













(MADE IN CHINA)



- The blanket is made from waterproof and durable materials and is double insulated for protection against hazardous voltages.
- The outer layer is constructed with high-quality, flame retardant PU.
- The inner layer is made of waterproof and flame retardant PVC.
- You can adjust the temperature range from 95 to 167° F.
- The timer can be set from 30 to 60 minutes.
- Type of Infrared heat is FAR Infrared.
- Amethyst & Tourmaline Layers.

Now, let's explore some of the main benefits of your sauna blanket:

- Sweating helps to eliminate toxins from your body.
- It promotes healthier skin cell function.
- By burning calories, it can assist with weight loss efforts.
- Relaxation of muscles and reduction of inflammation can alleviate nagging pains.
- It can contribute to improved sleep quality, among other benefits.

We hope you thoroughly enjoy using our sauna blanket. Should you have any questions or need assistance, please don't hesitate to contact us and we will be more than happy to help you.

Important Safety Instructions for Using Your Boujee Body Blanket

Please read these safety instructions carefully and fully understand them before using your Boujee Body infrared sauna blanket. It is essential to retain this manual for future reference.

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1. Heat and Placement:

- The blanket and controller may become hot. Place both objects on a heat-resistant surface. If using on top of a sofa consider putting a blanket underneath.
- Do not place the controller on top of the blanket.

2. Heating Duration:

Do not heat the blanket for more than 5 minutes without someone inside.

3. Storage and Handling:

- Keep the blanket indoors, away from sunlight or hot surfaces.
- Do not fold the blanket while it is hot and cooling down to prevent damage. Allow it to cool down completely before folding.
- When not in use, allow the blanket to cool down before folding. Avoid placing items on top of it during storage to prevent creasing.

4. Clothing and Accessories:

- Do not use the sauna blanket naked. Please use the microfiber inset included in the package or use loose clothing and socks inside of it.
- Avoid wearing metals, jewelry, or any magnetic apparel while inside the blanket.

5. Safety Precautions:

- If using the blanket on an adjustable bed, ensure that the blanket and cord are not trapped or tucked, such as in hinges.
- Regularly inspect the blanket for signs of wear or damage. If signs are present, if the blanket has been misused, or if it does not work properly, return it to the supplier before using it again.
- Do not use the blanket if the controller is faulty or if any cords, plugs, or connectors are damaged or broken.
- The blanket is designed for use with the domestic mains power supply in the US (220V). Do not use it with generators, power converters, or inverters.

6.User Restrictions:

- This blanket is not intended for use by individuals (including children) with reduced physical, sensory, or mental capabilities, or those lacking experience and knowledge, unless supervised or instructed by a responsible person regarding its use and safety.
- Children should be supervised to prevent playing with the blanket.
- Do not use the blanket on infants or by pregnant women.
- Do not use the blanket while sleeping or if it is wet.
- Always unplug the blanket from the mains socket when not in use.
- Never pull the blanket by the power cord or use the cord as a handle.
- Children under the age of 16 are not permitted to use this treatment.

7. Repairs and Medical Considerations:

- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent, or similarly qualified individuals to avoid hazards.
- This blanket is not intended for medical use in hospitals.
- Do not use if you are pregnant or under age 16.
- If you experience unexpected side effects or itching within 48 hours of your first session, seek medical advice before further exposure.
- Consult your doctor before using the blanket if you have any medical issues or any of the listed symptoms or conditions below:
- Insensitivity to heat or vulnerability to overheating.
- Receiving photosensitizing medications.
- Skin diseases, burns, or reddening of the skin.
- Splanchnic diseases.
- The use of heart defibrillators or other implanted devices.
- Heart diseases or illnesses.
- Broken bones.
- Malignancy.
- Nausea, headaches, or cold symptoms.
- Recent surgery.
- Abnormal blood pressure.
- Pregnancy or breastfeeding.
- Anhidrosis.
- Cancer or other malignant conditions.
- Metal or bodily implants, including breast implants and pacemakers.
- $8. Dispose \ of \ according \ to \ your \ local \ regulations \ at \ the \ end \ of \ the \ product \ usage.$

Please adhere to these safety instructions to ensure a safe and enjoyable experience with your Boujee Body Blanket.

