

FIRE BREW

APPLE CIDER VINEGAR WELLNESS TONICS



FIRE BREW® is a line of premium wellness tonics that strengthens your overall system naturally, giving you the support needed for a healthy mind, body, and spirit. Make it a daily ritual to take a shot of these wellness boosters to replenish and revitalize yourself from the inside out. Take ½-1 tablespoon per day to promote overall health and wellness or 2-3 times a day for recovery purposes. Take straight or in your favorite beverage.

ALL OF OUR BLENDS CONTAIN INGREDIENTS KNOWN TO:

- Build the immune system
- Stimulate digestion
- Reduce inflammation
- Relieve muscle soreness and joint pain
- Break up congestion
- Move toxins out of the body
- Increase circulation
- Support optimal cardiovascular function
- Relieve allergy symptoms and discomfort

OUR BEET (ENERGY) BLEND INGREDIENTS:

- Boost energy levels due to its nitrate content
- Protect heart health due to folate and betaine content
- Lower blood pressure and protects the liver due to betaines
- Combat constipation due to high fiber
- Boost eye health due to lutein
- Contain hawthorn berry for physical and emotional heart health
- Include cinnamon to ensure healthy blood flow

OUR CHAI (VITALITY) BLEND INGREDIENTS:

- Reduce inflammation due to its main component, Eugenol
- Contain a blend of liver cleansing herbs great for detoxing
- Are excellent for skin-related imbalances
- Quell digestive issues including stomach ulcers, heartburn, and colic
- Stimulate the liver and is considered a safe diuretic

OUR CITRUS (IMMUNE) BLEND INGREDIENTS:

- Pack in the vitamin C and dietary fiber
- Boost the body's defense system against illness
- Increase T cell/white blood cell activity
- Promote circulatory health
- Contain astragalus root for added immune support

OUR GARDEN (DETOX) BLEND INGREDIENTS:

- Strengthen bones and teeth due to vitamin K and calcium
- Support brain development due to high levels of folate
- Keep blood strong due to high iron levels
- Contain horsetail, packed with silica, for hair, nails and skin health

OUR HIBISCUS (RENEWAL) BLEND INGREDIENTS:

- Contain Vitamin C and bioflavonoids with antioxidant properties
- Can help lower blood pressure and reduce cholesterol levels
- Contain raspberry leaf and rose for optimal nutrients and support for women's reproductive organs

OUR UNSWEETENED (WELLNESS) BLEND INGREDIENTS:

- Alleviate inflammation
- Boost cardiovascular health
- Aid digestion
- Are effective at breaking up congestion
- Build and tone the immune system

AS SEEN IN:

The
Washington
Post

Sunset

bon appétit

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For more information, contact us at www.mindyourmanna.co