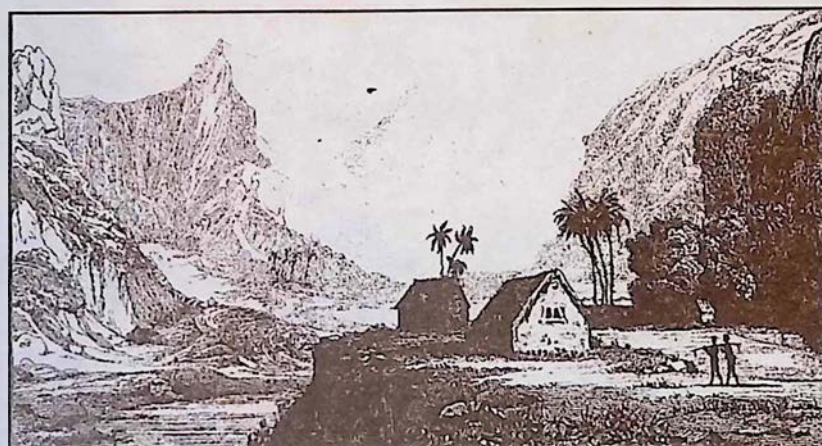
rare and exotic hardwood Koa, a member of the Acaia family which was used exclusively by the ruling Ali'i in ancient Hawaii. These Hawaiian koa trees can provide many varieties of color and grain characteristics and Hawaiian Brushes hairbrushes and mirrors are made of the finest type known as "Curly" or "Fiddleback." For more information refer to their ad on the back page of this magazine.

Also located in Honokaa is the **Bad Ass Hawaiian Macadamia Nut Plantation** which is located down the hill from Kau Kau Korner. The plantation allows visitors the opportunity to view the inner workings of a macadamia nut factory. Factory creations fill the store shelves and will undoubtedly make your taste buds dance when you try them. Also featured is the plantation's own bake shop as well as a complete line of Bad Ass Coffee.

Legend has it that it was in Waipio Valley, "the land of the falling

water", the great King Kamehameha, as a young boy, received his leadership training and first learned to surf. Today, family ohanas, "houses", still dot the landscape which is separated by a river that leads into the open sea. Local farmers and their families continue to make their way of life from farming taro and fishing off the sandy shores of this peaceful and remote valley floor.

Outside of Waipio Valley and Honokaa town are other early and small settlements of the Hamakua region such as Paauilo, Kukuihaele and Laupahoehoe all filled with a rich and local culture that happily survives in this region of the Big Island. New doors will continue to open for all of Hamakua as a period of change sweeps through the land with the fall of the sugar empire and the rise of small businesses in Honokaa.



Waipio Valley in Hamakua was once populated by ancient Hawaiians who farmed extensive fields of taro. Families living in the valley today still cultivate the taro plant which is made into poi. Poi remains a staple in many modern day diets and is quite good when used with other local products. Honey, sugar, coconut and poi baked in an imu or oven is the favorite of Coffee Times. Ask any Hamakua local for the details of preparation, most love to share the secrets of good poi making. **Print by Doms, circa 1785.**

HONOKAA-HAMAKUA FARMERS and CULTURAL MARKET

Market held every Saturday beginning at 8:30am in front of the historic Botelho Building on Mamane Street in downtown Honokaa. Call Hal Hisa Yamato at 775-9239 for more information.

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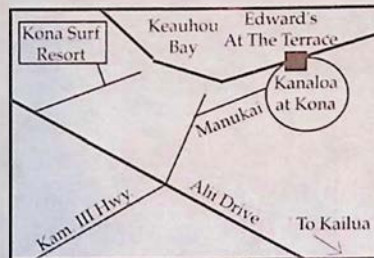
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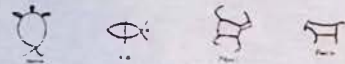
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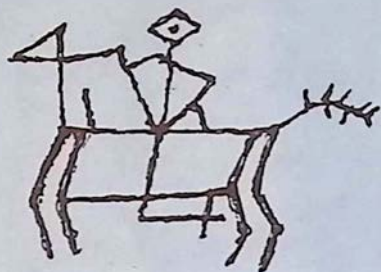
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Aloha!

Waimea Country

Snow Capped Mountains and lush rolling pasture lands



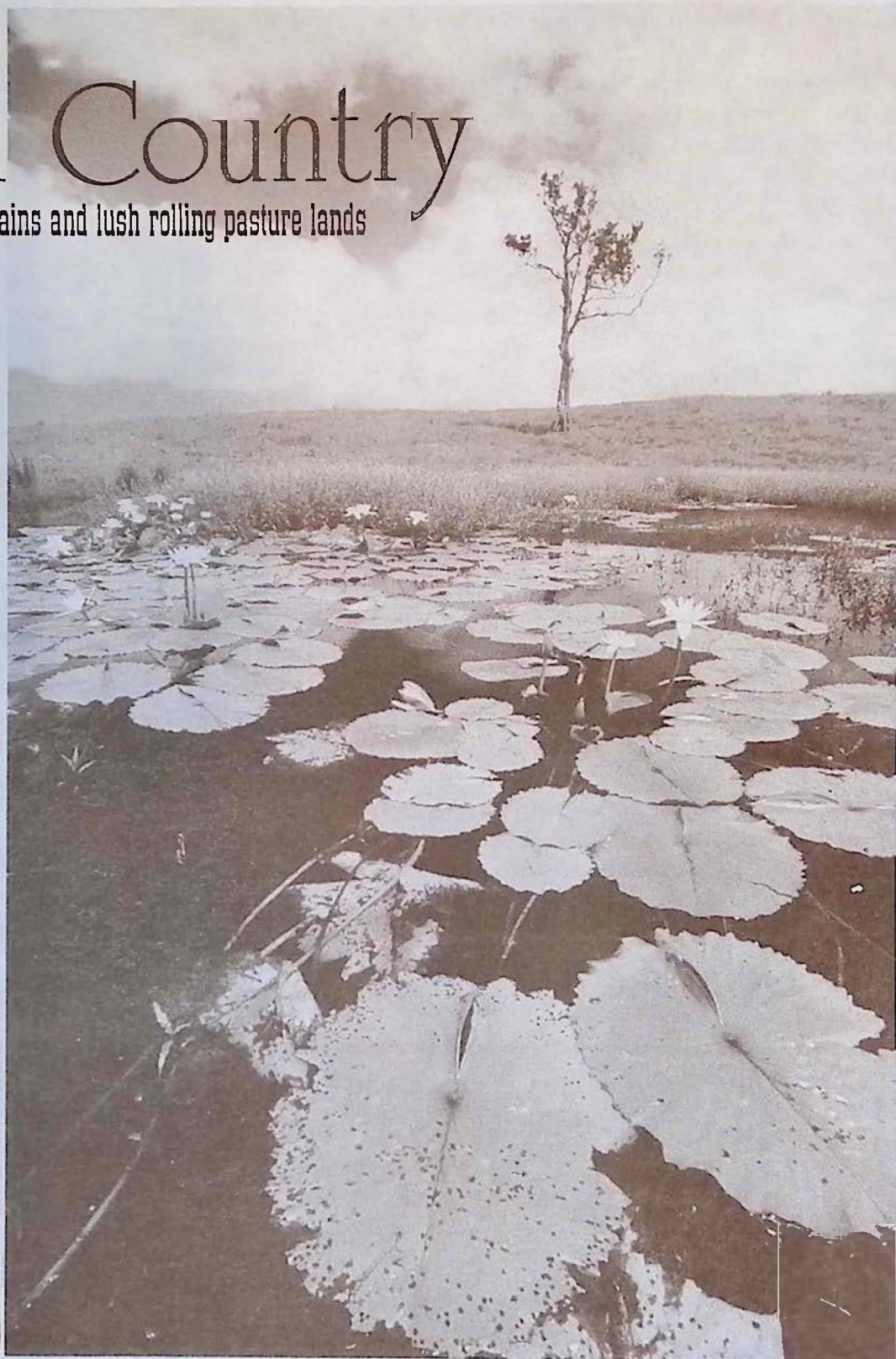
Between snow capped Mauna Kea and the Kohala mountains the green hillsides of North Kohala roll along under wispy white clouds, and afternoon rainbows frequently stream their way from the skies above Waimea. Inside this landscape herds of grazing cattle can be seen meandering their way through sloping pastures filled with cactus and dry underbrush as Hawaiian cowboys called paniolos still ride horseback and work the ranges.

Ranching began in this region of the Big Island after King Kamehameha appointed, in 1815, a young seaman named John Parker to hunt and shoot the herds of wild cattle whose population had grown uncontrollably since their introduction to Hawaii in 1793. Parker, who accomplished his mission, managed to domesticate a herd of his own before marrying a Hawaiian chiefess. The marriage helped Parker to acquire the land that would later be used to found his 250,000 acre ranch in 1847. Today's existence of Parker Ranch as one of the largest ranches in the United States gives the outsider an idea of the magnitude of its size.

Today, the town of Kamuela, more

continued on pg. 18

Michael Stewart



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In Historic Spencer House circa 1850 - Waimea Center Next to McDonalds (Hwy 19)

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Discover proudly made in Hawai'i treasures including koa, sandalwood, coconut, mango & avocado boxes and bowls. Hawai'ian books and language tapes. Hawai'ian music and hula implements. Hawai'ian quilts, collectibles and authentic reproductions of ancient palaoa, tapa beaters, fish hooks, squid lures. Island wear by Nike'u, Sig Zane and Island Cowboy. Woven lauhala. Feather, Ni'ihau, wiliwili, kukui and puakenikeni leis. Custom sterling jewelry by former Cartier goldsmith and Mings. Originals and prints by distinguished Island artists including Herb Kane, Harry Wishard, Kathy Long and Doug Po'olua Tolentino. Pure Organic Kona coffee, triple chocolate chunk cookies, fresh Waipi'o poi and poi cake, lemon-macadamia and guava-rum truffles. Even Poi Dog Biscuits! Many goodies under \$15! Remember... Buy Hawaii.

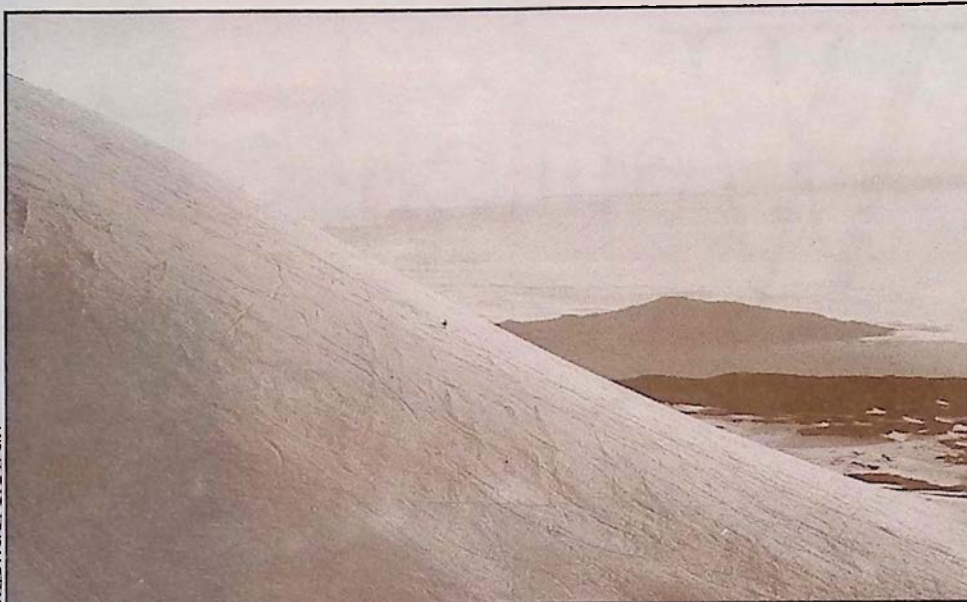


often referred to after its district name Waimea, is a town that still surrounds itself with a ranching lifestyle. The brightly colored Victorian houses and shops, tidy yards filled with flowers and skeleton remains of wagons and wheels gives visitors the opportunity to see yet another sphere of the diversity of cultures that exist in Hawaii. Beginning a tour of Kamuela with a cup of coffee and a bite to eat at **The Waimea Coffee and Company**. The coffee shop boasts the largest selection of gourmet coffees from around the world as well as a healthy selection of lunch items that includes a daily soup, quiches, croissants, pastries and a gourmet groceries pantry. The shop is nestled inside Parker Square beside Waimea General Store. Contributing to the ambiance of Parker Square is **Bentleys**, which is always revolving its inventory to keep the character of the shop fresh. Cookbooks and kitchenware including stemware and fine dishware are just a few of the items the home lover will find at Bentleys.

Make sure you don't miss stopping at **Cook's Discoveries** in Historic Spencer House at Waimea Center. The warm aloha of a 150-year-old restored home creates a unique setting for Cook's Discoveries' one-of-a-kind collection of treasures made in Hawaii by Hawaii's proud people. Look for the Hawaiian flags across from the Waimea McDonalds.

The Marushka hand-beaded jewelry is a must see at **Upcountry Connection**, located at Mauna Kea Center (located next to Waimea Center and across from the banks at the light in

Michael Stewart



Lone snowboarder ascending snow capped Mauna Kea. The mountain is often snow capped between the winter months of December to March.

