



EQUAL EATS

FOOD ALLERGY

EQUAL
EATS
EN016

I have a sulfite allergy.

I cannot eat food containing **sulfites**, even in small amounts, or I will have a severe allergic reaction and require medical attention.

Sulfites can be found in:

- Vinegar
- Wine
- Sauces
- Condiments
- Pickled food
- Deli meats
- Juices
- Baked goods

Does this food contain sulfites?



Caution! Please use clean gloves, utensils, surfaces, and cookware when preparing my meal.
Thank you!

English

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