



Ayahuasca Community Fellowship Medical Contraindicates List

General Medical Note: For most people ayahuasca is safe to use, however for those taking the following over the counter, prescription medications, herbal medications and supplements need to stop the use of these prior to retreat start date. Please be mindful that when stopping medications some may cause withdrawal symptoms. For your safety and well-being, please consult with your medical practitioner prior to changing your medication regimen. Ayahuasca has been found to not be as effective and/or incompatible with certain medications. Stopping these medications well before retreat allows the body time to cleanse of the medication and is necessary for a safe experience. The list of contraindicated medications is extensive yet

not exhaustive. Please ask your doctor if the medication you are taking is a Monoamine oxidase inhibitor (MAO inhibitor).

Contraindicates: Herbal Medications & Supplements

The following should not be taken with Ayahuasca and **need to be ceased two weeks prior to retreat start.**

St. Johns Wort

Kava

Kratom

Ephedra

Ginseng

Yohimbe

Sinicuichi

Rhodiola Rosea

Kanna

Boswellia

Nutmeg

Scotch Broom

Licorice Root

Cannabis

Contraindicates: Drugs and Medications

Any medication that is a MAO inhibitor is dangerous to take with ayahuasca. The following category of drugs and medications should not be taken with ayahuasca. If you are taking any of the following please cease use **4 weeks prior to retreat start.**

For those taking Prozac, Welbutrin (Bupropion) must be stopped 6-8 weeks prior to retreat start

Some of these medications have withdrawals so to please only change your medication regimen under your doctor's guidance. If you are taking

any of the following to please let us know so we may determine if ayahuasca is appropriate for you.

Other MAO inhibitors

SSRI's (any selective serotonin reuptake inhibitors) must be suspended 6 weeks prior to retreat start.

Asthma inhalers (these are generally considered very low risk with ayahuasca)

Antihypertensives (high blood pressure medicine)

Appetite suppressants (diet pills)

Medications for asthma, bronchitis, or other breathing problems

Antihistamines, medicines for colds, sinus problems, hay fever, oral allergies (any cold, cough, or flu preparations, and any drug with DM, DX or-tussinit's name.)

CNS (central nervous system) depressants

Antipsychotics

Barbiturates

Tranquilizers

Sympathomimetic amines (including pseudo ephedrine and ephedrine)

Alcohol

Amphetamines

Opiates

Mescaline (any phenethylamine)

Barbiturates

Stimulants such as MDMA (Ecstasy) and cocaine

Specific Contraindicated Over the Counter, Prescription and Recreational drugs

Actifed

Adderall

Alaproclate

Albuterol (Proventil, Ventolin)

Amantadine hydrochloride (Symmetrel)

Amineptine

Amitriptaline
Amoxapine (Asendin)
Asarone/Calamus
Atomoxedine
Befloxetone
Benadryl
Benylin
Benzedrine
Benzphetamine (Didrex)
Bicifadine
Brasofensine
Brofaromine
Bromarest-DMor-DX
Bupropion (Wellbutrin) Must be stopped 6-8 weeks prior to retreat start
Buspirone (BuSpar)
Butriptyline
Carbamazepine (Tegretol, Eptol)
Chlorpheniramine
Chlor Trimeton
Cimoxetone
Citalopram
Clomipramine (Anafranil)
Cocaine
Codeine
Compoz
Cyclobenzaprine (Flexeril)
Cyclizine (Marezine)
Dapoxetine
Desipramine (Pertofrane, Norpramin)
Desvenlafaxine
Dextroamphetamine (Dexedrine)
Dextromethorphan (DXM)
Dibenzepin
Dienolidekavapyrone desmethoxyyangonin
Diethylpropion

