

FOOD ALLERGY

EQUAL
EATS

I have a peanut allergy.

I cannot eat food containing **peanut**, even in small amounts, or I will have a severe allergic reaction and require medical attention.

Peanut can be found in:

- Peanut butter
- Peanut oil
- Peanut flour
- Baked goods
- Sauces
- Spreads
- Ice cream
- Candy

Does this food contain peanut?



Caution! Please use clean gloves, utensils, surfaces, cookware, and frying oil when preparing my meal. Thank you!

English

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