



# Christmas

GIFT GUIDE

# *Spoil someone naturally*

We all love getting beautiful smelly things for Christmas but some of those gifts may not be so great for the ones you love.

So this year, I am spreading the natural/low tox cheer so you can still get your loved one a beautiful gift, but one that is going to support their health and wellness or even their mood and emotions, without even trying!

I also wanted to let you in on another little secret, buying a doTERRA product goes way beyond the bottle!

doTERRA sources its oils from 40 countries. Of those countries, 23 are developing countries that do not enjoy many of the basic amenities that we so often take for granted. In these cases, and in many cases in developed countries, doTERRA's need for essential oils is elevating communities out of poverty and desperate need. This initiative is called Co-Impact Sourcing.

Co-Impact Sourcing is so much more than just getting oils. Rather, Co-Impact Sourcing develops long-term, mutually beneficial partnerships. doTERRA helps to provide the resources and education needed to improve the economy—and even sometimes create an economy—in these communities. Jobs are created as the need for an essential oil is met. Additionally, farming and distilling equipment as well as training are also provided and farmers and distillers receive fair and timely pay that they can rely on.

But that's not all. doTERRA's non-profit, charitable organisation, the Healing Hands Foundation™, also plays a role in Co-Impact Sourcing. The Healing Hands Foundation steps in to help the rest of the community, providing education, building schools, hospitals, and working to provide the necessities of life, such as portable water and needed infrastructure.

The full purchase price of each doTERRA Hope Touch bottle is donated to the doTERRA Healing Hands Foundation™ which supports efforts to fight sex-trafficking worldwide. Also the full purchase price of the Rose Hand Lotion is donated to the doTERRA Healing Hands Foundation.

So your purchase is not only gifting your loved one a beautiful prezzie this Christmas, your impact is spreading throughout the world. Plus all of us Wellness Advocates who are running their own small businesses, do a happy dance every time someone places an order.

So from me to you, thank you for your support this year x

under  
\$30



\$20.50  
Citrus Bliss



\$27.00  
Balance



\$28.00  
Lavender



\$10.00  
Lavender Peace  
Body Bar



\$12.00  
Moisturising  
Body Bar



\$22.00  
Refreshing  
Body Wash



\$11.00  
Citrus Bliss  
Hand Lotion



\$25.00  
Detoxifying  
Mud Mask



\$24.00  
Hand & Body  
Lotion



\$28.00  
Replenishing  
Body butter



\$26.00  
Rose Hand Lotion

100% of proceeds  
go to the healing  
hands foundation



\$26.00  
Hope Oil  
Rollerbottle

Add any of  
these  
products  
separately to  
your next  
doTERRA  
order.

Order through  
the Loyalty  
Rewards  
Program to  
earn points,  
free products  
and shipping  
credits!

Don't have an  
account? You  
can start one  
for as little as  
\$35 so you can  
get these  
goodies for  
member prices.

See the last  
page of this  
guide to find  
out how.



under  
\$60



\$50.00

Citrus Bliss Hand Lotion & Whisper



\$50.75

Lavender Peace Oil & Body Bar



\$54.75

Clary Calm & Hand & Body Lotion



\$59.00

Spa Body Butter & Body Scrub



\$57.50

Citrus Bliss, Balance & Lavender Peace Body Bar



\$59.00

Mud Mask, Body Bar & Body Wash



\$52.00

Rose Hand Lotion & Hope roller bottle

100% of proceeds go to the healing hands foundation



\$57.25

Lavender Peace & Fractionated Coconut oil



\$59.50

Whisper & Citrus Bliss



\$57.00

Body Scrub & Rose Lotion

Add any of these products separately to your next doTERRA order.

Order through the Loyalty Rewards Program to earn points, free products and shipping credits!

Don't have an account? You can start one for as little as \$35 so you can get these goodies for member prices.

See the last page of this guide to find out how.

under \$80



\$78.50  
Citrus Bliss & Petal Diffuser



\$73.00  
Jasmine Touch Roller & Citrus Bliss Lotion

Add any of these products separately to your next doTERRA order.

Order through the Loyalty Rewards Program to earn points, free products and shipping credits!

