

The Alternative Visitor's Guide

FREE



Coffee Times

January 1994 / Big Island of Hawaii / Edition 10



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COFFEE TIMES

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Pu'ukohola Heiau

Kamehameha's Cornerstone of Rule and Once The Sight of Human Sacrifices

Overlooking the village of Kawaihae in North Kohala sits the ancient religious structure called Pu'ukohola Heiau, meaning "hill of the whale". The massive rock structure, which is the last temple to be built by the ancient Hawaiians in the islands, was constructed by Kamehameha I between the years of 1790 and 1791. The heiau was built due to a prophecy received by Kamehameha that if he built the temple for his war god, Ku-ka'ili-moko, his goal of conquering the islands would be met. So from the careful placement of smooth waterworn lava rocks handed up from hand to hand from the ocean's edge the raised rock platform was erected within a year's time. Prayer towers, altars, wooden images of Hawaiian gods and other temple furnishings were also put up in honor of the different gods. *note:* (The print on the front cover, first drawn by William Ellis in 1779, is a good example of the wooden images carved for the gods. The scene in all probability was taken from a point near Kealakekua Bay, if not the Place of Refuge.)

In the years leading up to and during the construction of the Pu'ukohola heiau Kamehameha was able to ward off attacks by conspiring chiefs from the islands of Maui, Lanai, Molokai, Oahu and Kauai who were attempting to break Kamehameha's rise to power. In the summer of 1791 the temple was completed and in an effort to make peace with his enemy and cousin Keoua Ku'ahu'ula, who controlled the other half of Hawaii, Kamehameha invited him to the dedication of the temple. Keoua Ku'ahu'ula, who saw the completion of the temple as a sign from the gods that Kamehameha would become the ruler of the islands, prepared to offer himself for sacrifice not knowing that Kamehameha's intentions were to bring peace between the two. Upon the ceremonial arrival an altercation broke out between the rival parties, which resulted in the death of the Keoua Ku'ahu'ula. The body of the chief was then offered up as the principal sacrifice to Kamehameha's war god.

With the fall of Kamehameha's long time enemy on the island



What remains today of the Pu'ukohola Heiau in Kawaihae, now a National Park

of Hawaii and the completion of the temple Kamehameha was compelled by these good omens to set out in his attempt to conquer the other islands and become Hawaii's first sole ruler. By 1795 Kamehameha, through extensive battles, had gained control of the islands of Maui, Lanai, Molokai and Oahu. Through a peace accord in 1810 with the king of Kauai, Kamehameha united the islands for the first time under one king.

In 1819 Kamehameha became ill and at his death refused the offering of a human sacrifice, which was ceremonial practice after the death of a great chief. Because of Kamehameha's plea of no sacrifice, his son Liholiho abandoned the religious traditions and ordered the destruction of Pu'ukohola and all other heiaus as well as the wooden structures in honor of the Hawaiian gods.

In the years following the abandonment of the temples and religious beliefs Westerners such as Isabella Bird began arriving in Hawaii to document the stories left behind by the rituals that took place in these Hawaiian temples of worship. In her 1875 writing of *Six Months in the Sandwich Islands*, Bird makes these remarks about the Pu'ukohola Heiau, which she came upon during a horseback exploration from Kawaihae to Waipio Valley:

The chief object of interest on this ride is the great heiau, which

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P.O. Box 31 Naalehu, HI
96772 (808) 929-9009

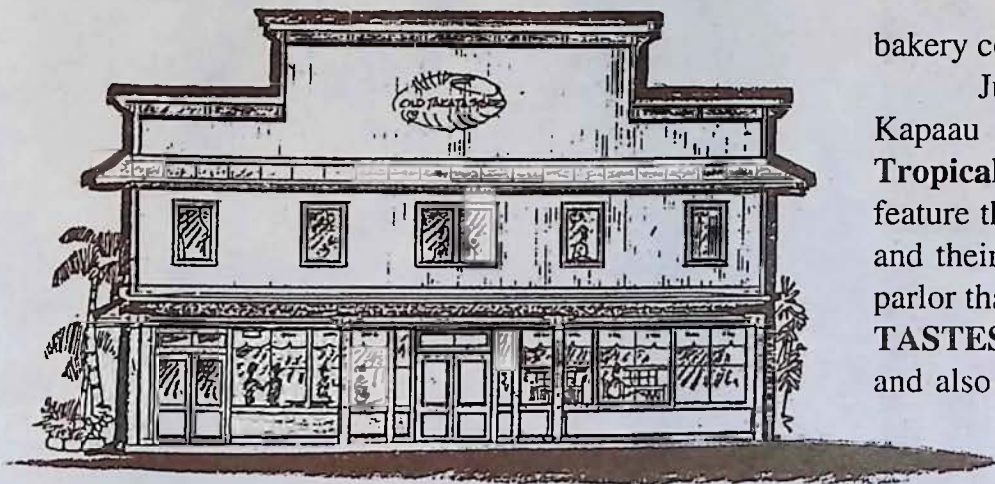
Naalehu Fruit Stand "A stop in good taste"

This general store-restaurant takes pride in homemade goodness. Choose from numerous tropical breads like pineapple-coconut, to saucer-sized cookies like mac nut butter. The macadamia nut pie is a prize winner. Sandwiches come on homemade bread and the pizza boasts all made-from scratch ingredients. Wet your whistle with the fresh-pressed pineapple juice. Sundry and souvenir items available. Located on Hwy. 11 in Naalehu. Free souvenir with purchase!

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Volcano!

Friendly North Kohala

Biking Adventures, Art Galleries, Fine Dining, Cafes, Quaint Shops,
and even a local Ice Cream Factory



Following highway 270 north visitors will encounter a landscape filled with historical landmarks that include the original statue of King Kamehameha, Kalahikiola Church, and Mo'okini Heiau which is regarded as the oldest pre-Western contact temple of worship. King Kamehameha was believed to be born at Mo'okini in 1758.

Also to be found are the remnants of a once thriving sugar plantation industry of the 1880's which is still visible in the many old storefronts of Hawi & Kapaau towns. These towns are now preserved by a new generation of Hawaii business which have their own distinct local offerings. In Hawi Town, a fun romantic & wild boutique called **As Hawi Turns** awaits those visitors seeking new clothing for the Hawaiian life-style and is not for the weak at the knees. The shop also carries handmade crafts by Big Island artists.

Next to As Hawi Turns is Kohala Pacific Realty, where visitors are welcome to stop in for free maps of the North Kohala region. On the other side of the street is the newly opened **Bamboo Restaurant**. Inside what was once the grand old Takata Store, built during the booming days of sugar cane, chef Michael Neff combines Pacific Rim dishes with flavors from as far off as Thailand to create his innovative style of cuisine. Farm fresh herbs and a next door

bakery contributes a local flare to the food.

Just up the road a piece, smack dab in the middle of Kapaau Town is Hawaii's own local ice cream factory, **Tropical Dreams**. The owners, Lou and Deby Bleier, feature their fresh fruit sorbets and homemade ice creams and their original macadamia nut and honey butters in a parlor that fills one storefront in old Kapaau town. **FREE TASTES!!!** Across the street from the ice cream factory and also across from the King Kamehameha statue artist

Gary Ackerman reflects on the landscape around him through his impressionistic style of painted art on display in **Ackerman Galleries**. Gary's combination of a free liquid style on canvas and varied techniques of painting allows him to successfully blend the colors of the natural environment. Both galleries also feature the works of other local artists.

If the drive up the Kohala coast and gallery hopping has got your appetite going at this point, maybe it's time to visit **Don's Deli** across from the King Kamehameha statue. Let Don prepare a sandwich from his large selection of cold cuts and

Upper Left: A sketch of the Old Takata Store, now the Bamboo Restaurant in Hawi Town. *Below:* The Old Wo On General Store, which is now the Wo On Art Gallery, is located along route 270 north to Pololu Valley. Painting and Photo done by artist Margaret Ann Hoy.



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continued from page 5

CHRIS' BIKE ADVENTURES



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Your Choice of 3 Biking Adventures: The Kohala Mountain Adventure

This predominantly downhill bike trip, suited to all levels of riders boasts panoramic views of Mauna Kea, Mauna Loa and Maui's Haleakala while you pass through lush pasture lands and quaint North Kohala villages. The trip finishes at a remote beach for lunch after stopping for a view of majestic Pololu Valley.

The Mauna Loa Challenge

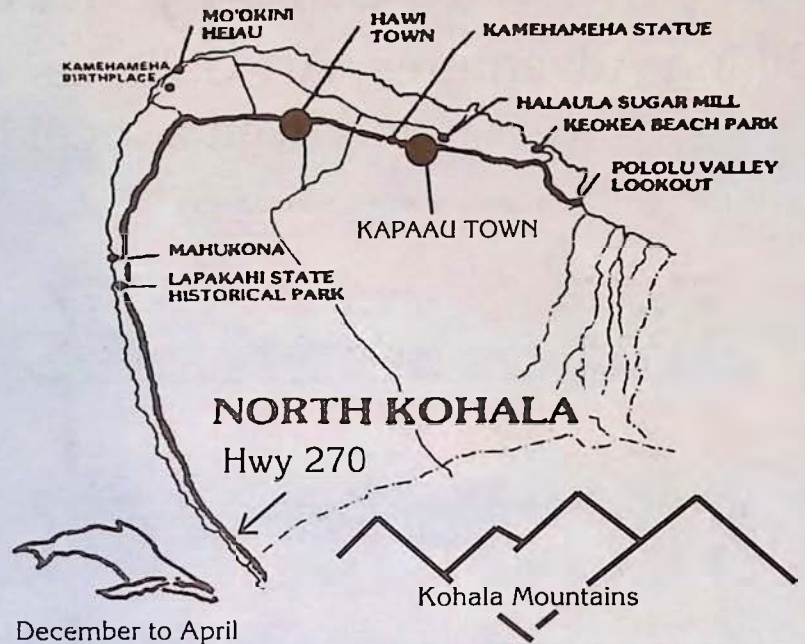
This 54 mile 12 hour adventure descends 11,000 ft. to sea level through rugged volcanic terrain, ranchland and dramatic coastal areas. Includes Kohala Mountain Adventure with breakfast and lunch included.

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cheeses or try one of his homemade vegetarian quiches or pastas. Don's new terrace is a great place to relax before heading north to Pololu Valley.

When you're done in town Hwy. 270 will lead you through North Kohala's fertile pasture lands, dense forests, and ultimately to Pololu Valley, which offers one of the best

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scenic view lookouts on the island. Along your way to Pololu there is **Wo On Gallery**, three miles past Kapaau town, which now occupies the old Wo On General Store, built by Chinese immigrants around 1920. The gallery hosts the works of only North Kohala artists, its youngest contributor being only 6 years old. Wearable art, sculptures, pottery, woodwork and watercolor paintings by Patrick Rankin can all be found at this local gallery.

