Anyday MEAL PLANNER SHOPPING LIST: "No Cook" Dinners

PF	PRODUCE	
	1 head garlic	
	1 container fresh thyme sprigs	
	4 lemons	
	4 mixed citrus (oranges, mandarins,	
	1 pound small or marble potatoes	
	1 shallot	
	1 jalapeño	
	3 ears yellow or white corn	
	3 medium red skin potatoes	
	2 stalks celery	
	1 pound green beans	
	2 large bags mixed salad greens	
	1 watermelon	
	1 bunch parsley	
	1 bunch dill	

FROZEN	
	1 small bag yellow corn
	1 small bag frozen pearl onions

DAIRY & EGGS	
	1 pound unsalted butter
	1 small container sour cream
	1 bag shredded cheddar cheese

BAKERY	
	1 loaf crusty bread (or garlic bread)

PROTEINS	
	3 pounds (21/25 count) shrimp, peeled
	1- 1½ pounds party chicken wings
	9 oz kielbasa sausage
	1- 1½ pounds salmon fillet (skin on or skinless)

DI	DRY GOODS	
	1 container cornstarch	
	1 bottle olive oil	
	1 small bottle Worcestershire sauce	
	1 quart chicken stock	
	1 bottleapple cider vinegar	
	1 can cream of corn	
	1 bag all-purpose flour	
	1 bag cornmeal	
	1 bag sugar	
	1 jar honey	

P	PANTRY	
	1 container Cajun or Creole seasoning	
	1 container mayonnaise	
	1 container whole grain mustard	
	1 container baking powder	
	1 container chili flakes	
	1 container curry powder	
	1 container Louisiana-style or Creole seasoning	
	1 container cayenne pepper	