

REPORT

Creatively
Pursuing
A World
Without
Suicide
Since
2013













### Letter From The Executive Director MARK STROMENBERG



THIS is it; our first Annual Report! Complete with a snazzy design and official looking financials. We're all grown up now! And it's all part of our pursuit of a world without suicide.

This October is the 10 year anniversary of #Hope's first event. It's been a wild ride. and we're thankful for each one who donated, bought a shirt, booked us, or shared our resources with someone who's hurting. When people ask how it's going, I tell them it's both exciting and terrifying starting a charity. It's taken a lot of hard work to get to this point, but the impact we've been able to make in people's lives is undeniable. And we've only just begun!

We know that the mental health outlook for youth and young adults has gotten worse in the last few years, but we're on a mission to change that, with many ideas for how to expand our reach, increase our impact, and partner with other organizations. All of that will take hard work, more hands, and increased funding.

That's why we're inviting you to continue journeying with us. Our dreams for #Hope are very big and we know we cannot do this alone.

Will you join us as we step forward into pursuing a world without suicide?

### <<--- WHAT MARK SAID

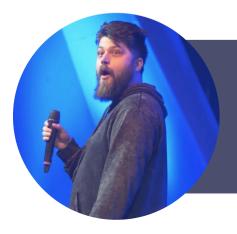
But seriously, I can't believe this is real. Hashtag Hope, the project I started out of the back of my car, with money I made from my kitchen job, is a full charity.

### This past year we:

- Hired 2 full-time staff and a summer student.
- Got an office
- Built a new outreach table experience for concerts, clubs, bars, etc.
- Started a Twitch streamer community
- Won a Hackathon We built a small mental health crisis resource bot for Twitch streamers
- Held our first (and now annual) Twitch community fundraising event, called "I'm glad you're still here"

- Developed a partnership with Grand River Hospital to support their youth mental health ward, which is likely to be our biggest program in 2023/2024
- Raised over \$20k in our 2022 year end giving campaign. Thank you to all the businesses, families, and individuals who supported it!
- Maxed out our event schedule, ending the year with Spring 2023 fully booked.

I can't wait for what the future holds for Hashtag Hope and I can't thank you all enough for being on this journey with us. Come by the office for a sticker; we would love to have you.



Letter From The Founder NICHOLAS PEGG



### SPEAKING TRUTH & LIFE INTO DARKNESS & DEATH

**OUR MISSION** 



# CREATIVELY PURSUING A WORLD WITHOUT SUICIDE

**OUR VISION** 

### **MEASURING IMPACT**

2022 Outreach Metrics



18 Talks & Trainings 605 Attendees



8 Pop Ups 1275 Attendees



215 Hope Packs
Distributed



14 Twitch Streamers Using DKYS Hope Bot

### Did You Know?

We're on track to double these numbers in 2023!

<sup>&</sup>quot;Death Does Not Deserve You"

### **MEASURING IMPACT**

**Messages Received** 

thank you for what you do. your organization has really changed my life and really is part of the reason i'm still here

Hashtag Hope has supported me through some of my darkest years

My coworker lost his wife to suicide this week - was thinking of you and your mission a lot.

Hey Hey! Just wanted to share how impactful this weekend was for one of my boys. He refused to sign up for camp. He had attempted suicide this year and has been running away from home constantly.

Thanks for all the work you do on here. It's hard, but holy work.

### THANK YOU FOR STAYING

For the ones who wish to die.

Thank you for existing, still.
Thank you for fighting and enduring the darkness.

Thank you for the hours of agony you have dealt with so that we may still see your face everyday.

So that we may still experience your smile everyday.

So that we may still embrace you and keep our heads up together.

Thank you for still being here and for showing others they can do the same.

Thank you for staying.





getting through this









## AND THE FOR MORE OF IT

### SUICIDE PREVENTION RESOURCES

### 24/7 Crisis Supports

### For Youth (ages 5-29)

Text: "Connect" to 686868 Call: 1-800-668-6868 Web: www.kidshelpphone.ca

### For Adults (18+)

Call: 1-833-456-4566 Text: 'Home' to 686868 Web: www.talksuicide.ca

### **Additional Supports**

### **Anxiety Canada**

(Practical anxiety management tools) www.anxietycanada.com

### **Centre For Addiction & Mental Health**

(Latest Canadian research) www.camh.ca

### **LivingWorks Education**

(Suicide intervention training) www.livingworks.net

### **LGBT YouthLine**

(Support line for 2SLGBTQ+ Canadian youth) www.youthline.ca

<sup>&</sup>quot;You Are Not A Wasted Life"

### FINANCIAL REPORT

**Review Engagement for 2022** 

Conducted by Wilkinson & Company LLP Chartered Professional Accountants

Please note that a full audit is not required by the CRA until revenues exceed \$250,000 in a fiscal year. We've voluntarily submitted to a Review Engagement for the purpose of ensuring good fiscal management as we continue to grow.

Our bookkeeping services are provided by Amplify Mission, a divison of Bakker Business Services.

This report has been abbreviated. To download the entire report, visit www.hashtaghope.ca/review



### INDEPENDENT PRACTITIONER'S REVIEW ENGAGEMENT REPORT

To the Shareholders Hashtag Hope

We have reviewed the accompanying financial statements of Hashtag Hope that comprise the statement of financial position as at December 31, 2022, and the statements of changes in net assets, operations and eash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### Practitioner's Responsibility

Our responsibility is to express a conclusion on the accompanying financial statements based on our review. We conducted our review in accordance with Canadian generally accepted standards for review engagements, which require us to comply with relevant ethical requirements.

