



Ayahuasca Retreat
Tulum, Quintana Roo, Mexico Itinerary

DAY 1, May 15: Introduction Integration, Welcome Dinner (EARTH ELEMENT)

5:00 - 6:00pm, Introduction Integration where we discuss how the elements manifest within us. Learn how to manage the elements. How reality can change through breaking patterns.

6:15 - 7:15pm, Welcome Dinner

DAY 2, May 16: Kambo, First Ayahuasca Ceremony (WATER ELEMENT)

9:00 - 9:45am, Breakfast

10:00am - 1:00pm, Kambo Ceremony (Optional Additional Service)

1:00 - 2:00pm, Light Lunch

2:00 - 5:00pm, Rest

6:00pm, Ayahuasca Ceremony

Day 3, May 17: Beach Excursion, Integration and Relaxation (FIRE ELEMENT)

9:30 - 10:30am, Breakfast

11:00am - 12:00pm, Connect with your inner power

12:00 - 1:00pm, Integration and Reconnecting your strength through your innate power through the fire element.

1:30 - 2:30pm, Lunch

2:15 - 3:15pm, Rest

3:30 - 7:00pm, Tulum Beach Excursion

7:30/8:00 - 8:45pm, Dinner

DAY 4, May 18: Second Ayahuasca Ceremony (AIR ELEMENT)

9:00am - 9:45am, Breakfast

10:00 - 11:00am, Connect with the air element discussion and preparation for the final ceremony

11:00am - 12:00pm, Guided meditation

1:00 - 1:30pm, Light Lunch

4:00 - 7:00pm, Rest

7:00pm, Ayahuasca Ceremony

DAY 5, May 19: Open Time, Cacao Ceremony and Farewell Dinner (ETHER)

9:00am - 9:30am, Breakfast

10:00am - 1:00pm, Open time, explore Tulum town independently from the retreat for souvenirs by taxi or visit another local cenote or simply relax poolside at the retreat.

1:30 - 2:00pm, Lunch

2:00 - 4:00pm, Rest

4:00 - 5:30pm, Closing integration and Cacao Ceremony

6:00 - 7:00pm, Farewell Dinner at Cachito de Cielo

Day 6, May 20: Guest Departures

6:30am, Guest departures to airport

9:00 - 10:00am, Breakfast for those not in airport shuttle

10:30 - 11:00am, Independent guest departures