If your interests lie in seeing all there is in this region **Chris' Bike Adventures** provides a "bike at your own pace" tour of the Kohala Mountains and its towns. The bike adventure is suited for all levels of riders and is complemented with a breakfast consisting of fresh fruits and baked goodies. A picnic lunch at the beach follows the ride.

While driving along the coastline of North Kohala remember that if the skies are clear, you may be able to catch a view of the island of Maui looming from the other side of the Alenuihaha channel, which separates Maui from the Big Island. Between the months of December and April visitors are almost guaranteed a humpback whale sighting off the coast of North Kohala. This region of the Big Island is a particularly favorite spot for our migrating friends from the north.

Come and enjoy this peaceful region of Hawaii. You will see and taste the wonders it has in store for you.



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 "Island Lava Java" Niihau-Kona "Kealakekua Antiques & Art" Kealakekua

Waimea Country

In The Heart of The Big Island

Between snow capped Mauna Kea and the Kohala mountains the green hillsides of North Kohala roll along under wispy white clouds, and afternoon rainbows frequently stream their way from the skies above Kamuela, Waimea. Inside this landscape herds of grazing cattle can be seen meandering their way through sloping pastures filled with cactus and dry underbrush as Hawaiian cowboys called paniolos still ride horseback and work the ranges.

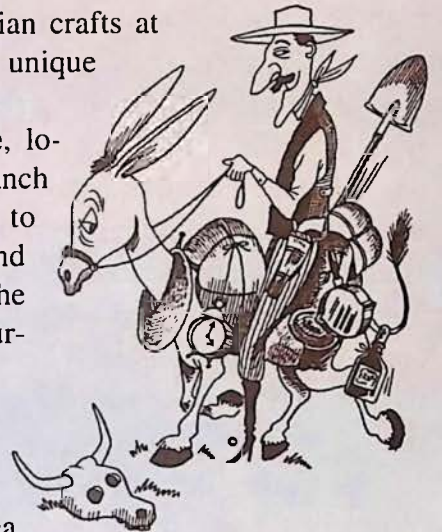
Ranching began in this region of the Big Island after King Kamehameha appointed, in 1815, a young seaman named John Parker to hunt and shoot the herds of wild cattle whose population had grown uncontrollably since their introduction to Hawaii in 1793. Parker, who accomplished his mission, managed to domesticate a herd of his own before marrying a Hawaiian chiefess. The marriage helped Parker to acquire the land that would later be used to found his 250,000 acre ranch in 1847. Today's existence of Parker Ranch as one of the largest ranches in the United States gives the outsider an idea of the magnitude of its size.

Today, the town of Kamuela, more often referred to after its district name Waimea, is a town that still surrounds itself with a ranching lifestyle. The brightly colored Victorian houses and

shops, tidy yards filled with flowers and skeleton remains of wagons and wheels gives visitors the opportunity to see yet another sphere of the diversity of cultures that exist in Hawaii. Beginning a tour of Kamuela with a cup of java and a bite to eat at **The Waimea Coffee and Company** is a great place to start. Across the street at Parker Square, **Waimea General Store** hosts a wide variety of Hawaii Books, and is filled with cook and dinnerware, cards, stationery, and many other interesting nick nacks. Make sure you don't miss stopping at **Cook's Discoveries** and Visitor Information Center at Historic Spencer House and **Up Country Connection** Gallery of Art & Antiques, both are located in Waimea Center. The marushka hand-beaded jewelry is a must see at Up Country Connection while the Koa Music Boxes and the Hawaiian crafts at Cook's Discoveries are a very unique find.

The **Kahilu Theatre**, located adjacent to Parker Ranch Shopping Center, continues to bring international artists and world class entertainment to the Big Island. See their ad for current show information.

On a final note you might want to check the calendar on page 30 for any upcoming rodeos being held in Waimea.



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WAIMEA'S KAHILU THEATRE PRESENTS... THE LOS ANGELES CHAMBER BALLET

Kahilu Theatre, Waimea, is proud to present the LOS ANGELES CHAMBER BALLET on Friday, January 14 at 8:00 PM. This imaginative company, which has been inspired by sources as diverse as Woody Allen stories and the hula, is recognized as a vital force in the L.A. dance scene. The performance is described by L.A. STYLE as, "a true local treasure."

A performance in up-country Waimea has special meaning for Artistic Director and Principal Dancer, Victoria Koenig. Ms. Koenig was a founding member of the Honolulu City Ballet where she was one of four dancers in Hawaii chosen to dance for the Emperor of Japan on his official visit to the Islands. Ms. Koenig was greatly influenced by her experience in Hawaii, not only by such teachers and mentors as the late Earnest Morgan and Yasuki Sasa, but by the spirit of



aloha and the beauty and spirituality of the land. Several members of the LOS ANGELES CHAMBER BALLET also have strong ties to the Islands. Two dancers spent their formative years in Hawaii; while Principal Dancer and Resident Choreographer Laurence Blake is also a Resident Choreographer and frequent Guest Artist with the Hawaii Ballet Theatre.

The evening's program will include "Continuo", choreography by Antony Tudor; "Goodbye", choreography by Laurence Blake; "Sleepwalk", choreography by Raiford Rogers; "Tunnel", choreography by Laurence Blake; "Kuiu Home O Kahalu'u", choreography by Earnest Morgan; and "The Troupe", choreography by Laurence Blake.

Ticket price is \$27 and \$25. Please call Kahilu Theatre at 885-6017 for reservations and information.



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LOS ANGELES CHAMBER BALLET

The twelve year-old company of 16 dancers uses its strong classical base as a springboard for experimentation. Recognized as a vital force in the L.A. dance scene, this imaginative company has been inspired by sources as diverse as Woody Allen stories and the hula. "The intimacy and refined interplay of chamber performance emerges quietly triumphant." Lewis Segal, LOS ANGELES TIMES.

FRIDAY JANUARY 14, 1994 8:00 PM

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Local Bike Tour Encompasses All South Kona Has To Offer



You know right off the bat that you've stumbled onto something good when the bicycle tour into which you have booked yourself has a limit of 4 riders and the sole owner and operator of the tour personally leads every trip. The 5 hour tour through historic Kealahou Bay offered by Scott Mori, owner of Kona Bike Tours, might just be the best and most comprehensive way to take in all this region has to offer. The tour weaves its way through the South Kona countryside, spanning everything from the Painted Church, an ancient Hawaiian village, remote beaches, and of course passes by some of Kona's coffee farms and mills.

The trip even includes a stop to savor the taste of some of the world's best brew.

This bike at your own pace, mostly downhill adventure includes an option for off road riding and allows visitors to be in touch with much more in the natural landscape than they would have experienced from inside the confines of a rental car.

The tour begins from a comfortable and cool 1,500 feet and descends into Kealahou Bay stopping first at the Painted Church, where sometime between 1899 and 1904, Father John Velge, a Catholic missionary from Belgium painted images on the interior walls depicting the biblical scenes of heaven and hell.

A 1958 quote by a Mr. Frankenstein that is now posted on the front door of the church does well in describing these painted scenes. Mr. Frankenstein, who was an art and music critic for the San Francisco Chronicle, writes:

To enter the Painted Church at upper Haunau is to step back 500 years into the world of Francis Villon's mother, who could not read the words in the holy book but knew the promise of heaven and the threat of hell through the vivid pictures she had seen on the walls of her chapel. Here on a hillside in Hawaii, you behold a little corner of medieval Europe, not approached through arti-



Tour director Scott Mori riding past the coffee drying decks at Bay View Farms

continued on page 22

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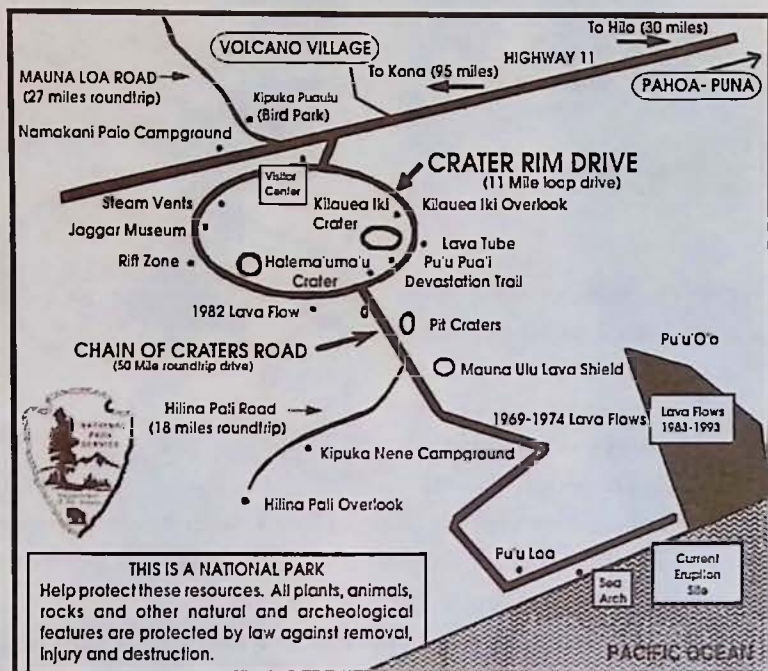
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Volcano Region & National Park Information



Volcanoes National Park has one entrance, off Route 11, 30 miles south from Hilo or 95 miles east from Kona. The park is open 24 hours a day all year round and requires a \$5.00 entrance fee per vehicle which is valid for 7 consecutive days. The hiker/bicyclist/bus passenger fee for people over 16 and under 62 is \$3.00.

When you enter the park during daytime hours you will receive a park brochure at the entrance station. If you enter the park after hours you may pick up the brochure at the Kilauea Visitor Center which is located a quarter mile from the entrance on Crater Rim Drive. The visitor center is open from 7:45 a.m. to 5:00 p.m. daily.

Visitors are encouraged to take the time to carefully read the park regulations and guidelines. The volcano fumes that exist in the park may create a health hazard for pregnant women, infants and people with heart or respiratory problems. People at risk should avoid stopping at the Sulphur Banks,

Halema'uma'u Crater and other areas where volcanic fumes are present.

Overnight trips in the park require a backcountry permit that can be obtained at no charge at the Kilauea Visitor Center.

Once inside the park enjoy the 10-minute movie on eruptions shown hourly at the visitor's center. Other attractions are The Thomas A. Jaggar Museum three miles inside the park along Crater Rim Drive, The Volcano House, Thurston Lava Tube and scenic vistas. Depending on the timing of your visit you might have a chance to see the volcano erupting. A 20 minute drive to the end of Chain of Craters Road and a short hike will get you to the eruption site. The park also offers many other hiking opportunities which are mapped out in the park brochure.

