

NULASTIN GENTLE EXFOLIATING CLEANSER  
Preservative Efficacy Test (PET)



**Certified Laboratories**

A Certified Group Company

Specializing in Cosmetics, OTC, Dietary Supplements and Toys/Gadgets

Report Date: 9/20/2023  
Date Received: 8/8/2023  
Date Completed: 9/12/2023  
P.O. #:3544  
Accession #: 41403

**SAMPLE DESCRIPTION:**

Sample Name: Gentle Exfoliating Cleanser  
Product Code: 15102-02  
Batch/Lot #: 126-071823A

**TEST PERFORMED:**

PCPC

**MOL METHOD #**

TM-03

**METHOD REFERENCE#**

M-3 Method for Preservation  
Efficacy Testing of Water  
Miscible Personal Care Products

**Procedure Summary:**

1. 10 different organisms are inoculated at levels of  $1 \times 10^5$  to  $1 \times 10^6$  colony forming units (CFU) per gram for bacteria and  $1 \times 10^4$  to  $1 \times 10^5$  (CFU) per gram for yeast & mold.
2. The inoculated test samples are stored at 20-25°C for 28 days.
3. The population of each challenge microorganism is determined by plate count method at Day 2, 7, 14, 21, and 28.
4. The plate counts are performed at a 1:10 initial dilution using Modified Lethen Broth as the diluent and Tryptic Soy and Sabouraud Dextrose agar, as determined by the plate count validation for this product.

**Initial results:**

<i>Initial Aerobic Plate Count</i> CFU/g	<i>Initial Yeast –Mold Count</i> CFU/g
<10	<10

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**PRESERVATION EFFICACY TESTING:**

Organism	Preservation Efficacy Testing					
	Colony Forming Units / gram					
	Inoculum / g	Day 2	Day 7	Day 14	Day 21	Day 28
<i>Staphylococcus aureus</i> ATCC 6538	$7.46 \times 10^5$	$3.00 \times 10^4$	$1.70 \times 10^4$	$9.00 \times 10^3$	<10	<10
<i>Escherichia coli</i> ATCC 8739	$8.84 \times 10^5$	<10	<10	<10	<10	<10
<i>Pseudomonas aeruginosa</i> ATCC 9027	$8.54 \times 10^5$	<10	<10	<10	<10	<10
<i>Candida albicans</i> ATCC 10231	$5.97 \times 10^4$	<10	<10	<10	<10	<10
<i>Aspergillus brasiliensis</i> ATCC 16404	$5.01 \times 10^4$	<10	<10	<10	<10	<10
<i>Pseudomonas fluorescens</i> ATCC 13525	$1.26 \times 10^6$	<10	<10	<10	<10	<10
<i>Pseudomonas putida</i> ATCC 49128	$1.28 \times 10^6$	TNTC~ $10^5$	<10	<10	<10	<10
<i>Enterobacter cloacae</i> ATCC 13047	$1.10 \times 10^6$	<10	<10	<10	<10	<10
<i>Klebsiella pneumoniae</i> ATCC 13883	$1.38 \times 10^6$	TNTC~ $10^5$	$4.40 \times 10^4$	$1.20 \times 10^3$	<10	<10
<i>Burkholderia cepacia</i> ATCC 25416	$7.36 \times 10^5$	<10	<10	<10	<10	<10

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**LOG REDUCTION CALCULATION FROM INITIAL INOCULUM**

	<u>7 DAYS</u>	<u>14 DAYS</u>	<u>28 DAYS</u>
<i>Staphylococcus aureus</i> ATCC 6538	<u>1.64</u>	<u>1.92</u>	<u>4.87</u>
<i>Escherichia coli</i> ATCC 8739	<u>4.95</u>	<u>4.95</u>	<u>4.95</u>
<i>Pseudomonas aeruginosa</i> ATCC 9027	<u>4.93</u>	<u>4.93</u>	<u>4.93</u>
<i>Candida albicans</i> ATCC 10231	<u>3.78</u>	<u>3.78</u>	<u>3.78</u>
<i>Aspergillus brasiliensis</i> ATCC 16404	<u>3.70</u>	<u>3.70</u>	<u>3.70</u>
<i>Pseudomonas fluorescens</i> ATCC 13525	<u>5.10</u>	<u>5.10</u>	<u>5.10</u>
<i>Pseudomonas putida</i> ATCC 49128	<u>5.11</u>	<u>5.11</u>	<u>5.11</u>
<i>Enterobacter cloacae</i> ATCC 13047	<u>5.04</u>	<u>5.04</u>	<u>5.04</u>
<i>Klebsiella pneumoniae</i> ATCC 13883	<u>1.50</u>	<u>3.06</u>	<u>5.14</u>
<i>Burkholderia cepacia</i> ATCC 25416	<u>4.87</u>	<u>4.87</u>	<u>4.87</u>

