

# FOOD ALLERGY

EQUAL  
EATS

EN007

## I have a shellfish allergy.

I cannot eat food containing **shellfish**, even in small amounts, or I will have a severe allergic reaction and require medical attention.



### Shellfish can include:

- Lobster
- Crab
- Shrimp
- Mussels
- Oysters
- Scallops
- Octopus
- Squid

### Does this food contain shellfish?

**Caution!** Please use clean gloves, utensils, surfaces, cookware, and frying oil when preparing my meal.

Thank you!

English

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