Before leaving you won't want to miss The Volcano Art Center, adjacent to the visitor center. The Art Center hosts the works of some of Hawaii's finest artists. The Center is also responsible for many of the art, cultural, environmental, and community activities happening in the park. The dates and times of these activities are listed in the Coffee Times calendar

A reminder to drive slowly and carefully while



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 Kay Sekimachi & Bob Stocksdale**
 January 3 - February 25

WORKSHOPS:
 Paper Making with Pam Barton
 January 15 & 16
 Paste-Paper with Ira Ono
 January 29 & 30

The Volcano Art Center is a nonprofit arts and educational organization founded in 1974. Call 967-8222 for information.

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The Original Volcano House,

Now the Volcano Art Center at Volcanoes National Park.

touring the park as it will help to protect Hawaii's endangered state bird, the nene.

Lodging, gas, camping supplies and dining all can be found in Volcano Village just a short drive from the park. When in the village stop by Wood Carver's Corner. This cozy shop is filled with wood arts from around the world including Native American and Hawaiian crafts.

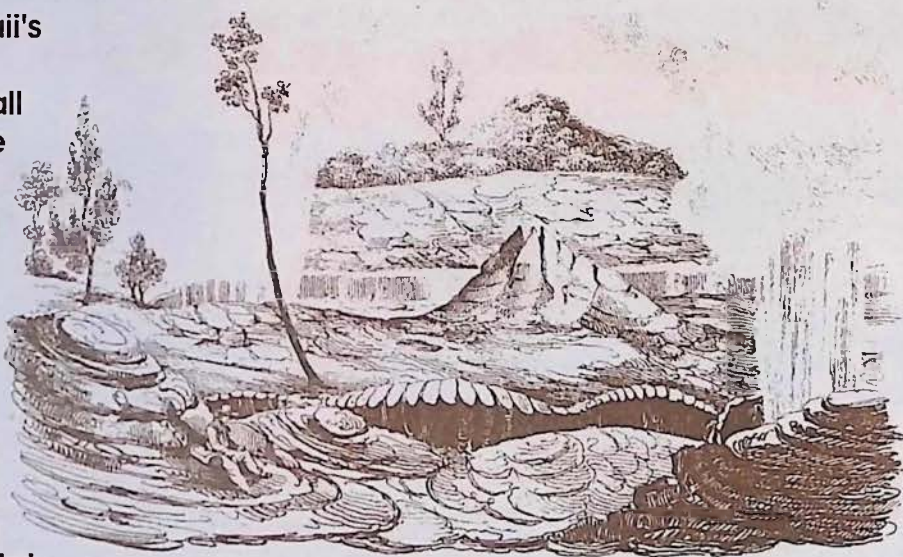
Because of the remote location of the volcano, the numerous Bed & Breakfasts existing in the region are a favorite choice among visitors staying in Volcano. A complete listing of Volcano B & B's can be seen on page 29 of Coffee Times. A few particular favorites are My Island Bed and Breakfast, Carson's Volcano Cottages, and Chalet Kilauea. If you are looking for seclusion, Carson's Volcano Cottages are tucked away in the region's rainforest and offers guests the most in privacy as well as a hot tub and even wood burning stoves to keep you warm on those cool volcano nights. Chalet Kilauea, The Inn at Volcano, features rooms decorated with art from around the world and even a treehouse suite, a unique alternative for couples looking for that romantic getaway. My Island Bed and Breakfast, located on

a five acre botanical estate, is an 1886 missionary home offering guests the choice of rooms in either the main house or garden apartments.

Perhaps one of the most memorable dining experiences on the Big Island can be found at Kilauea Lodge, which features continental cuisine beside the historic fireplace of friendship. The mountain lodge also hosts twelve romantic rooms for overnight visitors. One spectacular stop you do not want to miss when you are in the volcano region is Akatsuka Orchid Garden. Seeing is believing when you arrive at this exotic and tropical garden. Visitors are welcome to free tours and complimentary orchids during their visit.

For Park Information Call: (808) 967-7311

For Eruption Update Call: (808) 967-7977



Print of the Volcanoes by M. Dumont D'Urville circa 1836 from Voyage Pittoresque Autour Du Monde

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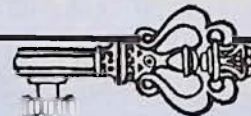


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The Bad Ass Coffee Co., 326-4637
Kailua Waterfront Row on Alii Drive
The Bad Ass Coffee Co. Kailua Warehouse
Next to Giuseppe's Italian Cafe on Alii Drive 329-8871
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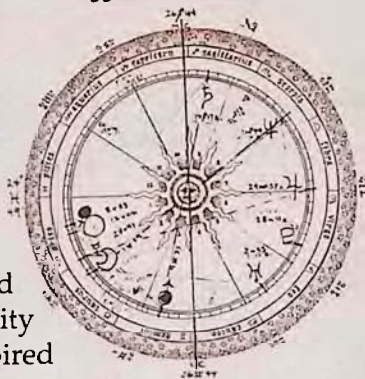
"This January's New Moon Is Extraordinary!"

It will conjunct Uranus and Neptune, the two giants of enlightenment.

New thought blooms, old ways give way to a new feeling of unity and revolutionary and spiritually inspired directions.

It's the real beginning of the new age. You will each feel like casting off old repressive systems and starting new more enlightened ways.

Start your new age project on this amazing new moon, Tuesday, January 11 at 1:10 p.m., Hawaii time. It will grow wonderfully for a month, then take a month's pause, and bloom from the new moon on March 12th to the new moon on April 11th then coast a month before continuing more smoothly thereafter. Wake up brothers and sisters - it's time to start the revolution.



❄ Rollin Frost, MS ❄

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Kona Coffee Chocolate Bourbon Pie

3	Pie Shells
12 ounces	mini chocolate chips
12 ounces	pecan pieces
12	eggs
2 cups	brown sugar
1 cup	white sugar
1 1/2 cups	corn syrup
1 ounce	vanilla extract
1/4 pound	butter, melted
4 ounces	bourbon
3 ounces	maple syrup
4 ounces	pure Kona coffee (room temp.)

Preheat oven to 275 degrees. Beat eggs with the two sugars, add corn syrup, maple syrup, vanilla, butter, bourbon and Kona coffee. Divide chocolate chips and pecans among the three pie shells. Pour in filling mixture. Bake on bottom rack of oven for 1 1/2 hours, or until filling has set up like gelatin.

Historic Main St.
Pahoa - Puna, Hawaii
Quaint Shops, Local Food,
Arts, Crafts, Theater

For visitors who want to experience the true feeling of old Hawaii, Pahoa village holds the key to this untouched past. First a rugged sawmill town then a sugar town and later a crossroad on the old railroad, Main Street Pahoa has maintained its

western style storefronts and wood boardwalks in a charming turn of the century Victorian style.

Quaint shops from surf, to curio and restaurants span the flavors of the globe from Thailand, to Mexico and Italy and make Pahoa Village one of the most pleasurable and tasteful stops on the Big Island.

Call ahead to any of the friendly shops to see if there are any special events scheduled during your visit. Pahoa has the reputation of holding some lively and entertaining performances both on

its Main Street and at the Akebono Theater, Hawaii's oldest theater.

The countryside surrounding Pahoa is filled with natural wonders like the Lava Tree State Park, steam vents, groves of papaya trees and black sand beaches along the rugged Puna coast. Visitors are warned however that a prolonged stay in this Aloha time capsule may make leaving a very difficult task.



Japanese cane cutting women in the sugar cane fields of Puna (circa 1900-1917) photo courtesy of the citizens of Pahoa

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HAWAII



Left: Island fresh produce and vegetables as well as other locally produced items can be found each Sunday at the farmer's market at Lanikou Center in Kailua. Center: Practice makes perfect for this young class. Right: Liz Cestare on the steps of The Godmother Restaurant, the latest addition to historic Pahoa village's wealth of dining opportunities. The restaurant features New York style Italian cuisine and is open.



Fishing off the Kona Coast of the Big Island continues to be a way of life for many local residents.



Enjoy the splendor and beauty of many varieties of orchids and tropical flowers at Volcanoe's Akatsuka Orchid Garden



of dancers at Reni Damron's Academy of Dance located in the Aloha Theater complex in Kailua. ly for breakfast, lunch and dinner.

What to see:

- HISTORIC HILO**
Early 20th century Hawaii happily lives on in the storefronts and buildings of this yesterday town. Outside the town are magnificent Akaka Falls and Hawaii Tropical Botanical Garden to the north.
- VOLCANOES NATIONAL PARK**
Home of Pele, the Hawaiian goddess of fire. A region of unique features, volcanoes and a diverse biosphere. See page 6 of Coffee Times for volcano information.
- CAPTAIN COOK MONUMENT**
The spot in Kealakekua Bay where English navigator, Captain James Cook was killed in 1779.
- PU'UHONUA HONAUNAU**
An ancient Hawaiian village that is now a national park. Located in south Kona. Stop and see the Painted Church along the way on Hwy 160.
- WAIPIO VALLEY LOOKOUT**
Spectacular views into a lush valley of waterfalls, rivers and cascading cliffs. (4WD, horse, or a hike are necessary for access into the valley)
- WAIMEA COUNTRY**
In the heart of Big Island ranch country this western style town sits at the base of Mauna Kea.
- AKAKA & RAINBOW FALLS**
Two separate waterfalls northwest of Hilo. Easily accessed by car and short enjoyable paved hikes.
- HEIAUS & PETROGLYPHS**
Both can be found on the Kohala coast. The petroglyphs can be seen by following a path on top of the lava rocks at the Royal Waikoloan Resort.
- POLOLU VALLEY LOOKOUT**
A northern valley lookout. The road there will take you through friendly N. Kohala towns and perhaps a view of Hawaii's neighboring islands.
- PUNA DISTRICT**
Hosts the rustic western style town of Pahoa in addition to wild roadside orchids, steam vents, Lava Trees State Park and black sand beaches.
- SOUTH POINT U.S.A.**
The southern most point in the U.S. It boasts a magnificent ocean side drive through rolling green hillsides filled with Holstein cows grazing above a coast line of rugged cliffs and crashing waves.

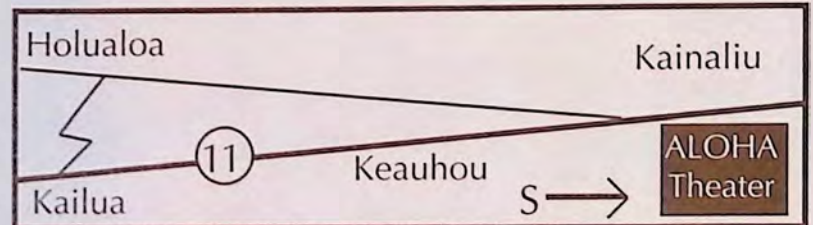
ALOHA THEATER COMPLEX IN KAINALIU



Located just a short drive south on highway 11 from Kailua-Town, central to Kona's coffee country, is the historic

Aloha Theater Complex built in 1932. Local theater performances produced by the Aloha Performing Arts Center and various other local community groups are on stage every month at the complex that also hosts a Cafe, Village Store and Dance Academy. At the cafe visitors can enjoy breakfast, lunch and dinner, which including many vegetarian specialties. A second floor bake shop turns out breads, cakes and cookies that fill the glass case just inside the front door to the theater.

