# GLUTEN FREE - BREAKFAST CHOICES SERVED UNTIL 12NOON

### Breakfast type food - Served until 12noon

1 toast with topping - Yeast Extract, peanut butter, Jam, Nutella £2.50 2 toast with topping - Yeast Extract, peanut butter, Jam, Nutella £3.50

1 toast scrambled egg or baked beans £4.50 2 toast scrambled egg or baked beans £5.50

Regular breakfast **£9.50** 1 sausage, 2 bacon, 1 egg choice, 1 hash brown, beans, mushrooms, tomatoes, 2 toast + spread

Go large breakfast **£12.95** 2 sausage, 2 bacon, 2 egg choice, 2 hash brown, beans, mushrooms, tomatoes, 2 toast + spread

Vegetarian breakfast **£9.95**2 sausage, egg choice, hash brown, halloumi, beans, mushrooms, tomatoes, 1 toast + spread

Vegan breakfast **£9.95**2 sausage, mushrooms, beans, tomatoes, hash brown, avocado, 1 toast + spread

Smashed avocado, fried egg, chilli flakes on toast - £7.95
Smashed avocado, bacon, chilli flakes on toast - £8.50
Smashed avocado, bacon, fried egg, chilli flakes on toast - £9.50
Smashed avocado, halloumi, fried egg, chilli flakes on toast - £10.50

Breakfast roll – 2 bacon, 1 sausage, fried egg, 1 hash brown – **£6.00** Feta Breakfast Roll – Scrambled egg, Feta, Sundried tomatoes, rocket – **£6.00** 

3 egg Omelette with 2 fillings - £8.95 3 egg Omelette with 3 fillings - £10.95 (Filling choices: cheddar cheese, feta, brie, ham, red onion, tomatoes, mushrooms, rocket and bacon)

Bacon sandwich - £4.50

Sausage sandwich - £4.50 No meat sausage sandwich - £5.00





## <u>GLUTEN FREE</u> LUNCH OPTIONS - SERVED FROM 12NOON

### Jackets served with salad and crisps

Butter £5.25 Baked beans £6.95
Baked Beans and cheese £7.95
Ham £6.95 Cheese £6.95
Tuna and mayo £7.50
Ham and cheese £8.00
Roasted vegetables £7.00
Chicken, mozzarella, green pesto £8.50
Meat Chilli £8.50
Chicken Curry £8.50



Panini/Sandwich served with salad and crisps

(granary/white)

Ham or cheese £6.00

Ham and cheese £7.00

Meat Bacon, brie, cranberry £8.00

Roasted vegetables in red pesto £7.00

Chicken, mozzarella, green pesto £8.00

Meat Bacon, lettuce, tomato (BLT) £7.50

Tuna melt £7.50

Halloumi with chilli jam £7.50

Tandoori Chicken, Onion Bhaji, Mango Chutney, Raita £8.50

Chunky Fish finger sandwich £9.00

### Salad Bowls

Chicken **£10.00**Cheese, Ham or Tuna **£9.50** 

**Meat** Chilli, rice and salad garnish bowl **£9.95**Nachos with salsa, guacamole, melted cheese **£6.50**Nachos with meat chilli **£11.95** 

3 egg Omelette with 2 fillings - £8.95
3 egg Omelette with 3 fillings - £10.95
(Filling choices: cheddar cheese, feta, brie, ham, red onion, tomatoes, mushrooms, rocket and bacon)

Bowl of Chips: £3.00

Chips topped with cheese £4.00 or Cheese and Ham - £5.00





## <u>GLUTEN FREE</u> <u>SWEET OPTIONS - SERVED ALL DAY</u>

### Pancake Stacks: - Gluten Free

MMs: 5 pancake stack, with chocolate M and Ms, strawberry sauce and cream £7.50

Breakfast Stack: 5 pancake stack, with crispy smoked bacon, and syrup £8.50

**The Nutty One**: 5 pancake stack, with milk and white hazelnut spread, Kinder Mini Bar chopped up, chocolate sauce and spray cream **£9.50** 

**Banoffee Pudding:** 5 pancake stack, caramel sauce, sliced bananas, fudge cubes, maple syrup, and spray cream £9.50

**Fresh and Fruity:** 5 pancake stack, with strawberry sauce, freshly mixed fruit (seasonal fruits, please ask server) yoghurt and spray cream **£8.50** 

**Cherry Pie:** 5 pancake stack, topped with cherry jam, mixed berries, with mascarpone cheese topping, and maple syrup on the side. **£9.50** 

### Round waffles - Gluten Free

MMs waffle: with mixed choc MMs , strawberry sauce and cream £7.50

Breakfast waffle: crispy smoked bacon, and syrup £8.50

The Nutty waffle: with milk and white hazelnut spread, Kinder Mini Bar chopped up

chocolate sauce and spray cream £9.50

Banoffee waffle: with caramel sauce, freshly sliced bananas, mini fudge cubes, maple

syrup, and spray cream £9.50

Fresh and Fruity waffle: with strawberry sauce, freshly mixed fruit (seasonal fruits, please

ask server) yoghurt and spray cream £8.50

Cherry Pie waffle: topped with cherry jam, mixed berries, with mascarpone cheese

topping, and maple syrup on the side. £9.50

#### Ice Cream sundae:

2 x scoops of ice cream, layered fruit, cream, sauce £6.95

Gelato Plain: 1 scoop £1.50 - 2 scoops £2.45 - 3 scoops £3.90 Gelato Deluxe: 1 scoop £2.90 - 2 scoops £3.95 - 3 scoops £6.50 (deluxe comes with three toppings, spray cream and sauce)

#### Topping options, £1.00 PER EXTRA TOPPING):

Bacon, maple syrup, Nutella, yoghurt, fruit, banana, spray cream, chocolate MMs, kinder mini bar