Waimea). This exclusive gallery is often the spot for some of Waimea's most spectacular art showings that feature the works of both local and visiting artists. Wood works by Tai Lake, Lark Dimond Cates bronzes, Herb Kane paintings, and exotic bowls by Dan Cunningham are only a few of the featured works at Upcountry. The gallery has also designed a paniolo room into its interior setting. A Reconstructed wood wall taken from the original Parker Ranch corral surrounds the corner of the gallery fronting antiques from the local ranching culture and art depicting paniolo life.

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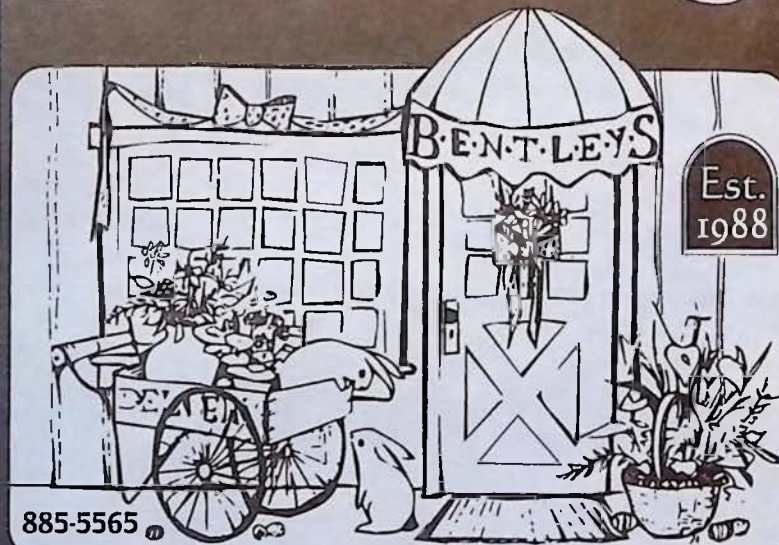
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NA HOLO LIO O WAIMEA

MAY 26, 27, 28

Michael Stewart

One of Waimea's greatest legacies was bestowed upon the community by Aunty Anna Perry-Fiske when she created Old Hawaii on Horseback in 1965. It was a spectacular pageant celebrating Hawaiian's paniolo and monarchy traditions. It became one of the most successful fundraisers for the American Heart Association in America!

At 95, Aunty Anna has given permission to Waimea Main Street to re-create the event, complete with period costumes, music, singing, dancing and for the first time- horse races!

Activities begin Friday evening, May 26 with an elegant evening at Pu'uopelo, historic home of the late Richard Smart. The pageant, a Hawaiian cultural village, entertainment and barbecue are set for Saturday, May 27, and the horseraces for Sunday, May 28.

Get out your jeans, hat and boots and make reservations now! For complete information, contact Cook's Discoveries at 885-3633, or Waimea Main Street, 885-6707.

This year's event, renamed Na Holo Lio O Waimea, is dedicated to Aunty Anna, who is a highly respected cowboy, rancher, pa'u rider and generous community activist.

For all her many accomplishments, Aunty Anna is probably best known as the feisty fighter for the correct and true name for this area, "Waimea" not "Kamuela." Kamuela, she reminds everyone she meets, is the Post Office. Waimea is the correct name given to the region by ancient Hawaiians. The name aptly describes the reddish color of stream water that runs through Waimea from the Kohala rainforest, which is rich in hapu'u fern.

Friday, May 26 Step Back in Time

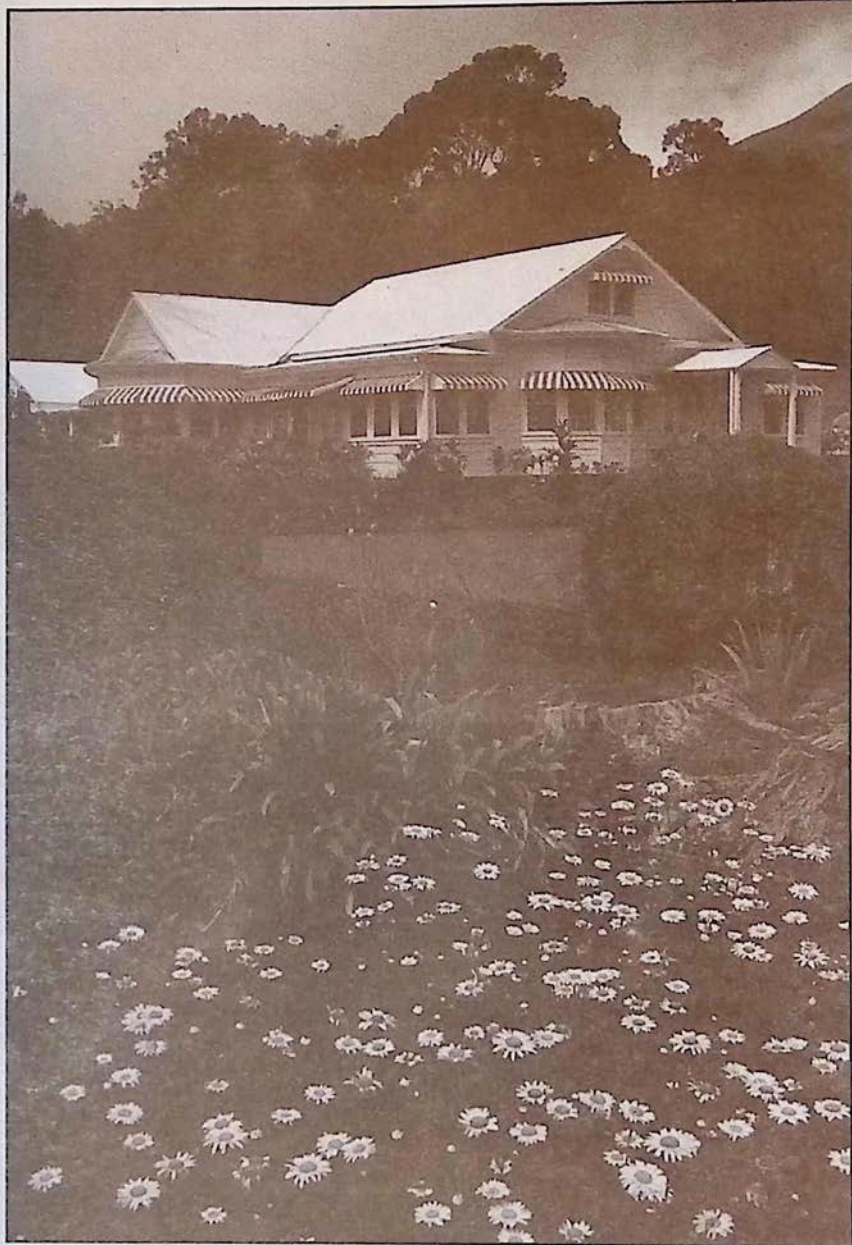
at an evening of cocktails, dinner, and dancing at Puu Opelu, the historic home of the late Richard Smart. For reservations call 885-6707.

Saturday, May 27 Na Holo Lio O Waimea

at Parker Ranch Arena. 9am Opening Ceremonies, Hawaiian Culture Village, Arts & Crafts; Food Booths, Entertainment. 1pm Pageant. 6pm BBQ Dinner Puu Kalani Stables

Sunday, May 28 Horse Races

at Parker Ranch Arena



Anna's Cottage and magnificent gardens, a landmark in the upcountry setting of Waimea

Upcountry Connection

Gallery of Art & Antiques

Open Mon-Sat 10-6
at Mauna Kea Center
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"NA HOLO LIO O WAIMEA" The Horseback Riders of Waimea
May 26, 27, 28, 1995

A nostalgic event returns to Waimea, Congratulations to Waimea Main Street

During this celebration the gallery will feature:

Jeanne Lopes original artwork
& Lark Dimond-Cates bronze



"Pa'u Rider"

by Jeanne Lopes

WELCOME!

You have arrived at Hawaii's last true frontier in paradise and your stay on the Big Island is guaranteed to be one of adventure, discovery, and a true taste of Hawaiian reality. Unlike its neighbor islands Hawaii has worked hard to maintain a rural and distinctly local flavor throughout its many small towns and the people that live and work within them will attest to the genuine friendliness of the place. We encourage you to take your time while traveling the island, which shouldn't be driven in a day. So, pick a destination, take your time getting there, and relax once you do get there. You are now on Hawaiian time, and where you are going tomorrow is never as important as where you are today.

The pub.

HISTORIC HILO

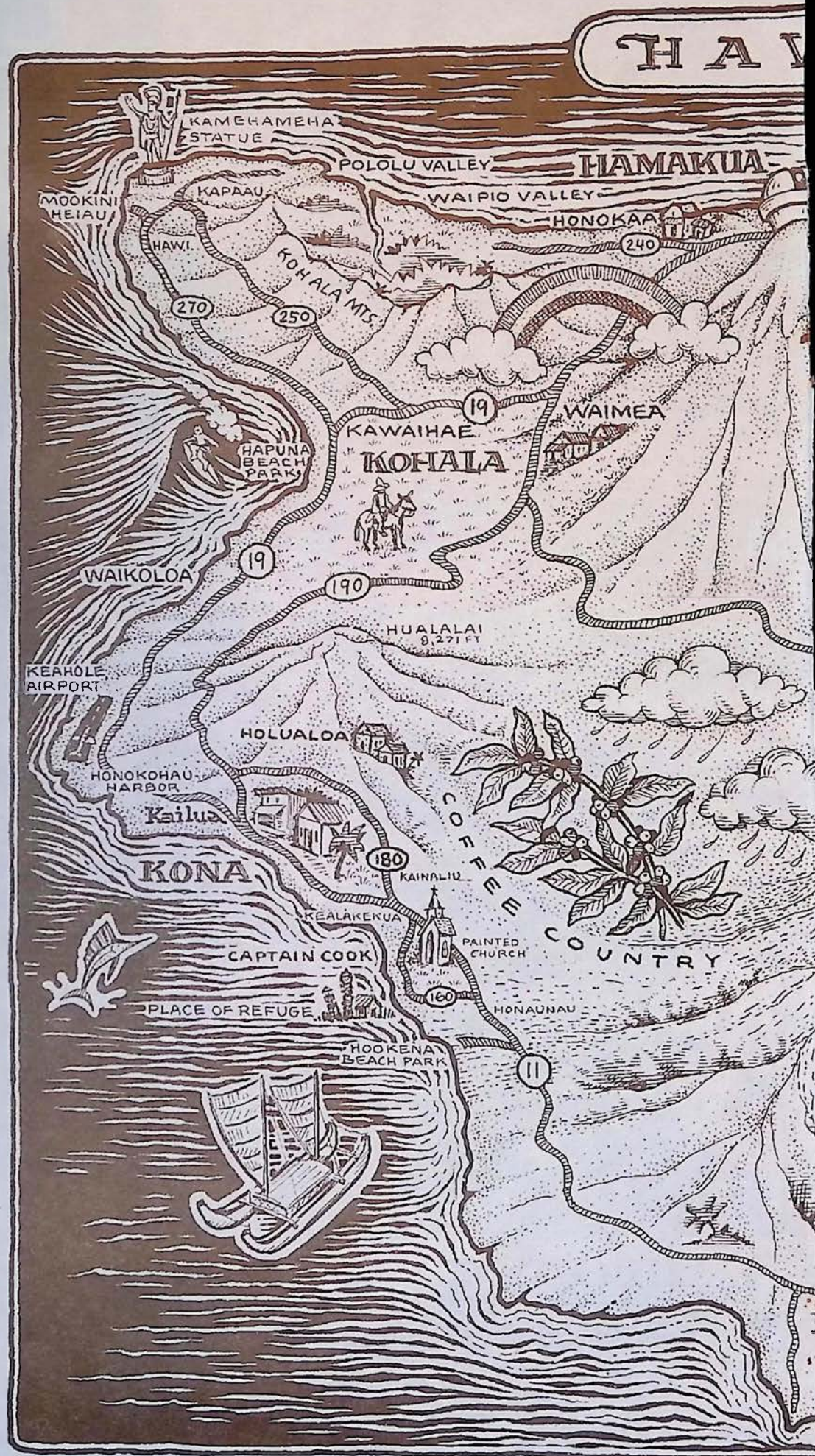
Early 20th century Hawaii happily lives on in the storefronts and buildings of this yesterday town. Outside the town are magnificent Akaka Falls and Hawaii Tropical Botanical Garden to the north. During the 1800's and early 1900's travel outside of Hilo was usually achieved by train, which was the only mode of transportation going north to Honokaa.

VOLCANOES NATIONAL PARK

Home of Pele, the Hawaiian goddess of fire. A region of unique features, volcanoes and a diverse biosphere. Volcano village hosts many alternative and unique lodging opportunities for overnight visitors.