Relax on the outside lanai while you sip a cup of pure Kona coffee, something very few restaurants on the Big Island actually serve. Wander next door to the Village Store and find Hawaiian gifts, fresh fruits and always a local tune playing through the speakers. To round off this Aloha experience, the local Academy of Dance run by Reni Damron is always alive with people of all ages practicing tap, ballet or jazz in the hall located at the north end of the complex.



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**Look For These Upcoming
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Love Letters
Cheaper by the Dozen
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Odd Couple (Female Version)

FOR INFO CALL 322-9924

continued from page 4

stands on a bare, steep hill above the sea, not easy of access. It was the last heathen temple built on Hawaii. On entering the huge pile, which stood gaunt and desolate in the thin red air, the story of the old bloody heathenism of the islands returned to my memory. The entrance is by a narrow passage between two high walls, and it was by this that the sacrificing priests dragged the human victims into the presence of Tairi, a hideous wooden idol, crowned with a helmet, and covered with red feathers, the favourite war-god of Kamehameha the Great, by whom this temple was built, before he proceeded to the conquest of Oahu.

The shape is an irregular parallelogram, 224 feet long, and 100 wide. At each end, and on the mauka side, the walls, which are very solid and compact, though built of lava stones without mortar, are twenty feet high, and twelve feet wide at the bottom, but narrow gradually towards the top, where they are finished with a course of smooth stones six feet broad. On the sea side, the wall, which has been partly thrown down, was not more than six or seven feet high, and there were paved platforms for the accommodation of the alii, or chiefs, and the people in their orders. The upper terrace is spacious, and paved with flat smooth stones which were brought from a considerable distance, the greater part of the population of the island having been employed on the building. At the south end there was an inner court, where the principal idol stood, surrounded by a number of inferior deities, for the Hawaiians had "gods many, and lords many." Here also was the anu, a lofty frame of wickerwork, shaped like an obelisk, hollow, and five feet square at its base. Within this, the priest, who was the oracle of the god, stood, and of him the king used to inquire concerning war or peace, or any affair of national importance. It appears that the tones of the oracular voice were more distinct than the meaning of the utterances. However, the supposed answers were generally acted upon.

On the outside of this inner court was the lele, or altar, on which human and other sacrifices were offered. On the day of the dedication of the temple to Tairi, vast offerings of fruit, dogs, and dogs were presented, and eleven human beings were immolated on the altar. These victims were taken from among captives, or those who had broken Tabu, or had rendered themselves obnoxious to the chiefs, and were often blind, maimed, or crippled persons. Sometimes they were dispatched at a distance with a stone or club, and their bodies were dragged along the narrow passage up which I walked shuddering; but oftener they were bound and taken alive into the heiau to be slain in the outer court. The priests, in slaying these sacrifices, were careful to mangle the bodies as little as possible. From two to twenty were offered at once. They were laid in a row with their faces downwards on the altar before the idol, to which they were presented in a kind of prayer by the priest, and, if offerings of hogs were presented at the same time, these were piled upon them, and the whole mass was left to putrefy.

The only dwellings within the heiau were those of the priests, and the "sacred house" of the king, in which he resided during the seasons of strict Tabu. A doleful place this heiau is, haunted not only by the memories of almost unimaginable terrors, but by the sore thought that generations of Hawaiians lived and died in the unutterable darkness of this ignorant worship, passing in long procession from these grim rites into the presence of the Father whose infinite compassions they had never known.

The remains of Pu'ukohola heiau are now a National Historic Site in Kawaihae. To learn more about this ancient Hawaiian temple, visitors are welcome to a self-guided tour of the grounds around the heiau. A wealth of information also exists with the curators at the park, who are in daily attendance at the visitor's center. ■

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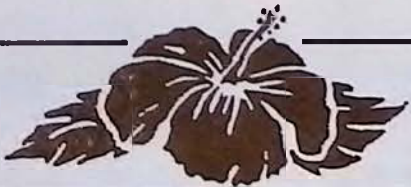
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The Humpbacks Are Back!

My guess is that in the past month you've heard this comment from people several times. It's as if they're remarking on the return of good friends we haven't seen in some time and whose arrival we've been eagerly awaiting.

Whales are like old friends here in Kona. The particular whales that have returned are the humpbacks. They migrate here in the late Autumn and stay until Spring. During their approximate four-month visit, they often put on spectacular shows of breaching -- leaping out of the water - which can be seen from boats as well as from shore.

Although the humpbacks get most of the attention from us humans during their seasonal stay, there are many other kinds of whales that can be seen in our Hawaiian waters year-round. Among them are pilot whales, sperm whales, false killer whales, beaked whales, Hawaiian melon-headed whales, and pygmy killer whales. And let's not forget the other marine mammals too, such as the five varieties of dolphins and the Hawaiian monk seal.

There's no doubt that whales are fascinating creatures. For the past two and one-half decades, since my love affair with the ocean began, I've spent the majority of my time studying whales as a marine mammal biologist. Since 1974, most of my work has been aimed at taking inventory of the numbers of whales, their migration patterns, reproduction rates, and expanding our knowledge about humpbacks in general.

Man has been studying whales

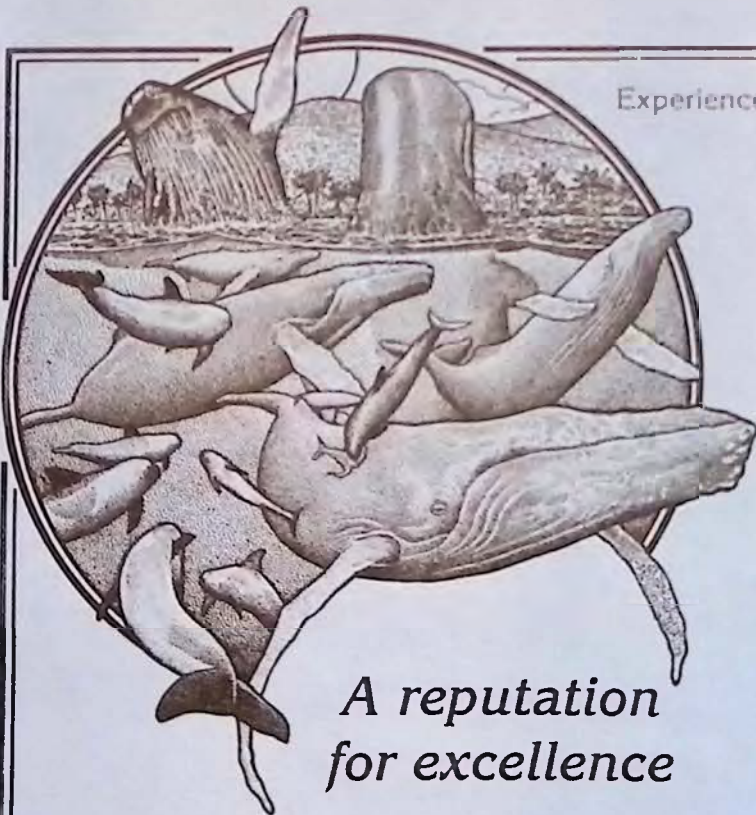
for some time now. But, it has only been in the last 20 years that our knowledge of living whales has expanded significantly. This knowledge has come about because of the interdisciplinary efforts of scientists using new technology and methods to learn about and save whales rather than destroy them.

Even with the many discoveries we have made, this is still a young and difficult science. Not only must we locate and then observe creatures which live underwater and range across huge oceans, we must also contend with a capricious study environment. So, we have yet to answer some of the most basic questions about whales.

An Extraordinary Song

The "song" of the humpback whale has to be one of the most unusual phenomena in the natural world. Perhaps you've heard this eerie, mysterious sound while snorkeling or diving off the Kona Coast. The song is sung only by males and generally only on the winter breeding grounds here in Hawaii and elsewhere. The song is a series of themes or patterns in a sequence, and it is literally composed in a way similar in structure to human musical compositions. The discovery of humpback songs are not new to man. Some think the songs may have been heard by the Greeks through the hulls of their ships and became the legendary "Sirens" of Greek Mythology. In our era, recordings of humpback whale songs were among the items placed aboard the Voyager Rocket probes on their journeys to distant galaxies.

Story and Photo by Dan McSweeney



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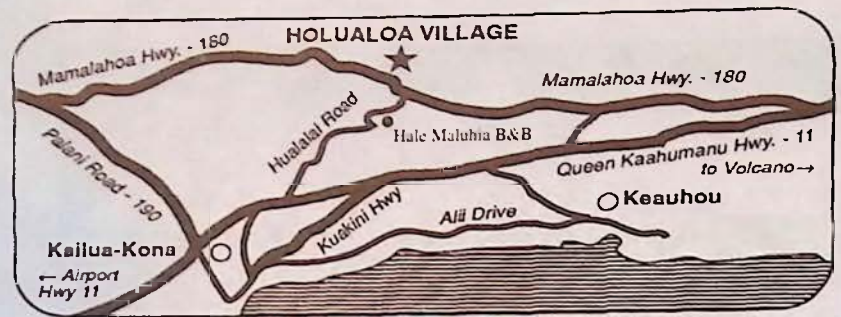


Holualoa, Aloha & Art

Days pass slowly in the artist's retreat town of Holualoa, almost like the gentle mountain breezes which weave their way through the groves of coffee trees lining the slopes of Mt. Hualalai. Steeped in natural beauty and tradition, this little mountainside coffee town blends a touch of today's art with a passion for the simpler life of the past. The village's many private galleries showcase the works of many local artists in a wide array of mediums.

When you are done visiting the galleries, the friendly local espresso bar, **Holuakoa Cafe**, will undoubtedly snatch an hour or two from your day and maybe more if you decide to indulge in the homemade cake and pastry selection. Every Thursday night the sound of acoustic guitars may be heard in the night air strumming over a chorus of 'gone happy' coffee drinkers packing the cafe for Holualoa's only night time entertainment. (Give cafe owner, Meggi Worbach, a call at 322-CAFE for an up to date scoop on her local entertainment schedule).

If you are looking for a place to spend the night, **Hale' Maluhia** (House of Peace) Bed and Breakfast is located below the village on Hualalai road. This rambling home offers guests a sense of seclusion and



a touch of paradise and is outfitted with several lanais, an outdoor spa, kitchen and even office facilities.

