



HealthmateForever®
THERAPEUTIC SOLUTIONS

HealthmateForever WI9 Wireless Kit User Manual



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Introduction

Thank you very much for using HealthmateForever WI9 Wireless Kit for HealthmateForever wireless TENS/PMS device. In order to use this WI9 receiver safely, please read this user manual carefully before your first use. Please keep this user manual with your receiver for future reference.

Intended use for working together with wireless TENS/PMS device

TENS

To be used for temporary relief of pain associated with sore and aching muscles in the shoulder, waist, back, neck, upper extremities (arms), and lower extremities (leg) due to strain from exercise or normal household work activities.

PMS

It is intended to be used to stimulate healthy muscles in order to improve and facilitate muscle performance.

For more information, please visit our website
www.healthmateforever.com



This part is about safety information. It is intended to help you use it safely, prevent injury and avoid situation which could result in damage to the device. It is important for you to read this information carefully.

Contraindications:



Do not use this device if you have a cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device. Such use could cause electric shock, burns, electrical interference, or death.

Warnings:

1. The long-term effects of chronic electrical stimulation are unknown.
2. Stimulation should not be applied over the carotid sinus nerve, particularly in patients with a known sensitivity to the carotid sinus reflex.
3. Stimulation should not be applied over the neck or mouth. Severe spasm of the laryngeal and pharyngeal muscles may occur and the contractions may be strong enough to close the airway or cause difficulty in breathing.
4. Stimulation should not be applied trans-thoracically in that the introduction of electrical current into the heart may cause cardiac arrhythmias.
5. Stimulation should not be applied trans-cerebrally.
6. Stimulation should not be applied over swollen, infected, or inflamed areas or skin eruptions, e.g., phlebitis, thrombophlebitis, varicose veins, etc.
7. Stimulation should not be applied over, or in proximity to, cancerous lesions

Precautions:

1. Safety of this device for use during pregnancy has not been established.
2. Caution should be used for patients with suspected or diagnosed heart problem.
3. Caution should be used for patients with suspected or diagnosed epilepsy.
4. Caution should be used in the presence of the following:
 - When there is a tendency to hemorrhage following acute trauma or fracture
 - Following recent surgical procedures when muscle contraction may disrupt the healing process;
 - Over the menstruating or pregnant uterus;
 - Over areas of the skin which lack normal sensation.
5. Some patients may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium. The irritation can usually be reduced by using an alternate conductive medium or alternate electrode placement.
6. Electrode placement and stimulation settings should be based on the guidance of the prescribing practitioner.
7. The device should be kept out of the reach of children.
8. The device should be used only with the leads and electrodes recommended for use by the manufacturer.
9. This device should not be used while driving, operating machinery, or during any activity in which involuntary muscle contractions may put the user at undue risk of injury.

Adverse Reaction

- Skin irritation and burns beneath the stimulation electrodes applied to your skin

- Headache and other painful sensations during or following the application of electrical stimulation near your eyes, to your head and face

Note: *You should stop using the wireless TENS/PMS device and WI9 wireless receiver and consult with your physician if you experience any adverse reactions from the device.*

Included in this WI9 wireless kit:

- 1 WI9 wireless receiver
- 2 self-adhesive electrode pads
- 1 wireless transmitting adapter
- 1 User Manual

Note: *No HealthmateForever wireless TENS & PMS device is included in the kit. Only use HealthmateForever wireless TENS/ PMS devices that are compatible with the HealthmateForever WI9 wireless kit Fig 1.*



Fig 1 WI9 Wireless kit

Not all HealthmateForever TENS/ PMS devices have the wireless function. Ensure that your HealthmateForever TENS/PMS device meets the following characteristics:


1. The wireless TENS/PMS device is rechargeable.
2. The TENS/PMS device has the wireless logo  on the back of the device in Fig 2.