SOUTH KONA

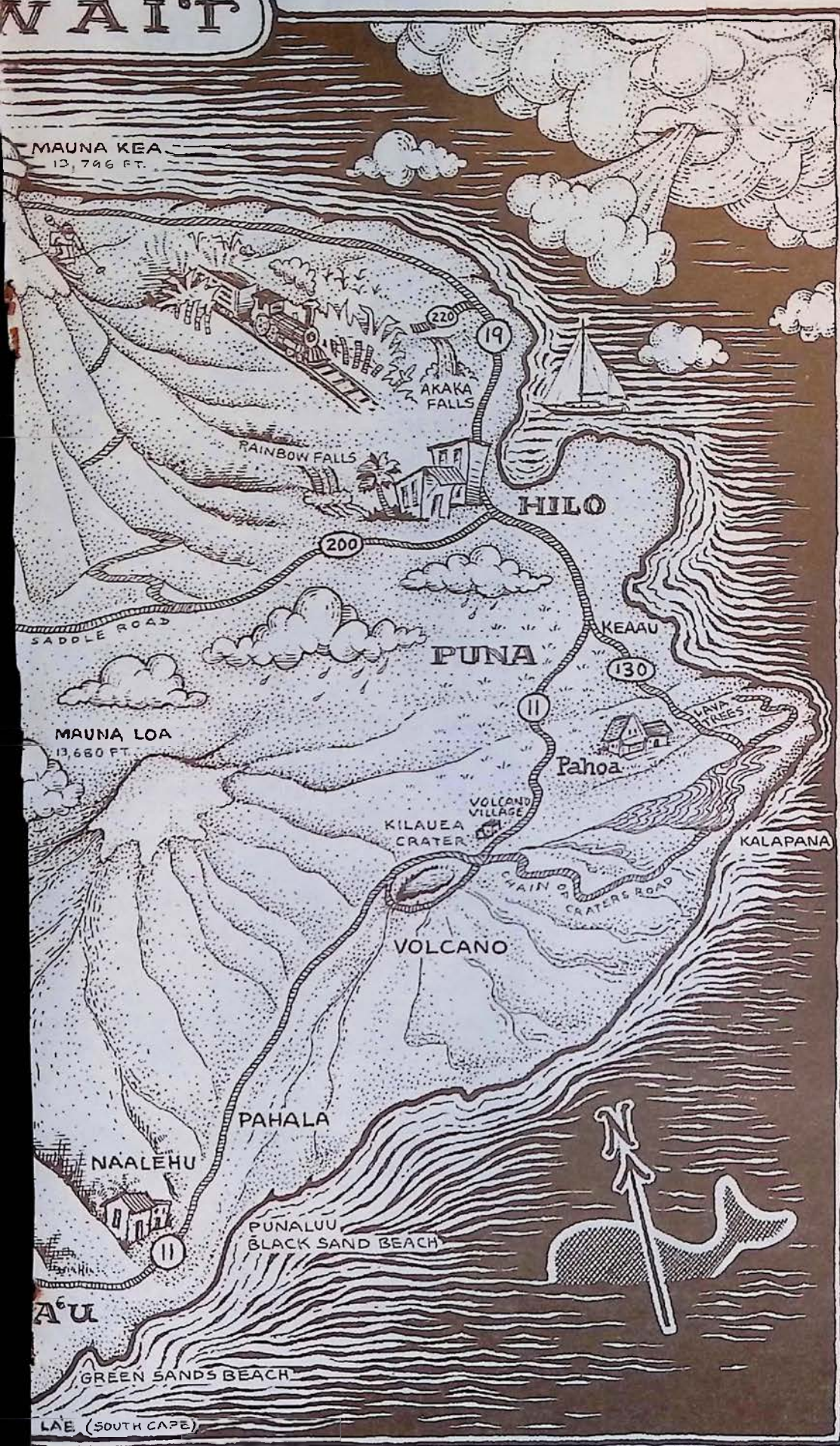
Rich in coffee, this region includes the painted church, and magnificent Kealahou Bay, the spot where English navigator, Captain James Cook was killed in 1779.



PU'UHONUA O HONAUNAU

An ancient Hawaiian village that is now a national park. Located in South Kona this spot should not be missed by visitors looking to see how ancient Hawaiians once lived.

W A I ' T



WAIPIO VALLEY

Spectacular views into a lush valley of waterfalls, rivers and cascading cliffs. Taro farmers still farm the land here and horses roam wild. (4WD, horse, or a hike are necessary for access into the valley)

WAIMEA COUNTRY

In the heart of Big Island ranch country this western style town sits at the base of Mauna Kea, which is usually snow capped during the winter months. Parker Ranch and the paniolo (Hawaiian cowboy) lifestyle still shape the character of this region.

HEIAUS & PETROGLYPHS

Both can be found on the Kohala coast. The petroglyphs can be seen by following a path on top of the lava rocks at the Royal Waikoloan Resort. Puukohala Heiau is now a state park and is the spot where King Kamehameha began his effort to conquer and unite the Hawaiian Islands. The Heiau is located on Hwy. 19, near Kawaihae.

NORTH KOHALA & POLOLU VALLEY

A northern valley lookout. The road there will take you through friendly N. Kohala towns and perhaps a view of Hawaii's neighboring islands. Mookini Heiau and other historic landmarks dot the landscape towards Hawaii's northern tip.

PUNA

Hosts the rustic western style town of Pahoa in addition to wild roadside orchids, steam vents, Lava Trees State Park and black sand beaches. Truly the place to visit for the adventuresome!

SOUTH POINT U.S.A.

The southern most point in the U.S. It boasts a magnificent ocean side drive through rolling green hillsides filled with Holstein cows grazing above a coast line of rugged cliffs and crashing waves. The sleepy town of Pahala operates the last sugar mill on the Big Island.

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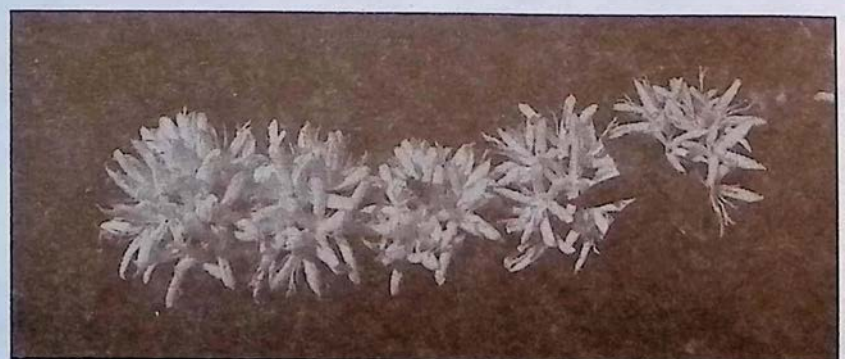
SPRING FLOWERING LEAVES KONA COFFEE FARMERS SMILING



Who would have ever thought Mauna Kea would receive 6 inches of snow with only five days remaining before the first day of May. But that's exactly the kind of Spring the Big Island and Kona is having this year. Moisture, and plenty of it has led to one of the strongest coffee flowerings in recent memory and coffee farmers, millers and roasters are gearing up for what many are now expecting to be a very bountiful harvest season.

Along with increasing demand, the rising influx of private labels entering the Kona coffee market, and the price of cherry, which is expected to start at a dollar per pound many land owners are now scrambling to clear the weeds from their neglected coffee fields. And, many are readying themselves for the first picking, which is now only a few months away beginning with the lower elevation farms sometime in mid July. Size and quality of coffee beans should also be positively effected by this Spring's abundance of rain. The combination of this rain, soil, sun and mellow climate all contribute to make Pure Kona the world's finest coffee.

And remember, if it doesn't say 100% Kona, it isn't Kona.



Friendly North Kohala

Art Galleries, Fine Dining, Cafes, Quaint Shops, Kamehameha Statue, Pololu Valley

Following highway 270 north visitors will encounter a landscape filled with historical landmarks that include the original statue of King Kamehameha, Kalahikiola Church, and Mo'okini Heiau which is regarded as the oldest pre-Western contact temple of worship. In the year 1758 King Kamehameha was believed to be born at Mo'okini.

Also to be found in the North Kohala region are the remnants

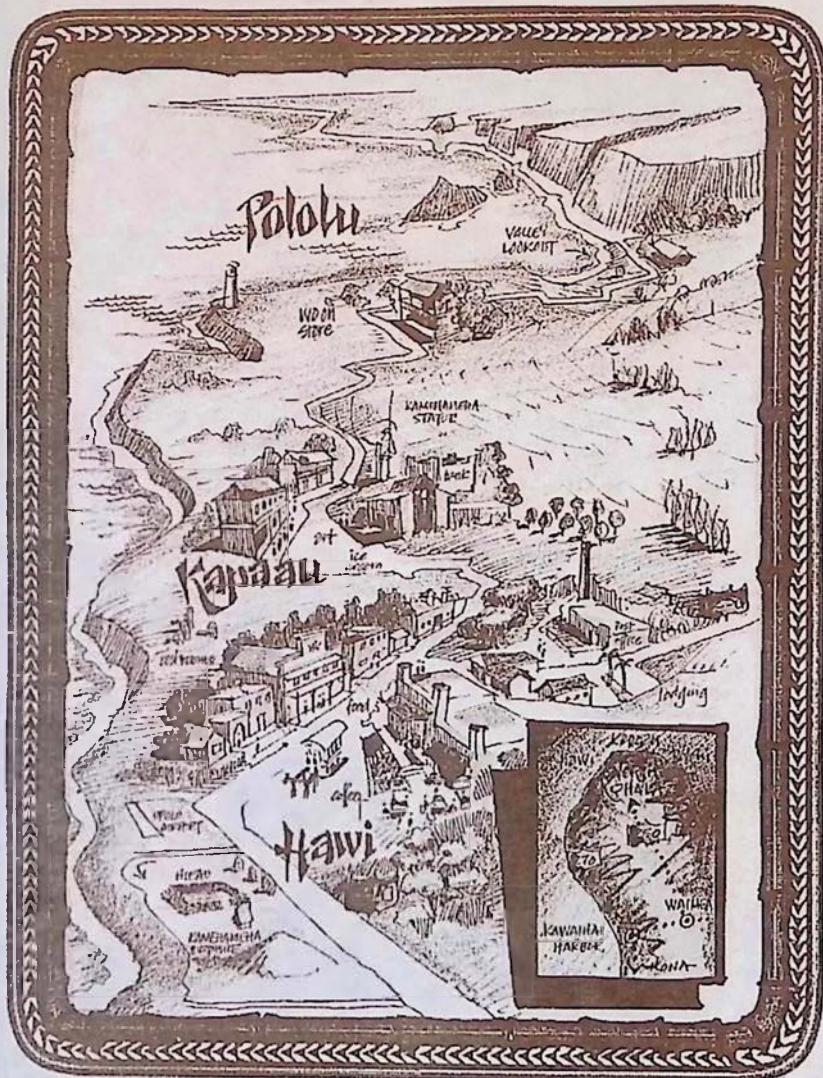
of a once thriving sugar plantation industry of the 1880's which is still visible in the many old storefronts of Hawi & Kapaau towns. These towns are now preserved by a new generation of Hawaii business which have their own distinct local offerings. In Hawi Town, a fun romantic & wild boutique called **As Hawi Turns** awaits those visitors seeking new clothing for the Hawaiian life-style and is not for the weak at the knees. The shop also carries hand-made crafts by Big Island artists.



photo by Don Rich

Next to **As Hawi Turns** is **Kohala Pacific**

Realty, where visitors are welcome to stop in for free maps of the North Kohala region. On the other side of the street is the **Bamboo Restaurant and Gallery**. Inside what was once the grand old Takata Store, built during the booming days of sugar cane, Bamboo combines Pacific Rim dishes with flavors from as far off as Thailand to create an innovative style of cuisine. Farm fresh herbs and local fish contributes a local flare to the food. The **Kohala Koa Gallery**, inside Bamboo, features Pacific



Map by Jim Channon

Art and fine crafted wood furniture.

Just up the road a piece, smack dab in the middle of Kapaau Town is Hawaii's own local ice cream factory, **Tropical Dreams**. The owners, Lou and Deby Bleier, feature their fresh fruit sorbets and

continued on page 8



**KOHALA
COFFEE
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*Relax, share wisdom, 'talk story'
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waii coffee plantation days.*

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Kawaihae Center, On the Kohala Coast, 882-1071

continued from page 23



homemade ice creams and their original macadamia nut and honey butters in a parlor that fills one storefront in old Kapaau town. **FREE TASTES!!!** Across the street from the ice cream factory and also across from the King Kamehameha statue artist Gary Ackerman reflects on the landscape around him through his impressionistic style of painted art on display in **Ackerman Galleries**. Gary's combination of a free liquid style on canvas and varied techniques of painting allows him to successfully blend the colors of the natural environment. Both galleries also feature the works of other local artists.

If the drive up the Kohala coast and gallery hopping has got

your appetite going at this point, maybe it's time to visit

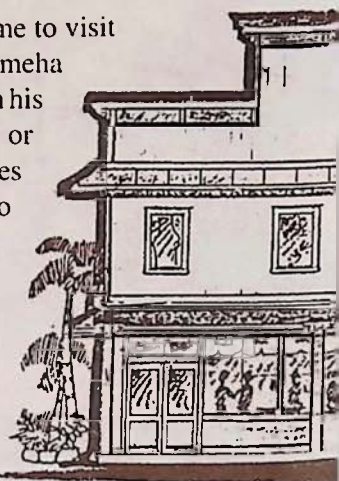
Don's Deli across from the King Kamehameha statue. Let Don prepare a sandwich from his large selection of cold cuts and cheeses or try one of his homemade vegetarian quiches or pastas. Don's Deli is a great place to relax before heading north to Pololu Valley.

The latest addition to downtown Hawi is the **Kohala Coffee Mill**. Owned and operated by Jon and Dixie Adams the historic Toyama building circa 1932 is now the home to a new coffee shop which will serve 100% Kona coffee at its espresso bar.