Make it a point to wander up for a visit to Holualoa you will love this adorable country town.



Live Music Every Thursday
Holuakoa Cafe, 7:00 to 10 pm

Hale' Maluhia Bed & Breakfast

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Cafe owner, Meggi Worbach,
and the Holuakoa regulars.

Holuakoa Cafe Espresso Bar

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322-CAFE

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PURE
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COFFEE

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Stopping for a cup of Kona coffee at the Mauna Loa coffee mill

continued from page 11

fice or sophistication but surviving in a direct line of descent.

On the one side is a broiling, painted hell precisely as Villon's mother saw, and on other panels are Cain killing Abel, St. Francis receiving the Stigmata, and Christ rejecting the devil. Above your heads is a long Gothic vault, built of wood and defining the nave of the church. Six columns support it, and where these wooden posts join the vault, a breath-taking trick of naive painter-craft make them burst into huge majestic palm leaves outlined against a pale sky. Most astonishing of all is the wall behind the altar, which the painter's untrained inventiveness has transformed into the apse of a vast cathedral; piers and arches go on and on, with true Gothic majesty, to end in a burst of light.

From the wonders at Painted Church the bike tour continues to coast its way down Painted Church Road and past Bay View Farm and Mill, family owned and operated by New Hampshire native Andy Roy and his wife Rosalyn. Over the distant hum of pulping and grading machines the sweet and damp smell of freshly pulped coffee cherry usually fills the air. An extensive system of outlying drying decks and groves of coffee trees cover the farmland in front of the now visible cliffs of Kealakekua Bay, which in the hazy distance plummet their way seaward.

For the next four or so miles the tour cruises downward toward Kealakekua Bay past rural homesteads and the colorful white and yellow flowers of a plumeria farm located on the lower part Napoopoo Road, the main route into Kealakekua Bay. At Mauna Loa Coffee Mill near the base of Napoopoo the tour stops again for a pick me up Kona coffee sampling, and a viewing of historic photographs and a short informative video of coffee farming in Kona. The short video that plays daily allows visitors the opportunity to see just how labor and process intensive coffee farming and milling really is. The first coffee planting in Kona took place 165 years ago, but it wasn't until around the mid 1800's that coffee was recognized as a viable crop. In 1866 Mark Twain stated in his "Letters From Hawaii," "Kona coffee has a richer flavor than any other, be it grown where it may and call it by what name you please." Coffee farming in Kona today is mostly a family run operation with many farms existing on only five and ten acre parcels of land.

At the end of Napoopoo Road within one half mile of the Mauna Loa Coffee Mill is Kealakekua Bay, the spot where Captain Cook was killed in 1779. The story behind Cook's death was that it was the result of a failed attempt by Cook and his soldiers to take the high chief Kalaniopuu hostage in return for a cutter that was stolen the night before. At the point across the bay



Riding out of Kealakekua Bay towards Pu'uhonua o Honaunau



The tropical garden setting of the Querencia Spa Tea Room complete with lilly pond, waterfall and jacuzzi is located off Hwy. 160 in Honaunau, just minutes from Place of Refuge National Park and Painted Church.

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a monument now stands marking the area where Cook was slain. In addition to the majestic sight of the bay, dolphin pods frequently make their way into the local waters. If you keep an eye out along the base of the cliffs, one can usually spot the playful and acrobatic flips of the spinner dolphins.

The lower coastal road that connects historic Kealahou Bay with the ancient Hawaiian Village called *Pu'uhonua o Honaunau* (Place of Refuge) provides opportunity for those riders seeking some off road riding. An unmarked leading out to the water's edge passes local sea side dwellings, favorite fishing spots and a long remote strip of white sandy beach in this area known as Keei. Through the shadows of low lying *keawe* trees the dirt lane leads back out onto the main road that connects it to the final destination at the park.

If all this land activity has made you long for the water at this point, Scott packs enough snorkeling gear for all to use. The opportunity to see some of Hawaii's underwater world exists at a popular snorkeling and dive spot just outside the National Park. Hawaii's tropical fish are evident everywhere in the sheltered and calm waters of the bay. Local canoe clubs and fisherman use this area as a boat launch as well.

When done cooling off in tropical waters, a self guided tour of the Park allows visitors to see the ancient fish ponds, thatched roof structures, religious temples called

heiaus and the great rock walls that separate the palace grounds from the Place of Refuge in what was once an ancient Hawaiian village. In the early years it was the Place of Refuge that people who broke *kapu* (sacred laws) would attempt to flee. If the *kapu* breaker could reach this sanctuary, his life would be spared. Some of these *kapu* (laws) that governed the common people included not being allowed to walk in the footsteps of the chiefs or to touch their possessions. Other rules forbade commoners from eating foods reserved for offering to the gods, and women were not allowed to eat with the men. The gathering of wood, seasons for fishing and the taking of animals were also strictly controlled under the *kapu* system. Other features at the park usually provide visitors with live demonstrations of ancient Hawaiian craftsmanship such as the building of canoes and tikis.

After the walking tour a prepared lunch of sandwiches, local fruit and taro chips finishes the trip under the palm trees of the park's picnic grounds where it is time to relax in the shade before heading back to town.

Kona Bike Tours is both a memorable and up close way to see one of the Big Island's most sacred and cherished spots and might just be the best way to spend a day in Hawaii. For reservations or more information about Kona Bike Tours stop in at Hawaiian Pedals located in the Kona Inn Shopping Village on Alii Drive in Kailua or call 329-2294.



Tava Taupu works on a tiki pole at Pu'uhonua o Honaunau National Park

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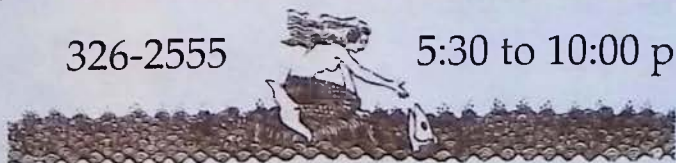
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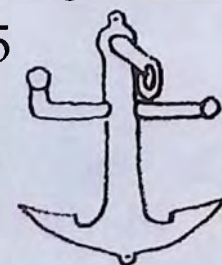
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CAPTAIN'S DECK

EAST HAWAII

When you talk about the old Hawaii, at least the one that hasn't been touched as much today by the long arms of commercialization and development, you cannot help but to mention the East Coast on the Big Island. At the center of all this is Old town Hilo, seeing a revitalization of spirit thanks to the effort of the Downtown Hilo Organization is busy restoring and preserving the storefronts of this yesterday town. Aiding this effort are the wealth of new businesses occupying Hilo's old buildings. To add to this old Hawaii feeling are the daily Suisan Fish Market Auction and the Hilo Farmer's Market which held every Wednesday and Saturday in Downtown Hilo. Outside the town to the north are the Hawaii Tropical Botanical Garden, located along a 4 mile coastal scenic route, and Akaka Falls with



Discover the beauty of East Hawaii by flying with Blue Hawaiian Helicopters

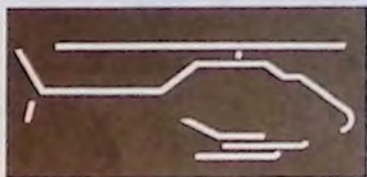
its self guided pathways that take visitors over ravines and past several other waterfalls before ending up at the grand daddy of them all, Akaka.

When you are done sight seeing, lodging in Hilo is a snap and can accommodate every type of visitor. The magnificent and luxurious **Hale Kai Bed and Breakfast** on the bluff above the ocean overlooks Hilo's premier surf spot, Honolii. Expect nothing less than gourmet breakfasts and plenty of privacy. If you are looking to stay within walking distance to downtown Hilo stop in at the affordable **Wild Ginger Inn** which features a jungle garden and stream setting overlooking Hilo Bay. If a stay in the Hawaiian countryside is what you are looking for, head seven miles north out of town to Papaikou and check in at **Hale Lamalani** vacation rentals. Situated at

1,000 feet above sea level this country retreat offers plantation style lodging with all the serenity one could ever desire.

After leaving Hilo you don't want to miss the drive north to Waipio Valley which takes you over scenic gorges that were once crossed by cane hauling trains in the hey day of sugar cane production. The plummeting waterfalls and

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Hilo Farmer's Market

Every Wednesday and Saturday in Downtown Hilo at the corner of Kamehameha Avenue and Mamo Street from 6 a.m. to 2 p.m.

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Brochure available RR1, Box 206, Papaikou, Hawaii 96781

river mouths under the extensive bridge systems leading north up the Hilo Coast are definitely an awesome sight. Akaka Falls State Park and the village of Honamu can be reached by taking Hwy. 220 off of the main route, Hwy. 19 north. See the map. Once you reach the Park a short paved hike will trail you past a network of smaller waterfalls, lush and colorful tropical foliage to the plummeting Akaka Falls. Its accessibility and grand size make Akaka Falls a popular stop along this eastern coast.

One of the best ways to experience this region of



the Big Island is to let **Blue Hawaiian Helicopters**, which flies out of Hilo airport, whisk you away into flight. Discover by air Hamakua's remote and beautiful waterfalls and valleys. The Blue Hawaiian Helicopter's new million dollar ASTAR jet helicopter is designed especially for touring. In addition to the smooth and comfortable flight, your tour experience is personally recorded on a complimentary video. Make sure you take along the coupon insert inside Coffee Times to receive a free color poster along with your flight.



VISIT HISTORIC HILO

Historical information and map provided by the Downtown Hilo Organization whose interests involve the preservation of Old Hilo, Hawaii.



Hilo Farmer's Market

1. Kalakaua Park
2. Old Police Station
3. Hawaiian Telephone
4. Central Christian Church
5. Taishoji Soto Mission
6. Furneaux Lane
7. Ancient Order of Foresters Building
8. Furneaux Building
9. S. Hata Building
10. Bayfront
11. Palace Theatre
12. S.H. Kress Company Building
13. First Hawaiian Bank Building
14. Koehnen's Building
15. Landing Wharf
16. First Trust Building
17. Pacific Building

This self-guided walking tour of historic Downtown Hilo will take about one hour if walked continuously. However, you are encouraged to go at your own pace and spend additional time discovering and exploring that which interests you.

The seventeen stops along the way will provide you with information about the town from 1870 to the present. The history of Hilo begins much earlier, however, with the arrival of the Polynesians in 1100 A.D. They eventually inhabited the shores of Hilo Bay, farmed their crops, fished and traded their goods with each other along the Wailuku River. Changes came to this life-style upon the arrival of missionaries who brought with them new ideas, education and Christianity.

Hilo became a stopping place for explorers curious about the active volcanoes, whaling ships and traders. By the 1900's a number of wharves had been constructed, the breakwater was begun and the railroad connected Hilo with other parts of the island. Hilo became the center of commerce. Two destructive tsunamis, in 1946 and 1960, caused a shift in the location of Hilo's government and commercial life.

