



Be Stable & Prevent Falls

User Guide and Video also available online



We strive to achieve your highest satisfaction!

If you have any questions please contact us.

- ☎ 1-844-691 STEP (7837) option 2
- 🕒 Monday - Friday 9am - 4pm EST
- ✉ service@stabilizedsteps.com

WARRANTY REGISTRATION

Our Stabilized Steps® products are guaranteed for life against manufacturer defects for the duration of use by the original purchaser. To ensure your warranty, please register your product at

www.stabilizedsteps.com/stabilized-steps-lifetime-warranty/

The Stabilizer (Rubber Pads)

Product Description SKU# SW1002

The Stabilizer is the best tool for stability and fall prevention. It gives you greater stability when changing positions or performing activities that could lead to a fall. It also helps you get up from the ground after minor falls.

What's Included?

Product comes fully assembled. No tools are required.

Overall Dimensions: 16.75" (l) x 25"(w) x 32"(h)

Width Inside Hand Grips:	18"
Width Inside Back Legs:	20.75"
Handle Height:	32" - 39"
Weight:	8.4 lbs

Walker weight capacity: 350 lbs.

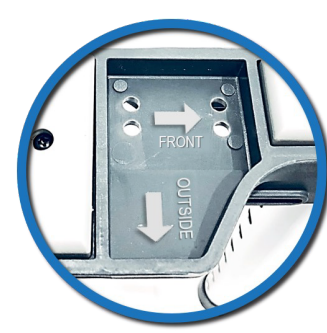
About the attached walker

- Deluxe soft ribbed contoured hand grip for added comfort.
- Sturdy 1" diameter anodized, extruded aluminum construction ensures maximum strength while remaining lightweight.
- Trigger release feature allows the user to close the walker without removing their hands from the handle and is ideal for individuals with limited finger dexterity.

Installation

Step 1:

Locate the FRONT and OUTSIDE arrows at the bottom of each of the Stabilizer. (This will be needed in Step 4).



Step 2:

Remove the old legs of walker. Unfold the walker frame, flip it over, and secure it with your foot by stepping down on either handle (A), giving the walker the steadiness during installation.



Step 3:

Proceed to remove the old legs by pushing the spring buttons (B) and pulling up carefully.

Step 4:

Identify which Stabilizer goes on what side of the walker by aligning the FRONT and OUTSIDE arrows (Figure 1) with the FRONT and OUTSIDE of the walker frame. Install one Stabilizer at a time by opening the extension legs and inserting them both at the same time onto the walker frame. Repeat position on the other side.



Step 5:

Adjust proper height using the spring buttons. Make sure both Stabilizers are adjusted with the same height before flipping the walker frame over.

Step 6:

Flip the walker over and verify desired height for use. See the Helpful Tips and Usage section for product usage instructions.

SAFETY INSTRUCTIONS

Make sure that before each use:

- Walker is adjusted to correct height and it sits level. Always contact your physician or therapist when using a walker to determine proper walker height.
- Spring buttons are locked in place.
- Replace nylon pads when worn or missing.
- DO NOT exceed the 500lb weight capacity.

Always follow the specific safety and user instructions for your individual walker.

HELPFUL TIPS

Depending on the size of your walker and /or desired height, the preassembled extension leg positions may not be the correct one for your walker. If this is the case, you can simply adjust the position of the extension legs by removing the cotter pin (C) and placing it in the desired hole opening in the Stabilizer that fits ideally with your walker.

Make sure the position of the extension legs is the same on both stabilizers.

REPLACING THE BOTTOM NYLON PADS

Important Notes:

- The bottom nylon pads will not wear out evenly
- Not all pads need to be replaced at the same time.
- Use a Phillips screwdriver to remove the screw in the center of the pad to remove the old pad and replace with new.
- Do not overtighten the screw.



RECOMMENDED USE

Use the walker with the attached Stabilizer Conversion Kit following a regular standard walker's 3 point gait:

- (1) Align the middle of your foot with the back legs of the walker
- (2) & (3) Lift the walker and place it in front of you with all four legs on the floor
- (4) & (5) then carefully step forward, one foot at a time



Use caution when gliding indoors after outdoor use to prevent damaging sensitive indoor flooring materials.

Please note that the product does not glide on any surfaces due to the rubber pads on the bottom.

Refer to our website for other recommended uses www.StabilizedSteps.com

- The elongated design of the Stabilizer makes the walker more stable when transferring to and from a chair or bed. Make sure to press down firmly on the handles of the walker and carefully sit down or stand up from the chair or bed.

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