When you're done in town Hwy. 270 will lead you through North Kohala's fertile pasture lands, dense forests, and ultimately to Pololu Valley, which offers one of the best scenic view lookouts on the island. Along your way to Pololu their is

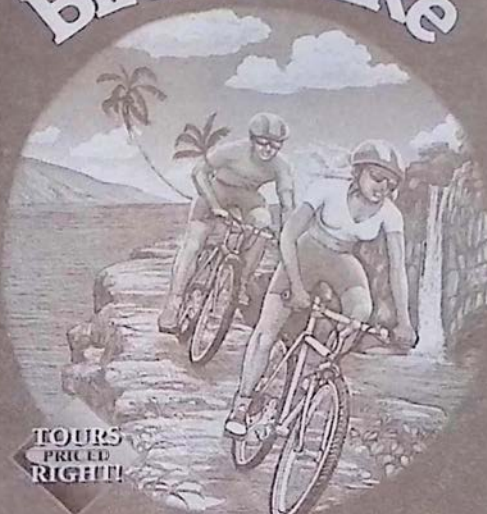

Wo On Gallery, three miles past Kapaau town, which now occupies the old Wo On General Store, built by Chinese immigrants around 1920. The gallery hosts the works of only North Kohala artists, its youngest contributor being only 6 years old. Wearable art, sculptures, pottery, woodwork and watercolor paintings by Patrick Rankin can all be found at this local gallery.

If your interests lie in seeing all their is in this region Chris' Adventures offers a "bike at your own pace" bike tours and hiking trips through this region of the Big Island. The bike and hike adventures are suited for all levels of enthusiasts. Included with these tours are breakfast and lunch consisting of fresh fruit, coffee, tea, and baked



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和安

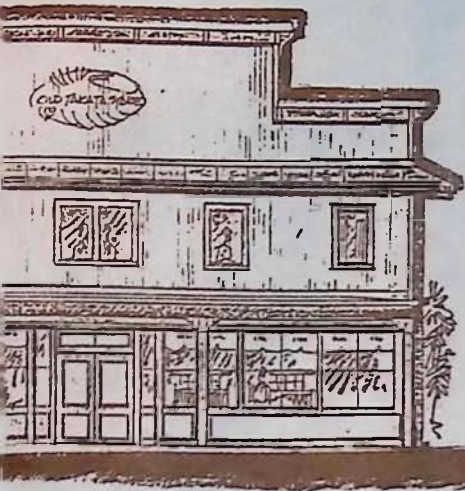
Wo On Gallery

featuring:
wood, watercolors,
wearable art,
and much more

Devoted to the artists
of North Kohala
and showing work by: Sandra
Gray, Jim Parker, Lesley Patton
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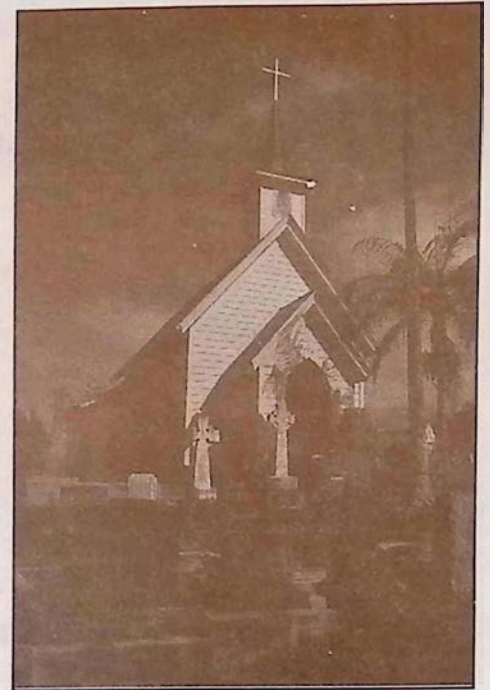
Art & Photos: Page 23: The King Kamehameha statue in downtown Kapaau **Page 24:** Kohala Coast Petroglyphs and Pu'ukohala Heiau **Below:** Impressionistic painting, "HAWAIIAN FISHING VILLAGE," by North Kohala artist Gary Ackerman. **Left:** The Old Takata Store, now the Bamboo Restaurant. Keeping North Kohala and its buildings alive are the goals of Kohala Pacific Realty. **Right:** Kalahikiolo Church built in 1855.



goods in the morning and a Don's Deli sandwich for the afternoon's concluding picnic.

While driving along the coastline of North Kohala remember that if the skies are clear, you may be able to catch a view of the island of Maui looming from the other side of the Alenuihaha channel, which separates Maui from the Big Island. Between the months of December and April visitors are almost guaranteed a humpback whale sighting off the coast of North Kohala. This region of the Big Island is a particularly favorite spot for our migrating friends from the north. Perhaps the favorite way to cap off the afternoon in North Kohala is to stop in Kaiwaihae and enjoy a Pacific Rim Italian meal at the original **Cafe Pesto** located in the Kaiwaihae Shopping Center near the harbor. The reasonably priced meals are complimented by wonderful pastas, fresh salads and hand-tossed pizzas as well as an original selection of delicious desserts. If you are planning on visiting the town of Hilo Cafe Pesto can also be found in the old S. Hata Building near the bay front.

Come and enjoy this peaceful region of Hawaii. You will see and taste the wonders it has in store for you.



As Hawi Turns

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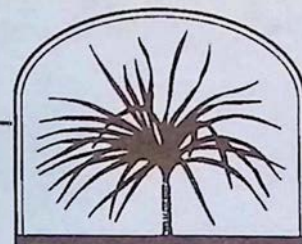
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329-1993

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journey through Hawaii's natural undersea world. Come face-to-face with "puhi," Hawaii's feared moray eels. See why the "humuhumunukunua'pua'a" is nicknamed the "Picasso fish." Witness the docile behavior of manta rays and the circling nature of the awesome shark! Discover why your teeth glow and orange looks pink at depths of 100 feet. It's a wondrous experience of sights and sounds aboard a real submarine! **329-6626 for booking.**



Descend into some of Hawaii's most remote forest reserves with Hawaii Forest & Trail.

Hawaii Forest & Trail: Hawaii Forest & Trail takes you on excursions to remote wilderness locations around this diverse Big Island. On these nature adventures, which include all food and gear, you'll learn about Hawaii's unusual and indigenous species of plants and animal life. You'll find out how Hawaii has become the evolutionary showcase of the world. And you'll come to appreciate the geology, climate, and delicate ecosystems of this special place. Children are welcome, lunch and beverages are provided, space limited to eight guests and customized excursions are available. For all ages. All you bring are comfortable walking shoes and an adventurous spirit - we'll do the rest. Hawaii Forest and Trail is a member of the Eco-Tourism Society and dedicated to low-impact environmental etiquette and nature education. **329-1993 for booking.**

Kona Kai-Yak: Offering guided Kayak adventures these customized excursions accommodate personal preferences, physical capabilities, time frame and weather conditions. Each participant receives personalized instruction on paddling techniques, water safety and historical significance of the area, no one is left behind or rushed thru points of interest. All trips are conducted by knowledgeable, experienced guides. Our trip prices range from \$45 for a two hour beginner paddle

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Lanakila Ventures: Let us show you the romance of sail. Lanakila carries 12 sails, from a gigantic spinnaker and blooper for running before the warm tropical breezes of Kona, to staysail yankees for going to windward. At our reef destination enjoy gourmet food and spectacular snorkeling with our friendly and experienced crew. We offer morning, afternoon, whale watching, and sunset cruise. Included in the morning is a breakfast of snacks and fresh fruit, lunch offers a gourmet menu and a full service bar is available. Private party charters, film, underwater cameras, fishing gear and snorkeling gear is all available. **Call 987-3999 for booking.**

Nautilus II: Join us for Kona's newest underwater adventure. We will take you to the undersea coral gardens of the Kona Coast where thousands of tropical fish, dolphins and sea turtles reside. Inside Nautilus II large personal viewing windows, fish feeding by our diver and a live narration by our expert crew all combine to make this family fun adventure the "Experience of a lifetime." We are located across from the pier in Kailua Bay. **Call 326-2003 for booking.**

Second Wind Sail/Snorkel Charters: Geared for sailing enthusiasts and snorkelers, life long sailor Captain Lary Ratliff invites small parties of six or less to discover the Kona Coast. His state of the art, totally unsinkable, 27 foot Stilleto catamaran is designed for speed with the capability to move in the lightest Kona breeze. Two cabins enclose a bridge deck with cushioned seats for a dry, comfortable ride. There is a trampoline forward for sunning and a portapotti on board. Unhurried, half day sails, from 10am to 2pm., visit Kona's snorkeling reefs. Narration, snorkel gear, instruction, lunch, and juice are included. Custom fullday and sunset cruises also available. **Call 334-0577 for booking.**

West Wind Sailing Charters: Offering custom sailing excursions to Kona's remote coastal destinations West Wind's captain Eric Witt accomodates 4-6 passengers for sailing adventures. The spacious 41 foot ketch is perfect for family overnights, whale watching and snorkeling. Gourmet foods are always available for meal times. Leave your worries behind and come aboard and sail away into a true island paradise aboard the West Wind. **Call 334-3455 for booking.**

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Come descend into the ocean world with us as we explore 25 acres of Kona's natural coral reef and hundreds of tropical fish. Life under the Hawaiian ocean will fascinate you! Hourly tours departing from King Kamehameha's Kona Beach Hotel on Alii Drive in Kailua-Kona, Sunday through Thursday.

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Tour must be booked
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For reservations please call

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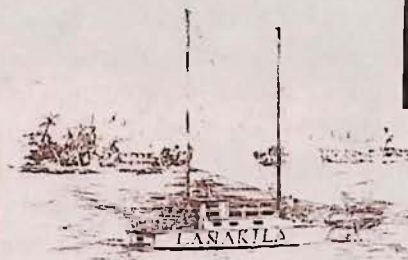
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MENTION COFFEE TIMES

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continued from page 11

ries of days that no longer exist.

Overgrown and unpruned for several years now, Richard Kawai's coffee orchard resembled a land where hobbits or menehune (Hawaiian elves) might today make their homes. It was truly a wild place in natural excess. Avocados, mango, banana and tangerines seemed to always be in bloom and the sounds of chickens never ceased while roosters, chicks and hens roamed the land freely under a canopy of coffee trees that shut out the light. At the foot of some trees were shallow holes filled with eggs, while other fowl made nests in the front seats of Jeeps. Wild tea and sweet potato plants stemmed from the earth.

All around lay old bottles, broken coffee mill artifacts and implements, and various other items related to the many years of coffee farming on this land in South Kona, Hawaii. In every direction there was coffee, and not just any coffee, but old and once well cared for coffee. The presence of these trees exuded a mysterious, warm, quiet presence of life in their being, as if a million eyes were upon you under this tent of coffee. Inside the hollowed trunks, knots filled with handfuls of dirt sprouted new life-- small, bright green leafy shoots of coffee grafted themselves to the trees. The ground, covered in crisp, brown fallen coffee leaves was free of weeds and other vegetative growth thanks to the multitude of chickens as well as dark shadows cast by the thicket of oily green leaves overhead. Rock walls, spotted in sunlight and moss, led up-slope of the farm while passageways once traveled by Jeeps curve their way through the groves of trees.

Richard Kawai, born in Honaunau, South Kona, in 1910, has worked his coffee farm since 1932 when he and his brother Andrew cleared the nearly nine acres of land by hand. This was not an easy task. At that time most of the land clearing involved removing the knotted and tough guava bushes that dominated most of the land on Mauna Loa's western flank. With a machete, hoe and rake Richard and Andrew cut and dug their way through the landscape consisting mostly of sharp lava rock and cleared the way for their first coffee planting. Once the land was planted entirely in coffee, the brothers erected a chicken wire fence around the farm's borders. With this border in place, the brothers released chickens to provide a system of weed control as well as a natural fertilizer base rich in nitrogen. The brothers never used chemicals or artificial fertilizers to grow coffee on their farm, which to this day is certified organic by the Internationally respected Demeter Association.

Richard's practice of organic farming goes deeper than practicality, economics or necessity- it is backed by Richard's long-time belief that there are hidden dangers in much of the food we buy from supermarkets and consume on a daily basis. He didn't hesitate to tell us about his concerns and did so on several occasions. Outside of a fresh piece of fish now and then and one bag of rice per month, Richard lives entirely off his farm relying only on vegetables from his small garden, chickens, eggs and water from his catchment tank system. Richard's garden also provides cabbage, lima beans, pumpkins and sweet potatoes. For many years Richard also grew taro on his farm, which he used to make poi, a long time food staple in the Hawaiian diet. Often times, Richard sold his poi to the nearby Higashi poi shop for resale to the community.