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\$79.50  
Hydrating Cream & Invigorating Scrub



\$76.50  
5ml Intro Kit (Lavender Lemon & Peppermint) & Rose + Hand & Body Lotion



\$72.00  
Spa Moisturising & Lavender Peace Body Bar, Body Wash & Body Butter



\$80.00  
Hydrating Cream & Detoxifying Mud Mask



\$80.00  
Beautiful Body Mist, Rose Lotion, & 2x Lip Balms



\$77.00  
Yoga Collection

under  
\$125



\$100.00  
Verage Skin  
Care Collection



\$124.00  
Mood Management Kit



\$124.00  
Whisper, Balance &  
Petal Diffuser



\$120.75  
Clary Calm, Cheer, Motivate &  
Passion Touch Roller Bottles



\$102.00  
Passion Touch Roller Bottle &  
Jasmine Touch Roller Bottle

natural  
perfumes!



\$110.00  
Rose Touch Roller



\$105.00  
Passion Touch Roller Bottle &  
Hope Touch Roller Bottle & Whisper



\$122.00  
Salubelle Anti-Aging Blend &  
Detoxifying Mud Mask

anti-ageing



\$123.00  
Frankincense Touch Roller &  
Hydrating Cream

Add any of  
these  
products  
separately to  
your next  
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# spoil someone

with some  
home made goodies

## coffee scrub

### INGREDIENTS

- + 1/2 cup of solid coconut oil
- + 1 cup of sugar or dead sea salt
- + 1 cup of organic ground coffee
- + 20 drops of essential oil of your choice

### METHOD

In bowl add coconut oil and mix until soft.

Add essential oils and mix thoroughly.

Add sugar and mix together until combined and then add coffee until combined. Add to jar and use a clean dry spoon each use.

You can do this in a normal cake mixer or a thermomix too. I use Peppermint or Smart and Sassy in my body scrubs, I get my glass jars from Kmart and coffee from Aldi.

## bath salts

### INGREDIENTS

- + Epsom/Magnesiums Salts
- + Himalayan Pink Salt - optional (only a need a 1/4 of pink salt to epsom salt ratio)
- + 10-15 drops of essential oil of your choice

### METHOD

Mix the two different salts together in a bowl.

Add in 1/2 salts to a glass jar add 1/2 of the essential oil drops.

Fill up the rest of the jar and add the other half.

Shake to combine.

Lavender or Lavender Peace are amazing in bath salts. I also love, lavender & cedarwood.

Avoid mint oils or hot oils.



*Spoil someone or yourself*  
with their very own wholesale account

**Have an account?**

Gift a loved one their very own doTERRA account so they can start reaping the rewards, free products, education and support.



\$195.00\*

Emotional Aromatherapy Touch Kit



\$310.00

Emotional Aromatherapy Kit

**Don't have an account?**

You can start one for as little as \$35 so you can get these goodies for yourself at member prices, plus earn rewards for sharing doTERRA with your loved ones.



\$174.00

Essential Collection Kit



\$242.00

Aromatouch Pro Kit

See the last page of this guide to find out how.



\$330.00

Home Essentials Kit



\$175.00

Bedtime Bliss Kit

\*price includes \$35 membership fee which needs to be added to enrolment order.

**Starting an account for your friend or family?** Make sure you process the new enrolment through your online account. See your enroller for assistance.

Prices reflected are wholesale account prices and don't include postage. Some items are not pre-made packages, you must add each product separately to your order.

**To start your own wholesale account head see instructions on the last page of this guide.**



# How to start an account

- Pay a \$35 membership fee, then create your own own customised order at wholesale pricing (no minimum order requirement). OR add one of the Starter Kits on the previous page to get a FREE account.
- Each option that is not a starter kit in this guide is not a prepackaged option.
- Head to **www.mattsydneyoils.com**
- Click 'Join & Save'
- Pick your Country and Language
- Click Local Order
- Click 'Wholesale Customer'
- Enter in all of your details.
- ENSURE THAT THE ENROLLER & SPONSOR ID ARE **MATTHEW LARKIN 7926035**
- Pick your enrolment kit and click 'add to cart'. You will need to add a \$35 Enrolment pack to your order if just purchasing separate items and not a starter kit
- Then add each item separately to your order under the \$35 enrolment pack or starter kit.
- Fill in your payment details
- Keep your eye out for your welcome email so you can have instant access to our community facebook groups and giveaways

Would you like to have a chat about what options may best support you, prior to starting your account?

Easy, contact me through my website [www.mattsydneyoils.com](http://www.mattsydneyoils.com) **or email me at [mattsydneyoils@gmail.com](mailto:mattsydneyoils@gmail.com) 0431452177**