Today, historic Downtown Hilo is alive and bustling with renewed energy. New and old businesses alike are meeting the challenge of revitalizing our city center while preserving the historic character which remains very special.

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HONOKAA

CURIO

TRADITION

SIMPLICITY

SINCERITY

For years the town of Honokaa sat idle, its home town theater empty, local storefronts ghostly quiet, and streets void of the bustle that once rumbled down Mamane Street during the boom days of the Hamakua Sugar Company, an industry that for the last century has been the life blood of the people in this region. Since the decreasing activity of sugar production over the years and the recent decision this year to halt sugar production all together, the local citizens of Honokaa have redirected their energy and begun one of Hawaii's most spirited movements of rejuvenation. Local merchants have taken the initiative to reopen some of the closed doors in this picturesque town, including the local ice cream parlor, now called **Simply Natural**, outfitted with an old fashioned soda fountain and spinning stools. Other shops such as **Hale O'Kauwehi**, **Rainbow Nation** and the **Honokaa Trading Company**, as well as many curio shops overflow with Hawaiian memorabilia, local crafts, and wearable arts. Home town cooking flows out

of **Mateo's Pizza**, **Jolene's Kau Kau Korner**, and **Mamane Street Bakery** to add to the distinctly local flavor of what pizza parlor owner, Alex Mateo proudly calls, "The New Honokaa". Included in this new Honokaa is the town's farmers market that has become a weekly event in the downtown area in front of the Honokaa Trading Company. The market is open each Saturday of the month.

As Hawaii's old theaters are becoming more and more popular the citizens of Honokaa celebrated the reopening of their own **People's Theater**. The doors have officially been opened and evening feature films can be caught every Friday and Saturday evening at Honokaa's historic theater.

Also located in Honokaa is the **Hawaiian Macadamia Nut Plantation** which is located down the hill from Kau Kau Korner. The plantation allows visitors the opportunity to view the inner workings of a macadamia nut factory. Factory creations fill the store shelves and will undoubtedly make your taste buds dance when you try them. Also featured is the plantation's own bake shop.

Departing every morning from the Hawaiian Macad-

It's the return of
**HISTORIC PEOPLE'S
THEATER**

Feature Films Now Playing
every Friday & Saturday
in Downtown Honokaa

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**HONOKAA
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Every Saturday
in Downtown Honokaa

Home town cooking flows out

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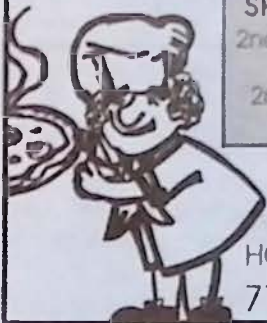


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HAMAKUA

SUGAR

NUTS

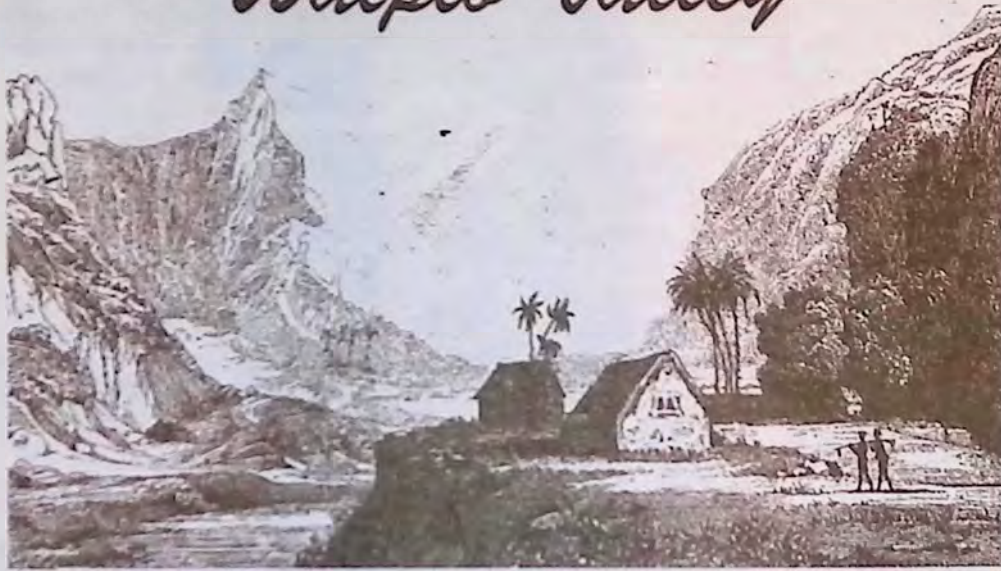
WATERFALLS

TRANQUILITY

Mauna Kea Macadamia Nut Plantation is the local tour group, Hawaii Resort Transportation Company that takes visitors into Waipio Valley for either horseback riding or a van tour of Hawaii's most dramatic sight.

Legend has it that it was in Waipio Valley, "the land of the falling water", the great King Kamehameha, as a young boy, received his leadership training and first learned to surf. Today, family ohanas, "houses", still dot the landscape which is separated by a river that leads into the open sea. Local farmers and their families continue to make their way of life from farming taro and fishing off the sandy shores of this peaceful and remote valley floor. The only way down into the valley is by four wheel

Waipio Valley



EARLY WAIPIO VALLEY VILLAGE PRINT - engraving by Doms, circa 1785.

drive or by walking the literally breathtaking road down and up. An experienced and knowledgeable guide from Hawaii Resort Transportation Co. can make your trip an interesting as well as easy one.

Outside of Waipio Valley and Honokaa town are other early and small settlements of the Hamakua region such as Paauilo, Kukuihaele and Laupahoehoe all filled with a rich and local culture that happily survives in this region of the Big Island.

New doors will continue to open for all of Hamakua as a period of change

sweeps through the land with the fall of the sugar empire and the rise of small businesses in Honokaa.

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LOCATED IN HONOKAA TOWN, THE HEART OF HAMAKUA

775-7201

HALE KAI BED & BREAKFAST: Innkeepers: Evonne & Paul Bjornen. 111 Honolii Pali, Hilo, HI 96720. (808) 935-6330 Rates: \$80 Notes: Private Baths, Pool, Jacuzzi

This four star Bed & Breakfast on the bluff above the ocean overlooks Honolii surf spot and Hilo Bay. From the time you first open the door the exquisite tastes of the owners are evident in this luxurious seaside home of Evonne and Paul Bjornen. Below the open air setting of the second floor there are three spacious and private guest rooms located on the first floor as well as a loft room on the third, all elegantly decorated. For honeymooners the privacy of the third floor loft room makes Hale Kai Bed & Breakfast the perfect choice of those seeking a romantic hideaway. A common area on the first floor is outfitted with a television, VCR, volcano films and a large selection of reading material pertaining to island sights and activities. Outside the three first floor rooms are a pool and jacuzzi surrounded by a private fenced in patio that overlooks the ocean.

Morning at Hale Kai brings a full gourmet breakfast consisting of Kona coffee, island fruits and freshly baked breads, plus special dishes such as macadamia nut waffles and Portuguese sausage. Located nearby are the Hawaii Tropical Botanical Gardens, three miles, Akaka Falls, 9 miles, and downtown Hilo, two miles. A short thirty minute drive will get you to Volcanoes National Park while the coastal setting north of Hilo gives you a good head start if you are heading up the Hamakua coast.



The hospitality, seclusion, privacy and comfort of Hale Maluhia are unique and rival any four star resort.

January's Dining & Lodging Spotlight



LA BOURGOGNE, THE FRENCH RESTAURANT: Owners: Ron & Colleen Gallaher. Located on Hwy. 11 in Kailua-Kona (808) 329-5711 Hours: 5:30 to 10:00 p.m. M-Sat. Notes: reservations recommended, daily specials

Once there it's a place you won't want to leave and when you have to it will beckon you back in for more. The romance and personal atmosphere of La Bourgogne, The French Restaurant, owned and operated by the husband and wife team of Ron and Colleen Gallaher, is complemented by their conviction that good food is the result of strong fundamentals in cooking.

Local favorites like the roast saddle of lamb, and beef bourgionne, the lobster and fish specials as well as the monthly price fix menus are all well prepared using locally grown herbs in a variety of sauces that include creamy mustards, mushroom, rosemary, garlic, as well as red and white wines. The sight of chef Ron Gallaher in the dining room helping to serve dinner and pouring the wine is evidence of the special pride taken in personally preparing every dish at La Bourgogne and is probably due in part to Ron's upbringing in a mom & pop shop environment.

Enhancing every meal is the discriminating selection of wines from California and the Burgundy region of France. By the glass or by the bottle there are selections to fit everyone's budget.

Perhaps not the most noteworthy feature about dining at La Bourgogne but always a sure tell sign of excellence and quality is the fact that only 100% Kona coffee is served. (Very few restaurants offer the real thing.)

Dessert at La Bourgogne, if you have the room, may fool you. At sight alone petite dishes like creme caramel look innocent enough, but don't be surprised if you are left hanging half way through. The rich tastes of many of these dishes tops off this truly French dining experience.

La Bourgogne is a must if you are looking for both charm and classic cuisine.



HALE MALUHIA BED & BREAKFAST: Innkeepers: Ken & Ann Smith. 76-770 Hualalai Rd., Kailua-Kona, HI 96740 (808) 329-1123, 1-800-559-6627 Rates: \$45-\$75 Notes: Private Baths, Hot Tub

Just below the village of Holualoa, at the 900-foot elevation, lies Hale Maluhia (House of Peace) Bed & Breakfast with double rooms from \$45 to \$75 per night, including breakfast for two and discounts for stays of three days or longer. The plantation style estate lavishes itself, Hawaiian-Style, with a Victorian and wicker decor including overstuffed sofas, antiques and oriental rugs. The bedrooms, which are equipped with private baths and brass fixtures, are decorated in cool tones of teal, lavender and assorted shades of blue with woven grass wallpaper. Outside the rooms tropical fruit trees such as banana, mango and papaya shade the grounds around the estate and the hillsides are terraced with flower and vegetable gardens.

Morning at Hale Maluhia brings a generous breakfast of fresh island fruit, homemade breads, pastries, various cereal and granola mixtures, island juices and of course Kona coffee. Complimentary beach and snorkeling equipment are made available for guests heading to the many nearby beaches along the Kona coast. Other island activities in close proximity are horseback riding, golf, tennis, biking, fishing, ocean cruises including whale watches. Even skiing awaits those visitors seeking to challenge the snow covered slopes of the 14,000 foot Mauna Kea.

The hospitality, seclusion, privacy and comfort of Hale Maluhia are unique and rival any four star resort.