Beyond self-sustenance, Richard Kawai's farm once pro-

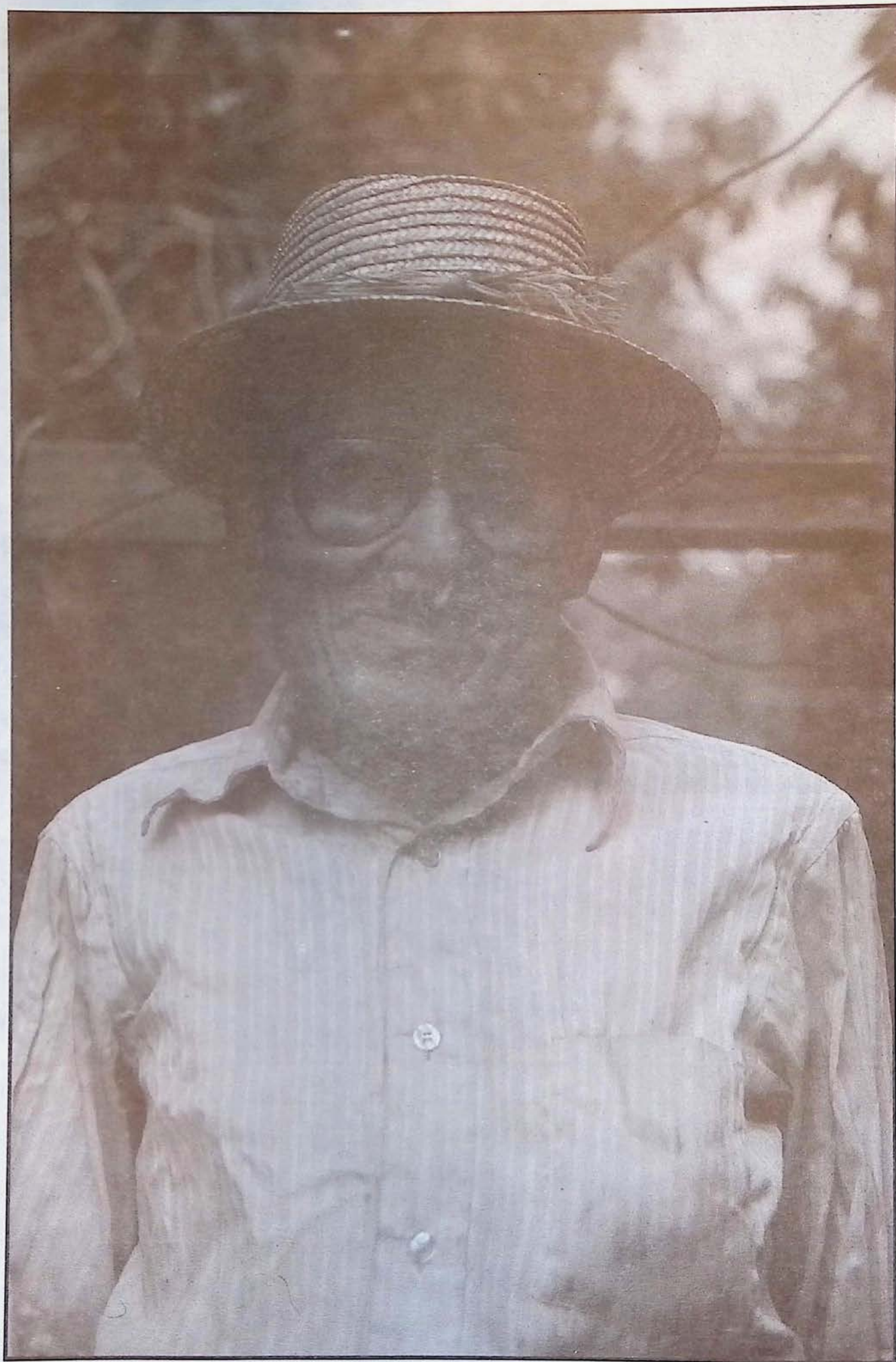
duced nearly 20,000 pounds of cherry per year. His mill exemplified the old practice of coffee production still used by farmers in Kona today. When the cherry was milled, the beans in their parchment state were then laid out on the hoshidanas to sun dry. Richard also used large mats made from lauhala weaving which were also used to dry coffee on. If rains threatened this drying process the mats were folded up quickly with the coffee inside and moved indoors. Once the coffee was dried Richard bagged and transported the parchment coffee to various mills in Kona including Kamigaki and Neguchi for cash or barter payment. Barter of coffee was often used to acquire home and farm supplies at the local general store. Cash for coffee was worth its weight in gold. Richard, like many other farmers, did not subscribe to the idea of letting banks watch and manage his finances. This refusal of the banking system led to many interesting techniques of storing, hiding and managing dollars at home on the farm. The security of this money relied only on secrecy and thus we will not indulge in any examples of these hiding practices.

Like many farmers in Kona today, coffee farming alone in many cases could not provide enough income for the farmer to live on. Richard Kawai faced this same dilemma in his earlier years when he was forced during down-times in the coffee market to work for the county road crew in Kona. During this time, he made a steady income but little else was offered in regards to health care and other benefits. The work was hard and the days were long and Richard even recalls once having to return home after seriously cutting his leg while on the job. Needing the money, Richard went home, stitched up his leg with a sewing needle and thread, and returned to work against the wishes of the foreman. Perseverance was the key to survival for Richard. What outside work could not provide, the farm did.

In Kona in Richard's day, you did what you had to do to survive. Growing coffee, growing your own vegetables, eating your chickens and taking on outside work all helped to sustain life in Kona.

When it was time to leave Richard on each of the two visits we made to his farm, the spirited man decided to demonstrate his self-reliance to us by climbing his trees in search of fruit. On the first visit, Richard climbed nearly 25 feet into an avocado tree, where he maneuvered onto small limbs and dropped about 50 pounds of avocados to Mike, who not only had the responsibility of catching and bagging the fruit but also making sure Richard didn't plummet to the ground. At the conclusion of the second visit, it was much of the same story, only Richard chose a nearby tangerine tree to demonstrate his agility. He climbed skyward to height of at least 20 feet, and the limbs swayed and bent with every step as Mike and I shook our heads in astonishment. We were not allowed to leave on either visit without also accepting several bags of fresh organic farm eggs, as Richard proudly filled the remaining space in our arms with his farm's bounty.

While the interests of many today seem to be headed towards dependency Richard Kawai maintains a directed focus on self-sustenance on his coffee farm in South Kona. Throughout his years of self-reliance, Richard and his late brother Andrew established a farm that places the importance of land and health together. Common sense, commitment and pride make Richard Kawai who he is today. So few of those qualities exist in the world outside his.



Richard Kawai

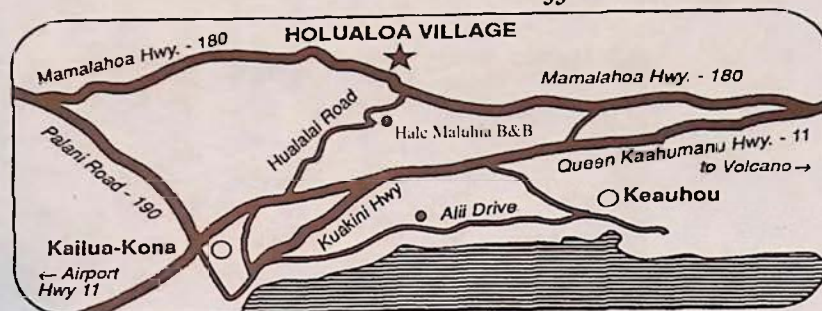
Holualoa

Aloha & Art

Days pass slowly in the artist's retreat town of Holualoa, almost like the gentle mountain breezes which weave their way through the groves of coffee trees lining the slopes of Mt. Hualalai. Steeped in natural beauty and tradition, this little mountainside coffee town blends a touch of today's art with a passion for the simpler life of the past. The village's many private galleries showcase the works of many local artists in a wide array of mediums.

When you are done visiting the galleries, the friendly local espresso bar, **Holuakoa Cafe**, will undoubtedly snatch an hour or two from your day and maybe more if you decide to indulge in the homemade cake and pastry selection. Every Thursday night the sound of acoustic guitars may be heard in the night air strumming over a chorus of 'gone happy' coffee drinkers packing the cafe for Holualoa's only night time entertainment. (Give cafe owner, Meggi Worbach, a call at 322-CAFE for an up to date scoop on her local entertainment schedule).

If you are looking for a place to spend the night, **Hale' Maluhia** (House of Peace) Bed and Breakfast is



located below the village on Hualalai road. This rambling home offers guests a sense of seclusion and a touch of paradise and is outfitted with several lanais, an outdoor spa, kitchen and even office facilities.

Make it a point to wander up for a visit to Holualoa you will love this adorable country town.



Holuakoa Cafe



Hale' Maluhia

Bed & Breakfast

GRACIOUS KONA PLANTATION LIVING UP-COUNTRY COFFEE LAND

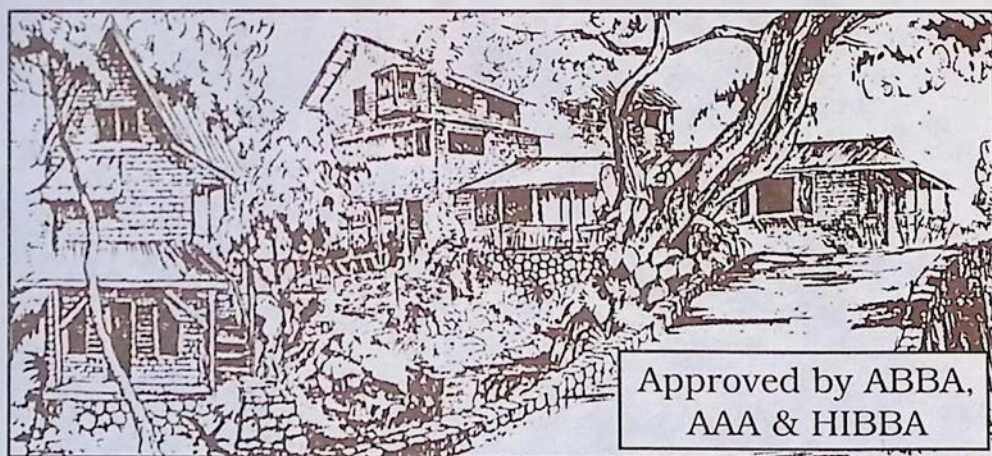
- * Truly, a friendly touch of Aloha, in Old Hawaii
- * Great rooms, Comfortable Beds, Private Baths
- * Custom Stone/Tile Spa, Waterfalls, Koi Ponds
- * Double Rm. with full buffet breakfast from \$50
- * 3.5 miles to Kailua-Kona, Easy airport access

For reservations or a FREE brochure write or call:

76-770 Hualalai Rd. Kailua-Kona, HI 96740

Toll Free 800-559-6627, (808) 329-5773,

Fax (808) 326-5487



Approved by ABBA,
AAA & HIBBA

Holuakoa

Cafe

ESPRESSO BAR

HOURS: Mon-Sat 6:30am - 5pm Closed Sunday

322-CAFE



Coffee • Pastry • Salads • Light Fare
For that delicious coffee drink
in an upcountry atmosphere,
stop on by Holualoa's most
Happenin' Scene...

Love, *Meggi*

Coffee Times 100% PURE KONA™ COFFEE

Hand Picked, Sun Dried and Truly Graded

Did you know that out of the **20 million pounds** of Kona Coffee bought and consumed every year under the name Kona only **2 million pounds** of that coffee is actually **grown** here in Kona? And the **frightening fact** of the matter is...that most Kona coffee drinkers around the world have no idea that what they're drinking is a coffee containing 90% of something other than Kona coffee. It's time for this deceptive labeling and misuse of the Kona name to end. In an attempt to preserve the coffee growing heritage here in Kona and the gourmet reputation of our local coffee and to combat this widespread misrepresentation of the Kona name to sell counterfeit coffee we here at Coffee Times magazine unconditionally guarantee that the coffee you receive from us is farmer direct, contains only 100% Kona coffee and meets the State of Hawaii's highest grading standards. Enjoy the pure taste of the world's finest coffee and help preserve our local farm lands by buying only 100% Kona.



Our Mail Order Coffee Makes The Perfect Gift ~ Hotel Delivery Available ~ We Only Roast To Order!

ORDERING INFORMATION

| Type | Roast | Lbs. | Total |
|-------|-------|-------|----------|
| _____ | _____ | _____ | \$ _____ |
| _____ | _____ | _____ | \$ _____ |
| _____ | _____ | _____ | \$ _____ |
| _____ | _____ | _____ | \$ _____ |
| _____ | _____ | _____ | \$ _____ |
| _____ | _____ | _____ | \$ _____ |

Delivery Charges \$ _____

In U.S. please add \$3.50 for 1st pound & \$1.50 for each additional pound (Call for international fees)

Grand Total \$ _____

Please mail with check or money order to:
Coffee Times, P.O. Box 1092, Captain Cook, HI 96704

_____ by Credit Card
circle one
(MC) (VISA) (AM EX)#: _____

Exp. Date: ____/____/____ Name: _____

Signature: _____

Ship To: _____

Please allow up to 1 week for delivery

PEABERRY

The finest Kona coffee bean available (The result of single bean growth in the usual two bean coffee cherry)

17.95/lb. 84.95/5 lbs. 159.95/10 lbs.

EXTRA FANCY

Exquisite taste, high elevation, large single bean coffee

16.95/lb. 79.95/5 lbs. 149.95/10 lbs.

FANCY

Excellent quality, average sized bean, high cupping standard

14.95/lb. 69.95/5 lbs. 129.95/10 lbs.

PRIME

Choice bean of most specialty Kona coffee consumers.

12.95/lb. 59.95/5 lbs. 109.95/10 lbs.

FLAVORED KONA (Prime) COFFEE

Vanilla, Macadamia Nut & Chocolate Macadamia Nut
15.95/lb.

(please specify medium, dark or espresso roast)

Other Goods Offered:

T Shirts \$15.00 (add \$1.50 each shirt for shipping)
*(Coffee Times Logo on front, counterfeiting cartoon on back)
please specify Large or Xtra Large shirt size)*

Kona Coffee Crunch Candy \$3.00 2.5oz pkgs.
(1-4 pkgs. no shipping chg., 5 or more add 1.50 for each five)
(These Homemade Hawaiian Candies contain Hawaiian Macadamia Nuts, English Toffee, and 100% Kona™ Coffee Beans Smothered in Rich Bittersweet Chocolate.)

We welcome the
American Express Card



Don't Leave Home Without It.

