

Nutrition Facts

1 serving per container

Serving size

1 bottle (11 fl oz/330mL)

Amount per serving

Calories

330

% Daily Value*

Total Fat 16g			21%
Saturated Fat 1.6g			8%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 268mg			12%
Total Carbohydrate 32g			12%
Dietary Fiber 4g			16%
Total Sugar 7g			
Includes 4.9g of Added Sugars			10%
Protein 17g			34%
Vitamin D 3.0mcg	15%	Potassium 520mg	11%
Calcium 200mg	15%	Iron 2.8mg	16%
Vitamin A 160mcg	18%	Thiamin 0.3mg	25%
Riboflavin 0.3mg	23%	Niacin 4mg	25%
Pantothenic acid 1.7mg	34%	Vitamin B6 0.3mg	18%
Biotin 11.0mcg	37%	Folate 119mcg DFE (42mcg folic acid)	24%
Vitamin B12 1.8mcg	75%	Vitamin C 16mg	18%
Vitamin E 3.3mg	22%	Vitamin K 15mcg	13%
Iodine 30.0mcg	20%	Magnesium 75mg	18%
Zinc 2.3mg	21%	Choline 90mg	16%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

1 serving per pouch

CHOCOLATE FLAVOR

NET WT. 12 - 11 FL OZ (330mL)



MARK 7

ManaDrink™ is a nutritionally complete food ready to drink.

INGREDIENTS: filtered water, protein (soy protein isolate, pea protein isolate, oat protein, brown rice protein, pumpkin seed protein, chlorella), maltodextrin, oat fiber, isomaltulose, inulin, cocoa powder (processed with alkali), carrot fiber, vegetable oils (canola oil, C8 medium-chain triglycerides oil (from coconut), algae oil, sunflower oil, oat oil, flaxseed oil), soy lecithin, microcrystalline cellulose, cellulose gum, salt, vitamin and mineral blend (potassium citrate, potassium chloride, calcium carbonate, magnesium oxide, zinc gluconate, potassium iodate, vitamin A acetate, thiamine hydrochloride, riboflavin, niacin, d-calcium pantothenate, pyridoxine hydrochloride, biotin, folic acid, vitamin B12, vitamin C, ascorbyl palmitate, vitamin D2 and D3), alpha-tocopheryl acetate, vitamin K1, choline bitartrate, sucralose, natural and artificial flavors.

Contains: soy, tree nuts (coconut oil)

High-protein drink fortified with vitamins and minerals. Suitable for vegans.

STORAGE: Protect from heat and direct sunlight. Do not freeze. Shake before use and consume immediately after opening.