Making adjustments to your set up

You should experiment with your set up and your routine to ensure you are the most comfortable and having the best experience. This can include:

- Keeping your arms outside of the blanket, if this makes your more comfortable.
- Opening the foot flap area, if you find that your feet are too hot or uncomfortable.
- Doing a different activity when you are in the blanket, such as meditation, listening to music or podcast, watching tv, etc.

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Cleaning & Storage

To clean the blanket, avoid using corrosive cleaning products. Instead, gently wipe the inside surface with a towel. For an extra layer of cleanliness, you can use a natural antibacterial spray such as tea tree oil and water spray.

When you're not using the blanket, it's important to follow these storage instructions:

- 1. Allow the blanket to cool down completely before folding it.
- 2. Avoid placing heavy items on top of the folded blanket to prevent creasing.
- 3. Fold the blanket as provided, following the designated folding method.
- 4. Store the folded blanket in the original box or a suitable storage container.

As you store the blanket, make sure to loop the cord loosely. Tight wrapping can cause damage to the cord and internal parts. By following these storage guidelines, you'll help maintain the longevity and functionality of your blanket.

Operating Instructions:

1. Prepare the Setup

Place the sauna blanket on a flat surface such as a bed or mat, ensuring it is evenly spread out.

2. Connect the Components

Connect the sauna blanket to the controller by securely attaching the connectors. Then, plug the controller into a power supply.

3. Power On/Off

To turn on the sauna blanket, press the POWER button on the controller. Likewise, press the same button to turn it off when you have completed your session.

4.Set the Time

Adjust the session time according to your preference by pressing the TIME adjustment buttons (+ or -). The default setting is usually 60 minutes, but you can customize it to your liking.

5. Adjust the Temperature

Press the TEMPERATURE adjustment buttons (+ or -) to set the desired temperature for your session. We recommend starting at around 50 degrees Celsius (122 degrees Fahrenheit) for a comfortable experience.

6. Start the Session

Once you have set your desired parameters for time and temperature, press the START button. This will activate the heaters, initiating your sauna session.

7. Completion and Cleaning

When your desired session time has elapsed, disconnect the sauna blanket from the controller. Before storing, clean the sauna blanket using a clean, soft cloth or towel. This will help maintain its hygiene and extend its lifespan.

8.Do not become dehydrated. It is recommended to drink an 8 oz glass of water prior to use.

By following these operating instructions, you can safely and effectively use your sauna blanket to enjoy the benefits of an infrared sauna experience.





What's in the box:

The Infrared Sauna Blanket

Your Boujee Body infrared sauna blanket will come folded.

Simply unfold, then lay it down on a heatproof surface (your bed is fine) and get ready to experience the power of an infrared sauna from the comfort of your home.

Your Controller

The Boujee Body controller has an on and off button and a heat dial which adjusts the temperature using a 1–9 level heating scale.

The controller is detachable from the blanket. Do not remove while the blanket is on. Only detach the controller

Sauna Carrying Bag

Microfiber Insert Blanket

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Please use this sweat absorbing blanket inside the infrared sauna (no clothing necessary) and avoid wearing any metal or jewelry.

Spray Mist Bottle

Please use water with tea tree oil mist to wipe off after each use to clean.

