



EQUAL EATS

FOOD ALLERGY

EQUAL
EATS
EN006

I have a fish allergy.

I cannot eat food containing **fish**, even in small amounts, or I will have a severe allergic reaction and require medical attention.

Fish can include:

- Fish oil
- Fish sauce
- Sushi
- Cod
- Haddock
- Salmon
- Anchovy
- Tuna

Does this food contain fish?



Caution! Please use clean gloves, utensils, surfaces, cookware, and frying oil when preparing my meal.
Thank you!

English

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