SIBU CAFE: Owners: Peter & Ann Weinstock. Located in Banyan Court Mall on Alii Drive in Kailua-Kona (808) 329-1112 Hours: 11:30 a.m. to 9:00 p.m. daily Notes: Cafe style dining, take out service & vegetarian entrees available

Serving classic style Indonesian cuisine owner Peter Weinstock attributes the success of his restaurant to the talent and dedication of his staff, many of whom have been with him for several years. Chefs Linda Frohlich, Craig Thompson and Sherry Takaki are behind the wok daily preparing the recipes crafted by the owners who were inspired on a trip to Indonesia in 1985. Peter admits that much of what he knows about cooking is due to the creativity of his wife Ann, who he insists taught him mostly everything he knows.

Sibu blends its sidewalk cafe atmosphere with its flavorful combination plates and international beer and wine selection to create the perfect outdoor dining experience in the bustling downtown area along Alii Drive. The cafe's brown rice might just be the best in Kona, and the fact that the food is MSG safe seems to play an important role in many peoples' decision to dine at Sibu. Much of the food is prepared using only fresh ingredients with a strong emphasis on the use of garlic in many selections.

Hanging on the walls around the restaurant are masks, puppets, hanging dragons and artifacts acquired during the '85 Indonesia excursion. Some of the puppets, Peter claims, played political roles in the Indonesian theater scene during a national revolution and add to the unique decor of the restaurant.

Sibu is regarded by many locals as "the place" to spend a few hours dining out, perhaps because of their reputation for serving large portions of food.



Big Island Bed & Breakfasts



Denotes Hawaii Island Bed & Breakfast Association

HAMAKUA REGION

- 1. **HALE KUKUI:** Overlooking Waipio Valley, each unit has a full bath, living room, kitchen and large lanai. P.O. Box 5023, Kakuhihuele, HI 96727 (808) 775-7130
- 2. **SUDS ACRES:** Wheelchair Access, Macnut farm, indoor pool, cozy cottage on slopes of Mauna Kea, kitchen. P.O. Box 277, Pauilo, HI 96776 (808) 776-1611; 1-800-735-2262
- 3. **WAIPIO WAYSIDE:** Step back in time to a 1938 sugar plantation home. 5 unique bedrooms. P.O. Box 840, Honokaa, HI 96727. (808) 775-0275 1-800-833-8849

HILO REGION

- 4. **HALE KAI:** 4 star B & B overlooking beautiful Honolihi surfing beach and Hilo Bay. All private baths, cable TV, ocean front views, pool & jacuzzi, full breakfast-quiet area. Guests treated as family. Chosen among top 100 B & B's in USA and Canada. Rates: \$80 to \$98. Call or write Eivonne or Paul 111 Honolihi Pali, Hilo, HI 96720. (808) 935-6330 Fax (808) 935-8439
- 5. **HALE LAMALANI:** (House of Heavenly Light) A vacation rental and hostel serenely situated 7.5 miles north of Hilo. 1,000 feet up on the Hamakua Coast w/mountain, ocean & bay views. Rates: \$15 to \$50. P.O. Box 430 Papaikou, HI 96781 (808) 964-5401 1-800-238-8BED (mainland).
- 6. **HALE OPANAWEA:** Guest cottage on a lush tropical 9 acre estate in Hilo. King bed, color cable TV, glass fireplace, petite kitchen, twin beds in living area. Continental breakfast provided. Accommodates 4. HCR-1 Box 1-A, Hilo, HI 96720 (808) 959-7432 Fax (808) 982-9091.
- 7. **WILD GINGER INN:** Nonsmoking Inn with jungle garden & stream room includes Hawaiian breakfast overlooking scenic Hilo Bay. Walk to old Hilo town, shops and restaurants. 100 Puuoa St., Hilo, HI 96720. 1-800-882-1887 Mainland or (808) 935-5556 Hawaii

KAMUELA KOHALA REGION

- 8. **KAMUELA'S MAUNA KEA VIEW:** Popular private suite w/rate below Kamuela motel room. Fireplace, equipped kitchen, deck panoramic view, telephone, TV. P.O. Box 6375 Kamuela, HI 96743 (808) 885-8425.

KONA REGION

- 9. **B & B AT KEALAKEKUA BAY:** Private secluded peaceful estate, ocean/coastal views, private rooms/private baths. Also available, 2 bedroom 2 1/2 bath house. Walk to beach, snorkel, watch whales/dolphins. P.O. Box 1412, Kealakekua, HI 96750 (808) 328-8150 1-800-328-8150.
- 10. **DA THIRDHOUSE:** Quiet, peaceful studio. Private entrance & lanai. Unobstructed ocean view. Minutes away from sandy beaches, best snorkeling. All amenities. P.O. Box 321, Honaunau, HI 96726. (808) 328-8410.

- 11. **HALEMALUHA:** Minutes from Kailua Village and Airport yet secluded in the beautiful coffee country of Holualoa. Hawaiian style home with couple + breakfast lodging from \$50-\$75. 76-770 Hualalai Rd., Kailua-Kona, HI 96740 (808) 329-5773 (808) 329-1123 (808) 963-3300 Fax (808) 326-5487. 1-800-559-6627
- 12. **MERRYMAN'S BED & BREAKFAST:** Lovely tropical retreat just minutes away from the Captain Cook Monument at Kealakekua Bay. This beautifully decorated cedar home is situated on an acre of lush grounds, has open beams, wood floors, antique furniture, and wonderful ocean views. Choose from four charming guest rooms with either an ocean or garden view. A delightful Hawaiian breakfast is complimentary. P.O. Box 474, Kealakekua, HI 96750 (808) 323-2276, 1-800-545-4390.
- 13. **THREE BEARS BED & BREAKFAST:** Cedar home with ocean views, private baths, micro and fridge. 72-1001 Puukala St., Kailua-Kona, HI 96740 Phone/Fax: (808) 325-7563

PUNA REGION

- 14. **CARSON'S KOPOHO COTTAGE:** Great snorkeling and unique lava tidal pools, fully equipped 2 bedroom oceanside cottage. P.O. Box 503, Volcano, HI 96785 (808) 967-7683; 1-800-845-LAVA.
- 15. **KALANI HONUA:** Conference and Retreat Center offering meals, lodging, spa facilities, pool, workshops, classes, cultural programs in a beautiful seaside setting for your personal retreat. RR 2, Box 4500, Pahoa, HI 96778 (808) 965-7828. See calendar listings for current program information.
- 16. **PEARL'S SHELL B&B:** In Beautiful Leiani Estates! Spacious rooms, private baths, garden setting, minutes from Lava Tree Park, warm pools, snorkling, wonderful breakfast, 4 miles from Pahoa. P.O. Box 1324, Pahoa, HI 96778 (808) 965-7015

SOUTH POINT REGION

- 17. **BOUGAINVILLEA BED & BREAKFAST:** Private bath & entrances, pool, spa, hike, bike, secrets of Hawaii. P.O. Box 6045, Ocean View, HI 96704 (808) 929-9221; Fax (808) 929-7089
- 18. **WOOD VALLEY:** Glimpse old Hawaii, secluded plantation home, pasture and garden, home grown breakfast, 100% Kona Coffee, unique outdoor tub and steam bath, lomi lomi massage available, near volcano, black & green sand beaches. P.O. Box 37, Pahala, HI 96777. (808) 928-8212 1-800-854-6754.

VOLCANO REGION

- 19. **HALE OHIA COTTAGES:** Private cottages on immaculate historic estate unmatched garden setting, fireplace, hot tub, private bath. Private suites start at \$60. P.O. Box 758 Volcano, HI 96785 (808) 967-7986 1-800-455-3803.
- 20. **CHALET KILAUEA - THE INN AT VOLCANO:** Elegant, country living, Theme rooms, Tree House, Jacuzzi, TV, Fireplace, Library, Afternoon Tea and a 2-course gourmet breakfast. Inncomparable! Rates: \$75-\$175. P.O. Box 998, Volcano Village, HI 96785 (808) 967-7786. 1-800-937-7786 Off Island
- 21. **CARSON'S VOLCANO COTTAGE:** Secluded, perfect romantic getaway. Beautiful grounds, hot tub private baths. P.O. Box 503, Volcano, HI 96785 (808) 967-7683; 1-800-845-LAVA.
- 22. **LOKAHI LODGE:** Newest and lowest-priced luxury Bed & Breakfast in Volcano. A blend of modern convenience with country charm. Each carefully appointed guest room exudes a warm feeling of aloha, delicately and beautifully furnished for your pleasure. With comfort as a priority, your room has two extra-long double beds, a private bath and a private entrance. P.O. Box 7, Volcano, HI 96785 (808) 985-8647. 1-800-457-6924.
- 23. **MY ISLAND BED & BREAKFAST:** An 1886 historic missionary home at Kilauea Volcano surrounded by a 5 acre botanical estate. Rooms in the main 3-story house & garden apartments, caters to couples, singles & families. Full breakfast. Prices from \$35 to \$75. Special touring booklets. All the macnuts you can eat. Write: Gordon & Joann Morse, P.O. Box 100, Volcano, HI 96785 (808) 967-7216, (808) 967-7110

January On The Big Island

WEDNESDAY EVENING CULTURAL PROGRAM

Revolving cultural lectures are held on the first Wednesday of every month in the Pu'uhonua o Honaunau National Historic Park's amphitheater. (Place of Refuge National Park in Honaunau) Call 328-2288 for scheduled speakers and topics.

HISTORIC PHOTO EXHIBIT EVERY MONTH

Historic photo exhibits on display each month at the Kona Historical Society, Kealakekua 323-3222.

KONA & HILO FARMERS' MARKETS

Local Fruits, Vegetables, Produce and local products every Wednesday and Saturday in downtown Hilo at the corner of Kamehameha Ave. and Mamala St. and at Laniihou Center in Kailua-Kona on Sundays.

PETROGLYPH TOURS

Free guided tour of Waikoloa petroglyph fields with Raz Gurrobat every Saturday morning at 8 a.m. at the Kings Shops. 883-8949

KOHALA ARTS PROGRAM WINTER CLASSES

Classes for this session include: Hawaiian Wreath Making, Holiday Baking, Classical Watercolor Painting, Classical Ballet, Boat Building, Tai Chi, Piano Lessons, Mime, Video Production and Ti Leaf Braid Making. For more information call 889-0421 or 889-6143.

HONOKAA FARMER'S MARKET

Every Saturday in Historic Downtown Honokaa, Hamakua. Arts, Crafts...

