

**Week...**

(Keep track of your  
12 week progress here)



**500ml**

Lid – check locally

**SYMPROVE™**



**Gluten Free**



**Dairy Free**



**Suitable for Vegans  
and Vegetarians**



**No Artificial Colours**

Not for  
Individual resale

**For Lot Number  
and Best Before  
date see neck  
of bottle.**

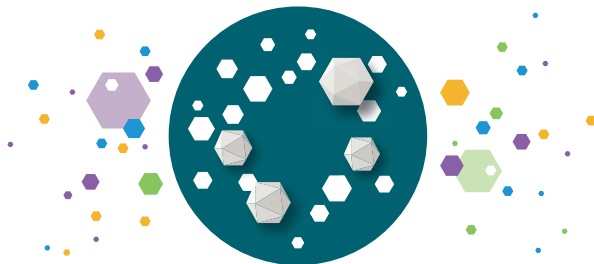
**MM\_079\_V1**  
40-PA-LAB-BTL-STR



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**SYMPROVE™**

Water-based food supplement with  
**Live & Active Bacteria**



**Strawberry &  
Raspberry Flavour**

## Instructions

Shake bottle gently before use.

Take one full cup (70ml) of Symprove every morning **10 minutes before you eat or drink.**

Designed to deliver approximately 10 billion colony forming units (CFUs) per cup.

Food supplements should not be used as a substitute for a balanced and varied diet.

Do not exceed the recommended daily dose.

## Storage

Once opened, keep in the fridge and consume within 10 days of opening.

Store in a cool, dry place and out of the reach of children.

Colour may naturally change over life, this does not affect the efficacy of Symprove.

**Please do not heat or freeze as you may damage the live and active bacteria.**

See accompanying leaflet for further details.  
Manufactured and distributed by Symprove Ltd.

The Sands Business Centre, Sands Road,  
The Sands, Farnham. GU10 1PX, UK.

**For FAQs visit [www.symprove.com](http://www.symprove.com)**