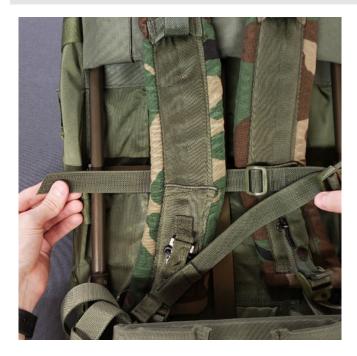


ALICE IMPROVED STERNUM STRAP INSTRUCTIONS





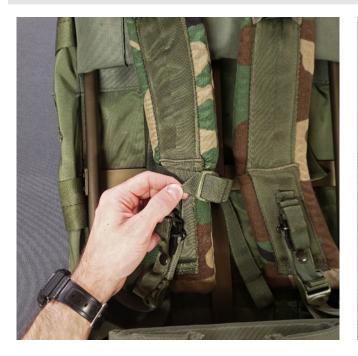


1. Place the angle-cut end of the adjustable side 2. Slide the angle-cut strap end through the 3. Grabbing the plastic slider and strap end, walk of the sternum strap under one of the shoulder plastic slider. straps. If right handed, place on the right shoulder strap; if left handed, the left shoulder strap.

the plastic slider towards the shoulder strap until snug. The foam on the shoulder strap should be slightly deformed.



ALICE IMPROVED STERNUM STRAP INSTRUCTIONS



4. Slide the angle-cut strap end over and back 5. Snug the angle-cut end tightly. through the plastic slider, doubling the strap back on itself to eliminate the possibility of slippage.



6. Repeat steps 1-5 for the fixed side of the sternum strap to complete installation. The sternum strap should be positioned about 2" below the two protruding points of your collarbone.