Fig 2

Illustrations of WI9 wireless receiver kit

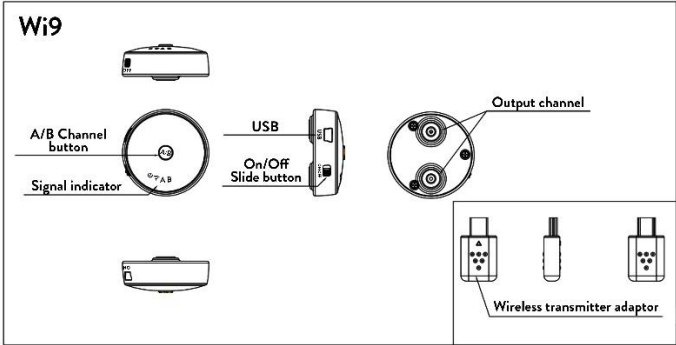


Fig 3

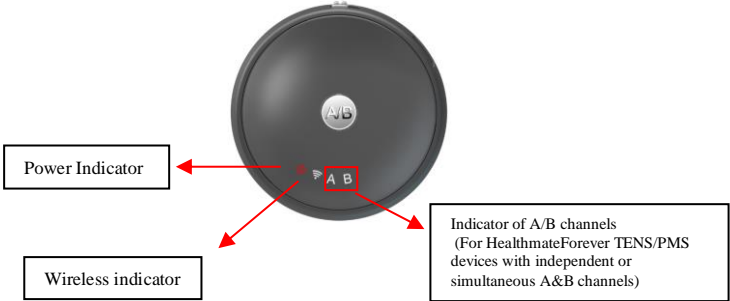


Fig 4

Features:

- One or multiple WI9 electrode pads can be applied for the wireless TENS/PMS device.
- This WI9 wireless receiver works with wireless TENS/PMS device with independent A/B channels;
- It also works with wireless TENS/PMS device with simultaneous A & B channels, but still keeps 100% power of intensity, however, in one or more simultaneous channels of a device.
- Small and light weight design.
- Rechargeable.
- User friendly

How to Use

Before using the WI9 wireless kit, please check the following information carefully:

1. Check if the wireless TENS/PMS device and receiver are on the OFF position when setting up the receiver with pad, adjusting the pads or adapter, or making a good connection.
2. Check if you use WI9 electrode pads.
3. Check if you plug the adapter in the device
4. Check if WI9 receiver can be paired with the wireless TENS/PMS device after the receiver is on the ON position fist.
5. Make sure the device and wireless kit work properly.
6. DO NOT turn on the device or receiver before you put pads on your skin.
7. Do not put the electrode wires connected in any outputs when using the wireless receiver. Otherwise, the wireless receiver cannot be paired with the wireless TENS/PMS device.

To use the WI9, you will need the following TENS/PMS device available:

- 1 HealthmateForever wireless TENS/PMS device.
- 1 WI9 Receiver (or you can order more receivers to work for your wireless TENS/PMS device per your need).
- 1 Wireless transmitting adapter (to be plugged into the USB port of the TENS/PMS device).
- 1 WI9 electrode pad.

Step 1: Connecting the receiver to the electrode pad included in the WI9 kit.

Before setting up the device, please ensure that the receiver and TENS/PMS device are on the OFF position.

There are two snap connectors on the back of receiver. Snap the receiver on the pad included in the WI9 kit. Please make sure both snap connectors are connected properly.

Note: *The receiver can only connect one WI9 electrode pad. It is not compatible with other kinds of the electrode pads.*



Fig 5



Fig 6

- Please make sure the device and receiver are on the OFF position when setting up the receiver with pad, adjusting the pads, or making a new connection.
- DO NOT turn on the device or receiver before you put pads on your skin.
- Make sure your skin has been cleaned of all dirt, oil, or lotions.
- Make sure the pads are adhered closely on your skin.
- Do not overlap the electrode pads or place one pad on top of another one.
- DO NOT place pads on artery, throat, bones or wound.

Step 2: Placing the electrode pads on your skin.

1. Remove the plastic films from the electrode pads
2. Place the electrode pad which is connected with receiver on the muscle you would like to treat.
3. Apply the adhesive side of the pad on the skin at the targeted area of your body.
4. Check if the adhesive side of the electrode pad is clean after removing the plastic film.
5. We recommend keeping the plastic films for storing the electrode pads after usage.

Step 3: Connect the WI9 wireless transmitting adapter with the wireless TENS /PMS device:

Please note that you only need one wireless transmitting adapter Fig 3 for the TENS/PMS device.

1. Plug the wireless transmitting adapter Fig 3 to the USB charging port on TENS/PMS device. Please see the picture below.
2. Leave the receiver and TENS/PMS device on the OFF position.

Note: There is a USB female port on the device. The location of port depends on the model of device.