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PCPC

**MQL METHOD #**

TM-03

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 Efficacy Testing of Water  
 Miscible Personal Care Products

Microbial Content Test Agar (Bacteria)  
 Sabouraud Dextrose Agar (Yeast and Mold)

**NEUTRALIZER SUITABILITY:**

Neutralizer Suitability Validation					
Organism	Inoculum	Dilution	Microbial Recovery	Diluent	Percent Recovery
<i>Staphylococcus aureus</i> ATCC 6538	68cfu/plate	1:10	60cfu/plate	LB	88.24 %
<i>Escherichia coli</i> ATCC 8739	53cfu/plate	1:10	51cfu/plate	LB	96.23 %
<i>Pseudomonas aeruginosa</i> ATCC 9027	52cfu/plate	1:10	48cfu/plate	LB	92.31 %
<i>Candida albicans</i> ATCC 10231	51cfu/plate	1:10	36cfu/plate	LB	70.59 %
<i>Aspergillus brasiliensis</i> ATCC 16404	73cfu/plate	1:10	73cfu/plate	LB	100.00 %
<i>Pseudomonas fluorescens</i> ATCC 13525	60cfu/plate	1:10	59cfu/plate	LB	98.33%
<i>Pseudomonas putida</i> ATCC 49128	54cfu/plate	1:10	54cfu/plate	LB	100.00%
<i>Enterobacter cloacae</i> ATCC 13047	95cfu/plate	1:10	73cfu/plate	LB	76.84%
<i>Klebsiella pneumoniae</i> ATCC 13883	76cfu/plate	1:10	70cfu/plate	LB	92.11%
<i>Burkholderia cepacia</i> ATCC 25416	78cfu/plate	1:10	56cfu/plate	LB	71.79%

CFU = Colony Forming Units      LB = Lethen Broth  
 Diluent: Lethen Broth              Dilution: 1:10

**NEUTRALIZER SUITABILITY RESULTS:**

Based on the data observed, recovery of the test organisms confirms the suitability of the test method PCPC M3.

SEP 20 2023  
 Reviewed by: Connie Truong      Date:  
 Microbiologist

SEP 20 2023  
 Approved by: Monica Ayala      Date:  
 Microbiologist

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### EUROPEAN PHARMACOPEIA ACCEPTANCE CRITERIA

**TABLE 5.1.3.-2: Ear Preparations, nasal preparations, preparations for cutaneous application and preparations for inhalation**

Log 10 Reduction		2d	7d	14d	28d
		<i>Bacteria</i>	A	2	3
	B	-	-	3	NI
<i>Yeast/Mold</i>	A	-	-	2	NI
	B	-	-	1	NI

NI = No Increase    NR = No Recovery    log1 = 90%    log 2 = 95%    log 3 = 99.9%

The A criteria express the recommended efficacy to be achieved. In justified cases where the A criteria cannot be attained, for example for reasons of an increased risk of adverse reactions, the B criteria must be satisfied. (EP-9<sup>th</sup> edition).

### UNITED STATES PHARMACOPEIA ACCEPTANCE CRITERIA

**CATEGORY 2: Topically used products made with aqueous bases or vehicles; nonsterile nasal products and emulsions, including those applied to mucous membranes**

Log 10 Reduction		14d	28d
		<i>Bacteria</i>	NLT 2.0 log reduction from initial count
<i>Yeast/Mold</i>	NI from initial count	NI from initial count	

NI = No Increase    NR = No Recovery    log1=90%    log2=95%    log3=99.9%

The requirements for antimicrobial effectiveness are met if the criteria specified in Table 3 are met [...]. "No increase" in counts is defined as NMT 0.5 log<sub>10</sub> unit more than the value to which it is compared. (USP-43)