Dimetane-DX
Disopyramide (Norpace)
Disulfiram (Antabuse)
Dopamine (Intropin)
Dosulepin
Doxepin (Sinequan)
Dristan Cold & Flu Duloxetine
Emsam
Ephedrine
Epinephrine (Adrenalin)
Escitalopram
Femoxitine
Fenfluramine (Pondimin)
Flavoxate Hydrochloride (Urispas)
Fluoxetine (Prozac) Must be stopped 6 weeks prior to retreat start
Fluvoxamine
Furazolidone (Furoxone)
Guanethedine
Guanadrel (Hylorel)
Guanethidine (Ismelin)
Hydralazine (Apresoline)
5 Hydroxytryptophan
Imipramine (Tofranil)
Iprindole
Iproniazid (Marsilid, Iprozid, Ipronid, Rivivol, Propilniazida)
Iproclozide
Isocarboxazid (Marplan)
Isoniazid (Laniazid, Nydrazid)
Isoniazid Rifampin (Rifamate, Rimactane)
Isoproterenol (Isuprel)
Ldopa (Sinemet)
Levodopa (Dopar, Larodopa)
Linezolid (Zyvox, Zyvoxid)
Lithium (Eskalith)
Lofepramine

Loratadine (Claritin)
Macromerine
Maprotiline (Ludiomil)
MDA
MDEA
MDMA (Ecstasy)
Medifoxamine
Melitracen
Meperidine (Demerol)
Metaproterenol (Alupent, Metaprel)
Metaraminol (Aramine)
Methamphetamine (Desoxyn)
Methyldopa (Aidomet)
Methylphenidate (Ritalin)
Mianserin
Milnacipran
Minaprine
Mirtazapine (Remeron)
Moclobemide
Montelukast (Singulair)
Nefazodone
Nialamide
Nisoxetine
Nomifensine
Norepinephrine (Levophed)
Nortriptyline (Aventyl)
Oxybutyninchloride (Ditropan)
Oxymetazoline(Afrin)
Pargyline (Eutonyl)
Parnate
Paroxetine (Paxil)
Pemoline (Cylert)
Percocet
Pethedine (Demerol)
Phendimetrazine (Plegiline)

Phenelamine
Phenergen
Phenmetrazine
Phentermine
Phenylephrine (Dimetane, Dristan decongestant, Neo Synephrine)
Phenylpropanolamine (in many cold medicines)
Phenelzine (Nardil)
PMA
Procarbazine (Matulane)
Procainamide (Pronestyl)
Protriptyline (Vivactil)
Pseudoephedrine Ymetazoline (Afrin)
Quinidine (Quinidex)
Rasagiline (Azilect)
Reboxetine
Reserpine (Serpasil)
Risperidone
Robitussin
Salbutamol
Salmeterol
Selegiline (Eldepryl)
Sertraline (Zoloft)
Sibutramine
Sumatriptan (Imitrex)
Terfenadine (SeldaneD)
Tegretol
Temaril
Tesofensine
Theophylline (TheoDur)
Tianeptine
Toloxatone
Tramadol
Tranylcypromine (Parnate)
Trazodone
Tricyclic antidepressants (Amitriptyline, Elavil)

Trimipramine (Surmontil)
Tryptans
Tryptophan
Tyrosine
Vanoxerine
Venlafaxine (Effexor)
Viloxezine
Vicks Formula 44-D
Yohimbine
Zimelidine
Ziprasidone (Geodon)

Ayahuasca Community Fellowship does not make, distribute, or sell Ayahuasca. Ayahuasca Community Fellowship hosts or organizes the retreat and Ayahuasca Ceremony. Ayahuasca Community Fellowship chooses ceremony dates, activities, and unites all retreat participants. All retreats or ceremony facilities are at well known and established locations, which operate independently from Ayahuasca Community Fellowship with very experienced shamans or curanderos and professional staff, who dispense Ayahuasca in ceremony and only to participants. Consuming Ayahuasca can be very physically challenging and a psychologically transformative experience. Please always consult your Doctor, if you have

any questions about your health, and the consumption of Ayahuasca.
Always consult with your doctor before stopping any medications for your
safety!