WE SHIP WORLD WIDE

1-800-750-KONA

In Hawaii Call: (808) 326-7637
P.O. Box 1092, Captain Cook, HI 96704

SOUTH KONA

Kona Coffee Farms, Kealahakua Bay, Captain Cook Monument, Pu'uhonua O Honaunau, The Painted Church

There is, perhaps, no other region on the Big Island shrouded in more history than the district of South Kona. Whether it be the origins of Kona coffee, the ancient Hawaiian village setting of *Pu'uhonua O Honaunau* (Place of Refuge) National Park, or the Painted Church nestled along the hillside overlooking Kealahakua Bay, the spot where the famous English explorer Captain Cook met his fate in 1779, South Kona will keep the historically minded visitor busy weaving their way through its network of mountain roads.

High on the slopes and off Hwy. 160 is The Painted Church, where sometime between 1899 and 1904, Father John Velge, a Catholic missionary from Belgium painted images on the interior walls of the church depicting the biblical scenes of heaven and hell. Near The Painted Church is the rural setting of **Wakefield Gardens Restaurant**. Owner Arlene Wakefield serves lunch daily at her bo-



Tiki Carvings at Pu'uhonua O Honaunau (Place of Refuge) National Park in Honaunau. Photo by Michael Stewart

tanical garden setting in Honaunau. Look for her famous Papaya Boat with tuna salad, it has become a favorite dish among the local population and continues to thrill visiting diners. The restaurant is open for lunch only and includes a free tour of the botanical gardens surrounding the estate.

If your time in South Kona allows for it leave room in your stay for the "Narcissus" at therapist Sheila Pattison's **Querencia Spa**. Her massage treatment includes a jacuzzi, herbal facial, full body massage, beverages, light pupus and a catered gourmet dinner in the Spa's Tea Room. Custom catering is available to meet all your needs.

From the wonders of The Painted Church, Middle Keei road empties out onto Napoopoo Road before passing **Bay View Farms and Mill**, family owned and operated by New Hampshire native Andy Roy and his wife Rosalyn. Over the distant hum of pulping



Featuring:

"The Narcissus"

A Very Special Private Affair

A romantic candlelight massage for couples followed by a catered supper and pupus.

Insurance & Work Comp.
Accepted

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Massage, Body Wraps &
Pacs, Injury Therapy,
Jacuzzi & Hydrotherapy

*Located near the Place of Refuge
in Honaunau*

(808) 328-2569



Querencia Spa Tea Room



Cottage Gallery

at SKEA

Paintings

Sculpture

Pottery

Stained Glass

Jewelry

Quilting

Wearable Art

Candles & Woodwork

An artists cooperative located in the headmaster's quarters of an old Japanese schoolhouse in Honaunau, this site offers a glance into older and quieter Hawaii. A wonderful place to view fine, affordable local art.

Find us at SKEA on Hwy. 11 between mile markers 106-105 on the makai (ocean) side of the road.

328-9392

OPEN Tues-Sat 9am-5pm



**FREE BOTANICAL
GARDEN TOUR**

Buy one get one Free Papaya Boat filled
w/Tuna Salad & Herb Dressing!!!
with this coupon

Homemade sandwiches, soups, full vegetarian
fare, Kona Coffee, fresh baked pies

OPEN 11 am to 3 pm (7 days a week)

(808) 328-9930 P.O. Box 18, Honaunau, HI 96726

A TRULY RURAL DINING EXPERIENCE



Located in the heart of coffee country, Hwy. 11 south to
Hwy. 160 (Painted Church & Place of Refuge)

and grading machines the sweet and damp smell of freshly pulped coffee cherry fills the air during the fall and winter coffee season. An extensive system of outlying drying decks and groves of coffee trees cover the landscape in front of the now visible cliffs of Kealakekua Bay, which in the hazy distance plummet their way seaward. Bay View Farms has recently added a rural coffee and gift shop to their operation, where guests will have the opportunity to 'cup up' some 100% pure Kona coffee. Farm and mill tours available at Bay View are also available at the upslope Old Hawaiian Coffee farm and mill that dates back to the late 1800's and also at Langenstein Farm, where coffee is grown, picked, milled and roasted exclusively on the Estate. For personalized group tours at any of these farms feel free to call ahead for an appointment. Also located in South Kona is the **Kahauloa Coffee Co.** high above Kealakekua Bay on Hwy. 11. The Kona coffee outlet also hosts a deli and espresso bar including a covered porch area perfect for lunch. From the porch visitors have the chance to overlook some of Kona's most bountiful coffee farms.

At the bottom of Napoopoo Road is Hikiau Heiau at Kealakekua Bay, and a white stone monument across the bay that marks the spot where Captain Cook was killed in 1779. The story behind Cook's death was that it was the result of a failed attempt by Cook and his soldiers to take the high chief Kalaniopuu hostage in return for a cutter that was stolen the night before. Cook, who had come south to the Hawaiian Islands seeking shelter for the winter months, was in search of a northwest passage to England.

A lower coastal road connects Kealakekua Bay to Pu'uhonua O Honamau (Place of Refuge) National Park. In the early years of Hawaiian civilization it was the Place of Refuge



Top: John Langenstein of Langenstein Farm, where visitors are welcome to a free tour of a working coffee farm. See ad on back page. Bottom: Kahauloa Coffee Co. offers guests, sweeping views of Kealakekua Bay and coffee farms, a gourmet deli and espresso bar and gift shop.

that people who broke *kapu* (sacred laws) would attempt to flee. If the *kapu* breaker could reach this sanctuary his life would be spared. Some of these *kapu* that governed the common people included not being allowed to walk in the footsteps of the chiefs or to touch their possessions. Other rules forbade commoners from eating foods reserved for offering to the gods, and women were not allowed to eat with the men. The gathering of wood, seasons for fishing and the taking of animals as well as the *hula* were also controlled under the *kapu* system. Other features at the park are *lokos* (ancient fish ponds), *hales* (thatched roof structures that served as homes), *heiaus* and ancient rock walls. Visitors are usually provided with live demonstrations of ancient Hawaiian crafts such as the building of canoes and tikis at the park.

Back out on Hwy. 11 the **Cottage Gallery** hosts the works of area artists with many affordable pieces being offered as the perfect mementos of your stay in South Kona.



KAHAULOA COFFEE CO.

PLANTATION

DIRECT OUTLET

● DELI & ESPRESSO BAR ●

Tasting Room




Our Plantation is located next to the coffee trees which bear our famous beans. We do all our own roasting and packaging here at the Kahauloa Coffee Company's direct outlet. Let us serve you a Freshly brewed cup of coffee while overlooking this beautiful valley of coffee trees. Look for our coffee in stores and we also Mail Order.

We are located near mile marker 109 on Hwy. 11 in Captain Cook, South Kona. Call or Write for a Free Brochure.



(808) 328-9555

P.O. Box 510, Captain Cook, HI 96704

1-800-800-6267

Kona Historical Society Museum

The Kona Historical Society, a non-profit organization, was founded in 1976 to collect, preserve and disseminate information about the history of the Kona districts on the island of Hawaii. It maintains a growing reference library and archive containing photographs, manuscripts, maps and oral histories as well as a small collection of artifacts.

Historical Photo Exhibits on display every month

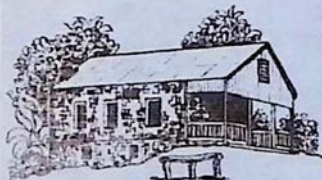
Museum Hours:

9:00 a.m. - 3:00 p.m. Weekdays

Closed All Holidays

ADMISSION IS \$1.00

(members & children under 12 free)



Located on Highway 11, one-half mile south of rural Kealakekua.
P.O. Box 398 Captain Cook, HI 96704 TELEPHONE (808) 323-3222

Bed & Breakfasts of THE HAWAII

HAMAKUA & KOHALA REGIONS

1. **Kamuela's Mauna Kea View** Innkeepers: Richard & Deb Mitchell, P.O. Box 6375, Kamuela, HI 96743 Ph: (808) 885-8425

Popular private Suite and COTTAGE (each with Fireplace, Kitchette, Sun deck, Telephone and color TV) "Now with Jacuzzi" Bordering Parker ranchlands with panoramic views of 14,000 ft. Mauna Kea. Enjoy Hapuna and Island's best white sand beaches, historic Waipio & Pololu Valleys and world class resorts. A Kamuela tradition of hospitality since 1988!

2. **Luana Ola B&B Cottages** Innkeepers: Tim & Jeannie Mann, P.O. Box 430, Honokaa, HI 96727 Ph: (808) 775-7727, 1-800-357-7727

In the lush coastal village of Honokaa, private, new cottages overlook sweeping ocean views. Kitchen, full bath, large porch, laundry facilities, private phone, wheelchair accessible, breakfast of fresh fruit, muffins, coffee, teas and juice. Walk to Honokaa town, tennis & golf. Waipio Valley nearby. \$75/night.

3. **Suds' Acres** Innkeepers: Anita & Oliver Suds, P.O. Box 277, Paauilo, HI 96776 Ph: 808-776-1611, 1-800-735-3262

We are located on a macadamia farm at 1800' elevation on the slopes of Mauna Kea with a view of the Hamakua coast. Our 2 bedroom cottage with bath, lvg. rm. is 5 miles to Honokaa & 20 miles to Waimea. Additional rooms in main house, color TV in all units.

4. **Waimea Gardens Cottage** Innkeeper: Barbara Campbell, P.O. Box 563, Kamuela, HI 96743 Ph: (808) 885-4550, 1-800-262-9912

Charming streamside cottage, inspected and rated "Excellent" by the American B&B Assn., has 2 units on 1 1/2 acres in the foothills of the Kohala Mtns. French doors open to private patios; private baths; .2 mi. west of Waimea town; 8 mi. to best beaches. \$110 dbl.; Min. 3 Nts.

5. **Waipio Wayside B&B** Innkeeper: Jackie Horne, P.O. Box 840, Honokaa, HI 96727 Ph./Fax: (808) 775-0275, 1-800-833-8849

Experience the gracious hospitality of a 1938 sugar plantation home. We cater to those who wish to unwind in a comfortable atmosphere. Choose from 5 unique bedrooms, 2 with full bath, 1 with 1/2 bath, 1 night stay \$70-\$100, multiple nights \$60-\$90 plus tax.

HILO REGION

6. **Holmes Sweet Home B&B** Innkeepers: John & Charlotte Holmes, 107 Koula St., Hilo, HI 96720-1625 Ph. (808) 961-9089

Sweeping view of Hilo Bay. Cool, quiet, tropical setting 5 minutes from restaurants, shopping, ocean. 15 minutes from airport - 2 rooms with queen beds, private baths and entrances. Guest lanai and sitting room with microwave & fridge. Fresh Hawaiian fruit, Kona coffee, island juices, teas, homemade breads served. \$60-\$70 plus taxes. Please phone for availability.

KAU REGION

7. **Becky's B&B** Innkeepers: Becky & Chuck McLinn, P.O. Box 673, Naalehu, HI 96772 Ph./Fax: (808) 929-9690 or 1-800-235-1233

Rooms affordable \$38 up, with private baths & entrance, full breakfast cable TV. Black or Green sand beaches, swim with turtles, golfing. Or after a long day, just sit in our whirlpool spa & enjoy a lovely evening under the stars. Our town, gives you a feeling for old Hawaii.

8. **Bougainvillea B&B** P.O. Box 6045, Ocean View, HI 96737 Ph./Fax: (808) 929-7089 1-800-688-1763

Nights & Breakfasts to Remember. In historic "Kau" district between Kona & Hilo. Near green & black sand beaches, South Point & Ocean View. Rooms-pvt. bath, entrance & TV/VCR. Awesome view of the stars from the pool & spa. Hosts Martie & Don Nitsche share secrets of Hawaii.

9. **Wood Valley B&B** Innkeeper: Jessie Hillinger P.O. Box 37, Pahala, HI 96777 Fax 808-928-9400 Ph:(808) 928-8212, 1-800-854-6754

Vintage plantation home/farm- in misty uplands above rural sugar town. Near Green & Black sand beaches, ocean view. Unique outdoor bath and steam house, quiet healing environment, homegrown breakfast Hawaiian. Gay Friendly.

KONA REGION

10. **Lion's Gate Bed & Breakfast** P.O. Box 761, Honaunau, HI 96726 Ph./Fax: (808) 328-2335

Enjoy a country lifestyle on a working macadamia nut farm with all the conveniences of modern life. Secluded and completely private with panoramic vistas of Kealahou Bay & the Kona Coast. Tropical fruits, mac nuts, Kona Coffee & fresh baked breads and rolls for breakfast.

11. **Hale Maluhia B&B** Innkeepers: Ken & Anne Smith, 76-770 Hualalai Rd, Kailua-Kona, HI 96740 Ph: (808) 329-5773, US: 1-800-559-6627

Up-Country Kona Plantation Living just 3 miles to Kailua-Kona with easy airport access. Big Beds, Pvt. Baths, Spa, Stream, Waterfalls, VCR Lib. Fresh ranch eggs, homemade breads, local fruits & juices, Pure Kona Coffee. Snorkle & Beach Equip. Rooms from \$50, Cottages from \$100, fax 326-5487.