### JAPANESE PHARMACOPEIA ACCEPTANCE CRITERIA

**CATEGORY 1B: Topically used non-sterile products**

Log 10 Reduction		14d	28d
		<i>Bacteria</i>	NLT 2.0 log reduction from initial count
<i>Yeast/Mold</i>	NI from initial count	NI from initial count	

NI = No Increase    NR = No Recovery    log1 = 90%    log 2 = 95%    log 3 = 99.9%

When the results described in Table 3 are obtained, the product examined is considered to meet the requirement of the test. (JP XVII)

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### PCPC M-3 Determination Of Preservation Efficacy In Water-Miscible Products

Organism Type	Log 10 Reduction			
	7d	14d	21d	28d
<b>Bacteria</b>	≥3	NI	NI	NI
<b>Yeast/Mold</b>	≥1	NI	NI	NI

### PCPC M-4 Preservation Efficacy Testing Of Eye-Area Personal Care Products

Organism Type	Log 10 Reduction			
	7d	14d	21d	28d
<b>Bacteria</b>	>3	Continued reduction	Continued reduction	>4 (to less than detectable)
<b>Yeast/Mold</b>	>1	Continued reduction	Continued reduction	Continued reduction
<b>Spore Forming Bacteria</b>	No Increase	No Increase	No Increase	No Increase

### PCPC M-5 Preservation Efficacy In Nonwoven Substrate Personal Care Products

Organism Type	Log 10 Reduction			
	7d	14d	21d	28d
<b>Bacteria</b>	≥3	NI	NI	NI
<b>Yeast/Mold</b>	≥1	NI	NI	NI

### PCPC M-6 Method For Preservation Testing Of Atypical Products

Organism Type	Log 10 Reduction				
	2d	7d	14d	21d	28d
<b>Bacteria</b>	-	>3	Continued reduction	Continued reduction	>4 (to less than detectable)
<b>Yeast/Mold</b>	-	>1	Continued reduction	Continued reduction	Continued reduction
<b>Spore Forming Bacteria</b>	-	No Increase	No Increase	No Increase	No Increase

**PCPC M6:** The recommended preservative challenge test methods used for determining the preservative efficacy of aqueous-based products [...] may not be suitable for evaluating certain atypical product formulations. It is the responsibility of the manufacturer to set the challenge test criteria for the product type and form. In the performance of challenge testing of atypical products, the pass/fail criteria may need to be modified in comparison to the preservative challenge test criterion that is commonly used for aqueous based products. (PCPC 2018)

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\*A2LA and ISO 17025 accredited.

### PRESERVATION EFFICACY TESTING RESULTS:

**Based on the results, the preservative is passing PCPC criteria. The preservative is effective in maintaining the sterility of the product.**

CT

SEP 20 2023

SEP 20 2023

Reviewed by: Connie Truong  
Microbiologist

Date:

Approved by: Monica Ayala  
Microbiologist

Date:

#### \*References

- 1) U.S. Pharmacopeia & National Formulary. 2019. USP 42- NF 37. <S1> Antimicrobial Effectiveness Testing, USP- NF, Rockville, MD, pp. 6382.
- 2) ASTM International 2013. ASTM E1054-08 Standard Practices for Evaluating Inactivators of Antimicrobial Agents. ASTM International, West Conshohocken, PA.
- 3) PCPC 2018. M-3 Efficacy Testing Of Water Miscible Personal Care Products, Personal Care Products Council. Personal Care Products Council, Washington, D.C.
- 4) PCPC 2018. M-4 Preservation Efficacy Testing Of Eye Area Personal Care Products, Personal Care Products Council. Personal Care Products Council, Washington, D.C.
- 5) PCPC 2018. M-5 Preservation Testing Of Nonwoven Substrate Products, Personal Care Products Council. Personal Care Products Council, Washington, D.C.
- 6) PCPC 2018. M-6 A Method For Preservation Testing Of Atypical Products, Personal Care Products Council. Personal Care Products Council, Washington, D.C.

\*Micro Quality Laboratories, Inc. (MQL), is an A2LA ISO 17025 accredited testing laboratory (Certificate Number 3034.01). The requirements of ISO 17025 were followed for the test, results and preparation of this certificate of analysis. MQL's scope of accreditation may be found on A2LA or MQL websites.

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