JAZZ - LIVE IN HILO

The Skyliners play music from the Big Band era at D'Angoras in the Hilo Lagoon every Sunday afternoon from 3:30 to 6:30 p.m. 776-1611 for information

2:00 p.m. JANUARY 8th

The Annual Kona Coffee Council
Election Meeting
all are welcome, pupus



at THE KONA PLANTATION
in
Honaunau

328-9173 for nominations or information

- 8 **KAY SEKIMACHI/BOB STOCKSDALE OPENING RECEPTION**
at Volcano Art Center Gallery. Internationally recognized mixed media artist and basket maker Sekimachi teams with equally well known wood turner Stocksdale in a unique joint exhibit on display until February 25. Reception is free. Park entrance fees may apply. 1:00 to 4:00 p.m., Volcanoes National Park, Volcano. 967-8222.
- 11 **AFTER DARK IN THE PARK PRESENTS:**
"HA'I MO'OLELO:
STORYTELLING WITH KEKUIHI AND KAIPO
Down through the generations, Hawaiian knowledge and culture has been passed on through chant and other verbal communications by storytellers, experts and elders. Continuing this rich tradition, modern-day story-tellers Kekuihi Karaha'e and Kaiipo Frias will present an entertaining evening of tales. 7:00 p.m. Kilauea Visitor Center Auditorium, Volcanoes National Park. 967-7184
- 13 **CONVERSATIONAL HAWAIIAN**
Ku'umakanau 'Imakalani "Maikalani" Glendon teaches two courses in conversational Hawaiian, one beginning and one intermediate. The beginners' class will teach basic skills, including conversation, vocabulary, and simple sentence structure. The intermediate class is for people who have some working knowledge of the Hawaiian language. Pre-registration is necessary. Course ends March 3. Cost is \$32 for VAC members and \$36 for non-members. 967-8222 for more info.
- 14 **LOS ANGELES CHAMBER BALLET**
LIVE AT THE KAHILU THEATRE IN WAIMEA
See write up on page 9, for further information call 885-6017
- 15 **TAJ MAHAL LIVE AT THE AKEBONO THEATER**
Benefit concert begins at 8:00 p.m., call 965-9943 for ticket information. Downtown Pahoa
- 15-16 **PAPER MAKING**
with Pam Barton. Learn the traditional Japanese techniques of paper making using modern materials and equipment. Emphasis on properly finishing paper for use in books, calligraphy, illustration, and printing. January 4th registration deadline. Cost is \$58.50 for VAC members and \$65 for non-members. 10:00 a.m. to 4:00 p.m. Call 967-8222 for more info.
- 18 **AFTER DARK IN THE PARK PRESENTS:**
"THE FAIR AMERICAN"
The schooner, The Fair American, anchored off the Kona coast in 1790 and altered the course of Hawaiian history. Writer and historian Terry Wallace will present a slide program on this influential ship and its crew. The Fair American became part of King Kamehameha's navy and sailors Isaac Davis and John Young became his military advisors. 7:00 p.m. Kilauea Visitor Center Auditorium, Volcanoes National Park. 967-7184
- 18 **"S" CORPORATIONS FOR ARTISTS & CRAFTSPEOPLE**
A seminar with Kino Godbold focusing on how artists, or anyone self-employed, can benefit by forming their own corporation. Information on why and how to form your own corporation, how to apply for "S" corporation status, and what tax benefits you can expect. All necessary forms will be supplied - so pre-registration is necessary. Cost is \$7.50 for VAC members and \$10 for non-members. Call 967-8222 for more info.
- 19 **MUSICAL THEATER COURSE AND SHOWCASE**
A three-instructor course designed for adults and teens. Course will focus on developing dancing, singing, and acting skills specifically for the musical theater. Course will run for six sessions from 6:30 p.m. to 8:30 p.m. and end on February 23. Course includes a dress rehearsal and two showcase performances. No prior experience is required, pre-registration is necessary. Cost is \$45 for VAC members and \$50 for non-members. Call 967-8222 for more info
- 20 **EXPLORING ANIMATION**
An evening with Karen Aqua, award-winning animated film maker who will screen selected works with a discussion following. Her program follows the evolution of her work during the past 18 years and explains the process of animation. Kalani Honua, Puna. 8:00 p.m., \$5, 965-7828
- 25 **AFTER DARK IN THE PARK PRESENTS:**
"LAVA TUBES - FLOWS AND FLUXES"
Hawaii's mountainous volcanoes are built by countless eruptions as lava tubes carry molten lava miles from active vents downslope to the sea. The study of active lava tubes provides information on current flow volumes and can help explain features found in older tubes. Geophysicist Jim Kauahikaua of the Hawaiian Volcano Observatory will discuss the latest research on these amazing formations. 7:00 p.m. Kilauea Visitor Center Auditorium, Volcanoes National Park. 967-7184
- 28-30 **1st EVER PSYCHIC FAIR AT WAKEFIELD GARDENS**
Clairvoyance, psychic readings, palmistry, astrology, numerology, and hand writing analysis and readings. Noon to 5:00 p.m. daily. Special 2:00 p.m. lectures on featured topics daily. Wakefield Gardens and Restaurant is located on Highway 160 on the way to the Place of Refuge National Park in Honaunau.
- 29-30 **PASTE PAPER**
A Japanese surface design, adapted by instructor Ira Ono to modern supplies. This workshop will show participants everything they need to know in order to create beautiful paper which can be used for note cards, endpapers and covers for books, stationery, linings for cache boxes, and even extravagant wrapping paper. Pre-registration is necessary. Cost is 58.50 for VAC members and \$65 for non-members, plus a \$6 supply fee. Call 967-8222 for more info.

Kona Historical Society Museum

The Kona Historical Society, a non-profit organization, was founded in 1976 to collect, preserve and disseminate information about the history of the Kona districts on the island of Hawaii. It maintains a growing reference library and archive containing photographs, manuscripts, maps and oral histories as well as a small collection of artifacts.



Historical Photo Exhibits on display every month

Museum Hours

9:00 a.m. - 3:00 p.m. Weekdays

Closed All Holidays

ADMISSION BY DONATION

Located on Highway 11, one-half mile south of rural Kealahou.

P.O. Box 398 Captain Cook, HI 96704
TELEPHONE (808) 323-3222



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See Hawaii's:

VOLCANOES-WATERFALLS-VALLEYS

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Cool, comfortable, spacious and smooth
The best visibility and stability plus a full intercom system on board for a truly custom trip.

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Photos Baked Into Your Personal Coffee Mug... A Great Gift for Someone Else!

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- Snorkel Gear & Instruction
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- Flotation Water Toys
- Full Service Bar (no host)
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**\$20 OFF
Adult Fare**

\$20.00 Off per adult couple or \$10.00 off any single adult. Only \$44.00 per person with this coupon.

**\$5 OFF
Under Water
Video**

Capture your vacation with a custom Body Glove Video. This coupon entitles you to \$5.00 Off a Kona Down Under Production.

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KONA BIKE TOURS

GUIDED BIKE TOURS OF HISTORIC KEALAKEKUA BAY

Stops at:
Painted Church,
Kona Coffee Mill,
Kealakekua Bay,
Place of Refuge
Plus:
Snorkeling
and Picnic Lunch



MOUNTAIN BIKE RENTALS

**FREE
WATER
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We carry the full line of
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merchandise
Plus all of your running,
swimming & biking needs

Located in the Kona Inn Shopping Village

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LaBourgogne

JANUARY PRIX FIXE MENU

"...the classic French
cuisine at this wonder-
ful, intimate place may
be the best in Kona."

~The Zagat Restaurant Survey

Moules Soupe Safran Gratinee
or House Salad
Robert Pepi Sauvignon Blanc, 1992
Pork Tenderloin au Poivre
Potato Rissiole
Apple & Onion Confit
L. Latour Pinot Noir, 1991
Baked Caramel Apple
with Cinnamon Ice Cream
100% Pure Kona Coffee

\$36

Served in addition to our regular
menu throughout the month



Monday - Saturday 5:30 to 10:00 p.m. 3 Miles South
of Kailua-Kona Highway 11

Reservations Recommended

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MY ISLAND BED & BREAKFAST AT VOLCANO



Featuring...

- ~All the macadamia nuts you can eat~
- ~A variety of rooms at a range of prices~
- ~We serve a "stuff-yourself" breakfast~
- ~Located on a 5-acre estate full of flower gardens~
- ~Personalized touring information for East Hawaii~
- ~Come spend time in our 108-year old historic house~

967-7216 OR 967-7110

(See our listing in B&B section)



I S L A N D

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Visit our Bake Shop, Coffee Shop &
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Coffee Times

P.O. Box 1092 Captain Cook, HI 96704
(808) 326-7637

WELCOME TO THE BIG ISLAND

see page 14

expires 1/31/94



Buy 5 Pounds of Kona Coffee
Get 1 FREE
at our Kainaliu Roasting Room with this coupon



Coffee Times

P.O. Box 1092 Captain Cook, HI 96704
(808) 326-7637

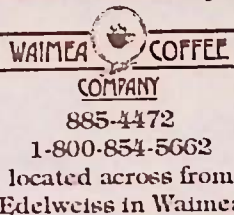
WELCOME TO THE BIG ISLAND

see page 8

for a welcome break in your day

expires 1/31/94

1.00 Off
one pound of our Estate grown pure Kona Coffees or other 28 varieties



or FREE cup of our coffee of the day with coupon

FREE T-SHIRT

With Island Air Tour and this coupon

see page 31

326-2288

expires 1/31/94



\$20 OFF ADULT COUPLE FARE

or \$5 OFF UNDER WATER VIDEO

expires 1/31/94

with this coupon

see page 31

BODY GLOVE 326-7122



FREE WATER BOTTLE WITH HISTORIC KEALAKEKUA BAY BIKE ADVENTURE

KONA BIKE TOURS

expires 1/31/94

329-2294



see page 32



See Page 19

2 FOR 1

expires 1/31/94

Papaya Boat Special

filled with TUNA SALAD & HERB DRESSING
buy ONE GET ONE FREE with this coupon

328-9930



FREE OLD FASHION ICE CREAM & SODA with purchase of deli sandwich and this coupon

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see page 26

expires 1/31/94

329-2080

ONE HOUR MOTOPHOTO™

see page 3

FREE SET OF PRINTS

Receive a second set of prints for FREE with every roll of film processed with this coupon

Captain Dan McSweeney's Year Round

Whalewatch

FREE 8x11 Color Whale Photo

see page 20

with direct booking 322-0028

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Kapaau Town by the King's statue

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DON'S Family DELI

10% OFF ALL LUNCH ORDERS over \$10 with this coupon

see page 7

expires 1/31/94

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Holuakoa Cafe

expires 1/31/94

Free cup of 100% Kona Coffee with this coupon

322-CAFE located in Holualoa Town

BLUE HAWAIIAN HELICOPTERS



expires 1/31/94

FREE COLOR POSTER

with helicopter tour and this coupon

see page 24



NAUTILUS II SEMI SUBMERSIBLE

\$5 Off Underwater Ride with this coupon 326-2003

see page 3 expires 1/31/94

see page 10

FREE 1 YEAR SUBSCRIPTION TO COFFEE TIMES with any purchase of our Kona coffee and this coupon

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