

Quick Reference Guide

Maintain Healthy Looking Skin In 3 Simple Steps

Step 1: Cleanse

OilBlends Tea Tree Treatment or
Uncle Benney's Facial Hyperpigmentation Treatment - **for Severe Hyperpigmentation**
Helps Heals Inflamed Skin, Facial Hyperpigmentation, Control Acne and Pimples and Blackhead

- Wash face with warm water (to open pores)
- Soak a cotton pad with warm water
- Squeeze out excess water
- Add 5 drops of Treatment to the damp cotton pad
- Wipe face and neck thoroughly with pad until all dirt and residue is removed
- Rinse off thoroughly with warm water
- Apply once a day, every other day

Step 2: Wash

Using Soaps That Heal – Turmeric Natural Lightening /Brightening Bars or Turmeric Foaming Facial Cleanser

- Wet face with warm water
- Rub soap directly into clean hands
- Work soap into a lather and apply to your face with your hands
- Lather face thoroughly
- Gently massage in a circular motion for about 30 seconds
- Thoroughly rinse with cold water (to close pores)
- Pat Dry
- For best results apply twice daily, in the morning and at night before going to bed

Step 3: Moisturize

Using Uncle Benney's - Vitamin E Crème, Vitamin E Extreme, Vitamin C2, or Turmeric Butter - Helps to remove dark marks and spots, clear up your face, neck and body. Use as a daily moisturizer to help protect, repair, and improve the appearance and smoothness of your skin.

- Apply a dime size amount of the Crème / Butter to face and rub in a circular motion
- Product will absorb quickly, use as needed for extremely dry skin
- For best results apply twice daily, in the morning and at night before going to bed
- Can be used under make-up

Share your results with us

Email: info@oilblendsproducts.com

Instagram: OilBlends Discover more at:
UncleBenneys.com | SoapsThatHeal.com |
OilBlendsproducts.com

How to do a Turmeric Scrub

Turmeric Aloe Exfoliating Facial Scrub:

Use the Turmeric Aloe Exfoliating Facial Scrub in combination with the Turmeric Soap to help exfoliate dead skin, clean the pores and control acne and problem skin. **Instead of using a hard spin brush which can be damaging to sensitive and inflamed skin.**

- Gently massage in a circular motion
- Leave on for 2 to 3 minutes
- Thoroughly rinse off with warm water
- Pat dry with a soft towel

How to do a Face Mask:

We recommend doing a face mask 2 to 3 times a week – Using Turmeric Butter or Activated Charcoal Purifying Face Mask

- Wash face with the Turmeric Soap as instructed in Step 2
- After washing, apply a thin layer of the Turmeric Butter or the Activated Charcoal Face Mask to clean face
- Gently massage in a circular motion
- Leave on for 10 to 20 minutes
- Thoroughly rinse off with warm water
- Pat dry with a soft towel
- Moisturize as instructed in Step 3

Pure Vitamin E Skin Oil

Directions: Apply often as needed.

Helps reduce the appearance of wrinkles and fine lines -Day and Night Moisturizer –

- Great facial moisturizer - Helps rejuvenate dull lifeless skin - Helps remove dark spots, dark marks, and scarring. For use on face, neck, and body

Beauty Tips:

- **After washing the key to healthy looking skin is proper moisturizing**
- **Tip:** Unscented Baby Wipes or cotton pads are great to use to remove makeup, dirt and oil from the face
- **Consistency is the key to healthy, beautiful Looking skin. Our skin did not get this way overnight.**
- **Internal Nutrition to Flush Your System:** Try taking 1 tablespoon of Pumpkin Seed Oil or Flax Seed Oil daily for 21 days to detox your body and normalize the skin. Both oils are rich in Vitamin E, Antioxidants and Omega 3 and 6 fatty acids which help to maintain smoother, healthier skin.

LOVE YOUR SKIN AGAIN!