Fig 7



Fig 8

Step 4: Turning on the WI9 receiver

Before turning on the receiver, please check the following:

- The control unit is on the OFF position.
- The wireless transmitting adapter Fig 3 is connected to the USB charging port on TENS/PMS device
- The electrode pad is applied and fully Adhered to the skin of your body
-

On/Off slide switch



Fig 9

1. Push the “ON/OFF” switch on the receiver to the ON position:
 - All four indicators will light up for 1 second.
 - The red light will stay on indicating the unit is on the ON position.

Red: ON

Green: Receiving information.

Blue: A channel is set

Blue: B channel is set.



Fig 10

2. Leave the TENS/PMS device on the OFF position when pairing.

Note: You have to turn on the WI9 receiver before you turn the TENS/PMS device. If you turn on the TENS/PMS device first, the WI9 receiver will not be able to recognize the TENS/PMS device.

Step 5: Turning on the control unit

Push the “ON/OFF” switch on the TENS/PMS device to the ON position.

Once the TENS/PMS device is turned on:

- All four indicators will light up for 1 second
- The green and blue light will show for 1 second to indicate that the information has been received.
- The red and blue light will stay on to indicate the channel is set.

Red: ON

Green: Receiving information.

Blue: A channel is set

Blue: B channel is set.

Step 6: Setting the timer on the TENS/PMS device:

Press the T button to adjust the timer on your TENS/PMS device

- Please refer to the TENS/PMS device user manual for more information.

Step 7: Selecting mode, adjust intensity and timer on the TENS/PMS device by referring to its own user manual:

All HealthmateForever TENS/PMS devices will start with default mode 1, zero intensity and time.

Use HealthmateForever wireless TENS/PMS device:

- To choose the mode
- To increase or decrease the intensity
- To set timer
- For other functions per different model of device by referring to user manual of the wireless TENS/PMS device

After setting the mode and intensity on your TENS/PMS device, you should start feeling the stimulation through the WI9.

Note: *Please follow the user manual of the TENS/PMS device you use with WI9 to select the mode, adjust the intensity level, timer and control other function per different model of device. The device will send signal to the receiver. Each WI9 receiver can only be paired with one of channels, either channel A or channel B of the TENS/PMS device. e.g. Channel A can send signal to multiple WI9 receivers. Channel B can also send signal to multiple WI9 receivers. If you wish to use two electrode pads, you need two WI9 receivers to work with one device. If you need the three or more electrode pads, you need three or more receivers to work with one device.*

If your device has A&B independent channels and wish to use two pads with separate programs, you will need two WI9 receivers. One WI9 receiver is for Channel A and one WI9 receiver for Channel B. Please note that you only need one wireless transmitting adapter for the TENS/PMS device to work with multiple WI9 receivers.

First, set up the electrode pads and transmitting adapter by following the instruction above.

Receiver #1 for channel A:

1. Turn on the WI9 receiver # 1 & 2 first. Make sure all indicators on the receiver can light up for 1 second.
2. Turn on the TENS/PMS device. The Channel A indicator on WI9 receiver will light up, because the WI9 receiver will be connected with Channel A automatically.
3. Set the modes and intensity for Channel A.
- 4.

Receiver #2 for channel B

1. Use A/B button located at the center of the WI9 receiver to switch to channel B. The blue light for B channel will light up to indicate you are on channel B.
2. Use A/B channel switch button on control unit to switch to channel B. (Please check the user manual of the control unit you use).
3. The B letter will blink on your TENS/PMS unit to indicate you are on channel B.
4. Set the modes and intensity for channel B.

Note: *If you want to use two channels at the same time, you need to buy two or more WI9 receivers. You can pair multiple receivers to connect each channel of the wireless TENS/PMS device.*

Step 8: How to make the WI9 receiver stop working

Turning off your TENS/PMS device will not stop the stimulation. There are two ways to make WI9 receiver stop working

1. Turn off the WI9 receiver to stop receiving signal from device.
2. If it is not very convenient for you to get the WI9 receiver on your body, e.g., put the pad connected with WI9 receiver on the back, make the WI9 receiver stop working by following steps below:

Turn off the TENS/PMS device first.

1. Unplug WI9 transmitter adapter Fig 3 from USB charging port of the control unit.
2. Plug the transmitter adapter Fig 3 into port of TENS/PMS device again to stop the signal.

