

# YOUR COMPLETE CHECKLIST

Here is a comprehensive list of everything you will need on your special journey to motherhood...

## CARING

- Baby Monitor
- First Aid Kit
- Thermometer
- Medicine Dropper / Spoon
- Nasal Aspirator
- Blunt Nail Scissors
- Brush and Comb Set
- Shampoo, Baby Wash, Oils
- Creams
- Nappies
- Baby Wipes
- Alcohol
- Q-tips
- Cotton Wool

## FEEDING

- Bottles and Teats
- Bottle Brush
- Sterilizer
- Drying Rack
- Electric/Manual Breast Pump
- Nursing Pillow
- Nursing Bra
- Nursing Cover
- Breast Pads
- Nipple Cream
- Breast Milk Storage containers
- Pacifier
- Steamer and Blender
- Bibs
- Burp Cloths

## PLAYING

- Bouncer
- Walker
- Swing
- Playpen
- Rattles
- Stuffed Toys
- Security Blanket
- Bath Toys
- Mobile
- Play Arc
- Soft Books
- Story Books
- Music

## CLOTHING

- Sleepsuits
- Bodysuits / Underwear
- Mittens
- Booties / Socks
- Bonnets / Hats
- Cardigans
- Coat / Bunting Bag
- Blankets
- Muslin Covers and Squares
- Hangers
- Receiving Outfit and Blanket

## BATHING

- Hooded Towels and Wash Cloth
- Bath Tub
- Diaper Caddy
- Diaper Dispenser

## RESTING

- Rocking Chair for Mum
- Baby Rocker
- Side Sleeper
- Cot / Cradle / Crib / Bed
- Mattress
- Mattress Protector
- Bumper
- Fitted Sheets
- Duvet / Blankets
- Dresser / Chest of Drawers
- Wardrobe
- Changing Table
- Toy Chest / Basket
- Waste Basket Set

## BABY PROOFING YOUR HOME

- Door Stops
- Night Lights
- Outlet Plugs
- Corner Cushions
- Safety Gates
- Cabinet and Drawer Locks
- Medicine Cabinet
- Bed Rail

## TRAVELLING

- Baby Sling / Carrier
- Moses Basket / Porte Bebe
- Stroller
- Car Seat
- Car Seat Mirror
- Portable Changing Mat
- Diaper Bag

## HOSPITAL BAG FOR YOU

- Doctor Notes
- Midwife Notes
- Birth Plan
- Contact List
- Camera / Video Camera
- Baby Journal
- Stop Watch
- Change of Clothes
- Robe & Dressing Gown
- Slippers & Socks
- Nursing Pillow
- Nursing Bra
- Nursing Cover
- Breast Pads
- Nipple Cream
- Breast Milk Storage Containers
- Toiletries
- Towels

## HOSPITAL BAG FOR BABY

- Receiving Outfit and Blanket
- Muslin Squares
- Sleepsuits
- Mittens
- Booties / Socks
- Bonnets / Hats
- Bibs
- Burp Cloths
- Bottles
- Nappies
- Car Seat

