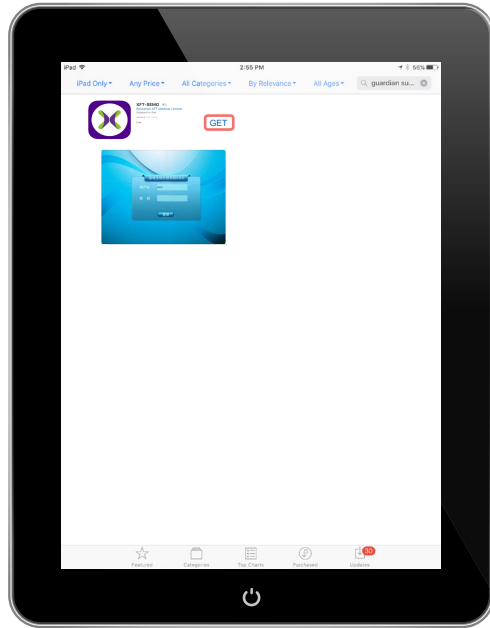




GUARDIAN APP GUIDE

Download **XFT-SEMG** app from the App Store.



Access the **XFT-SEMG** app by clicking "OPEN" from the download screen or by clicking the app icon.



Leave username as **admin** and **CLICK LOGIN**.



Select the **Bluetooth** icon from the **Functions** menu.

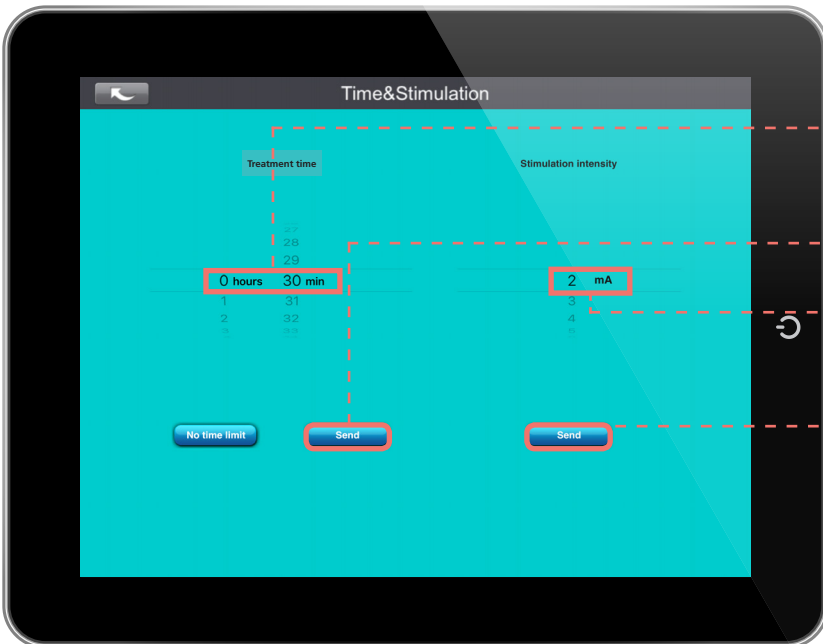


Click **Connect** to sync to your Aspire² device.





Select the **clock** icon from the **Functions** menu.



Set the **treatment time** by using the rolling selection.

Hit **Send**.

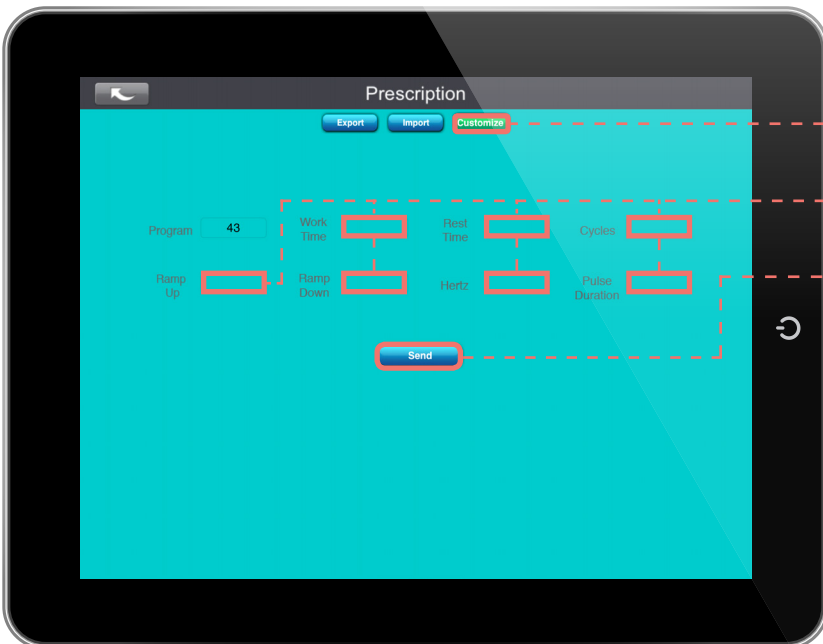
Set max **stimulation intensity** in mA.

Hit **Send**.

Note: This feature would not be needed in standard SLP supervised treatment.



Select the **prescription** icon from the **Functions** menu.



Click **Customize**.

Enter values for parameters.

Click **Send**.



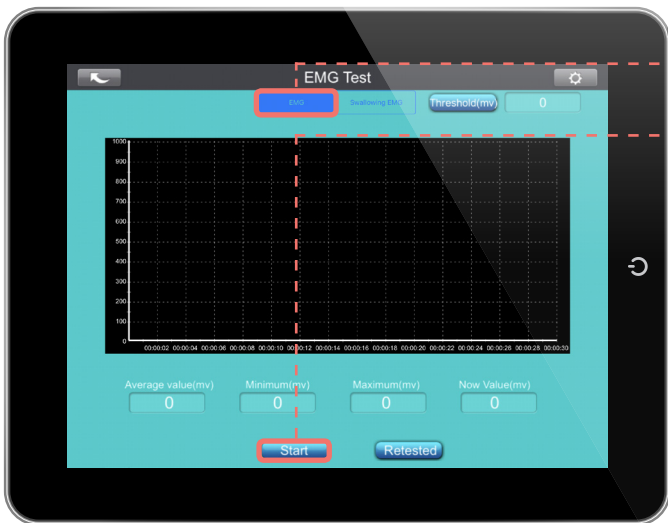
Select the yellow "M" button on the Aspire² device to cycle device modes to "nMES."

Select settings "gear" button on device and press either left or right arrow to cycle through programs "A1, A2, A3, A4" until you arrive at either C1 or P5. Click the gear button again to select. This is your custom program!

Click "play/pause" button to start NMES. Don't forget to select (-) minus button before (+) increasing mAmp.



Select the **EMG graph** icon from the **Functions** menu.



Click **EMG**.

Click **Start**.

Threshold value will appear on the top right. Values will display under graph.



Click **Swallowing EMG**.

Ask the patient to swallow 3 times.

Threshold value will appear on the top right. Values will display under graph.

Note: Bolus presented must stay consistent across trials to compare data.



Select desired exercise from the **Force Exercise, Endurance Exercise, or Coordination Exercise** category.



Click the **gear** icon.

Enter **maximum and threshold** values.

Note: These values are based on data collected in sEMG screen.

Click **OK**.

Click **Start**.