



EQUAL EATS

SPECIAL DIET

EQUAL
EATS
EN076

I follow an AIP diet.

Due to a medical condition, I avoid certain foods that affect my health.

I avoid the following foods:

- Wheat
- Rice
- Legumes
- Dairy
- Tomato
- Eggs
- Sugar
- Potato
- Sweet pepper
- Eggplant



Is this food okay for my diet?

Thank you for your help!

English

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