Waimea Gardens Cottage



Hale Maluhia Bed & Breakfast



Suds' Acres Bed & Breakfast

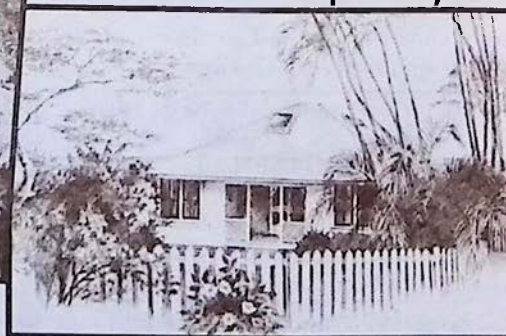


Holme's Sweet Home B&B

Luana Ola B&B



Waipio Wayside



HAWAII ISLAND B&B ASSOCIATION

12. Merryman's B&B P.O. Box 474, Kealahou, HI 96750 Ph: (808) 323-2276 1-800-545-4390

Charming ocean view B&B in Kealahou, minutes from the best snorkeling. Enjoy immaculate, spacious rooms furnished w/antiques & fresh flowers. A delightful Hawaiian breakfast of fresh fruits, chef's special & Kona coffee is served each morning. Snorkel gear & beach supplies provided.

13. Three Bears's B&B Innkeeper: Anne Stockel, 72-1001 Puukala, Kailua-Kona, HI 96740 Ph/fax: (808) 325-7563, 1-800-765-0480

Enjoy spectacular ocean views from our new cedar home nestled amongst tropical fruit trees & flowers. Located above Kona Coast Beach Park, our rooms feature private baths, TV, micro, refrig., coffee maker. A hearty breakfast is served on the lanai. Wir sprechen Deutsch.

VOLCANO REGION

14. Carson's Volcano Cottage Innkeepers: Tom & Brenda Carson, P.O. Box 503, Volcano, HI 96785 Ph: (808) 967-7683 1-800-845-LAVA

Secluded, peaceful B&B next to Volcano Ntl. Park. Beautiful theme rooms, with botanical garden views. Unique Bromeliad collections. Romantic outdoor jacuzzi. All rooms have private entrances and baths. Some with fireplaces. Rates start at \$65.00 night.

15. Chalet Kilauea-The Inn at Volcano P.O. Box 998, Volcano Village, HI 96785 Ph: 1-800-937-7786

EXPLORE TREASURES FROM AROUND THE WORLD. Amazing Theme Rooms, Tree House suite (\$75-\$175). Amenities include: jacuzzi, TV, fireplace, library, sunken tub, robes, flowers, chocolates, maid service, afternoon tea and a candlelight 2-course gourmet bkfst. Just outside Volcanoes National Park.

16. Hale Ohia Cottages Innkeeper: Michael Tuttle, Box 750, Volcano, HI 96785 Ph: (808) 967-7986, 1-800-455-3803

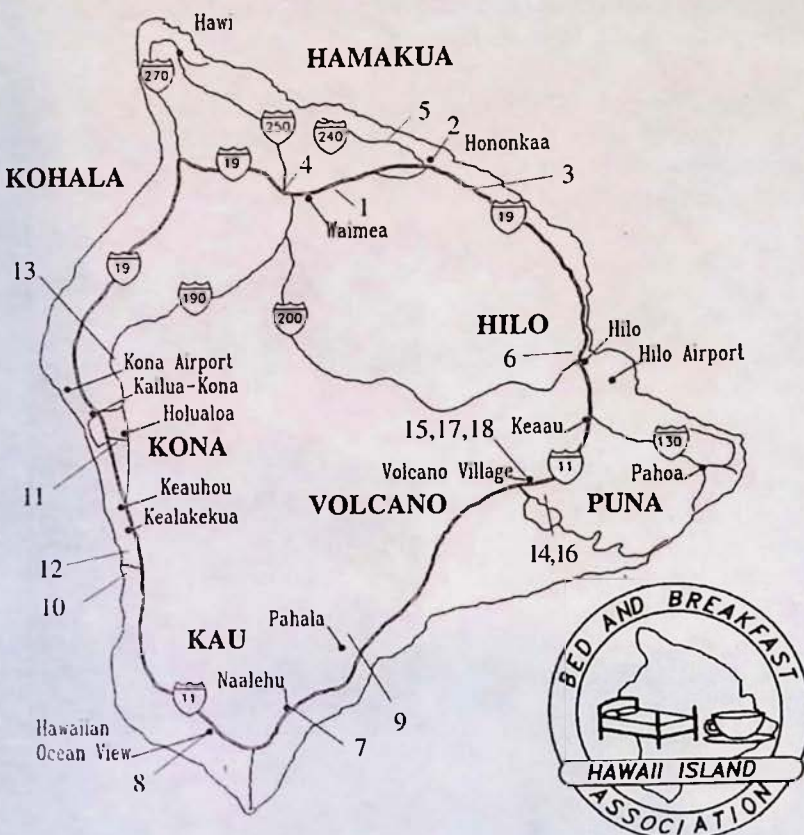
Noted in the NEW YORK TIMES, the SOPHISTICATED TRAVELER, historic hideaway, unique architecture, garden setting, fireplaces, heated Japanese Furo, breakfast brought to your room. All accommodations have private baths. One mile from Natl. Pk., Rates: \$60 to \$95.

Merryman's Bed & Breakfast

Kamuela's Mauna Kea View B&B



Wood Valley Bed & Breakfast



17. Lokahi Lodge P.O. Box 7, Volcano, HI 96785 Ph: (808) 985-8647 or 1-800-457-6924

Newest, affordable LUXURY B&B in Volcano. 1 mile to Volcano Ntl. Park, offers accommodations with private baths & entrances to each room. A sumptuous breakfast includes fresh baked homemade bread, juices, fruits, jams, coffee and teas. A haven for those who want to be pampered!

18. My Island B&B Innkeepers: Gordon & Joann Morse, P.O. Box 100, Volcano, HI 96785 Ph: (808) 967-7216, 808-967-7110, Fax: 808-967-7719
An 1886 historic missionary home at Kilauea Volcano surrounded by a 5 acre botanical estate. Rooms in main 3 story house with shared or private bath. Couples, singles & families welcome. Full breakfast. \$30 to \$75. All the macnuts you can eat.

Becky's B&B



Chalet Kilauea



Lokahi
Lodge

Our Monthly Big Island Bed & Breakfast Review

Hale Ohia Cottages Innkeeper: Michael Tuttle, Box 750, Volcano, HI 96785
Ph: (808) 967-7986, 1-800-455-3803

The Guests Say it Best...

"A long-time resident, a first time visitor, both loving it here, the gardens, the buildings, the quiet..." C. Merrill, Kailua-Kona.

"For being near one of the hottest spots on earth you have a 'cool' and beautiful home; you must be on good terms with Pele. We have loved your aesthetics, breads and loving Aloha Spirit."
G. & J. Norton, Santa Cruz, CA

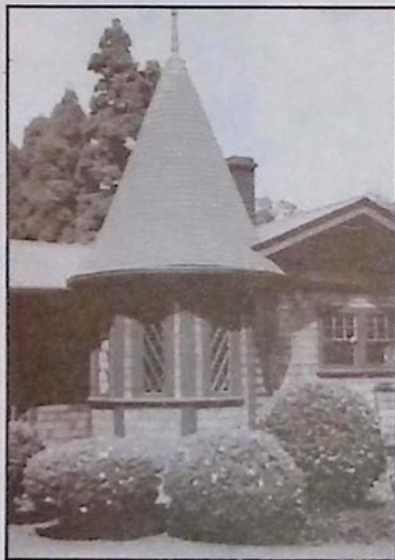
"Best location, beautiful gardens!"
J. Doran, NY, NY

"First time at a B&B, overwhelmed by its beauty and tranquility!"
T. Macabed, Honolulu, HI

"A beautiful, peaceful island in the island." J. Cenbaz, Paris, France

"One of the highlights of our trip... a wonderful location, the ferns, the stars, one night was barely enough!"
A. Melnychuck, Alberta, Canada

"A truly fine establishment!" "Finer than frogs hair!" Annette & Chris



Forest and Gardens abound around Volcanoes Hale Ohia Cottages

MERRYMAN'S BED & BREAKFAST: Innkeepers: Don & Penny Merryman. P.O. Box 474, Kealahou, HI 96750. (808) 323-2276, 1-800-545-4390. Rates: \$75 - \$95. Notes: Private Baths

This charming and immaculate B&B is located on a hillside in the quaint coffee farm country of Kealahou-Captain Cook area. If you are looking for a quiet, peaceful home away from home, you won't be disappointed when you stay at the Merryman's. Their beautiful cedar home with large lanai, park like setting and gracious hospitality is pure delight to the weary traveler. Guest may choose from four spacious and tastefully decorated rooms with either a garden or ocean view. The sunset seen from the large lanai is the highlight of the afternoon, and the soothing Jacuzzi under the star studded sky is the perfect way to end the day. Mornings start off with the smell of fresh brewed Kona coffee accompanied by local exotic fruits and chef's daily specials such as Penny's fresh banana pancakes and Don's famous quiche.

Merryman's is centrally located to all activities offered on the Kona coast and is just minutes away from the famous Captain Cook monument in Kealahou Bay which is an underwater sea life park. Don and Penny will direct you to the best beaches and activities such as kayaking, snorkeling, horseback riding and share valuable island information to help you plan your day. In addition, the Merryman's offer complementary snorkeling gear, boogie boards and beach supplies to all guests.



Comfortable interior of Merryman's Bed & Breakfast located in the up-slope coffee farm country of Kealahou-Kona.

Coffee Talk on Local Art

Maunaloa Highway runs very straight for about a mile near the 106 mile marker, with Honaunau School located on the mauka side midway along the straight stretch. Just as the road starts curving again on its way south, you'll find the Cottage Gallery at SKEA on the ocean side of the road. A big lawn slopes down to a building with a wide lanai. The yard is fringed with palms, ti, banana and plumeria trees. This is the site of the Playschool at SKEA. The buildings originally housed a Japanese language school. The former teacher's cottage on the right side is now the Cottage Gallery, filled with paintings, pottery, sculpture, hand painted clothing, bead jewelry, stained glass and hand-made quilts. There are also more homey items, great for gifts, such as pure Kona coffee, mac nuts, fridge magnets and note cards.

The Cottage Gallery is run by a group of artists who live in mauka Kona. In 1990 several members of SKEA (South Kona Education Organization) invited other noted artists to join them in establishing a non profit gallery to exhibit their work. In addition to providing a place to show artwork, the gallery has brought the artists into closer contact with the community in a variety of ways. The gallery is the site of occasional shows and receptions. Gallery members offer art and craft classes to children and adults

South Kona's Cottage Gallery

throughout the year. Renowned artists from other parts of the state and the mainland are brought in to teach classes. SKEA draws on gallery members to teach art in the public schools, with partial funding from the State Foundation on Culture and the Arts. The mutual support and inspiration enjoyed by members of the Cottage Gallery are among its most cherished features. For more information on the Cottage Gallery refer to their ad on page 32 or call 328-9392.



Edward's
AT THE TERRACE

Restaurant
La Bourgogne



CAFE
Pesto

Big Island Dining Experiences



DON'S Family DELI



HILO

CAFE PESTO: (pgs. 13) Cafe Pesto has extended its service to the historic S. Hata Building in downtown Hilo. While the cuisine remains similar to what is offered at the original Kawaihae location diners can experience the tastes of wood fired pizzas and local dishes such as fresh fish and lomi lomi served on a bed of noodles. Organic produce and edible flowers complement the reasonably priced food which is always "an adventure in taste".

KOHALA / HAMAKUA

BAMBOO RESTAURANT & GALLERY: (pg. 24) At Bamboo you will find warm "Old Hawaii", featuring fine Hawaiian Regional Cuisine and "Local Style" food. Located in a fully restored historic building, Bamboo is a tropical restaurant, with "the best atmosphere on the island!" Here, local people gather in the deep old wicker chairs for passion fruit margaritas, Hawaiian entertainment, and Sunday Brunch. Try to catch one of their "theme nights" for a truly special evening. Browse and find a gift in the Kohala Koa Gallery of fine art and Pacific handcrafts. Open for Lunch & Dinner: Tuesday- Saturday till 9:30pm. Sunday brunch, 9-2:30pm. Closed Mondays.

CAFE PESTO: (pg. 23) Cafe Pesto has earned a reputation as an innovator of provocative island cuisine specializing in Pacific rim pizzas, pastas, salads and seafood served in a setting of casual elegance. The menu draws upon fresh organic produce from Puna and edible flowers and herbs from Hualalai and Volcano. With locations in downtown Hilo and south Kohala's Kawaihae, Cafe Pesto is reasonably priced and always, "an adventure in taste".

DON'S FAMILY DELI: (pg. 25) Just 6 miles before the end of the road there is an oasis of food and drink. A variety of meats, cheeses and breads. That's what makes it a deli. Also bagels, cream cheese, and lox and cappuccino make it a good place to sit and talk. Our garden room faces the King's statue across the road. To round out the menu we cater to vegetarians with quiche, enchiladas and lasagnes. We always have two soups, fresh carrot juice and our famous fruit smoothies and remember that everything travels well; to the end of the road at Pololu Valley lookout and the beach parks nearby. Deserts, salads and dip ice cream also. Plenty of parking and always a refreshing breeze.

SIMPLY NATURAL: (pg. 14) Located in Honokaa town, Simply Natural combines a flare for fun and nostalgia as guests are greeted daily by Sharon Betthausen, owner and operator of this one woman show. The ice cream parlor/deli/soda fountain delivers one of the more unique dining experiences you will ever find. Sharon's breakfasts include such fixings as taro pancakes while lunch serves up selections of homemade sandwiches made while you wait. If you decide not to eat you should at least try a Simply Natural old fashion ice cream soda or a scoop of Hilo ice cream. The spinning

stools at the counter and the attached game room conjur up childhood memories to make Simply Natural a choice spot for both young and old.