Care and Storage:

To ensure the longevity and proper maintenance of your sauna blanket, please follow these care and storage instructions:

- 1.Cleaning:
- Keep the product clean by using a soft cloth dampened with a natural cleaning solution, such as a mixture of tea tree oil and water mist.
- 2. Sunlight and Hot Surfaces:
- Keep the sauna blanket stored indoors, away from direct sunlight or hot surfaces, as prolonged exposure to heat can affect its performance and durability.
- 3. Avoid Immersion:
- Do not immerse the sauna blanket in water. It is not designed for submersion, and water exposure can damage the internal components.
- 4. Dry Cleaning and Machine Washing:
- Do not dry clean the sauna blanket or attempt to clean it in a washing machine. These methods can cause damage to the blanket and compromise its functionality.
- 5. Proper Storage:
- When not in use, allow the sauna blanket to cool down completely before folding it for storage.
- Avoid creasing the blanket by refraining from placing any items on top of it during storage. By following these care and storage instructions, you can maintain the cleanliness, performance, and longevity of your sauna blanket for optimal enjoyment.

Care and Storage:

- Avoid using water, flammable or chemical solutions for cleaning.
- Keep the blanket clean with a soft cloth and natural cleaning solution like tea tree oil and water mist.
- Store the blanket indoors, away from sunlight and hot surfaces.
- Never immerse the sauna blanket in water or use dry cleaning methods.
- Do not bleach or clean the blanket in a washing machine.
- Let the blanket cool down before folding and avoid creasing it with items during storage.

Boujee Body Infrared Sauna Blanket One (1) Year Limited Warranty

Please read the following warranty terms before using your Boujee Body Infrared Sauna Blanket.

By using the product, you agree to be bound by these terms. If you do not agree, do not use the product and return it within the specified return period for a refund.

Consumer Law and Your Rights: This warranty provides specific legal rights, and you may have additional rights that vary by state, country, or province. Boujee Beauty LLC does not exclude, limit, or suspend other rights you may have under consumer law. For a full understanding of your rights, consult the laws of your country, province, or state.

Warranty Limitations under Consumer Law: This warranty and the remedies provided are exclusive and replace all other warranties, remedies, and conditions, whether oral, written, statutory, express, or implied, to the extent permitted by law. Boujee Beauty LLC disclaims all statutory and implied warranties, including but not limited to merchantability and fitness for a particular purpose, to the extent permitted by law. If such warranties cannot be disclaimed, Boujee Beauty LLC limits their duration and remedies to the duration of this warranty and, at Boujee Beauty LLC's option, the repair or replacement services described below. The limitation described above may not apply to you if your state, country, or province does not allow limitations on the duration of implied warranties.

Covered by this Warranty: Boujee Beauty LLC warrants the Boujee Beauty LLC -branded Infrared Sauna Blanket and accessories included in the original packaging against defects in materials and workmanship for a period of ONE (1) YEAR from the date of original retail purchase. The warranty applies when the product is used normally according to Boujee Beauty LLC's published guidelines, including technical specifications, user manuals, and service communications.

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Not Covered by this Warranty: This warranty does not cover non- Boujee Beauty LLC branded products or damage caused by failure to follow instructions, cosmetic damage, damage from accidents or external causes, damage from operating outside guidelines, unauthorized modifications, normal wear and tear, or if the product has been stolen without proof of purchase.

Your Responsibilities: Before receiving warranty service, you will be asked to provide proof of purchase and respond to diagnostic questions. Please follow Boujee Beauty LLC's procedures for obtaining warranty service. Only Boujee Beauty LLC perform service on the product.

No Commercial Use: Boujee Beauty LLC products are designed for home use only.

Use in commercial or institutional settings voids the warranty and poses risks.

Boujee Beauty LLC 's Actions for Warranty Breach: If a warranty claim is submitted during the warranty period, Boujee Beauty LLC may repair the product, replace parts or the entire product with new or equivalent items, or exchange it for a new item.

How to Obtain Warranty Service: Contact Boujee Beauty LLC via email at warranty @boujeebeauty.com to initiate the warranty service.

Limitation of Liability: Boujee Beauty LLC is not responsible for direct, special, incidental, or consequential damages resulting from warranty breaches. This limitation does not apply to death or personal injury claims or intentional and gross negligent acts and/or omissions. Some states, countries, and provinces do not allow the exclusion or limitation of incidental or consequential damages.