A review of financial statements in accordance with Canadian generally accepted standards for review engagements is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less in extent than, and vary in nature from, those performed in an audit conducted in accordance with Canadian generally accepted auditing standards. Accordingly, we do not express an audit opinion on these financial statements.

### Conclusion

Based on our review, nothing has come to our attention that causes us to believe that the financial statements do not present fairly, in all material respects, the financial position of Hashtag Hope as at December 31, 2022, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

TRENTON, Canada June 9, 2023 Chartered Professional Accountants Licensed Public Accountants

William + Company

### WILKINSON & COMPANY LLP - CHARTERED PROFESSIONAL ACCOUNTANTS

Telephone 613-392-2592 • Toll Free 1-888-713-7283 • Fax 613-392-8512 P.O. Box 400, 50 Dundas Street West, Trenton, Ontario K8V 5R6 • www.wilkinson.net

### HASHTAG HOPE STATEMENT OF FINANCIAL POSITION AS AT DECEMBER 31, 2022 (UNAUDITED)

	December 31 2022 \$	December 31 2021 \$	January 1 2021 \$
	ASSETS		
CURRENT			
Cash	23,640	23,800	3,497
Accounts receivable	6,541	-	1,152
Inventories	11,555	7,179	-
Government rebate recoverable	5,419	2,169	-
Prepaid expenses and deposits	3,273	-	-
	50,428	33,148	4,649
	LIABILITIES		
CURRENT			
Accounts payable and accrued liabilities	6,778	1,879	5,100
Government remittances payable	2,364	1,725	-
	9,142	3,604	5,100
	NET ASSETS		
UNRESTRICTED FUND	41,286	29,544	(451)
	50,428	33,148	4,649

	Divactor



### HASHTAG HOPE STATEMENT OF CHANGES IN NET ASSETS (UNAUDITED) FOR THE YEAR ENDED DECEMBER 31, 2022

	2022	2021
	\$	\$
NET ASSETS - BEGGINNING OF YEAR	29,544	(451)
EXCESS REVENUE OVER EXPENDITURES	11,742	29,995
NET ASSETS - END OF YEAR	41,286	29,544



### HASHTAG HOPE STATEMENT OF OPERATIONS (UNAUDITED) FOR THE YEAR ENDED DECEMBER 31, 2022

	2022 \$	2021 \$
	3	Ф
REVENUE		
Donations	121,302	59,571
Grant	6,637	-
Sales	11,508	17,558
	139,447	77,129
EXPENDITURES		
Advertising	492	-
Bank Charges	3,269	2,920
Board expenses	1,202	588
Cost of sales	2,085	13,728
Insurance	-	2,560
Office	6,742	1,695
Other	692	1,294
Payroll	81,806	18,540
Professional fees	10,786	4,929
Program fees	4,508	880
Rent	14,900	-
Telephone and internet	1,223	-
	127,705	47,134
EXCESS OF REVENUE OVER EXPENDITURES	11,742	29,995



### HASHTAG HOPE STATEMENT OF CASH FLOWS (UNAUDITED) FOR THE YEAR ENDED DECEMBER 31, 2022

	2022 \$	2021 \$
OPERATING ACTIVITIES		
Net earnings for year	11,742	29,995
Net change in non-cash working capital		
balances related to operations - Note 4	(11,902)	(9,692)
CASH FLOWS PROVIDED FROM (USED IN)		
OPERATING ACTIVITIES	(160)	20,303
NET INCREASE (DECREASE) IN CASH FOR YEAR	(160)	20,303
CASH AND CASH EQUIVALENTS - BEGINNING OF YEAR	23,800	3,497
CASH AND CASH EQUIVALENTS - END OF YEAR	23,640	23,800



OPERATIONS

HASHTAG HOPE
NOTES TO FINANCIAL STATEMENTS
(UNAUDITED)
R THE YEAR ENDED DECEMBER 31, 2022

### FOR THE YEAR ENDED DECEMBER 31, 2022

4. NET CHANGE IN NON-CASH WORKING CAPITAL BALANCES RELATED TO

Cash provided from (used in) non-cash working capital is compiled as follows:

	2022 S	2021
	3	\$
(INCREASE) DECREASE IN CURRENT ASSETS		
Accounts receivable	(6,541)	1,151
Inventories	(4,376)	(7,179
Government rebate recoverable	(3,250)	(2,168
Prepaid expenses and deposits	(3,273)	-
	(17,440)	(8,196
INCREASE (DECREASE) IN CURRENT LIABILITIES		
Accounts payable and accrued liabilities	4,899	(3,221
Government remittances payable	639	1,725
	5,538	(1,496
NET CHANGE IN NON-CASH WORKING CAPITAL		
BALANCES RELATED TO OPERATIONS	(11,902)	(9,692



This report has been abbreviated. To download the entire report, visit www.hashtaghope.ca/review



Mark at a youth conference in Waterloo

Nick at Strive Retreat at Muskoka Woods



Mark at a pastors conference in Cambridge

Heritage

Nick at a show at Rhythm & Brews in Cambridge

Nick pitching Hope Bot at a FaithTech hackathon in Waterloo



Nick at a street art market in Hamilton

Visiting the CAIP youth ward at Grand River Hospital in Kitchener



Nick, Rachel (our 2022 summer student), and Mark at a leadership conference in Waterloo