WAIMEA COFFEE AND COMPANY: (pg. 19) Located at Parker Square on Hwy. 19 as you drive through beautiful upcountry Waimea. Sample the finest world-class coffees, cappuccino and gourmet treats at this friendly oasis. David Ellis and his cheerful staff will make you feel at home at this cozy country cafe- a great place to stop for lunch or for a welcome break in your day. Enjoy a variety of estate-grown pure Kona coffee as well as gourmet coffees from around the world, and take advantage of their easy mail order service to send coffee home. A perfect way to savor the relaxed pace and quality lifestyle of this beautiful area.

KONA

EDWARD'S AT THE TERRACE: (pg. 26) Edward's at the Terrace is Kona's only ocean front restaurant featuring the cuisine of the Mediterranean region of Europe. Edward's is located on the grounds of the Kanaloa Condominiums in Keauhou, and is open for breakfast, lunch and dinner from Tuesday thru Sunday. Let the soft crash of the waves sooth your mind as you dine on such things as couscous grilled shrimp and babaganous, or robust fisherman's soup served under a puff pastry crust. For lunch you may select an old familiar favorite such as salade nicoise topped with fresh grilled tuna or one of the best burgers you'll have anywhere. Breakfast offers such treats as apple spice sausage patties and a family special of eggs and bacon.

LA BOURGOGNE FRENCH RESTAURANT: (pg. 40) Located just 3 miles south of Kailua-Kona this small, intimate restaurant makes you think you might be at a delightful French Country Inn. Chef/Owner Ron Gallaher features the simple, flavorful food of the Burgundy Region of France created from the freshest of local ingredients. In addition, La Bourgogne's wine list includes quality selections from Burgundy and California at modest prices. Open Monday through Saturday from 5:30pm to 10:00 pm. Reservations recommended at 329-6711. All major credit cards accepted.

THE COFFEE SHACK: (pg. 33) Kahauloa Coffee Company's Coffee Shack is a must see for the whole family. It is located on the most spectacular stretch of coastline in Kona. Surrounded by the coffee trees that bear the famous coffee cherries have a cup of freshly brewed Kona coffee in our Deli and Espresso Bar while overlooking a beautiful valley of coffee farms and the miles of coastline. Our menu includes fresh pastries and breads, quiches, pizza and deli sandwiches. Open at 6am we're here to serve you breakfast or a great tasting latte or cappuccino on your trip through South Kona.

WAKEFIELD GARDENS & RESTAURANT: (pg. 32) For that old time feeling provoking life-long memories visit

Wakefield Gardens & Restaurant. Enjoy relaxed charm while dining amid the personal, friendly, uncrowded, fragrant botanical atmosphere. World-wide letters relate our best features. Aloha Spirit- a warm welcome giving an "at home" feeling; Old Time Hawaiian Music, Fresh - Clean - Wholesome Food; Something for everyone and our Strawberry Papaya filled with special tuna salad received 4 stars in Gourmet Magazine; Kona hot or iced coffee, Kids cheese-burgers, vegetarian fare, homemade macadamia nut pies, reasonable prices. Free botanical garden self-guided tours. Open 11am - 3pm. Spread the word - the magic of romantic Hawaii still exists. Aloha!

PUNA

NUANG MAI THAI CUISINE: (pg. 10) Looking for authentic Thai cuisine? Look no further because there is a gem called Nuang Mai in historic Pahoa village that is about as close to the tastes of Thailand you will ever get without actually landing in Asia. From Cheng Mai, Bangkok and Phuket styles of cooking guests are able to choose from numerous stirfries and curries as well as rice and noodle dishes that include many vegetarian dishes. Among the favorites are the Evil Jungle Chicken and Cashew Chicken dishes as well as the red, green and yellow curries. Also very popular are the non-fried vegetarian spring rolls that are made daily. Dessert at Nuang Mai brings homemade tapioca pudding, which owner Alisa Wade first learned to make back on her Thailand farm where the family grew the tapioca plant. Make sure a meal at Nuang Mai is included in your stay if you are planning on visiting the village of Pahoa.

THE GODMOTHER - RISTORANTE ITALIANO: (pg. 10) A pleasant surprise awaits you. Located amid romantic surroundings on Main Street in Historic Pahoa Village, the large menu features delectable pasta selections and traditional New York-style family recipes. With indoor-outdoor dining, the Godmother is serving breakfast and lunch from 8am until 3 pm and dinner from 5 pm until 11 every day. Stop by, meet the family, enjoy the ambiance and savor the food. Daily specials, a full bar and a friendly staff combine to create the perfect occasion. Major credit cards welcome. Ciao Bella!

VOLCANO

KILAUEA LODGE: (pg. 7) Well known for Chef/Owner Albert Jeyte's Continental-local cuisine, Kilauea Lodge is located in the cool sub-alpine rain forest region of Volcano. The misty region encourages a hearty appetite and Chef Albert, whose menu favors fish and fowl, does not disappoint. An inspired wine list, helpful staff, Hawaiian decor, and historic Fireplace of Friendship, make Kilauea Lodge a memorable experience. Open nightly 5:30-9:00pm. Reservations recommended. Located one mile Hilo-side of Volcanoes National Park.

The Godmother
Ristorante Italiano

WAKEFIELD GARDENS & RESTAURANT

bamboo



Nuang Mai Thai Kitchen

May On The Big Island

Dietrich Varez Print entitled "Kuhi No Ka Lima, Hele No Ka Maka...where the hands move, let the eyes follow." is in recognition of the annual Hawaii Volcanoes National Park Cultural Festival on May 20th.

- May **TEE SHIRT PAINTING AT SKEA**
The South Kona Education Association presents tee shirt painting workshops by Karen Spachner all month. SKEA is located between mile markers 106 and 105 in Honaunau. For more info, call 328-9392.
- 3 **HAWAIIAN SKIES WITH STEPHEN O'MEARA**
This course will introduce you to the beauty and splendor of the day and night skies over Hawaii. Participants will learn contemporary names of stars and constellations, the names given by Hawaiians, as well as the stories, mythology and lore behind the names. 6:30pm to 8:30pm. Call the Volcano Art Center at 967-8222 for more info.
- 3 **WEST HAWAII DANCE THEATRE PRESENTS: SPRING CONCERT SERIES**
Presented will be the Spanish flavored "Don Quixote" and the brilliant, comical, "Gaité Parisienne" at the Aloha Theatre in Kaimaliu at 8pm. For more information call 329-8876.
- 3-30 **WALAKEA SCHOOL STUDENTS EXHIBIT**
7th & 8th grade students of Kay Sakai exhibit multi media art. Mini Fountain Gallery, Wailoa Center, Hilo, 933-4360.
- 4 **VOLCANO ART CENTER PRESENTS: THE ART OF SET DESIGN**
From May 4 to June 8 a six session course will be offered by VAC at Kilauea Theatre in Volcanoes National Park. Set designer/artist, Patrick Edie will share his vast knowledge of designing and building sets with those who take the course. For more info, call VAC at 967-8222.
- 5/5.6 **HAWAII ISLAND HEALTH & FITNESS SYMPOSIUM/EXPO**
at the King Kamehameha Kona Beach Hotel. Guest Speakers, Breakfast Sessions, Activity Sessions, Give Aways. Friday, May 5 from 12noon to 5pm, and Saturday, May 6 from 8am to 12noon. For more info, call 322-0033 (West Hawaii) 933-4539 (East Hawaii).
- 5.6 **TOO SLIM AND THE TAILDRAGGERS IN CONCERT**
see ad on page 22.
- 6 **"MALAMA KA 'AINA" RECEPTION AND EXHIBIT**
Painted silks by Carole Mondress and Karen Rosen at the Volcano Art Center Gallery. Carole and Karen have evolved a process which produces painted silks with all the artistry of the finest watercolors plus the added lustre of satin. Exhibit runs through June 26, 1995 at the Volcano Art Center Gallery. Call VAC at 967-8222 for info.
- 6 **JOAN CLARKE BOOK SIGNING**
A talk story session and book signing with author Joan Clarke will take place at Cook's Discoveries from 11am to 2pm. Clarke, who is the current food editor for the *Honolulu Advertiser*, is author of the new book "Island Traditions."
- 6 **PUNANA LEO O KONA PRE-SCHOOL FUNDRAISER**
Huge yard sale, face painting, balloons and other events. The pre-school is unique because its curriculum is taught completely in the native Hawaiian language. The event will take place from 8am to 4pm at Punana Leo Pre-School in Keauhou mauka 78-6886 Mamalahoa Hwy. Call 322-6011 for info.
- 6-30 **SPRING ARTS FESTIVAL**
Sponsored by the Big Island Art Guild. This is the 23rd Annual Juried Art Show to be held at the Wailoa Center. A mixed media exhibition is open to all artists. Reception will be held Saturday the 6th from 11am to 2pm. Upstairs Gallery, Wailoa Center, Hilo, 933-4360.
- 7 **KEAWAIKI TOUR PRESENTED BY THE KONA HISTORICAL SOCIETY**
Once again we are able to offer a trip to "Keawaiki," a very special place on the North Kona coast which sits between Kiholo and Anaeho'omalua. Keawaiki is the site of the Brown estate built by Frances I'i Brown in the 1930's. It is made up of beautiful stone structures which are surrounded by fresh water bathing ponds on a secluded private beach. The tour, scheduled for May 7th, will be from 10am to 2pm. Plan to bring your bathing suit and hiking shoes. Alan Brown will be our host, providing us with the history of their home, along with a Kona historian, who will be on hand for the history of the area. For more information or reservations locals and visitors should call the Kona Historical Society at 323-3222.
- 9 **AFTER DARK IN THE PARK PRESENTS: "Lo'ihl: Monitoring Hawaii's Submarine Volcano"**
Near Hawaii's south coast, an underwater volcano named Lo'ihl is actively growing. Submersible studies along with data from robotic observatories on its summit show a dynamic volcano with magma motion and rift eruptions thousands of meters below sea level. Alex Malahoff, Professor of Oceanography at UH-Manoa, will offer a slide program with the latest findings on the activities of seamount Lo'ihl. 7pm. Kilauea Visitor Center Auditorium, Volcanoes National Park, 967-7184.
- 11 **WEST HAWAII DANCE THEATRE PRESENTS: SPRING CONCERT SERIES**
Presented will be the Spanish flavored "Don Quixote" and the brilliant, comical, "Gaité Parisienne" at the Kahilu Theatre in Waimea at 8pm. For more information call 329-8876.
- 19-20 **KONA COMMUNITY CHORUS SPRING CONCERT "Songs of the British Isles"**
The Kona Community Chorus and Orchestra, under the direction of Ken Staton, will present it's fifth annual spring concert on May 19 and 20 at the Aloha Theatre. Known for it's classical sacred repertoire, the chorus will venture into new terrain with a lively selection of "Songs of the British Isles." Performance times will be at 8pm on Friday and Saturday as well as an additional Young People's Concert on Saturday at 10am. For more info, call 329-7254.
- 20 **HAWAIIAN SLACK KEY MUSIC AT THE SOUTH KONA EDUCATION ASSOCIATION**
John Keawe presents a slack key performance at 4pm. SKEA is located between mile markers 106 and 105 in Honaunau. For more info, call 328-9392.
- 20 **HAWAII VOLCANOES NATIONAL PARK CULTURAL FESTIVAL**
The annual cultural festival is set for May 20, from 10am to 3pm on the grass lawn fronting the Kilauea Military Camp on Crater Rim Drive. The annual event's goal is to "E ho'omau i ka po'ohala...carry on the virtues, arts and crafts of the family." This year's festival is dedicated to hula, with a theme of "Kuhi No Ka Lima, Hele No Ka Maka... where the hands move, let the eyes follow." Highlights will include hula by Johnny Lum Ho's Halau o ka Ua Kani Lehua and music by Diana Aki me na Hoa'aloa and Beeky Pau a me 'Ohana. Hawaiian arts, music and games, craft materials and hands-on instructions will be provided in weaving baskets, feather kahili, flower lei and bamboo nose flutes. Kapa beating, bamboo stamping, lomilomi, fishing methods, medicinal plant use and ti leaf skirt, rain cape and feather lei making will be demonstrated. The public will also learn to play musical implements and Hawaiian games. Call the Park at 967-7184 for more info.
- 23 **AFTER DARK IN THE PARK PRESENTS: "Night Flyers of the Hawaiian Sky"**
The A'o (Newell's shearwater), "Ua'u (Dark-rumped petrel) and 'Ope'ape'a (Hawaiian hoary bat) are on Hawaii's endangered species list. Recently, a mobile laboratory equipped with surveillance radar monitored their nocturnal activities. Michelle Reynolds, National Biological Service wildlife biologist, will share insights on these elusive creatures of the night. 7pm. Kilauea Visitor Center Auditorium, Volcanoes National Park, 967-7184.
- 26-28 **NA HOLO LIO O WAIMEA**
see page 19.



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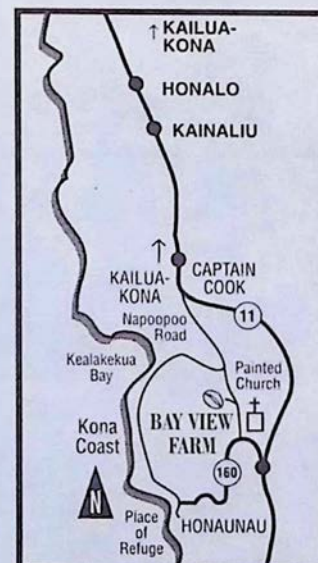
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