How to charge the WI9 wireless receiver

There is no USB charging cable included in the WI9 wireless kit. You will be using the USB cable of HealthmateForever wireless TENS/PMS device to charge the WI9 receiver. Use the USB charging port of the WI9 receiver located on the side next to the ON/OFF switch to connect the USB charging cable of HealthmateForever wireless TENS/PMS device. It takes 2-3 hours to fully charge the receiver. A fully charged WI9 receiver can last approximate 4 – 6 hours.

Cleaning and Storage

WI9 wireless receiver

Use a lightly moistened cloth to clean and wipe it gently.

- Make sure it is off when you clean it
- Do not let water to get into it

Cleaning and storing the WI9 wireless electrode pad

Cleaning:

- Please turn off the WI9 wireless receiver and disconnect the WI9 wireless pads first.
- Do not use nails or other sharp objects on the sticky side.
- Do not use chemical liquids on sticky side.

After using pads on your body, please add a few drops of clean water on the sticky side and use fingertips to clean it softly.

Storage: Place the electrode pads on place plastic film on the sticky side of pad to keep the gel moisture.

- Do not keep device in areas subject to direct sunlight, high or low temperatures, humid area, near to fire, vibration, or shock.
- Do not keep the device at places that can be easily reached by children.

Trouble Shooting

PROBLEM	CAUSE	SOLUTION
One pad feels stronger than the other.	This is normal. Different areas of your body will react differently.	Nothing needs to be done. Make sure the pads are moist and are making good contact.

<p>During the massage, if skin feels a painful burning sensation or the stimulation becomes weakened.</p>	<ol style="list-style-type: none"> 1. Adhesive gel pads are not adhering firmly to the skin. 2. The gel pads are too dry. 	<ol style="list-style-type: none"> 1. Apply a few drops of water to adhesive surface of each pad and make sure the pads are pressed firmly to the skin during application. 2. Use a new set of electrode pads.
<p>Device is on, but no sensation is felt in the gel pads</p>	<ol style="list-style-type: none"> 1. Pad is not firmly on the skin. 2. The receiver may not be snap on the pad very well. 3. The transmitting USB adapter is not plugged in the USB port of device properly. 4. The receiver is not connected with device properly. 	<ol style="list-style-type: none"> 1. Make sure you put the pad on your skin firmly. Make sure the receiver is snapped on the pad properly. 2. Make sure the transmitting USB adapter is completely plugged into USB port of TENS/PMS device. 3. Make sure you turn on the receiver and device properly. You have to turn on the receiver first. Check if all indicators can light up for 2 seconds after you turn on the receiver.

<p>Adhesive gel pads do not stick to skin even after cleaning and moistening the gel pad.</p>	<p>Adhesive gel ran out or is not conductive.</p>	<p>Adhesive electrode pads need to be replaced at www.HealthmateForever.com</p>
<p>The device works properly but WI9 does not work</p>	<ol style="list-style-type: none"> 1. Battery is low 2. WI9 receiver does not pair with device 	<ol style="list-style-type: none"> 1. Recharge the battery 2. Pair again the WI9 receiver with device.
<p>WI9 receiver does not charge</p>	<p>Wall adapter or USB cord.</p>	<p>Charge your WI9 receiver by using USB cord only first. It helps you to know if the issue is on the wall adapter or the USB cable</p>
<p>Only feel stimulation one channel</p>	<ol style="list-style-type: none"> 1. Your device features the AB independent channel 2. You only use one WI9 receiver, or all WI9 receivers are set on channel A or channel B 	<ol style="list-style-type: none"> 1. Try to set the mode and/or the intensity on each channel. 2. Make sure you use at least two WI9 receivers (Note: this kit only includes one WI9 receiver, you need to order the second WI9 receiver at www.HealthmateForever.com), one for channel A and the other for channel B.

Warranty:

Please visit our website www.healthmateforever.com to read information about warranty policy.

Medical Disclaimer:

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions. We cannot and do not give you medical advice. You should seek prompt medical care for any specific health issues and consult your health care provider before purchasing any product(s). The information contained in User's Manual is intended to provide broad consumer understanding and knowledge of products offered.

The information should not be considered complete and should not be used in place of a visit, call, consultation or advice of your health care provider. Should you have any health care-related questions, please call or see your health care provider promptly. You should never disregard medical advice or delay in seeking it because of something you have read here.

HealthmateForever

WI9 Wireless Kit

Relaxation, Anywhere, Anytime

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